

6

The big match!

VOCABULARY

Sports | Sporting events |
Phrasal verbs with *up*

GRAMMAR

The future: *will* / *going to* /
Present Continuous | First
Conditional + *if* / *unless*



VOCABULARY Sports and sporting events

I can talk about sports and sporting events.

- 1 **6.01** Study the Vocabulary box. Listen and match the pictures with the names of sports.

Vocabulary		Sports	
badminton	<input type="checkbox"/>	basketball	<input type="checkbox"/>
diving	<input type="checkbox"/>	gymnastics	<input type="checkbox"/>
horse-riding	<input type="checkbox"/>	ice hockey	<input type="checkbox"/>
kayaking	<input type="checkbox"/>	skateboarding	<input type="checkbox"/>
surfing	<input type="checkbox"/>	table tennis	<input type="checkbox"/>
yoga	<input type="checkbox"/>	climbing	<input type="checkbox"/>
		handball	<input type="checkbox"/>
		ice-skating	<input type="checkbox"/>
		snowboarding	<input type="checkbox"/>
		volleyball	<input type="checkbox"/>

- 2 **6.02** Listen to people taking part in the Mayfield sports camp. Complete the gaps with the names of sports.

- 1 Katia _____
- 2 Max and Heather _____
- 3 The red and blue teams _____
- 4 The green team _____
- 5 Alexia _____
- 6 Leo _____

- 3 In pairs, decide if the sports in Exercise 1 are of the following:

- 1 indoor sports _____
- 2 outdoor sports _____
- 3 team sports _____
- 4 individual sports _____
- 5 water sports _____
- 6 winter sports _____



3



4



5



8



9



10



11



13



12



14



15



16

4 6.03 WORD FRIENDS

Complete the gaps with the words below. Listen and check.

- a sport (x2)
- ball games or competitive games
- ~~football lessons~~
- karate yoga
- gymnastics walking
- climbing swimming skiing

- 1 have football lessons
- 2 do _____
- 3 play _____
- 4 go _____
- 5 practise _____
- 6 take up _____

5 Work in pairs. Ask and answer.

- Which sports do you play or do in your PE classes?
- Which sports do you practise outside school?
- Which sports do you watch on TV?
- Which sports would you like to take up in the future?





6.2

GRAMMAR

The future: *will / going to / Present Continuous and Present Simple* with future meanings

I can talk about plans, predictions, arrangements and timetables.



- Thu: Hi, Lan! What are you doing?
- Lan: We're having our swimming carnival next week. I'll be one of the youngest, so I'm going to train well for it.
- Thu: You won't have much free time then.
- Lan: Yes, I will. It doesn't take long. What about you?
- Thu: My yoga training starts next month, too. So I will be busy just like you. Oh, I'm going to be late. I'm meeting Nick for a run now. Do you want to join?
- Lan: No, thanks. I'll join after the carnival.

1 6.04 Read and listen. What sports do Lan and Thu mention?

2 Study the Grammar box. Find more examples of talking about the future in the dialogue.

Grammar The future

Future meanings can be expressed through the use of:

- **will:** to show predictions or decisions made at the moment of speaking
You'll **be** one of the fittest.
- **be going to:** to show plans and predictions based on what we know now
She's **going to** train for it.
- **Present Continuous:** to show arrangements
We're **having** a sports day at school on Tuesday.
- **Present Simple:** to show timetables
The judo classes for beginners **start** next month.

3 6.05 Complete the text with the words below. Listen and check.

are offering ~~are you doing~~
begins is going to help
will be will need won't have

What ¹**are you doing** this summer?

If you don't have any plans, join us at your local park. *Fitness in the Park* is a new idea that ²_____ you to get fit and make friends.

The fun ³_____ on June 22 with a special yoga class for beginners. All you ⁴_____ is a good pair of trainers and a bottle of water. Each day for four weeks we ⁵_____ a different activity for you to try.

We think it ⁶_____ the best summer ever, so don't miss out. Call us now to register. But hurry! We ⁷_____ enough places for everyone.

