

Unit 7

PRACTICE TEST 1

Circle the letter A, B, C or D to indicate the word whose underlined part is pronounced differently from the others.

- | | | | |
|-------------------------|---------------------|----------------------|------------------------|
| 1. A. relev <u>a</u> nt | B. <u>a</u> nnoying | C. <u>p</u> ractical | D. neg <u>a</u> tive |
| 2. A. rad <u>i</u> o | B. med <u>i</u> a | C. <u>i</u> nfluence | D. exc <u>i</u> tement |

Circle the letter A, B, C or D to indicate the word that has a stress pattern different from the others.

- | | | | |
|------------------|----------------|----------------|---------------|
| 3. A. attractive | B. trustworthy | C. embarrassed | D. convenient |
| 4. A. addiction | B. company | C. predator | D. newspaper |

Circle the letter A, B, C or D to indicate the best option for each of the following questions.

5. My grandparents still enjoy print media, and they often buy _____ in the market.
A. videos B. podcasts C. newspapers D. CDs
6. Lots of online news is _____, so we should check its resources carefully.
A. fake B. relevant C. convenient D. boring
7. It's common to see some negative _____ on some social media users' posts.
A. websites B. comments C. emails D. forums
8. You _____ very hard, so you look really tired.
A. study B. studied C. were studying D. have been studying
9. Kyle doesn't read magazines _____ as his mom.
A. less often B. the most often C. as often D. more often

Circle the letter A, B, C or D to indicate the options that best complete the regulations/advertisement.

FASTNEWS FORUM REGULATIONS

To ensure (10) _____ respectful and informative environment, please follow the following regulations.

- Your username has to be your real name. (11) _____ social media accounts are not permitted.
- Avoid (12) _____ any content that is excessively violent, harmful, or offensive.

- | | | | |
|-------------|------------|------------|----------------|
| 10. A. a | B. an | C. the | D. Ø |
| 11. A. True | B. Popular | C. Famous | D. Anonymous |
| 12. A. post | B. posting | C. to post | D. for posting |

TAKE BACK CONTROL OF YOUR TIME NOW!

Introducing FocusTime - the app (13) _____ helps you break free from social media addiction.

Set screen time limits and (14) _____ your social media usage to rediscover the joy of real-world (15) _____.

Download FocusTime today and gain complete control of your screen time.

- | | | | |
|----------------|---------------|---------------|----------------|
| 13. A. when | B. whom | C. that | D. who |
| 14. A. track | B. build | C. produce | D. follow |
| 15. A. connect | B. connective | C. connectors | D. connections |

Circle the letter A, B, C or D to indicate the correct arrangement of the sentences to make a meaningful paragraph in each of the following questions.

16. a. Secondly, using social media, teens can find communities and groups that share their interests.
b. Social media can bring lots of benefits to teenagers.

- c. Firstly, it allows them to connect with friends and family who live far away.
- d. The online communities can offer valuable support, especially for those who are isolated or bullied.
- e. In other words, it's easy to stay in touch and maintain social relationships.

A. b-d-a-c-e B. d-b-a-c-e C. b-c-e-a-d D. a-c-b-e-d

17. a. Moreover, using social media could negatively affect teens' mental health.
- b. This can lead to problems with their physical health.
 - c. Spending too much time on social media is unhealthy for teens.
 - d. Some teenagers have experienced isolation or anxiety, which makes them afraid of face-to-face conversation.
 - e. To illustrate, staring at a smartphone and a computer screen could hurt teens' eyes.

A. c-a-b-d-e B. c-b-e-a-d C. d-a-b-c-e D. d-e-b-c-a

Circle the letter A, B, C or D to indicate the options that best complete the letter.

Dear Paula,

I hope you're doing well. I'm reaching out because I'm getting worried about my social media habits. I've been using social media (18) _____. Whenever I go on social media, (19) _____.

