

Read the passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks from 1 to 6.

WHAT TO DO IF YOUR CHILD IS UNWELL

A large number of childhood illnesses can be managed at home with rest and over-the-counter (1) _____ like paracetamol or ibuprofen. However, some symptoms need immediate medical attention.

Seek Help If Your Child Has Any Of The Following:

- Is experiencing severe breathing (2) _____ or feels abnormally cold to touch.
- Is drowsy (excessively sleepy) or irritable (unable to be (3) _____ toys, TV, food or looking after)
- Has a temperature of 39°C or above.
- Is too painful (no improvement with painkillers).

Where To Turn:

- **Pharmacy:** Pharmacists can advise on paracetamol or ibuprofen and (4) _____ remedies.
- **General Practitioner (GP):** Contact your child's doctor for medical appointments or (5) _____.
- **NHS 111:** Call NHS 111 for free round-the-clock medical information from health advisors or if you're unsure where to go.
- **Accident & Emergency (A&E):** (6) _____ life-threatening conditions, take your child to the nearest A&E yourself or dial 999 for an ambulance.

Trust Your Instincts: If you feel something is seriously wrong with your child, don't hesitate to seek help. It's always better to err on the side of caution when it comes to your child's health.

(Adapted from *northeastlondon.icb.nhs.uk*)

Question 1. A. dosage B. usage C. treatment D. medications

Question 2. A. difference B. difficulty C. pressure D. freedom

Question 3. A. taken up B. settled with C. cared for D. looked after

Question 4. A. others B. the others C. other D. the other

Question 5. A. ignorance B. hospitalization C. surgery D. prescription

Question 6. A. In the event of B. On account of C. Regardless of D. By means of

Read the passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 7 to 14.

Living in the stressful modern era, most of us usually look for sources of relaxation, and it's no secret that viewing nature and being outdoors can be pleasant and restorative. Spending time in nature is linked to improvements in mental health, mood, emotional well – being, and **cognitive** benefits. However, the more surprising thing is that, according to new research, viewing water may be a better environment for relaxation than green areas with grass and trees.

In a recent article, Harvard psychologist Adam Grant discussed a remarkable 2024 study that he **came across**, showing that people who viewed water for less than two minutes had reduced blood pressure compared to people who viewed green areas and trees.

So why are nature's blue spaces more relaxing than green ones? According to the original authors of the study, the reason might be related to the process of our evolution. For early humans who have to work hard to survive day by day, the lack of water has always been a major challenge, as **it** posed a direct threat to life, leading to heightened levels of stress, increases in blood pressure and cardiac stress. Therefore, successfully detecting water or simply just looking at it can provide a sense of great relief.

Being in nature can help you re – invigorate your body, mind, and spirit, offering moments of awe, calm, and relaxation. And now we are learning that bodies of water may bring even greater relaxation. So, whether it's a river, lake, or ocean, it might be time to go outside and find the nearest blue space to experience the effects for yourself!

(Adapted from *psychologytoday.com*)

Question 7: Which of the following is NOT mentioned in paragraph 1 as a benefit of spending time in nature?

- A. Improvements in mental health
- B. Cognitive benefits
- C. personal sublimation
- D. Emotional well – being

Question 8: The word “cognitive” in paragraph 1 is CLOSEST in meaning to _____.

- A. instinctive B. intellectual C. creative D. active

Question 9: The word "came across" in paragraph 2 could be best replaced by _____.

- A. discovered B. ignored C. created D. explained

Question 10: The word “it” in paragraph 3 refers to _____.

- A. a major challenge B. hard work C. evolution D. the lack of water

Question 11: Which of the following is TRUE, according to paragraphs 2 and 3?

- A. Finding water was the biggest survival challenge for early humans.
B. Early humans suffered more stress when there is not enough water.
C. Only by being in nature can we heal both our body and our spirit.
D. The larger the area of water you look at, the more relaxed you are.

Question 12: Which of the following best paraphrases the underlined sentence in paragraph 4?

- A. Spending time outdoors in nature can refresh both your physical and mental state, providing peaceful and uplifting experiences.
B. Nature is a perfect escape from modern life, allowing people to rest while boosting their physical and spiritual well – being.
C. Nature offers a temporary distraction from life’s problems, but its benefits are limited to short – term relaxation.
D. Being in nature brings challenges to both the mind and body, creating feelings of stress and discomfort.

Question 13: In which paragraph does the writer mention the benefits people can get when staying in nature?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Question 14: Which paragraph mentions the risks of water shortage for early human?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a cohesive and coherent exchange or text in each of the following questions from 15 to 19.

Question 15.

- a. Jane: That’s a nice surprise! Congratulations! You really deserve it.
b. Nam: I guess with my new income, we can solve all problems more quickly and set aside some to buy a new house.
c. Nam: I am feeling on cloud nine! I was given a promotion at work today.