4 Complete the sentences with the correct form of the verbs.

- Next year, the football club **is going to have** (have) new changing rooms.
- The fans _____ (not be) happy with the result.
- The basketball match _____ (start) in ten minutes.
- We _____ (go) to Nick's house after the match.
- _____ (you / buy) your tickets for the match online?

5 Complete the sentences to make them true for you.

- This evening, I'm going to ...
- Tomorrow, the weather will be ...
- Tonight, I'm taking ...
- In two years, everybody in this class will ...
- My English course ends ...





6.3

READING and VOCABULARY Why don't you volunteer at Force4Sport festival?

I can identify specific details in an article and talk about volunteering at a sports event.

Force4Sport

You're not into sport but you like watching it. Why not take up a new hobby as a volunteer at the Force4Sport summer sports festival? Click here, and find out more about our volunteers.



1 6.06 Read the website. When is the Force4Sport festival?

2 6.07 Read the text. Complete gaps 1–6 below.

Hi, my name's Danielle Marley and I'm 16 years old. My cousins volunteered two years ago, and talked non-stop about it. I ended up applying to volunteer this year, and I'm really excited. I'm going to help at an international gymnastics competition at our local sports stadium. I did gymnastics when I was younger, but gave up a couple of years ago because I didn't have enough time.

The event starts on 17 July and it lasts for two weeks. I'm only doing the first week, from Monday to Friday. I can't do the weekend. On the first day, I'm going to help set up the spectators' area. After that, I'm going to take photographs for the local newspaper and for the website. They've offered me a digital camera to take action shots and some team photos. I'm picking it up this afternoon so that I can practise with it. I've already won photography competitions, so I think I'll do a good job. In the future, I'd like to study photography, so this could be very useful.

I'm excited about volunteering because I enjoy watching sport. I don't think there'll be much chance to do that though because I'll be too busy!

3 **PHRASAL VERBS** Circle the phrasal verbs below in the text. Then use the phrasal verbs to complete the sentences.

Vocabulary

Phrasal verbs with up

end up
set up

give up
take up

pick up
tidy up

- Let's set up a gym in the garage and we can train there.
- I don't want to _____ horse-riding, but it is very expensive.
- The team isn't doing well. They could _____ losing the game.
- Emma loves trying new sports. She's just decided to _____ karate.
- I've got to _____ the tickets. I paid online and they're at the ticket office.
- There are clothes all over the floor. I want everybody to _____ the changing room.

4 Would you like to be a volunteer at a sports event like SEA Games? Use the ideas below to make true sentences.

And YOU

- watch / learn about different sports ...
- get free tickets ...
- take great photos ...
- crowds at the stadium ...
- not earn anything for hard work ...

I would / wouldn't like to be a volunteer because ...

Volunteer's PASS

 **Name:** Danielle Marley
Age: 16
Type of event: 1 _____
Start date for the event: 2 _____
Length of competition: 3 _____
No. of days as volunteer: 4 _____
Volunteer role: set up spectators' area and 5 _____
Previous experience: 6 _____



6.4

GRAMMAR First Conditional

I can talk about possible future situations.

- 1 Look at the photo. Describe what the girl is doing.

walk fall balance rope

- 2  6.08 Read the poster. What is a slackline? Have you done slacklining before?

SLACKLINING CLUB

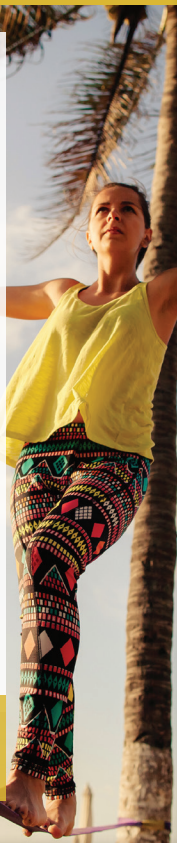
Have you ever thought of slacklining?

If you like gymnastics, you'll love this modern sport! The only equipment you need is a simple rope or 'line' about five centimetres wide. You start with a very low line about 50 centimetres above the ground. If you fall, you won't hurt yourself, and if you improve, you will try some new tricks. You can do slacklining anywhere, but you need a tree or something strong to fix the line.

