

**A. VOCABULARY.**

STT	TỪ VỰNG	PHIÊN ÂM	TỪ LOẠI	NGHĨA
1	appreciate	/ə'pri:ʃiət/	v	đánh giá đúng, đánh giá cao
	appreciation	/ə,pri:ʃi'eiʃn/	n	sự cảm kích, sự đánh giá
	appreciative	/ə'pri:ʃəti:v/	adj	biết đánh giá, biết thưởng thức,
	appreciable	/ə'pri:ʃəbl/	adj	đáng kể, tương đối
2	award	/ə'wɔ:rd/	v	thưởng, trao tặng
	award	/ə'wɔ:rd/	n	giải thưởng, phần thưởng
	awarding	/ə'wɔ:rdɪŋ/	n	sự trao tặng
	awarded	/ə'wɔ:rdɪd/	adj	được trao tặng
3	benefit	/'benɪfɪt/	n	lợi ích
	benefit	/'benɪfɪt/	v	giúp ích, mang lại lợi ích
	beneficial	/,benɪ'fɪʃl/	adj	có lợi, có ích
	beneficially	/,benɪ'fɪʃəli/	adv	một cách có lợi
4	breadwinner	/'bred,wɪn.ə-/	n	trụ cột gia đình
5	character	/'kærɪktə/	n	tính cách, nét đặc sắc
	characteristic	/,kærəktə'rɪstɪk/	n	đặc điểm, nét đặc trưng
	characteristic	/,kærəktə'rɪstɪk/	adj	đặc trưng
	characterize	/'kærəktəraɪz/	v	mô tả đặc điểm, tiêu biểu
characteristically	/,kærəktə'rɪstɪkli/	adv	một cách đặc trưng	
6	charity	/'tʃer.ə.ti/	n	lòng nhân đức, tổ chức từ thiện
	charitable	/'tʃer.ə.tə.bəl/	adj	từ thiện, khoan dung
	charitably	/'tʃer.ə.tə.b.li/	adv	một cách nhân đức, rộng lượng
7	gratitude	/'grætɪtju:d/	n	lòng biết ơn
	grateful	/'greɪtfl/	adj	biết ơn
	gratefully	/'greɪtəli/	adv	một cách biết ơn
	ingratitude	/'ɪn'grætɪtju:d/	n	sự vô ơn, vô ơn bạc nghĩa
8	grocery	/'grəʊ.səri/	n	cửa hàng tạp hóa
	groceries	/'grəʊ.sə.rɪz/	n	hàng tạp hóa (đồ ăn, nhu yếu phẩm)
9	cushion	/'kʊʃ.ən/	n	cái đệm
10	easygoing	/,i:zɪ'gəʊ.ɪŋ/	adj	dễ tính
11	equally	/'i:kwəli/	adv	bằng nhau, ngang nhau
	equalize	/'i:kwəlaɪz/	v	làm bằng nhau
	equality	/'i:kwɑ:lə.ti/	n	sự bình đẳng
12	experience	/'ɪk'spɪəriəns/	n	kinh nghiệm, trải nghiệm
	experienced	/'ɪk'spɪəriənst/	adj	có kinh nghiệm
13	lift	/'lɪft/	v	nâng, nhấc
	heavy lifting	/'hevi 'lɪftɪŋ/	n	công việc nặng nhọc
14	homemaker	/'həʊm.meɪ.kə-/	n	người nội trợ
15	honest	/'ɒnɪst/	adj	trung thực
	dishonest	/'dɪs'ɒnɪst/	adj	không trung thực
	honesty	/'ɒnɪsti/	n	tính trung thực