My problem is getting seriously out of hand. I'm always scrolling through feeds, and (20) _____ to the perfect lives I see online. I know it's not real, and my sister is always telling me to quit social media. Besides, my academic performance is not good (21) _____ too late browsing instead of sleeping or studying.

Worst of all, I'm suffering from social isolation. I'd rather like photos or messaging people (22) _____. I've even gotten into arguments because someone thought I wasn't paying attention while they were speaking.

I know I need to change something, but (23) _____. Do you have any advice?

Max

- | | |
|---|--|
| 18. A. two years ago | B. after the past two years |
| C. for the past two years | D. since two years ago |
| 19. A. I can't feel like putting my phone down | B. I don't feel like putting my phone down |
| C. it doesn't feel like I can put my phone down | D. it feels like I can't put my phone down |
| 20. A. comparing myself | B. comparing themselves |
| C. comparing yourself | D. comparing herself |
| 21. A. having stayed up too late | B. for having stayed up too late |
| C. because of having stayed up too late | D. because I've been staying up |
| 22. A. to hang out with friends and family | B. than hang out with friends and family |
| C. since my friends and family hang out | D. in case my friends and family hang out |
| 23. A. I don't live without my phone | B. I mustn't live without my phone |
| C. I couldn't live without my phone | D. I won't live without my phone |

Circle the letter A, B, C or D to indicate the options that best complete the passage.

There are different kinds of media in the 21st century, but we (24) _____ some serious changes in several types of media over the past twenty years.

We used to enjoy watching football on TV, but lately, I've been using social media to get the latest updates. I follow different pages to keep (25) _____ on games and players and share exciting videos of some matches.

About a year ago, we stopped buying newspapers and magazines to save paper and help the environment. I personally find it (26) _____ to read the news online than in the newspapers because I can discuss the news with other people by leaving comments. My parents used to buy weekly magazines, but now they simply get their news

online. They both agree that buying magazines is (27) _____ subscribing to online magazines to get the latest news.

Of course, we still have a radio. Although listening to the radio is (28) _____ today, my grandfather keeps it to remember his old days.

- | | | | |
|-------------------------|-------------------------|---------------------|-------------------------|
| 24. A. are making | B. made | C. were making | D. have been making |
| 25. A. in mind | B. up to date | C. an eye on | D. in touch |
| 26. A. less interactive | B. as interactive as | C. more interactive | D. so interactive as |
| 27. A. more convenient | B. less convenient than | C. as convenient as | D. more convenient than |
| 28. A. outdated | B. modern | C. valuable | D. common |

Read the passage and circle the letter A, B, C or D to indicate the best answer to each of the following questions.

The popularity of the internet and the thrilling nature of online games have caused a growing concern known as game addiction in teenagers. This phenomenon can be harmful to a teenager's life in many aspects.

One significant risk of online game addiction is the harmful effects on teenage mental health. Teenagers addicted to virtual worlds may experience heightened anxiety, depression, and social isolation. Over-reliance on games for fulfillment can make teens disregard their real-world relationships and activities, which **hinders teenage social skills** and leaves them feeling disconnected from peers and family.

Another concern is the impact on physical health and well-being. Excessive gaming is often linked to unhealthy habits such as poor diet, lack of exercise, and disrupted sleep patterns. Teenagers who spend countless hours staring at mobile or computer screens may develop health issues with posture and eyesight, which makes **them** suffer in the near future.

Furthermore, online game addiction can interfere with academic performance. Teenage addiction to gaming can lead to academic procrastination and lack of attention in school. As a consequence, teenagers tend to **neglect** schoolwork and extracurricular activities, which can have a lasting negative impact on a teenager's future.

In conclusion, online gaming has been rising quickly, so it is vital to recognize the potential dangers of addiction. Understanding the risks to teenage mental health, physical well-being, and academic success is crucial for parents, educators, and teens alike, ensuring a healthy and balanced relationship with the digital world.