If you want to try something different, come along. Our club is free! We meet in the park on a Saturday afternoon.

Will you be a champion slackliner? You won't know unless you try!

WHERE? Greendale Park
WHEN? Saturdays at 3.00 p.m.



- 4 Match phrases 1–4 with phrases a–d to make sentences.

- 1 ☐ If you do slacklining, ...
2 ☐ You won't do any special tricks ...
3 ☐ I won't go to the slacklining club ...
4 ☐ You'll see people slacklining ...
a unless you're very good.
b if you go to the park on Saturday.
c you will improve your balance.
d unless a friend comes too.

- 5 Read and complete the sentences with the correct form of the verbs in brackets.

Goodbye to the Sports Centre!

The old Riverside Sports Centre will close next week. The new sports centre, with a large pool, tennis courts and a modern gym, won't be ready until next year.



- 1 If they close (close) the sports centre, we won't play (not play) handball for ages!
2 I _____ (not stop) playing badminton if they close it.
3 We _____ (not have) karate lessons unless the teacher _____ (find) a new classroom.
4 I _____ (go) swimming every week if they _____ (build) a pool at the new centre.
5 If there _____ (be) tennis courts, I _____ (take up) tennis.
6 We _____ (join) the new gym if it _____ (not be) too expensive.

- 3 Study the Grammar box. Find more examples of the First Conditional in the poster.

Grammar First Conditional + if / unless

We use the First Conditional when we talk about future situations we believe are real or possible.

If + S + Present Simple, S + will + V

If you stop eating, you will be sick.

We use "unless" to replace "if ... not".

If you don't study hard, you will never understand this subject.

= Unless you study hard, you will never understand this subject.

- 6 Finish the sentences to make them true for you. In pairs, discuss your ideas.

What will you do if there's a new sports centre in town?

I'll take up tennis.

- 1 If there's a new sports centre in town, ...
2 If my friends are free this evening, ...
3 If I get some money for my birthday, ...
4 If the weather's nice at the weekend, ...

And
you



6.5

LISTENING and VOCABULARY A Norwegian footballer

I can identify specific details in a conversation and talk about sports training.

1 In pairs, answer the following questions:

- Who is your favourite football player?
- Who is the youngest football player you know?
- What do you know about the football player in the picture?



2 6.09 Listen to the sports news about a young football player. Choose the correct answers.

- What number football shirt did Martin Ødegaard first play football in?



A



B



C

- What does Martin Ødegaard like to do in football?



A



B



C

3 6.10 Listen to a dialogue. Mark the sentences T (true) or F (false). Correct the false sentences.

- ☐ Ben would be afraid to live in a different country.
- ☐ Avril thinks Martin will learn Spanish quickly because he'll do a language course.
- ☐ Martin will have lots of free time when he finishes training.
- ☐ Ben thinks it will be difficult for Martin to be without his family.
- ☐ Martin Ødegaard's uncle is going to be his coach.

4 **WORD BUILDING** Study the table. Decide if the word underlined is a verb, noun (action) or noun (person).

- Jack was too tired to finish the race.
- Four nil! Do you know who scored the goals?
- There's no football practice today.
- The team are training very hard.
- Their coach doesn't look very happy.
- He's useless! He can't kick the ball at all.

Verb	Noun (action)	Noun (person)
train	training	trainer
run	running	runner
play	–	player
practise	practice	–
coach	–	coach
race	race	–
score	score	–
kick	kick	–



5 Work in pairs. Discuss if you would like to train for your favourite sport in a different country. Say why. Use the ideas below to help you.

- family and friends
- earn money
- the weather
- meet other teams / players
- learn another language

I wouldn't want to ...
It would be nice to ...

**And
YOU**



6.6

SPEAKING Talking about plans

I can ask and talk about plans.



Thu: Have you got any plans for this weekend, Duy?

Duy: I'm visiting my grandma. What about you?

