

## CHUẨN BỊ CHO KÌ THI TỐT NGHIỆP THPT VÀ ĐGNL

### ĐỀ THI THỬ TỐT NGHIỆP THPT 2026

Bài thi: NGOẠI NGỮ; Môn thi: TIẾNG ANH

Thời gian làm bài: 50 phút, 40 câu trắc nghiệm

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Read the following leaflet and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 1 to 6.

#### Protect Yourself from Fake News

Fake news spreads fast, but you can slow it down by making smart choices. Use these tips to stay informed and safe.

- Be sceptical (1) \_\_\_\_\_ news that sounds too dramatic or perfect. If it triggers a strong feeling, pause before believing it.
- Check where the story comes from. Reliable reports are often covered by (2) \_\_\_\_\_ reputable outlets, not just one website.
- Read carefully for clues. Headlines may (3) \_\_\_\_\_ anger or fear to make you click, even when the facts are weak.
- Pay attention to details. Stories shared online, (4) \_\_\_\_\_ in a rush, may miss key facts or sources.
- (5) \_\_\_\_\_ images or videos taken out of context. Visuals can mislead as much as words.
- Compare viewpoints. Following a (6) \_\_\_\_\_ of perspectives helps you see the full picture and spot bias.

Staying alert and patient makes you a stronger reader—and helps stop fake news from spreading.

Question 1. A. from

B. to

C. in

D. of

Question 2. A. other

B. each

C. the others

D. much

Question 3. A. reinforce

B. provoke

C. enhance

D. intensify

Question 4. A. written

B. are written

C. to be written

D. writing

Question 5. A. Make up for

B. Look up to

C. Put up with

D. Watch out for

Question 6. A. degree

B. variety

C. plenty

D. minority

Read the following leaflet and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 7 to 12.

#### Babysitter Wanted – Part-Time Position

We are looking for a caring and responsible babysitter to support our family during weekday afternoons and occasional weekends. The role involves (7) \_\_\_\_\_ fundamental needs, such as preparing simple meals, helping with hygiene, and ensuring a calm daily routine. You should be (8) \_\_\_\_\_ at all times, especially when supervising play, homework, or outdoor time. Creating (9) \_\_\_\_\_ activities like games, reading, or simple crafts is an important part of keeping the children happy and active.

The babysitter will transport children to and from school or extracurricular activities, (10) \_\_\_\_\_ requires a valid driver's license and a safe vehicle. Reliability and punctuality are essential for this

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responsibility. Experience with children is preferred, (11) \_\_\_\_\_ a warm personality and good communication skills. You should be comfortable handling a (12) \_\_\_\_\_ and responding calmly to unexpected situations. If you enjoy working with children and value trust and care, we would love to hear from you.

- Question 7.** A. taking                      B. putting                      C. meeting                      D. laying  
**Question 8.** A. hesitant                      B. vigilant                      C. reluctant                      D. tolerant  
**Question 9.** A. engage                      B. engagingly                      C. engagement                      D. engaging  
**Question 10.** A. whose                      B. where                      C. what                      D. which  
**Question 11.** A. instead of                      B. in addition to                      C. in contrast to                      D. except for  
**Question 12.** A. busy afternoon schedule                      B. afternoon busy schedule  
                    C. schedule busy afternoon                      D. busy schedule afternoon

*Mark the letter A, B, C or D to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 13 to 17.*

**Question 13.**

- a. Mai:** Tourists keep coming, but many don't take their rubbish home.  
**b. Mai:** If people changed their habits, the beach could recover.  
**c. Lucas:** Yeah, it's upsetting—polluted beaches used to be clean just a few years ago.  
**d. Mai:** Did you see the beach this morning? It was covered in plastic bottles and food wrappers.  
**e. Lucas:** Local groups are organising clean-ups, but the waste returns so quickly.  
A. a – e – b – c – d                      B. b – e – d – c – a                      C. d – c – a – e – b                      D. b – c – a – e – d

**Question 14.**

- a.** As these images circulate endlessly, the boundary between aspiration and pressure becomes increasingly blurred, normalising dissatisfaction as a daily experience.  
**b.** What makes the issue more troubling is that such content is frequently framed as motivation or self-improvement, masking its psychological cost.  
**c.** Social media content promoting unrealistic body image often presents a carefully edited version of reality that subtly reshapes how users judge themselves.  
**d.** Over time, this quiet comparison can erode self-esteem, particularly among young users who are still forming a sense of identity.  
**e.** The repeated exposure to idealised physiques, filtered skin, and curated lifestyles creates a distorted standard against which ordinary bodies appear inadequate.  
A. c – e – d – b – a                      B. e – a – b – d – c                      C. c – a – d – b – e                      D. a – b – c – d – e