29. Which of the following could be the best title for the passage?

- | | |
|---|---|
| A. What Causes Game Addiction | B. How Game Addiction Affects Teen's Schoolwork |
| C. How Game Addiction Affects Teen's Life | D. How Game Addiction Affects Teen's Studies |

30. The phrase **hinders teenage social skills** in paragraph 2 mostly means _____

- A. makes it difficult for teens to develop social skills
- B. enables teens to develop social skills
- C. stops teens developing social skills
- D. allows teens to boost social skills

31. The word **them** in paragraph 3 refers to _____

- | | | | |
|-----------|------------|----------|--------------|
| A. issues | B. screens | C. hours | D. teenagers |
|-----------|------------|----------|--------------|

32. The word **neglect** in paragraph 4 is closest in meaning to _____

- | | | | |
|-----------|------------|-----------|-----------|
| A. reject | B. explore | C. ignore | D. retain |
|-----------|------------|-----------|-----------|

33. Which of the following could be inferred from the passage?

- A. Playing computer games might have benefits for teenage schoolwork.
- B. Teens could feel socially isolated because of their game addiction.
- C. Teens can't tell whether they're addicted to online gaming or not.

D. Extracurricular activities play a key role in a teenager's future.

Read the passage and circle the letter A, B, C or D to indicate the best answer to each of the following questions.

Social media is widely popular, but it poses various risks. Therefore, people should be highly aware of the dangers of social media and how to avoid them.

It is essential to understand that what users have posted could harm their future. Whatever posts they share or write on social media today may impact their future. Young people might post content that **portrays** them negatively, which could be discovered by prospective employers. Many individuals have faced job loss because of their past posts, which means users must exercise caution in their current online activities.

Social media users should be careful with addiction. For example, if students spend too much time on social media, it can severely affect their academic performance, reduce their face-to-face interactions with friends, and limit their participation in extracurricular activities; in other words, **they** will harm their lives because of their habits. To maintain a healthy balance, they should **restrict** their social media usage and make time for in-person socializing and academic pursuits.

Social media users also face another threat of malware and viruses. Users should be aware that downloading strange software or clicking on suspicious links within social media can put their computers or banking accounts in danger. They might lose lots of money and the loss of important files. To mitigate these risks, it is crucial to use **reliable** antivirus software and avoid clicking unfamiliar links or files.

In conclusion, although social media are widely popular, they come with potential dangers. By considering what to post, reducing online time, and being careful with potential threats, users can protect themselves in the world of social media.

34. Which of the following could be the best title for the passage?

- | | |
|---|---|
| A. The Bright and Dark Side of Social Media | B. The Problems of Social Media and the Solutions |
| C. The Social Media Addiction | D. The Advantages and Disadvantages of Social Media |

35. The word **portrays** in paragraph 2 mostly means _____

- | | | | |
|-------------|-----------|----------------|-------------|
| A. explains | B. proves | C. illustrates | D. mentions |
|-------------|-----------|----------------|-------------|

36. The word **they** in paragraph 3 refers to _____

- | | | | |
|---------------|------------|-----------------|-------------|
| A. activities | B. friends | C. interactions | D. students |
|---------------|------------|-----------------|-------------|

37. The word **restrict** in paragraph 3 is closest in meaning to _____

- | | | | |
|-----------|-----------|----------|-------------|
| A. reduce | B. exceed | C. limit | D. maintain |
|-----------|-----------|----------|-------------|

38. The word **reliable** in paragraph 4 is opposite in meaning to _____

- | | | | |
|------------------|-----------------|----------------|----------------|
| A. untrustworthy | B. unreasonable | C. inefficient | D. impractical |
|------------------|-----------------|----------------|----------------|

39. According to paragraph 4, users can endanger their computers if _____

- | | |
|-------------------------------------|--|
| A. some important files are lost | B. some money in their bank account is lost |
| C. antivirus software is downloaded | D. strange software is downloaded onto their computers |

40. Which of the following is NOT mentioned in the passage?

- A. Someone's negative posts could affect their future.
- B. Users must be careful with what they do on social media.
- C. Social media users had better check the sources of their content before posting.
- D. Users should not access any strange links or files.