- A. b – a – c B. a – c – b C. a – b – c D. c – a – b

Question 16.

- a. David: Ok, swipe again more slowly.
b. Hoa: Could you show me the way to use the magnetic card to open this door?
c. Hoa: Okay, that’s fine. I can do it. Thanks.
d. David: Of course. Just swipe it slowly.
e. Hoa: Sorry. I can’t do it now. Can you show me again?

- A. e – a – c – b – d B. b – d – e – a – c C. a – c – d – b – e D. c – e – b – d – a

Question 17.

Dear Sir or Madam,

- a. During our stay, the air conditioner did not work properly, and the room was extremely noisy at night due to ongoing construction nearby.
b. I hope you will take this complaint seriously and consider offering some form of compensation.
c. I am writing to complain about the poor service I experienced at your hotel last weekend.
d. Furthermore, the receptionist was unhelpful when we reported these problems and showed little concern for our discomfort.
e. Because of these issues, I believe your hotel should improve staff training and ensure better maintenance of facilities.

Yours faithfully,

Collin Murphy

- A. a – d – e – b – c B. b – c – a – d – e C. c – d – a – e – b D. c – a – d – e – b

Question 18.

- a. Under his leadership, the Vietnamese army achieved historic victories, especially the Dien Bien Phu campaign in 1954, which changed the course of the war.

- b. Born in 1911 in Quảng Bình Province, he showed strong patriotism from a young age and became involved in revolutionary activities early in his life.
- c. Despite having no formal military training, he demonstrated exceptional strategic intelligence and determination on the battlefield.
- d. After his military career, General Giáp remained a respected national figure, admired for his modest lifestyle and lifelong dedication to the country.
- e. Võ Nguyên Giáp, one of the greatest military commanders in Vietnamese history, played a crucial role in the struggle for national independence.

A. b – c – a – d – e B. e – c – b – a – d C. e – b – c – a – d D. b – e – c – a – d

Question 19.

- a. However, rapid economic development and increasing tourist activities may pose serious threats to this valuable natural and cultural heritage.
- b. These challenges can lead to environmental pollution, damage to historical sites and a decline in traditional cultural values.
- c. Hà Tĩnh Province, located in Central Vietnam, is well known for its beautiful natural landscapes, historical relics and rich cultural traditions.
- d. Another concern is the limited awareness among some local residents and visitors about the importance of heritage preservation, resulting in irresponsible behaviors.
- e. To protect Hà Tĩnh’s heritage, it is essential to raise public awareness, promote sustainable tourism and encourage community involvement in conservation efforts.

A. c – a – b – d – e B. c – d – a – b – e C. c – a – d – b – e D. c – b – a – d – e

Read the passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 20 to 29.

The fashion industry, once known for creativity and craftsmanship, has become one of the largest sources of waste and pollution in the world. Fast fashion—cheap clothing designed to imitate luxury trends—has transformed how people consume garments. **It** encourages shoppers to buy more and discard quickly, creating a cycle of overproduction and overconsumption. Behind each bargain outfit lies an invisible **trail** of environmental and social cost. **[I]** Cotton farming demands enormous water use, dyeing processes release toxic chemicals into rivers, and millions of discarded items end up in landfills or are burned every year.

The human cost is equally severe. Workers in developing countries often earn just a fraction of a living wage, labouring in unsafe factories to meet unrealistic deadlines. Many brands claim their collections are “sustainably made” or “ethically sourced,” yet these labels are often vague and unverifiable. **[II]** The marketing of so-called “eco collections” has become the industry’s version of greenwashing—soothing consumers’ guilt while the production model remains unchanged.

Growing awareness has prompted both governments and consumers to act. Some countries are enforcing stricter environmental standards, while online campaigns urge shoppers to “buy less, choose well.” However, progress remains slow because fast fashion’s business model relies on mass production and rapid sales. **[III]** Sustainable fashion requires not only recycling fabrics but also rethinking the culture of constant **novelty** that drives consumption in the first place.

True reform demands collaboration. Designers can prioritise quality over quantity, retailers can offer repair and reuse programmes, and consumers can resist impulse buying. But without global regulation, individual action alone will never be enough. **[IV]** As long as low prices continue to outweigh ethical concerns, fast fashion will remain profitable—at the planet’s expense.

(Adapted from The Guardian and National Geographic)

Question 20. According to paragraph 1, what is one major effect of fast fashion?

- A. It encourages people to buy less products.
- B. It reduces the price of luxury brands worldwide.
- C. It leads to excessive production and waste.
- D. It gives people the chance to buy locally made clothes.

Question 21. The word **it** in paragraph 2 refers to _____.