16	<b>sports field</b>	/ˈspɔːts fiːld/	n.phr	sân thể thao
17	<b>prepare</b>	/prɪˈpeə(r)/	v	chuẩn bị
	<b>preparation</b>	/ˌprepəˈreɪʃn/	n	sự chuẩn bị
18	<b>chore</b>	/tʃɔːr/	n	việc vặt, việc nhà
	<b>household chores</b>	/ˈhaʊshəʊld tʃɔːrz/	n	việc nhà
19	<b>messy</b>	/ˈmesi/	adj	bừa bộn, bẩn thỉu
	<b>mess</b>	/mes/	n	sự bừa bộn, lộn xộn
	<b>mess</b>	/mes/	v	làm bừa, gây lộn xộn
	<b>messily</b>	/ˈmesi.li/	adv	một cách bừa bộn
	<b>messiness</b>	/ˈmesi.nəs/	n	tình trạng bừa bộn
20	<b>rely</b>	/rɪˈlaɪ/	v	tin tưởng, phụ thuộc
	<b>reliable</b>	/rɪˈlaɪəbl/	adj	đáng tin cậy
	<b>unreliable</b>	/ˌʌnrɪˈlaɪəbl/	adj	không đáng tin
	<b>reliant</b>	/rɪˈlaɪənt/	adj	phụ thuộc
	<b>reliability</b>	/rɪˌlaɪəˈbɪləti/	n	độ tin cậy
21	<b>housework</b>	/ˈhaʊswɜːk/	n	việc nhà
22	<b>support</b>	/səˈpɔːt/	v	hỗ trợ, ủng hộ
23	<b>respect</b>	/rɪˈspekt/	n	sự kính trọng
	<b>respectful</b>	/rɪˈspektfəl/	adj	lễ phép, tôn trọng
	<b>respectable</b>	/rɪˈspektəbl/	adj	đáng kính
	<b>respective</b>	/rɪˈspektɪv/	adj	tương ứng
24	<b>husband</b>	/ˈhʌzbənd/	n	chồng
25	<b>wife</b>	/waɪf/	n	vợ
	<b>wives</b>	/waɪvz/	n	các bà vợ
26	<b>life skill</b>	/laɪf skɪl/	n.phr	kỹ năng sống
27	<b>responsibility</b>	/rɪˌspɒnsəˈbɪləti/	n	trách nhiệm
	<b>responsible</b>	/rɪˌspɒnsəbl/	adj	có trách nhiệm
	<b>responsibly</b>	/rɪˌspɒnsəbli/	adv	một cách có trách nhiệm
	<b>irresponsible</b>	/ˌɪrɪˌspɒnsəbl/	adj	vô trách nhiệm
28	<b>result</b>	/rɪˈzʌlt/	n/v	kết quả / dẫn đến
29	<b>rubbish</b>	/ˈrʌbɪʃ/	n	rác
	<b>= garbage</b>	/ˈɡɑːbɪdʒ/	n	rác
	<b>litter</b>	/ˈlɪtə(r)/	n	rác (nơi công cộng)
	<b>waste</b>	/weɪst/	n	chất thải
30	<b>selfish</b>	/ˈselfɪʃ/	adj	ích kỷ
	<b>selfishness</b>	/ˈselfɪʃnəs/	n	sự ích kỷ
31	<b>spotlessly</b>	/ˈspɒtləsli/	adv	sạch sẽ, không tì vết
	<b>spotlessness</b>	/ˈspɒtləsniəs/	n	sự sạch sẽ, không tì vết
32	<b>survey</b>	/ˈsɜːveɪ/	n	cuộc khảo sát
	<b>survey</b>	/səˈveɪ/	v	khảo sát
33	<b>symbol</b>	/ˈsɪmbl/	n	biểu tượng
	<b>symbolize</b>	/ˈsɪmbəlaɪz/	v	tượng trưng cho
34	<b>table manners</b>	/ˈteɪbl ˈmænəz/	n	phép tắc ăn uống
35	<b>teenager</b>	/ˈtiːneɪdʒə(r)/	n	thiếu niên
36	<b>truthful</b>	/ˈtruːθfəl/	adj	trung thực
	<b>truthfulness</b>	/ˈtruːθf(ə)lnəs/	n	sự trung thực