Thu: I'm seeing my friends at their houses first. Then, we will go to a sports centre to have gymnastics lessons with our teacher. We will study every Saturday and Sunday afternoon. We are training for a competition next year. Do you want to join us next week?

Duy: Seriously? I am not good at sports.

Thu: You'll like gymnastics. Come on!

Duy: Uhm, let me see ...

Come on! Seriously?

OUTof
class

1 In pairs, look at the photo. What is the sport? Do you like it? Why (not)?

2 **6.11** Listen and read the dialogue between Thu and Duy. Answer the questions below.

1 What is Duy going to do at the weekend?

2 What is Thu going to do at the weekend?

3 **6.12** Study the Speaking box. Reorder the sentences. Listen and check.

- a ☐ Sam: Yes, OK. I'll probably see you on Sunday, then.
- b ☒ Sam: What are you up to this weekend?
- c ☐ Tara: We'll get home late, so I'm definitely going to have a lie-in on Sunday ... Then I'll probably do some homework. We could go to the cinema after that, if you like?
- d ☐ Tara: Well, first I'm visiting my grandparents on Saturday morning. Then we're going to go to a basketball match together. It starts at 4.00 p.m.
- e ☐ Sam: That's nice. Have you got any plans after that?

Speaking

Talking about plans

Asking

What are you up to today / at the weekend?

Have you got any plans for this evening / after the run?

What are you doing on Sunday / next Monday?

Answering and following up

I'm visiting my grandma / going to the cinema.

First (of all) I'm going to / I'm seeing ...

Then ... / After that ... / Later ...

I don't have any plans. / I don't know yet.

What about you? / And you? / What are your plans?

4 In pairs, ask and answer questions about your plans for the weekend. Use the ideas below to help you.

sports and activities

shopping

family and friends

relaxation

homework

entertainment

trips

special events

5 Tell the class about some of your partner's plans.

Phuong is going to see her grandparents on Saturday afternoon. Then they're going to the cinema in the evening.



6.7

WRITING Writing notes and making request

I can write notes and make requests.

1 Read the messages. What types of messages are they?

a text message an email a postcard
 an instant message a message on paper
 a message on Facebook or social media

Hey Thkq 4 your help on Saturday. I had a gr8 time at the race but it was fast! Glad I trained 4 it. Left my trainers in the changing rooms :(Would u mind keeping them at your house? If it's OK with u, I'll pick them up at the weekend. Thu

GROUP CHAT

Hi,

Just a quick note to thank you all for competing on Saturday. More than 200 runners entered the race and we think everybody enjoyed themselves. We're now planning another race which will take place in Hoi An next month. Details will be on our website soon. I've also got some great photos of the event. If you'd like a photo of you with your medal, could you please email me before June 30?

All the best,

Nick

2 mins ...



2 Read the messages again and answer the questions. Underline where in the messages you found your answers.

- What does Thu want Nick to do?
- What does Nick want the runners to do?



3 Study the Writing box. Find the phrases from the Writing box in the texts in Exercise 1.

Writing

Writing notes and making a request

Greeting

Hi ... / Hi, there / Hiya / Hey ...

Thank the other person

Thanks for your note / message / present ...

Thanks for inviting me / writing / sending / coming ...

Just a quick note to thank you for ...

Introduce the topic

I had a great time at the race, although ...

I really enjoyed meeting the ...

Making a request

If you'd like ..., could you please ... ?

Would you mind ... ?

If it's OK with you, could we ... ?

Would it be possible to ... ?

Let me know if that's OK.

Ending

Bye! / Cheers! / All the best. / See you later.

4 Match phrases 1–5 with phrases a–e to make requests.

- ☐ If you'd like to join the kayak club,
- ☐ Would you mind
- ☐ If it's OK with you,
- ☐ Would it be possible
- ☐ I could start at 8.00 p.m.

- could we meet at the tennis club at 7.00 p.m.?
- Let me know if that's OK.
- to train on Friday instead of Tuesday?
- helping with the sports day?
- please email us with your name and address.