- A. designed clothing
- B. consume garments
- C. luxury trends
- D. Fast fashion

Question 22. The word **trail** in paragraph 1 is closest in meaning to _____.

- A. track
- B. trend
- C. tend
- D. shape

Question 23. Which of the following best paraphrases the underlined sentence in paragraph 2?

- A. The fashion industry promotes eco-friendly products to disguise its ongoing harmful practices.

- B. Most fashion companies refuse to use environmentally friendly materials in their production lines.
- C. The popularity of green marketing has eliminated unethical behaviour in fashion manufacturing.
- D. Fashion brands use deceptive marketing only when they face financial challenges.

Question 24. The word **novelty** in paragraph 3 is closest in meaning to _____.

- A. rationality
- B. ebullition
- C. stagnation
- D. innovation

Question 25. What does the author suggest as the core problem of fast fashion in paragraph 3?

- A. Lack of advanced recycling technology
- B. Excessive focus on profit and novelty
- C. Insufficient awareness campaigns
- D. Governmental failure to ban cheap imports

Question 26. Which of the following best summarises paragraph 4?

- A. Individual efforts alone cannot solve fast fashion's global impact without systemic reform.
- B. Fast fashion will collapse naturally once customers stop buying clothes online.
- C. Retailers and consumers must compete to lower prices for sustainable items.
- D. Governments should stop regulating fashion to let innovation thrive.

Question 27. Which of the following is NOT mentioned as a negative effect of fast fashion?

- A. Environmental pollution
- B. Low wages and poor working conditions
- C. Ignored damage of consumers
- D. Massive textile waste

Question 28. Where in the passage does the following sentence best fit?

“Consumers often overlook these hidden costs because of the constant desire for something new and affordable.”

- A. [I]
- B. [II]
- C. [III]
- D. [IV]

Question 29. Which of the following best summarises the passage?

- A. Fast fashion has revolutionised global production through ethical reforms and sustainable innovation.
- B. Despite public awareness and regulation, fast fashion continues to harm both people and the planet due to its profit-driven model.
- C. The rapid growth of sustainable fashion brands has effectively ended the culture of mass consumption.
- D. Global cooperation has successfully replaced fast fashion with environmentally friendly production methods.

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 30 to 34.

Some holidays are celebrated in honor of family members like mothers or fathers. In Viet Nam, June 28th is a day for the whole family. Although Family Day is not an official national holiday, it is very popular and widely celebrated throughout the country. (30) _____, and provide an opportunity for family members to get together, and also connect with their cultural roots. Viet Nam, as a nation, prides itself on preserving its core cultural ideals, (31) _____. In Vietnamese culture, the family is viewed as a unit, and children are expected to demonstrate the utmost respect to their parents. Established on June 28th, 2001 by the Deputy Prime Minister, Family Day becomes a reminder of these values.

Various cultural activities are organised in cities all across Viet Nam. This year's celebrations are themed 'Peaceful Family, Happy Society', (32) _____. The event will also feature educational seminars on family values and parenting skills, as well as workshops on financial planning and career development. Families can participate in fun games and activities such as scavenger hunts, obstacle courses, and relay races that promote teamwork and bonding. The highlight of the day will be a concert featuring popular local artists, (33) _____. (34) _____.

(Adapted from *Friends Global*)

Question 30.

- A. Its purpose is to make people work harder
- B. Although it is important for all Vietnamese
- C. Family Day is thought to keep the family rules
- D. Its aim is to honour and spread traditional family values

Question 31.

- A. without a profound emphasis on the enduring values of traditional family
- B. with a profound emphasis on the enduring values of family loyalty and harmony
- C. but a profound emphasis on the enduring values of family loyalty and harmony
- D. for deep beliefs on the enduring values of traditional family

Question 32.

- A. and include sports, cooking and singing contests

- B. and include sports, working and studying activities
- C. but sports, cooking and singing contests are not allowed
- D. however, sports, cooking and singing contests are not allowed

Question 33.

- A. which can make families stop enjoying live music performances together
- B. who can enjoy live music performances and spend quality time together
- C. where families can enjoy live music performances and spend quality time together
- D. why families can't enjoy live music performances and spend quality time together

Question 34.

- A. The opportunity to connect with each other in a meaningful way truly results in the Family Day celebration
- B. Family members celebrate Family Day while truly connecting with each other in a meaningful way
- C. Truly wanting to connect with each other in a meaningful way, families celebrate Family Day
- D. The Family Day celebration is truly an opportunity for families to connect with each other in a meaningful way

Read the following leaflet and mark the letter A, B, C, or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 35 to 40.

Launch Your Global Career at the University of Brickerry!