1	get dressed	mặc quần áo
	get on (sth)	lên xe, tàu, máy bay
	get off (sth)	xuống xe, tàu, máy bay
	get into top university	đỗ vào trường đại học hàng đầu
2	put on (your) clothes	mặc quần áo
3	take off your shoes	cởi giày
	take a break	nghỉ giải lao
	take care of / look after sb	chăm sóc ai đó
4	catch a bus/train	bắt xe buýt / tàu
5	fall asleep	ngủ thiếp đi
6	stay up late	thức khuya
7	calm down	bình tĩnh lại
8	have a rest	nghỉ ngơi
	have a good time	có khoảng thời gian vui vẻ
	have a chat (with sb)	trò chuyện thân mật với ai đó
9	shop for sth	mua sắm cái gì đó
10	tidy (sth) up	dọn dẹp cái gì
11	do the chores	làm việc nhà
12	do the cooking / cook	nấu ăn
13	do the laundry	giặt quần áo
14	do the washing-up	rửa bát
15	do the heavy lifting	làm việc nặng nhọc
16	do research (on sth)	nghiên cứu về cái gì
17	wash/do the dishes	rửa bát đĩa
18	check in (at...)	làm thủ tục nhận phòng / lên máy bay
	check out (of...)	làm thủ tục trả phòng
19	go abroad	đi nước ngoài
20	hang out (with sb)	đi chơi với ai
21	work out	tập thể dục, rèn luyện
22	set the table	dọn bàn ăn
23	help sb (to) do sth	giúp ai làm gì
	help sb with sth	giúp ai với việc gì
	help (to) build family bonds	giúp xây dựng tình cảm gia đình
24	pick sb up	đón ai đó
25	drop sb off (at somewhere)	đưa ai đến đâu rồi rời đi
26	keep in touch (with sb)	giữ liên lạc với ai
27	share sth with sb	chia sẻ cái gì với ai
28	show respect to sb	tỏ lòng kính trọng ai
29	strengthen one's bonds	củng cố mối quan hệ
30	spend time doing sth	dành thời gian làm gì
31	pass sth on (to sb)	truyền lại cái gì cho ai
	pass sth down (from sb to sb)	truyền lại cái gì từ người này sang người khác
32	carry on (with sth)	tiếp tục với việc gì
33	make a decision	đưa ra quyết định
	make a phone call (to sb)	gọi điện cho ai đó
	make a complaint	phàn nàn, khiếu nại

	<b>make progress</b>	có tiến bộ
	<b>make friends (with sb)</b>	kết bạn với ai
34	<b>lose your temper</b>	mất bình tĩnh, nổi nóng
35	<b>tell the truth</b>	nói sự thật
36	<b>keep one's promises</b>	giữ lời hứa
37	<b>to be honest with sb</b>	thành thật với ai đó
38	<b>instead of</b>	thay vì
39	<b>give a speech</b>	phát biểu trước đám đông
	<b>give up</b>	từ bỏ
	<b>give sb a hand</b>	giúp ai đó (về việc gì)
40	<b>come to an agreement (with sb)</b>	đi đến thỏa thuận với ai
41	<b>exchange sth with sb</b>	trao đổi cái gì với ai
42	<b>break the law</b>	phạm luật
	<b>break a record</b>	phá kỷ lục
43	<b>pay a fine</b>	nộp tiền phạt
44	<b>catch a cold</b>	bị cảm lạnh
45	<b>run out of time</b>	hết thời gian
46	<b>be away on business</b>	đi công tác xa
47	<b>cheer sb up</b>	làm ai đó vui lên

## B. GRAMMAR

	THÌ HIỆN TẠI ĐƠN	THÌ HIỆN TẠI TIẾP DIỄN
<b>CÂU TRÚC</b>	(+) S + V(s/es) (-) S + don't/doesn't + V (?) Do/Does + S + V?	(+) S + am/is/are + V-ing (-) S + am/is/are + not + V-ing (?) Am/Is/Are + S + V-ing?
<b>CÁCH SỬ DỤNG</b>	- Diễn tả hành động thường xuyên xảy ra. - Diễn tả thói quen. - Diễn tả thời gian biểu, lịch trình, thông báo. - Diễn tả sự thật, chân lý. - Diễn tả nghề nghiệp, sở thích, nguồn gốc, bình phẩm.	- Diễn tả hành động đang xảy ra tại thời điểm nói. - Diễn tả hành động sẽ xảy ra trong tương lai (có kế hoạch từ trước). - Diễn tả sự thay đổi của thói quen. - Diễn tả sự ca thán, phàn nàn.
<b>DẤU HIỆU NHẬN BIẾT</b>	- often (thường), usually (thường xuyên), always (luôn luôn), sometimes (thỉnh thoảng), seldom (hiếm khi), never (không bao giờ)... - every day/week/month... - once/twice/three times... a day/week/month/year	- now (bây giờ), right now (ngay bây giờ), at the moment / at present (hiện tại)... - Câu mệnh lệnh: <i>Look!</i> (Nhìn kia!), <i>Listen!</i> (Lắng nghe kia!)
<b>CHÚ Ý</b>	- Không dùng thì hiện tại tiếp diễn với động từ tình thái: <i>like, love, want, need, know, agree,...</i>	- Khi kết hợp với thì hiện tại tiếp diễn, "always" không chỉ đơn thuần mang nghĩa a "luôn luôn" mà còn mang thêm sắc thái phàn nàn, khó chịu.