Circle the letter A, B, C or D to indicate the word whose underlined part is pronounced differently from the others.

- | | | | |
|---------------|-------------|--------------|---------------|
| 1. A. comment | B. connect | C. complete | D. affect |
| 2. A. media | B. magazine | C. tradition | D. attraction |

Circle the letter A, B, C or D to indicate the word that has a stress pattern different from the others.

- | | | | |
|------------------|------------------|---------------|--------------|
| 3. A. dangerous | B. addictive | C. digital | D. permanent |
| 4. A. experience | B. embarrassment | C. cyberbully | D. behavior |

Circle the letter A, B, C or D to indicate the best option for each of the following questions.

5. People can _____ on their social media friends' posts.
A. create B. share C. comment D. discuss
6. You might read lots of things on social media, but not everything is true, especially _____.
A. gossip B. facts C. proof D. evidence
7. Be careful with whatever you post because some information can cause _____ to you or others.
A. joy B. embarrassment C. pleasure D. excitement
8. Rick _____ to his favorite sports podcast for thirty minutes.
A. listens B. is listening C. was listening D. has been listening
9. Cassie thinks print media is not _____ helpful as digital media.
A. very B. less C. as D. more

Circle the letter A, B, C or D to indicate the options that best complete the description/public announcement.

SOCIAL MEDIA CONTENT CREATOR WANTED

Are you passionate (10) _____ social media and skilled in writing attractive contents? We are seeking a dynamic content creator who can handle the following responsibilities:

- Create content within our common interest areas, ensuring that it is relevant and not (11) _____
- Stay informed about current trends and news to provide (12) _____ content.

If you think you're the right one for the job, send us your CV via fastmedia@hotmail.com

- | | | | |
|----------------|----------------|------------------|---------------------|
| 10. A. in | B. about | C. at | D. over |
| 11. A. updated | B. latest | C. outdated | D. trendy |
| 12. A. hi-tech | B. last-minute | C. old-fashioned | D. up-to-the-minute |

SPOT A SCAMMER, SAVE YOUR MONEY!

Online shopping is convenient, but beware of scammers (13) _____ try to trick you with deals that seem (14) _____ good to be true. Watch out for:

- ♦ High pressure tactics like "limited-time offers"
- ♦ Unknown websites asking for personal details
- ♦ QR codes waiting for you to scan and download some (15) _____ apps

Don't rush, verify the seller's information and only use secure sites.

- | | | | |
|----------------|-------------|------------|-------------|
| 13. A. which | B. who | C. whose | D. why |
| 14. A. so | B. really | C. too | D. truly |
| 15. A. strange | B. familiar | C. helpful | D. friendly |

Circle the letter A, B, C or D to indicate the correct arrangement of the sentences to make a meaningful paragraph in each of the following questions.

16. a. It allows people to stay in touch with friends and family and share life updates.
 b. Indeed, social media provides various benefits including enhancing communication and learning.
 c. In short, social media can enrich our lives by fostering relationships and providing valuable information.
 d. Additionally, social platforms offer opportunities for learning and discovering new ideas.
 e. Thanks to recent technological achievements, social media has quickly developed in the past twenty years.
- A. d-b-a-e-c B. e-b-a-d-c C. e-a-d-c-b D. a-d-c-b-e
17. a. Consequently, it could be more difficult for teens to concentrate on their studies or perform better at school.
 b. Social media offers such fascinating reels that watching them for a long time weakens teens' focus ability.
 c. Therefore, it is crucial that teens balance their online relaxation and academic success.
 d. Many teens have been watching short video clips known as reels on social media, which is harmful.
 e. Besides, being used to watching reels, lots of teens tend to avoid watching long videos for schoolwork.
- A. b-d-c-e-a B. a-d-e-b-c C. d-c-a-b-e D. d-b-e-a-c

Circle the letter A, B, C or D to indicate the options that best complete the passage.