We offer high-quality programmes for international students all over the world, (35) _____ fast-growing sectors of computer science, engineering, biotechnology and tourism-hospitality. In addition to reasonable annual fees, the institution provides plenty of facilities and support to help students quickly fit into a multicultural environment.

Have a look at our (36) _____ by thousands of students every year.

VOCATIONAL PROGRAMMES

Considering the rising demand for skilled workers, we provide practical courses and hands-on experience (37) _____ students to master their targeted skills within 1-2 years.

UNDERGRADUATE PROGRAMMES

All the courses are carefully designed to help students acquire academic achievements and qualities for their future careers. Besides, two internship periods (38) _____ students with valuable work experience. **POSTGRADUATE PROGRAMMES**

Many students enroll in this programme to pursue their interest in research and (39) _____ themselves to new opportunities after completing their undergraduate studies. The University of Brickerry understands what it takes to aid students in utilizing their full (40) _____.

(Adapted from *C21 Smart*)

Question 35. A. to include B. included C. which including D. including

Question 36. A. top programmes chosen
C. programmes top chosen B. top chosen programmes
D. chosen top programmes

Question 37. A. to B. by C. for D. with

Question 38. A. to equip B. equipping C. to equipping D. equip

Question 39. A. encourage B. challenge C. provide D. supply

Question 40. A. capably B. capable C. capability D. capacitate

-----THE END-----

1.D	2.B	3.B	4.C	5.D	6.A	7.C	8.B	9.A	10.D
11.B	12.A	13.A	14.C	15.D	16.B	17.D	18.C	19.A	20.C
21.D	22.A	23.A	24.D	25.B	26.A	27.C	28.A	29.B	30.D
31.B	32.A	33.C	34.D	35.D	36.B	37.C	38.A	39.B	40.C

ĐÁP ÁN CHI TIẾT

Question 1. D. medications

- A. *dosage* = liều lượng x (không phải tên thuốc)
- B. *usage* = cách dùng x
- C. *treatment* = phương pháp điều trị x (quá chung)
- D. *medications* = thuốc → **đúng ngữ cảnh**

Question 2. B. difficulty

- A. *difference* = sự khác biệt x
- B. *difficulty* = khó khăn → *breathing difficulty* (cụm cố định)
- C. *pressure* = áp lực x
- D. *freedom* = tự do x

Question 3. B. settled with

- A. *taken up* = bắt đầu (hobby) x
- B. *settled with* = dỗ bằng → dùng đúng trong ngữ cảnh trẻ em
- C. *cared for* = chăm sóc x (sai cấu trúc)
- D. *looked after* = trông nom x

Question 4. C. other

- A. *others* = đại từ x
- B. *the others* = những cái còn lại x
- C. *other* + N
- D. *the other* = cái còn lại (xác định) x

Question 5. D. prescription

- A. *ignorance* = sự thiếu hiểu biết x
- B. *hospitalization* = nhập viện x
- C. *surgery* = phẫu thuật x
- D. *prescription* = đơn thuốc

Question 6. A. In the event of

- A. *In the event of* = trong trường hợp
- B. *On account of* = bởi vì x
- C. *Regardless of* = bất chấp x
- D. *By means of* = bằng cách x

Question 7. C. personal sublimation

- Đoạn 1 có: mental health, emotional well-being, cognitive benefits
- *personal sublimation* x **không xuất hiện**

Question 8. B. intellectual

- cognitive = liên quan đến tư duy, trí tuệ

Question 9. A. discovered

Question 10. D. the lack of water

Question 11. B

- Early humans **stress increases when lacking water** → đúng nội dung

Question 12. A

- Giữ nguyên ý: *refresh body & mind, calm, awe*

Question 13. A. Paragraph 1

Question 14. C. Paragraph 3

Question 15. D. c – a – b

→ Thông báo tin vui → chúc mừng → nói về kế hoạch

Question 16. B. b – d – e – a – c

→ Hỏi → hướng dẫn → chưa làm được → hướng dẫn lại → cảm ơn

Question 17. D. c – a – d – e – b

Thư khiếu nại chuẩn:

Question 18. C. e – b – c – a – d

Tiêu sử Võ Nguyên Giáp:

Question 19. A. c – a – b – d – e

Question 20. C. excessive production and waste

Question 21. D. Fast fashion

Question 22. A. track

Question 23. A

Question 24. D. innovation / sự mới mẻ

Question 25. B

Question 26. A

Question 27. C. Ignored damage of consumers

Question 28. A. [I]

Question 29. B

30. D – đúng mục đích

31. B – with a profound emphasis (câu trúc chuẩn)

32. A – liệt kê hoạt động

33. C – where families can enjoy...

34. D – Question tổng kết tự nhiên nhất

35. D. including

36. B. top chosen programmes

37. C. for

38. A. to equip

39. B. challenge

40. C. capability