## C. PRACTICE

**Exercise 1:** Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.

**Question 1:** Kindness and honesty are \_\_\_\_\_ parents often hope to see in their children.

A. character                      B. characteristic                      C. characteristics                      D. characterize

**Question 2:** In our family, weekends are \_\_\_\_\_ by teamwork and shared household responsibilities.

A. characterized                      B. defined                      C. described                      D. explained

**Question 3:** Instead of buying gifts, we donated money to a \_\_\_\_\_ last Christmas.

A. family-support charity                      B. support-family charity  
C. charity family-support                      D. charity support-family

**Question 4:** My parents are \_\_\_\_\_ people who often help neighbors without expecting anything back.

A. gratitude                      B. grateful                      C. charitable                      D. respectable

**Question 5:** A simple "thank you" can express deep \_\_\_\_\_ for someone's daily efforts in the family.

A. gratefulness                      B. gratitude                      C. appreciation                      D. charitability

**Question 6:** Being \_\_\_\_\_ is important, especially when someone spends time doing chores for you.

A. grateful                      B. charity                      C. appreciation                      D. appreciable

**Question 7:** \_\_\_\_\_, the children helped their grandparents with the housework after school.

A. Charitably                      B. Gratefully                      C. Suddenly                      D. Honestly

**Question 8:** Even small acts of \_\_\_\_\_ can weaken the trust built among family members.

A. ungrateful                      B. ingratitude                      C. disrespect                      D. dishonesty

**Question 9:** \_\_\_\_\_ is an important family task that teaches responsibility and planning.

A. Groceries                      B. Grocery shopping                      C. Grocery store                      D. Grocery lists

**Question 10:** \_\_\_\_\_ can make a hard chair more comfortable during long family meals.

A. A soft cushion                      B. A backrest firm                      C. A cushion soft                      D. A firm backrest

**Question 11:** Our family enjoys a peaceful atmosphere because both parents are patient and \_\_\_\_\_.

A. responsible                      B. reliable                      C. easygoing                      D. generous

**Question 12:** Both my sister and I were \_\_\_\_\_ praised for helping prepare dinner last night.

A. equality                      B. equally                      C. equalize                      D. equal

**Question 13:** Sharing opinions openly can help \_\_\_\_\_ the decision-making power between spouses.

A. equalize                      B. balance                      C. share                      D. divide

**Question 14:** \_\_\_\_\_ in housework is essential for building a respectful family environment.

A. Promoting gender equality                      B. Gender promoting equality  
C. Promoting equality gender                      D. Gender equality promoting

**Question 15:** From \_\_\_\_\_, I know that doing the laundry early saves time for studying later.

A. chores                      B. experience                      C. preparation                      D. grocery shopping

**Question 16:** He's \_\_\_\_\_ who knows how to balance chores and work.

A. a homemaker experience                      B. an experienced homemaker  
C. a homeworking experience                      D. experience homemaker

**Question 17:** After his surgery, he was told to avoid any \_\_\_\_\_ for two months.

A. laundry                      B. heavy lifting                      C. groceries                      D. chores

**Question 18:** \_\_\_\_\_ also work part-time or run small businesses from home.

A. Modern many homemakers                      B. Many homemakers modern  
C. Many modern homemakers                      D. Modern many homemakers

**Question 19:** We teach our children to be \_\_\_\_\_, even when they make mistakes at home.

A. grateful                      B. honest                      C. selfish                      D. strict

**Question 20:** We should never encourage children to be \_\_\_\_\_, even about small things.

A. honest                      B. careful                      C. dishonest                      D. noisy

**Question 21:** My parents believe that spending time on the \_\_\_\_\_ helps teenagers stay healthy and focused.

A. dinner table                      B. sports field                      C. school bus                      D. grocery store

**Question 22:** Before family gatherings, we \_\_\_\_\_ the house by cleaning and decorating it together.

A. support                      B. prepare                      C. fix                      D. do

**Question 23:** Our family values the \_\_\_\_\_ and planning that go into making every celebration special.

A. respect                      B. preparation                      C. honesty                      D. relaxation

**Question 24:** My younger sister complains about her \_\_\_\_\_, but she still does them without argument.

- A. results                      B. experiences                      C. chores                      D. supports

**Question 25:** Teaching teenagers to manage \_\_\_\_\_ helps them develop important life skills early.

- A. household chores                      B. homework                      C. free time                      D friendships.