5 WRITING TIME You were a runner at the Wild Run. Write a note to Nick. Follow the instructions below:

- thank him for his message
- describe what you did at the race
- ask Nick to do something for you (e.g., finding a water bottle / hat / keeping the medal for you)

GLOSSARY Sports | Sporting events | Phrasal verbs with up

adj: adjective	adv: adverb	n: noun	np: noun phrase	v: verb	vp: verb phrase	prep: preposition
changing rooms	/ˈtʃeɪndʒɪŋ ru:mz/	np	phòng thay đồ	practice	/ˈpræktɪs/	n thực hành
climbing	/ˈklaɪmɪŋ/	n	môn leo núi	practise	/ˈpræktɪs/	v thực hành
coach	/kəʊtʃ/	n	huấn luyện viên	race	/reɪs/	n / v cuộc đua / chạy đua
competitor	/kəmˈpetɪtə/	n	đối thủ	register	/ˈredʒɪstə/	v đăng kí
diving	/ˈdaɪvɪŋ/	n	môn lặn	rope	/rəʊp/	n dây
end up	/,end ˈʌp/	vp	kết thúc	runner	/ˈrʌnə/	n người tham gia chạy
equipment	/ˈkwi:pmənt/	n	thiết bị	score	/skɔ:/	n / v ghi bàn / số bàn thắng
fitness	/ˈfɪtnəs/	n	sự khoẻ khoắn	screen	/skri:n/	n màn hình
football shirt	/ˈfʊtbɔ:l ʃɜ:t/	np	áo bóng đá	set up	/,set ˈʌp/	vp cài đặt
footballer	/ˈfʊtbɔ:lə/	n	cầu thủ bóng đá	skateboarding	/ˈskeɪtbɔ:dɪŋ/	n môn trượt ván
get fit	/,get ˈfɪt/	vp	trở nên khoẻ mạnh	skiing	/ˈski:ɪŋ/	n môn trượt tuyết
gymnastics	/dʒɪmˈnæstɪks/	n	môn thể dục dụng cụ	slacklining	/ˈslæklaɪnɪŋ/	n môn đi trên dây
handball	/ˈhændbɔ:l/	n	môn bóng ném	snowboarding	/ˈsnəʊbɔ:dɪŋ/	n môn trượt tuyết (trên ván)
head a ball	/,hed ə ˈbɔ:l/	vp	đánh đầu quả bóng	sports camp	/ˈspɔ:ts kæmp/	np trại thể thao
horse-riding	/ˈhɔ:s ˌraɪdɪŋ/	n	môn cưỡi ngựa	sports centre	/ˈspɔ:ts ˌsentə/	np trung tâm thể thao
ice hockey	/ˈaɪs ˌhɒki/	np	môn khúc côn cầu trên băng	sports festival	/ˈspɔ:ts ˌfestəvəl/	np hội thao
ice-skating	/ˈaɪs ˌskeɪtɪŋ/	n	môn trượt băng	sportsperson / sportsman	/ˈspɔ:ts ˌpɜ:sn / ˈspɔ:ts mən/	n vận động viên thể thao / vận động viên thể thao (nam)
improve	/ɪmˈpru:v/	v	cải thiện	sportswoman / sportspeople	/ˈspɔ:ts ˌwʊmən / ˈspɔ:ts ˌpi:pl/	n vận động viên thể thao (nữ) / dân thể thao
individual sports	/ˌɪndəˈvɪdʒuəl spɔ:ts/	np	thể thao cá nhân	surfing	/ˈsɜ:fɪŋ/	n lướt sóng
indoor sports	/ˈɪndə ˌspɔ:ts/	np	thể thao trong nhà	take up	/,teɪk ˈʌp/	vp bắt đầu (một sở thích)
karate	/kəˈrɑ:ti/	n	võ karate	team sports	/ˈti:m spɔ:ts/	np thể thao đồng đội
kayaking	/ˈkaɪækɪŋ/	n	chèo thuyền kayak	tennis court	/ˈtenɪs kɔ:t/	np sân quần vợt
lead (in the lead)	/li:d (,ɪn ðə ˈli:d)/	v	đ dẫn đầu	tidy up	/,taɪdi ˈʌp/	vp thu dọn
medal	/ˈmedl/	n	huy chương			
outdoor sports	/ˈaʊtɔ: spɔ:ts/	np	thể thao ngoài trời			
pick up	/,pɪk ˈʌp/	vp	đón			