**Question 15.**

Hi Anna,

- a.** I was especially impressed by the sections on burial rituals, which gave real depth to ideas I had only seen briefly before.  
**b.** The way the author explains daily life, beliefs, and political power helped me connect individual facts into a clearer picture.  
**c.** Although I picked it up out of curiosity, it quickly became the kind of book I wanted to read slowly and carefully.  
**d.** Thank you so much for recommending the book on ancient Egypt, as it turned out to be far more engaging than I expected.
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e. Your recommendation genuinely enriched my understanding of the subject.

Best,

Ngoc Anh

A. e - c - a - b - d

B. d - c - a - e - b

C. e - c - d - b - a

D. d - b - a - c - e

**Question 16.**

a. **Marcus:** That sounds great—I like that you can learn techniques without going to a studio.

b. **Linh:** Exactly, and being able to replay the lessons makes practising much easier.

c. **Linh:** I signed up for an online art class last night, and it's surprisingly interactive.

A. c - b - a

B. b - a - c

C. c - a - b

D. b - c - a

**Question 17.**

a. Without the familiar rhythm of home, I became more aware of small routines, from budgeting for groceries to managing time without reminders.

b. Gradually, the unfamiliar space began to feel grounded, shaped not by comfort alone but by responsibility and self-trust.

c. There was a steady sense of growth in learning to rely on my own judgement, even when mistakes were unavoidable.

d. At the same time, independence brought a deeper appreciation for the support I had once taken for granted.

e. Moving out was both liberating and unsettling, as the quiet of my new space made everyday decisions feel heavier than before.

A. a - c - d - b - e

B. e - a - c - d - b

C. a - d - e - c - b

D. e - c - d - b - a

*Read the following passage and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 18 to 22.*

Globalisation, a process that connects economies, societies, and individuals across the world, has greatly influenced cultural diversity. On the one hand, it has encouraged the spread of ideas, products, and lifestyles, while on the other hand, it has raised fears about the loss of local traditions. People now watch the same movies, use the same social media platforms, and wear the same brands, (18) \_\_\_\_\_, but also reduces the uniqueness of each culture. Although this development brings convenience and entertainment, it also increases the risk that minority cultures may be overlooked.

At the same time, globalisation has allowed cultural exchange to reach an unprecedented level, which means that people in one country can experience food, music, and art from another without ever leaving their home. This exchange provides opportunities for tolerance, respect, and cooperation, (19) \_\_\_\_\_. Students who learn English, for example, not only study the language but also come into contact with Western values, (20) \_\_\_\_\_. Such situations, although enriching, may also create tension, particularly when younger generations reject traditional practices.

Nevertheless, cultural diversity is not disappearing completely; in fact, (21) \_\_\_\_\_. Communities that celebrate their heritage—festivals, languages, and rituals— keep traditions alive while still participating in the global economy. Governments, educators, and local leaders who understand both global trends and local needs must work together to ensure balance. (22) \_\_\_\_\_, societies can achieve both progress and preservation.

**Question 18.**

- A. whose creation of a sense of belonging to a global community
- B. created a sense of belonging to a global community
- C. which creates a sense of belonging to a global community
- D. and a sense of belonging to a global community is created

**Question 19.**

- A. as a result of stereotypes that sometimes lead to misunderstandings
- B. yet it sometimes leads to stereotypes and misunderstandings
- C. especially when misunderstandings sometimes lead to stereotypes
- D. considering misunderstandings that sometimes lead to stereotypes

**Question 20.**

- A. some of the local customs may seem conflicting
- B. conflicts arise among some of the local customs
- C. until there may be conflict with local customs
- D. some of which may conflict with local customs

**Question 21.**

- A. its strength can even take effort in a conscious way
- B. it can even take conscious effort to become stronger
- C. it can even be strengthened through conscious efforts
- D. its efforts to become stronger can happen consciously

**Question 22.**

- A. By protecting the local culture and embracing global interaction at the same time
- B. When protecting the local culture embraces global interaction at the same time
- C. As the interaction of the local and global culture is embraced and protected at the same time
- D. If the local and global culture are embraced through protective interaction at the same time

*Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 23 to 30.*

StreetGames is a sports charity that changes lives and communities. We are proud to give young people exactly what they are looking for – the chance to enjoy sport, give back to their communities and aspire to greater things. Seventy-one per cent of young people have said that **they** would like the chance to try more sporting activities, but that they can't afford to.