**Question 26:** My little brother's room is often \_\_\_\_\_ because he doesn't like doing his chores regularly.

- A. crowded                      B. dirty                      C. untidy                      D. messy

**Question 27:** After the family dinner, the \_\_\_\_\_ in the dining room required everyone's help to clean.

- A. mess                      B. waste                      C. dirt                      D. clutter

**Question 28:** During busy mornings, we \_\_\_\_\_, but we always clean up afterward carefully.

- A. eat sometimes messily                      B. sometimes eat messily                      C. eat messily sometimes                      D. sometimes messily eat

**Question 29:** In difficult times, families must \_\_\_\_\_ each other for emotional and practical support.

- A. calm down                      B. depend at                      C. give up                      D. rely on

**Question 30:** My sister is very \_\_\_\_\_ because she always finishes her household chores on time without being reminded.

- A. gratitude                      B. selfish                      C. charity                      D. reliable

**Question 31:** Sometimes, \_\_\_\_\_ can cause misunderstandings and weaken family or social bonds.

- A. the friend unreliable                      B. the unreliable friend                      C. an unreliable friend                      D. a friend unreliable

**Question 32:** Many teenagers are \_\_\_\_\_ on their parents for money until they start working or studying abroad.

- A. reliant                      B. independent                      C. responsible                      D. selfishness

**Question 33:** When choosing a babysitter, the most important factor is their \_\_\_\_\_ and experience with children.

- A. truthfulness                      B. spotlessly                      C. responsibly                      D. reliability

**Question 34:** Doing housework \_\_\_\_\_ teaches teenagers important life skills and responsibility for their future.

- A. regularly                      B. rarely                      C. quickly                      D. messily

**Question 35:** When we face problems, \_\_\_\_\_ from family makes everything easier to handle.

- A. reliable support having                      B. reliable having support  
C. having reliable support                      D. having support reliable

**Question 36:** We should teach children to \_\_\_\_\_ household rules and practice good table manners every day because it is the family's own custom.

- A. respect                      B. obey                      C. follow                      D. observe

**Question 37:** When you are \_\_\_\_\_ for your actions, your family can rely on you in any situation.

- A. dependable                      B. reliable                      C. responsible                      D. accountable

**Question 38:** I prefer doing cooking and laundry, but my brother does the \_\_\_\_\_ and rubbish disposal.

- A. minor chores                      B. light work                      C. easy tasks                      D. heavy lifting

**Question 39:** After dinner, we all tidy \_\_\_\_\_ the kitchen together so that it looks spotlessly clean.

- A. up                      B. of                      C. away                      D. out

**Question 40:** We decided to cook \_\_\_\_\_ dishes on special occasions so that our children remember family customs.

- A. traditional                      B. modern                      C. modern                      D. diversity

**Question 41:** After the weekend trip, her \_\_\_\_\_ did the laundry while she prepared meals for the children.

- A. husband                      B. son                      C. wife                      D. breadwinner

**Question 42:** \_\_\_\_\_ the dishes together not only makes the job easier but also gives us a chance to chat.

- A. Washing                      B. Cleaning                      C. Cooking                      D. Making

**Question 43:** Even though I don't like \_\_\_\_\_, I still wash dishes responsibly after every meal because that is my family's rule.