VOCABULARY IN ACTION

1 Use the glossary to find:

- three places where you can do sport
- four different people
- one sport for which you need a ball
- one piece of sports equipment
- three types of sports
- two verbs that are the same as nouns

2 Give the correct word forms of the given words.

- There will be a gymnastics _____ next year, so I have to train hard this year. (COMPETE)
- He's the youngest _____ in Manchester United team. (FOOTBALL)
- Have you been a _____? You need a rope first. (SLACKLINE)
- Jenny is interested in _____ since her uncle is a professional _____. (HORSE-RIDE)

- I've decided to take up swimming this summer. This can be both a _____ and _____ sports. (DOOR)

3 6.13 PRONUNCIATION Clusters: /sp/, /sn/, /sl/, and /sk/. Listen and repeat.

sp: sports, spy, spoke, spoon
 sn: snowboard, snail, snore, snack
 sl: slackline, slow, slide, sleep
 sk: skateboard, ski, skill, skin

4 In pairs, practise saying the following dialogue. Then make similar dialogues using the clusters learnt.

A: Which sports are you interested in?

B: I'm into skateboarding, slackining, skiing, and snowboarding.

Revision

VOCABULARY

- 1 Read the word groups. Choose the odd one out. Give a reason for your decision. In pairs, make your own quiz questions.

1	player	competitor	coach	score
2	karate	tennis	volleyball	football
3	do karate	practise judo	play volleyball	give up tennis
4	kayaking	horse-riding	diving	swimming
5	stadium	sports camp	sports centre	gymnastics

- 2 Put the words from the list into the right sentence.

take up give up set up
end up pick up

- Don't _____ playing sports. It's a good way to keep fit.
- Mike and I are planning to _____ a new gym in the area.
- Jenny will _____ being the winner of the game! Look at her score!
- They will _____ judo as their new hobby.
- We'll go to the stadium to _____ the tickets. We've bought them online.

GRAMMAR

- 3 Complete the sentence with the correct form of the verbs in brackets. Match the sentences with their function below.

- ☐ I **won't get** (not get) a medal, but I hope to do well.
- ☐ My favourite team _____ (play) at the stadium on Saturday.
- ☐ The karate class _____ (finish) at 8.00 p.m.
- ☐ _____ you _____ (come) to the cup final next week?
- ☐ Thank you! I'll be happy to come. I _____ (get) the tickets for us all, then.

- | | |
|--------------------------------------|---------------|
| a plan | c prediction |
| b decision at the moment of speaking | d arrangement |
| | e timetable |

- 4 Complete the questions with the correct form of the verbs in brackets.

- What new sport will you try if you _____ (go) to summer sports camp?
- Will you meet me when school _____ (finish)?
- If you _____ (have) some free time in winter, where will you go?
- What will you do if someone _____ (give) you some money for your birthday?

- 5 Choose the correct option.

- A: What are you doing for Sports Day tomorrow?
B: ¹**First** / Then I'm watching the races. ²**Then** / Later I'm taking part in football. After that I'm going to try karate, I think. What about you?
A: ³**Then** / First I'm taking part in the street dance display. ⁴**First** / After that I'm not sure. I'll probably watch the volleyball competition ⁵**later** / then.
B: What are your plans for the evening?
A: I'm definitely going to take part in the sports quiz. And you?
B: I'm playing live music with one of the bands. ⁶**First** / Then I'll probably go to the barbecue, too.

SPEAKING

- 6 In pairs, plan what to do on the school sports day. Use the programme below.

School sports day

Time	Events	Display
3.00 p.m.	football competition	skateboard display
4.00 p.m.	volleyball competition	gymnastics display
5.00 p.m.	try-it-yourself sessions: karate slacklining yoga skateboarding	
Evening 6.00 p.m. – 8.00 p.m.	live music with school bands barbecue sports quiz (teams of four–six people)	