

Họ, tên thí sinh:

Số báo danh:

Read the following announcement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

UPCOMING COMMUNITY HEALTH FAIR!

We are thrilled to announce our annual Community Health Fair, held on Saturday, October 28th, from 9:00 AM to 3:00 PM at the Central Park Community Centre. This year, our focus has been "Wellness for All", (1) _____ means we have aimed to provide valuable resources and services to every member of our community.

Visitors can expect a wide (2) _____ of free health screenings, including blood pressure checks, glucose testing, and vision assessments, all of which are crucial for early detection. We will also have several local healthcare (3) _____ on hand to offer advice on nutrition, exercise, and mental wellbeing. Furthermore, there will be interactive workshops on stress management and basic first aid; the more you participate, (4) _____ equipped you will become.

Families are especially encouraged to attend, as we'll have fun activities for children, which will promote healthy habits from a young age. There will also be information booths from various local support groups and health organizations. Don't (5) _____ this fantastic opportunity to learn more about maintaining a healthy lifestyle and connect with health experts in a relaxed environment.

Up to now, all the preparations (6) _____ !

Admission is completely free, and light refreshments will be provided. We look forward to seeing you there!

(Adapted from <https://www.eventbrite.com>)

- | | | | |
|------------------------------------|-------------------|--------------------|--------------------|
| Question 1. A. who | B. which | C. whom | D. that |
| Question 2. A. number | B. range | C. deal | D. amount |
| Question 3. A. professions | B. professionally | C. professionals | D. professionalize |
| Question 4. A. the best | B. the better | C. good | D. better |
| Question 5. A. put up with | B. miss out on | C. catch up on | D. look out for |
| Question 6. A. will be made | B. have been made | C. were being made | D. were made |

Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

HOME REVOLUTION

Change the way you live — and help others do the same!

What is Home Revolution?

Home Revolution is a modern movement designed to help you cut down on waste, energy use, and clutter — all (7) _____ improving comfort and saving money. We promote smart, sustainable living for a better future.

Support Yourself and Others

We don't just help individuals - we empower (8) _____. When you join Home Revolution, you'll be inspired to share ideas, exchange resources, and uplift (9) _____ on their journey toward greener living.

What You'll Gain

- Reduce your (10) _____ by a noticeable amount of money
- Learn to carry out (11) _____
- Discover practical ways to save time, space, and energy
- Be part of a growing network (12) _____ change makers


Take the First Step Today

Whether you're a homeowner, renter, or student, there's an amount of change you can make starting right now. Join us and take on the challenge of living smarter.

 Contact us:

 www.homerevolution.org

 info@homerevolution.org

 @HomeRevolution on social media

Home Revolution — Better Homes, Brighter Futures

- Question 7.** A. rather than B. while C. though D. despite
- Question 8.** A. facilities B. citizens C. authorities D. communities
- Question 9.** A. others B. other C. the other D. another
- Question 10.** A. savings B. investments C. incomes D. bills
- Question 11.** A. simple upgrades eco-friendly B. eco-friendly simple upgrades
C. upgrades simple eco-friendly D. simple eco-friendly upgrades
- Question 12.** A. about B. at C. in D. of

Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a cohesive and coherent exchange to text in each of the following questions.

Question 13.

a. **Alex:** No, it uses special light and water. Do you want one for your birthday?

b. **Alex:** Look! My plant cube grew tomatoes in just one day!

c. **Mia:** Wow! How does it work? Is it magic?

A. c – a – b

B. b – c – a

C. c – b – a

D. a – b – c

Question 14.

a. Using clean energy reduces carbon emissions and supports global efforts to combat climate change.

b. This awareness often leads to practical changes, such as reducing energy use at home.

c. A single decision can influence broader systems and inspire others to act sustainably.

d. Lower electricity consumption encourages the adoption of renewable sources like solar panels.

e. A green lifestyle begins with awareness of how personal habits affect the environment.

A. d - a - e - b - c

B. e - b - d - a - c

C. a - e - b - d - c

D. b - d - a - e - c

Question 15.