- A. cooking                      B. laundry                      C. washing-up                      D. heavy lifting

**Question 44:** Whenever my sister is tired, I help her to do the cooking or \_\_\_\_\_ the dishes.

A. washing                      B. cleaning                      C. drying                      D. preparing

**Question 45:** Before dinner, my brother sets the \_\_\_\_\_ carefully while I finish preparing the food.

A. table                      B. bed                      C. room                      D. chair

**Question 46:** Despite being busy with work, my parents always try to \_\_\_\_\_ time doing activities with us.

A. take                      B. waste                      C. spend                      D. use

**Question 47:** During the holidays, I \_\_\_\_\_ my younger cousins when their parents go out for work.

A. take care of                      B. hang out                      C. stay up late                      D. go abroad

**Question 48:** Teenagers who learn to do the \_\_\_\_\_ responsibly will grow up to be independent.

A. household chores                      B. heavy lifting                      C. groceries                      D. rubbish

**Question 49:** Our family made a decision to spend more time together \_\_\_\_\_ focusing only on work.

A. so that                      B. in spite of                      C. although                      D. instead of

**Question 50:** Respect within a family \_\_\_\_\_ trust and understanding, which are essential for happiness.

A. symbolizes                      B. relies                      C. supports                      D. prepares

**Question 51:** To avoid \_\_\_\_\_, we made a schedule to clean and organize the house every weekend.

A. truthfulness                      B. messiness                      C. responsibility                      D. cleanliness

**Question 52:** Children should learn to show \_\_\_\_\_ to their parents by listening carefully and being polite.

A. listen                      B. appreciate                      C. respect                      D. result

**Question 53:** The \_\_\_\_\_ often cause arguments, but we try to help them tidy up.

A. children's messy bedrooms                      B. bedrooms of messy children  
C. children of messy bedrooms                      D. children's bedrooms messy

**Question 54:** Despite the \_\_\_\_\_ in the living room, our family still enjoys spending time together happily

A. mess                      B. preparation                      C. experience                      D. charity

**Question 55:** The success of a team depends on how well the players rely \_\_\_\_\_ each other during the game.

A. for                      B. at                      C. on                      D. with

**Question 56:** Finding a \_\_\_\_\_ babysitter is important when parents need to go out.

A. responsibly                      B. truthfulness                      C. dishonest                      D. reliable

**Question 57:** Teenagers sometimes think their parents are \_\_\_\_\_ when they say "no" to going out late.

A. responsible                      B. unreliable                      C. charitable                      D. reliable

**Question 58:** Parents should \_\_\_\_\_ their children's dreams even if they are different from their own.

A. support                      B. break                      C. waste                      D. equalize

**Question 59:** Showing \_\_\_\_\_ at the dinner table includes using good table manners and listening carefully.

A. experience                      B. progress                      C. respect                      D. decision

**Question 60:** Always be \_\_\_\_\_ when talking to your teachers and family members.

A. unreliable                      B. respectful                      C. messy                      D. selfish

**Question 61:** Having a \_\_\_\_\_ job and being honest are important values in life.

A. respectable                      B. unreliable                      C. careless                      D. irresponsible

**Question 62:** The \_\_\_\_\_ promised to be honest and faithful to his wife.

A. husband                      B. breadwinner                      C. teenager                      D. charity

**Question 63:** They are a happy couple, and the \_\_\_\_\_ enjoys spending time with her family.

A. wife                      B. neighbor                      C. charity                      D. friend

**Question 64:** Some \_\_\_\_\_ prefer to work outside the home while others focus on homemaking.

A. teenagers                      B. husbands                      C. wives                      D. charities

**Question 65:** Learning life skills such as budgeting and cleaning helps teenagers become \_\_\_\_\_ for their own lives.

A. outgoing                      B. responsible                      C. easygoing                      D. independent



**Question 89:** My uncle moved to another country last year, but we still \_\_\_\_\_ touch through weekly video calls.

- A. keep in                      B. catch up                      C. break                      D. take off

**Question 90:** Our family's cooking traditions are very special, so my mom \_\_\_\_\_ them down from her mother to me.

- A. caught                      B. broke                      C. passed                      D. took

**Question 91:** Our parents want us to spend more time together, so they give us activities that help build family \_\_\_\_\_.

- A. messes                      B. chores                      C. rests                      D. bonds

**Question 92:** The staff was slow and unhelpful, which made my father feel the need to \_\_\_\_\_ a complaint.

- A. catch                      B. break                      C. make                      D. pass

**Question 93:** Everyone was shocked and proud, because my aunt \_\_\_\_\_ a record by cooking 50 spring rolls in one hour.