Hi Max,

(18) _____ using social media. Many people struggle with social media and its potential to dominate our lives. It's important to remember (19) _____ is generally a carefully built video, not real life. (20) _____ to those idealized images can negatively affect our self-esteem and mental health. Besides, you should take the following steps on your phone. First, install a screen-time tracking app to monitor how long you spend on social media. This kind of app also has built-in app timers (21) _____ Second, disable notifications (22) _____

Remember to spend more time with friends and family regularly. It wouldn't be (23) _____ at first, but doing fun activities with others can help you stay off your phone.

Remember that breaking any bad habit takes time and effort. Keep me informed on your progress.

Paula

- | | |
|---|---|
| 18. A. You sound like going through a tough time. | B. You feel like going through a tough time |
| C. It feels like going through a tough time | D. It sounds like you're going through a tough time |
| 19. A. that how you see online | B. that what you see online |
| C. where you see online | D. who you see online |
| 20. A. Comparing yourself B. Comparing myself | C. Comparing ourselves D. Comparing themselves |
| 21. A. limit your time on specific apps | B. to limit your time on specific apps |
| C. by limiting your time on specific apps | D. it limits your time on specific apps |
| 22. A. to avoid being constantly interrupted | B. avoiding interrupting constantly |
| C. by avoiding constant interruption | D. constantly to avoid interruption |
| 23. A. not so interesting as | B. less interesting when going on social media |
| C. less interesting than going on social media | D. as interesting as going on social media |

Circle the letter A, B, C or D to indicate the options that best complete the passage.

In my family, we use different kinds of media, and we don't all agree on which one is the best. My grandpa doesn't think social media is (24) _____, so he still relies on the news from the print media and the radio. My sister thinks newspapers and radio are old- fashioned and shouldn't be used anymore.

Teens, like me, use social media (25) _____ anyone in their families. My parents sometimes complain to me about overspending time online. Actually, I've been chatting with my friends on social media and watching online videos related to my studies this week. My mom also uses social media to comment on things she likes and to get the latest news.

I (26) _____ how to avoid the negative effects of social media with other students in a forum for two weeks. There are forums on a variety of topics. If you have a question, you can usually find a forum with helpful answers. In other words, I personally find forums (27) _____ libraries because I can exchange my ideas easily.

In summary, print media is becoming less (28) _____ in my family and today's society because digital media have offered undeniable benefits. However, print media still have certain values that are appreciated by the older generations.

- | | | | |
|-------------------------|-------------------------|-------------------------|-------------------------|
| 24. A. modern | B. economical | C. trustworthy | D. slow |
| 25. A. as often as | B. more often than | C. less often than | D. less than |
| 26. A. am discussing | B. discussed | C. were discussing | D. have been discussing |
| 27. A. as convenient as | B. more convenient than | C. less convenient than | D. as inconvenient as |
| 28. A. popular | B. outdated | C. harmful | D. dangerous |

Read the passage and circle the letter A, B, C or D to indicate the best answer to each of the following questions.

Social media networks are the places where you relax, learn interesting things, and show people who you are. Social media users can choose what to show and what to hide, which could lead to the constant desire to be popular and look perfect, known as the pressure of online recognition.

We always want to be like the people around us. On social media, we see the best parts of other people's lives - their vacations, their career success, even their stunning selfies! It's easy to get frustrated if you don't have similar career achievements or post remarkable selfies as **they** do. This can make you want to be more impressive online and show off all the time.

Social media even keeps score of your posts and comments! Every like, comment, and follower becomes a number that results in daily pressure. It's **tempting** to think that the more popular you are on social media, the better you are as a person. This can make you focus on being liked instead of being yourself.

All those kinds of pressure can be toxic for us. Wanting to be popular online can make people stressed, upset, and unsure of themselves. Trying to seem perfect all the time isn't real, and it gets exhausting for many people. Sometimes, the best thing to do is to take a break!