- a. A student may begin skipping classes after observing peers do the same, driven not by personal desire but by fear of exclusion.
- b. Peer pressure exerts a powerful influence on individual choices through unspoken expectations and group dynamics.
- c. Gradually, the repeated need to conform can weaken personal boundaries and blur the line between independent thought and social influence.
- d. Strong internal values and a supportive environment remain essential for resisting such pressures and maintaining authentic decision-making.
- e. This behavioral shift often stems from an internal conflict between belonging and integrity, creating emotional stress and self-doubt.

A. b - e - d - c - a

B. b - d - a - c - e

C. b - c - e - a - d

D. b - a - e - c - d

Question 16.

- a. **Ben:** You can set it to stay low, and I can teach you how to use it.
- b. **Maya:** That sounds fun, but I am afraid of heights.
- c. **Maya:** Thank you for your help, and maybe we can ride to the park together.
- d. **Ben:** Great idea, and we can bring our digital pets to play there too.
- e. **Ben:** I got a new hover scooter yesterday, and it can fly two meters high.

A. b - e - d - c - a

B. c - e - b - a - d

C. e - b - a - c - d

D. e - a - d - b - c

Question 17.

Dear Ms. Taylor,

- a. We have completed the initial research phase and gathered some valuable insights.
- b. Please let me know your preferred time. Looking forward to our discussion.
- c. I am available on Wednesday or Thursday afternoon, whichever works best for you.
- d. I hope you are doing well. I am writing to request a brief meeting to discuss the recent updates on the marketing project.
- e. The team would appreciate your feedback before moving on to the next stage.

Best regards,

Jordan Smith

A. c - a - b - d - e

B. d - a - e - c - b

C. a - e - c - d - b

D. e - a - d - c - b

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

Nomophobia, a term meaning "no-mobile-phone phobia," has become a widely recognized term for (18) _____. In our hyper-connected society, these devices have evolved far beyond simple communication tools; they are our cameras, our navigation systems, our banks, our primary source of news, and our portal to social networks. (19) _____.

The symptoms of this modern anxiety are varied but familiar to many. It can be the sudden panic that arises when you pat your pocket and find it empty, (20) _____, or the reluctance to ever let the battery run low. Sufferers often report a fear of missing out (FOMO) on important updates from friends or work, or a feeling of helplessness at not being able to look up information or contact someone instantly. This constant state of alertness can be mentally exhausting and can negatively impact face-to-face conversations, as the digital world often takes priority over the physical one present.

Addressing nomophobia involves a conscious effort to create healthier digital habits. A good starting point is to designate phone-free times and zones, such as during family meals or in the bedroom at night. (21) _____ . Furthermore, rediscovering offline activities, like reading a physical book, engaging in a sport, or simply having an uninterrupted conversation, can remind us that life and connection exist beyond the screen. The objective is not to abandon technology, (22) _____ , rather than letting them control us and our emotions.

(Adapted from <https://pmc.ncbi.nlm.nih.gov>)

Question 18.

- A. the pervasive sense of anxiety people experience when they are separated from their smartphones
- B. being separated from their smartphones enables people to avoid the pervasive sense of anxiety
- C. the smartphone, separated from its pervasive people, experienced a sense of anxiety
- D. the pervasive sense of anxiety means being separated from their smartphones

Question 19.

- A. Being cut off from their smartphone makes many individuals feel a profound sense of independence, disrupting their daily life and sense of self
- B. That smartphones have become a vital part of one's life and identity is evident when people are without them.
- C. This central role makes being without a phone feel like being cut off from a vital part of one's life and identity
- D. The widespread anxiety people experience when separated from their smartphones downplays the device's central role in modern life and identity

Question 20.

- A. checking for notifications constantly a pervasive habit in the digital age
- B. the digital age and its profound impact on human behavior
- C. the compulsive need to check for notifications every few minutes
- D. notifications on smartphones, beeping and buzzing all the time

Question 21.

- A. Trying to leave the phone at home for short, low-risk trips can help build confidence
- B. Bringing the phone along for any outing, no matter how small, reinforces dependence
- C. Taking the device along on familiar errands prevents feelings of unease
- D. Avoiding moments without your phone ensures that anxiety remains a constant companion

Question 22.

- A. but to establish a balanced relationship where we control our devices
- B. in order for a balanced relationship to be controlled with our devices
- C. and to establish a balanced relationship where we control our devices
- D. instead of controlling our devices, which establish a balance relationship

Read the passage and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions.