'Doorstep Sport' is what we do. **We bring sport close to home in disadvantaged communities, at the right time, for the right price and in the right style.** Sport is great! It provides fitness, fun and friendship opportunities, and since 2007, we have been using it to improve the lives of countless young people. It teaches them skills and knowledge which they can then use to make their way in life.

We are bringing sport to your neighbourhood, and we need some assistance. We are looking for young volunteers for this task. We need young people both to take part in our wonderful sporting activities and also to look after and **coach** the younger children. So, if you are aged 16–19, contact us if you would like to be involved. We need YOU!

We have been speaking to a lot of young people about sports they would like to be **involved in**, and these are the answers: boys between the ages of 16 and 19 have voted for playing football, badminton and tennis, going swimming, cycling, running and going to the gym and doing adventure sports. The girls

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**Question 38.** Which of the following is TRUE according to the passage?

- A. Zero-waste living demands resources and services that are not accessible to everyone.
- B. Bulk shopping and composting are easily available options in all communities.
- C. People who fail to live zero waste become more active in promoting environmental causes.
- D. Access to sustainable products is no longer a barrier for individuals pursuing zero waste.

**Question 39.** Which of the following can be inferred from the passage?

- A. Waste reduction requires individuals to sacrifice convenience without gaining any benefits.
- B. People who fail to live a completely zero-waste lifestyle stop protecting the environment.
- C. Partial efforts to reduce waste are more achievable than total waste elimination.
- D. Achieving zero waste is a realistic and necessary goal for everyone, regardless of income.

**Question 40.** Which of the following best summarises the passage?

- A. Living a perfect zero-waste life is affordable, convenient, and easily achievable for individuals in all regions of the world.
  - B. Achieving zero waste is difficult for most, but focusing on reducing waste whenever possible can lead to meaningful progress.
  - C. Achieving zero waste is now a widespread practice, so governments and organisations no longer need to promote sustainable consumption.
  - D. People who cannot achieve a complete zero-waste lifestyle should abandon their efforts and accept unsustainable living habits.
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**BẢNG TỪ VỰNG**

STT	Từ vựng	Nghĩa	Từ loại	Phiên âm	Cấp độ	Từ đồng nghĩa	Từ trái nghĩa
1	abandon	từ bỏ	v	/ə'bændən/	<b>C1</b>	stop, give up	
2	aspiration	khát vọng, tham vọng, hoài bão	n	/,æspə'reɪʃn/	<b>C1</b>	ambition	
3	bias	thành kiến	n	/'baɪəs/	<b>C2</b>		
4	circulate	lan truyền (thông tin, ý tưởng...)	v	/'sɜ:kjələɪt/	<b>C1</b>	spread	
5	coach	huấn luyện, đào tạo	v	/kəʊtʃ/	<b>B1</b>	train	
6	commendable	đáng khen ngợi	adj	/kə'mendəbl/	<b>C1</b>	laudable, praiseworthy	
7	compost	ủ phân hữu cơ	v	/'kɒmpəʊst/	<b>B1</b>		
8	counterproductive	phản tác dụng	adj	/,kaʊntə'prɒ'dʌktɪv/	<b>C1</b>		
9	curate	lựa chọn, sắp xếp và trình bày một cách cẩn thận, chu đáo, có chủ ý	v	/kjʊə'reɪt/	<b>C1</b>		
10	disadvantaged	hoàn cảnh khó khăn, thiệt thòi	adj	/,dɪsəd'vɑ:ntɪdʒd/	<b>C1</b>	underprivileged, deprived	privileged, advantaged
11	discard	vứt đi, loại bỏ (vật không dùng nữa)	v	/dɪ'skɑ:d/	<b>C1</b>	throw away, get rid of	keep, retain
12	disposability	tính dùng một lần	n	/dɪ'spəʊzə'bɪlətɪ/	<b>C1</b>		
13	distorted	bị bóp méo, xuyên tạc	adj	/dɪ'stɔ:tɪd/	<b>C1</b>		
14	embrace	đón nhận	v	/ɪm'breɪs/	<b>C1</b>	accept	reject
15	engaging	hấp dẫn, thu hút	adj	/ɪn'geɪdʒɪŋ/	<b>C1</b>	appealing, captivating	boring, unappealing
16	enrich	làm giàu thêm, làm phong phú	v	/ɪn'rɪtʃ/	<b>C1</b>		
17	exclusive	độc quyền, dành riêng	adj	/ɪk'sklʊ:sɪv/	<b>C1</b>		
18	fundamental	cơ bản	adj	/,fʌndə'mentl/	<b>B2</b>	basic	
19	hesitant	do dự	adj	/'hezɪtənt/	<b>B2</b>		
20	liberating	mang lại cảm giác tự do, giải phóng	adj	/'lɪbərəɪtɪŋ/	<b>B2</b>		
21	mislead	đánh lừa, làm cho hiểu sai	v	/,mɪs'li:d/	<b>C1</b>	deceive	