The bottom line is that you mustn't let social media control you. It's vital not to compare yourself with others all the time and just focus on being you. You'd better spend time having real-life fun with other people to experience the true happiness instead.

29. Which of the following could be the best title for the passage?

- A. The Pressure of Successful Social Media Profile
- B. The Pressure of Perfect Online Success
- C. The Pressure of Successful Social Media Content
- D. The Pressure of Recognition on Social Media

30. The word **they in paragraph 2 refers to _____**

- A. selfies
- B. achievements
- C. vacations
- D. other people

31. The word **tempting in paragraph 3 is closest in meaning to _____**

- A. fascinating
- B. false
- C. risky
- D. unreasonable

32. According to the passage, to avoid the harmful effects of pressure to be popular online, we should _____

- A. look like other people in reality
- B. try not to get exhausted at work
- C. stop trying to be perfect online for a period of time
- D. become more confident in real life

33. Which of the following is NOT mentioned in the passage?

- A. Social media users might be under huge pressure to be popular online.
- B. Spending time with other people in real life can help prevent social media addiction.
- C. You have the right to show what you want on your social media wall.
- D. People are advised not to compare themselves with others on social media.

Read the passage and circle the letter A, B, C or D to indicate the best answer to each of the following questions.

Social media have been popular enough to play a part in lots of people's lives. However, they have caused some **potential** dangers that we need to be aware of, and we should know how to deal with the dangers.

First, users might share their or others' personal information by accident. This can lead to privacy issues and the misuse of our data. Criminals or bad people could take advantage of someone's personal information to do illegal things. It's important to be careful about what we share online to protect our privacy.

Second, some users are likely to be addicted to social media. They might **lose track of time** while checking their newsfeeds or leaving comments. Spending too much time on these platforms can negatively affect our work productivity and cause us to ignore our real-life responsibilities. Moreover, some users could suffer from social isolation, so they are more likely to avoid making and maintaining conversations with strangers. Therefore, users must maintain a balance between their screen time and real-life time.

Finally, some social media platforms could be ideal for scamming. Bad people can try to trick their victims with fake messages or emails to steal their personal information; **they** could even hack into other people's bank accounts by asking them to access some links. For example, many messages containing harmful links have been sent to some users to trick them into accessing some links, and then the bad hackers could have complete control over the victims' bank accounts. It's crucial to be **cautious** and verify the reliability of messages to avoid being scammed.

To sum up, the risks of social media are serious, but they can be prevented. Being mindful of what we do and how much time we spend online, we can navigate social media safely without compromising our well-being.

34. Which of the following could be the best title for the passage?

- A. Social Media: Privacy Issues and Solutions B. Social Media: Risk of Scamming and Solutions
- C. Social Media: Potential Dangers and Prevention D. Social Media: Risk of Addiction and Prevention

35. The word **potential** in paragraph 1 is closest in meaning to _____

- A. possible B. promising C. unknown D. common

36. The phrase **lose track of time** in paragraph 3 mostly means _____

- A. fail to keep someone's watch B. fail to stay aware of the time
- C. fail to be punctual D. fail to react in time

37. The word **they** in paragraph 4 refers to _____

- A. emails B. messages C. victims D. bad people

38. The word **cautious** in paragraph 4 is opposite in meaning to _____

- A. adaptable B. creative C. careless D. truthful

39. According to paragraph 3, social media addiction has lots of harmful effects EXCEPT _____

- A. reducing people's work productivity B. making people neglect their responsibilities
- C. making friends with strangers D. making people suffer from social isolation

40. Which of the following could be inferred from the passage?

- A. We can hide our private data to avoid potential privacy issues.
- B. Social media addiction could cause communication problems in reality for some users.
- C. Users' bank accounts can be hacked into if the users reveal their personal information.

D. If we manage to verify the reliability of messages, we will be completely safe from being scammed.