FORECASTERS WARN OF TORNADOES IN US IN COMING DAYS

U.S. weather forecasters warned of the threat of tornados in multiple states this weekend following at least five twisters in the state of Missouri on Friday. Friday's storms left some 100,000 buildings without power as severe weather continued into the night. The tornado risk was expected to continue into the weekend in a slew of states including Mississippi, Louisiana and Alabama. Accuweather predicted the storm risk to **peak** from Saturday afternoon to Saturday night.

The National Weather Service warned of heavy thunderstorms from the Midwest to the Mississippi Valley, bringing with **them** the chance of flash flooding, power outages, downed trees and travel disruptions.

In Alabama, Governor Kay Ivey issued a state of emergency on Friday, extending into Sunday. In her proclamation, she said "this severe weather could cause **significant** damage to public and private property and poses a danger to the health and safety of the people of Alabama, including potential disruption of essential utility systems, personal injury and loss of life." **The proclamation means the state National Guard will be on alert and could be activated.** Missouri also declared a state of emergency.

Forecasters expect the thunderstorms to swamp the South and move toward the East Coast on Saturday night into Sunday. Although the tornado threat is expected to decrease, the East Coast will likely face hail and potentially damaging wind gusts. The storm system is expected to move off into the Atlantic Ocean sometime Sunday night into Monday.

(Adapted from <https://www.voanews.com>)

Question 23. Which of the following is NOT mentioned in paragraph 1 as a detail of the severe weather events?

- A. The number of tornadoes that occurred in Missouri on Friday
- B. The specific time frame when the tornado risk was expected to be highest
- C. The duration for which power cuts were expected to last
- D. Some of the states where the tornado risk was projected to continue

Question 24. The word "**peak**" in paragraph 1 can be replaced by _____ .

- A. begin to surge
- B. reach the highest point
- C. be likely to intensify
- D. multiply rapidly

Question 25. The word "**significant**" is OPPOSITE in meaning to _____ .

- A. lasting
- B. massive
- C. potential
- D. minor

Question 26. The word "**them**" in paragraph 2 refers to _____ .

- A. weather forecasters
- B. multiple states
- C. travel disruptions
- D. heavy thunderstorms

Question 27. Which of the following best paraphrases the underlined sentence in paragraph 3?

- A. The National Guard is currently engaged and actively involved due to the proclamation.
- B. Following the proclamation, the National Guard is ready for potential mobilization if necessary.
- C. The proclamation ensures the National Guard is prepared to issue a statewide warning.
- D. The National Guard's activation has been confirmed by the official proclamation.

Question 28. Which of the following is TRUE according to the last paragraph?

- A. The tornado threat will intensify as the storm system moves towards the East Coast.
- B. The East Coast is likely to experience only heavy rainfall from the approaching storm.
- C. The storm system is projected to exit into the Atlantic Ocean by Sunday morning.
- D. The South is expected to experience thunderstorms before the East Coast.

Question 29. Which paragraph directly mentions the declaration of a state of emergency by a state governor?

- A. Paragraph 1
- B. Paragraph 2
- C. Paragraph 3
- D. Paragraph 4

Question 30. Which paragraph details specific states that are expected to be at continued risk for tornadoes over the weekend?

- A. Paragraph 1
- B. Paragraph 2
- C. Paragraph 3
- D. Paragraph 4

Read the passage and mark the letter A, B, C, or D on your answer sheet to indicate the best answer to each of the following questions.

THE RISE OF DIY HEALTHCARE

[I] Healthcare is fast becoming a do-it-yourself project for patients. [II] The trend comes amid a shortage of doctors, long wait times for appointments and an increasing prevalence of chronic diseases earlier in adulthood. [III] In today’s fast-evolving healthcare landscape, AI and other new technologies and services are **emerging** to help patients find and act on medical information. [IV]

Lab testing companies have been expanding the range of tests they offer directly to consumers, making it easier for patients to identify conditions ranging from blood disorders to sexually transmitted diseases at home. Smartphones or smartwatches have become popular ways to track fitness activity, sleep quality or heart health - and other new devices can screen for sleep apnea, measure blood pressure without arm cuffs and detect early signs of illness. ChatGPT and other AI chatbots are also being adopted by patients and caregivers, who are using **them** to help diagnose symptoms, manage chronic diseases, get advice on exercise and nutrition, and research treatment for serious or rare diseases.