22	outlet	cơ quan truyền thông, báo chí, tin tức	n	/'aʊtlet/	B2		
23	overlook	bỏ qua	v	/,əʊvə'lʊk/	C2	miss	notice
24	perspective	góc nhìn, quan điểm	n	/pə'spektɪv/	C1	viewpoint, point of view	
25	physique	vóc dáng, hình thể	n	/fɪ'zi:k/	B2	build	
26	practicality	tính thực tế, khả năng áp dụng trong đời sống	n	/,præktɪ'kæləti/	C1	feasibility	impracticality
27	privilege	đặc quyền	n	/'prɪvəlɪdʒ/	C1		
28	provoke	kích động hoặc gây ra (phản ứng, cảm xúc...)	v	/prə'vəʊk/	C2		
29	radically	một cách hoàn toàn, triệt để	adv	/'rædɪkli/	C1	completely	
30	reinforce	củng cố, tăng cường, làm mạnh thêm	v	/,ri:n'fɔ:s/	C2	strengthen	weaken
31	reluctant	miễn cưỡng	adj	/'rɪ'lʌktənt/	C1	unwilling	willing, eager
32	reputable	có uy tín	adj	/'repjətəbl/	C1		disreputable
33	sacrifice	hy sinh	v	/'sækrɪfaɪs/	C1		
34	stereotype	khuôn mẫu	n	/'sterɪətaɪp/	C1		
35	subtly	một cách tinh tế, tinh vi, khéo léo, không lộ liễu	adv	/'sʌtəli/	C1		
36	supervise	giám sát, trông nom	v	/'su:pəvaɪz/	C1	oversee	
37	tolerant	khoan dung, chấp nhận sự khác biệt	adj	/'tɒlərənt/	C1	open-minded, broad-minded	intolerant, narrow-minded
38	unavoidable	không thể tránh khỏi	adj	/,ʌnə'vɔɪdəbl/	C1	inevitable, ineluctable	avoidable
39	unprecedented	chưa từng có	adj	/,ʌn'presɪdəntɪd/	C2		
40	unsettling	gây bất an, lo ngại	adj	/,ʌn'setlɪŋ/	C1	disturbing, troubling, worrying	
41	valid	có giá trị, có hiệu lực, hợp lệ	adj	/'vælɪd/	B2		invalid

42	vigilant	cảnh giác, thận trọng	adj	/'vidʒɪlənt/	<b>C1</b>	watchful, alert	
43	well-timed	đúng lúc, đúng thời điểm	adj	/,wel 'taɪmd/	<b>B2</b>	timely	ill-timed

### BẢNG CẤU TRÚC

STT	Cấu trúc	Nghĩa
1	aspire to something	khao khát, mong ước điều gì
2	be part and parcel of something	là một phần tất yếu của cái gì
3	conflict with something	xung đột, mâu thuẫn với cái gì
4	exclude somebody from something	loại trừ ai khỏi cái gì
5	involved in	có liên quan đến, tham gia vào
6	look up to	ngưỡng mộ, kính trọng
7	make up for	bù đắp, đền bù cho
8	pay attention to something	chú ý, tập trung vào điều gì
9	put up with	chịu đựng
10	phase out	loại bỏ dần, ngừng dần
11	sceptical of something	hoài nghi về cái gì
12	take something for granted	cho rằng điều gì là hiển nhiên
13	watch out for	cẩn thận, cẩn trọng