The DIY health trend brings risks, such as relying on diagnostic and treatment information that hasn’t been reviewed by a clinician, says Dr. Tom Delbanco, a professor at Harvard Medical School. There are also reliability concerns surrounding some at-home tests, and data privacy risks associated with wearables and chatbots that have access to sensitive medical information. Yet Delbanco sees significant benefits. “The evidence shows that the more a patient gets involved in their own care, the better the outcomes. **In the future, primary-care doctors could act more as expert consultants rather than paternalistic bosses to patients.**”, said Dr. Tom Delbanco

(Adapted from <https://www.wsj.com/health>)

Question 31. According to the passage, a reason why healthcare is becoming a more "do-it-yourself" endeavor for patients is _____ .

- A. the decreasing complexity of medical conditions.
- B. a rise in the number of available medical specialists.
- C. the convenience and accessibility of online health platforms.
- D. challenges like a scarcity of doctors and longer appointment waits.

Question 32. Which of the following best summarises paragraph 1?

- A. Patients are increasingly self-managing their healthcare due to doctor shortages and chronic diseases, with technology assisting this.
- B. The healthcare system is failing due to a lack of doctors, long wait times, and an increase in chronic illnesses among adults.
- C. AI and new technologies are the primary drivers enabling patients to take a more active role in managing their own health.
- D. Patients prefer to manage their own healthcare and find medical information, as it is more convenient and efficient for them.

Question 33. Which of the following is NOT stated as something patients can do with the help of new technologies and services?

- A. Tracking fitness activity, sleep quality, or heart health.
- B. Receiving medical prescriptions from AI chatbots.
- C. Screening for sleep apnea or measure blood pressure without arm cuffs.
- D. Identifying conditions like blood disorders or sexually transmitted diseases at home.

Question 34. The word “**emerging**” in paragraph 1 mostly means _____ .

- A. maintaining
- B. offering
- C. appearing
- D. happening

Question 35. The word “**them**” in paragraph 2 refers to _____ .

- A. patients and caregivers
- B. sleep quality or heart health
- C. chatGPT and other AI chatbots
- D. smartphones or smartwatches

Question 36. Which of the following best paraphrases the underlined sentence in paragraph 3?

In the future, primary-care doctors could act more as expert consultants rather than paternalistic bosses to patients.

A. In the future, patients will likely take on the primary responsibility for their own healthcare decisions, with minimal interference from primary-care doctors

B. Future primary doctors will serve as knowledgeable guides, controlling patients instead of directing their healthcare process.

C. Future primary-care doctors might guide patients like knowledgeable advisors, instead of making all decisions for them.

D. In the future, primary-care doctors will likely maintain their traditional role as authoritative figures, directing all aspects of patient care.

Question 37. According to the passage, data privacy _____ .

A. is a concern due to wearables and chatbots accessing private medical information

B. is guaranteed to be secure when using new technologies like wearables and chatbots

C. is only a minor issue, as most patients do not use wearables or AI chatbots

D. is primarily a concern with at-home diagnostic kits, not digital devices

Question 38. Which of the following can be inferred from the passage?

A. The shift towards DIY healthcare is solely driven by technological advancements.

B. While beneficial, patient-led healthcare also presents potential challenges and risks.

C. Doctors universally approve of patients taking full control of their own medical care.

D. All at-home diagnostic tests are completely reliable and free from any data privacy issues.

Question 39. Where in the passage does the following sentence best fit?

“This shift empowers individuals with greater agency over their well-being, but also places more responsibility on them.”

A. [I]

B. [II]

C. [III]

D. [IV]

Question 40. Which of the following best summarises the passage?

A. The rise of DIY healthcare, driven by doctor shortages and technology, offers benefits like better outcomes but also presents risks.

B. New technologies are transforming healthcare, enabling patients to self-diagnose and manage chronic diseases with ease and safety.

C. Dr. Tom Delbanco believes that patients should take full control of their healthcare, despite minor reliability and privacy concerns.

D. Healthcare is moving towards a patient-centric model where doctors will primarily serve as consultants, and sometimes decision-makers.

The end