- A. made                      B. broke                      C. caught                      D. passed

**Question 94:** Although he never says it out loud, he deeply \_\_\_\_\_ his mother's daily efforts.

- A. appreciate                      B. appreciates                      C. appreciation                      D. appreciative

**Question 95:** A thank-you note is a simple way to show \_\_\_\_\_ for household support.

- A. appreciating                      B. appreciate                      C. appreciation                      D. appreciated

**Question 96:** My father felt very \_\_\_\_\_ when my grandmother worked alone to support the whole family.

- A. appreciative                      B. proud                      C. pleased                      D. satisfied

**Question 97:** After the family meeting every weekend, we noticed an \_\_\_\_\_ improvement in how we communicate with each other.

- A. beneficial                      B. remarkable                      C. appreciable                      D. respectable

**Question 98:** After months of helping his parents, he was \_\_\_\_\_ a trip to the countryside.

- A. benefited                      B. awarded                      C. appreciated                      D. improved

**Question 99:** Helping parents clean the house regularly will \_\_\_\_\_ teenagers in their future independent lives.

- A. benefit                      B. assist                      C. support                      D. help

**Question 100:** It is \_\_\_\_\_ for children to learn how to cook and clean at an early age.

- A. benefit                      B. beneficial                      C. beneficial                      D. beneficial

**Question 101:** Being the only \_\_\_\_\_ in a big family can be emotionally and physically exhausting.

- A. homemaker                      B. supporter                      C. breadwinner                      D. houseworker

**Question 102:** Parents should shape their children's character through discipline and \_\_\_\_\_.

- A. housework routines daily                      B. daily routines housework  
C. routines housework daily                      D. daily housework routines

**Exercise 2: Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.**

**Question 1:** Nick and Dave \_\_\_\_\_ their parents twice a month.

- A. is visiting                      B. visits                      C. visit                      D. are visiting

**Question 2:** You can't talk to my grandfather now. He \_\_\_\_\_ the evening news.

- A. watches                      B. is watching                      C. watch                      D. watching

**Question 3:** I can't shop for groceries today. The local shops \_\_\_\_\_ on Sunday.

- A. don't open                      B. doesn't open                      C. aren't opening                      D. not open

**Question 4:** Lan sometimes \_\_\_\_\_ her friends after school.

- A. meets                      B. is meeting                      C. meet                      D. meeting

**Question 5:** Be quiet! My younger brother \_\_\_\_\_ for his exam.

- A. studies                      B. study                      C. is studying                      D. studying

**Question 6:** Chris \_\_\_\_\_ stressed, because he \_\_\_\_\_ for a new job.

- A. looks - is looking                      B. is looking - looks                      C. is looking - is looking                      D. look - looks

**Question 7:** Anna often \_\_\_\_\_ to work, but her husband \_\_\_\_\_ her to her office this morning.

- A. walks - is driving                      B. walk - drives                      C. is walking - is driving                      D. walks - drives



A. are repainting      B. repaint      C. is repainting      D. repainted

**Question 29:** Listen! The community band \_\_\_\_\_ a new song at the town event.

A. plays      B. is playing      C. played      D. has played

**Question 30:** Now I \_\_\_\_\_ what you're saying.

A. am understanding      B. will understand      C. understand      D. understands

**Exercise 3: Read the passage below and choose the best word to fill in each blank.**

Family time is when family members do things (1) \_\_\_\_\_. Ways of spending family time vary from taking a family (2) \_\_\_\_\_ in a nice place every year, or planning a family movie night every week, to having one (3) \_\_\_\_\_ together every day. Some families spend time together just by having regular family meetings. Family members can sit together to (4) \_\_\_\_\_ important issues and make decisions, or just have a chat. Some people may think it is (5) \_\_\_\_\_ for everyone to find time for their family. In many cases, parents as well as children have to adjust their own timetables to make (6) \_\_\_\_\_ to be with their family. Family time is important as it helps make the bonds between family members (7) \_\_\_\_\_ and creates fond memories of happy experiences.

**Question 1:** A. for others      B. differently      C. together      D. similarly

**Question 2:** A. responsibility      B. course      C. holiday      D. photo

**Question 3:** A. meal      B. dinner      C. lunch      D. breakfast

**Question 4:** A. discuss      B. laugh at      C. enjoy      D. argue

**Question 5:** A. interesting      B. funny      C. easy      D. hard

**Question 6:** A. money      B. friends      C. time      D. excuses

**Question 7:** A. stronger      B. special      C. weaker      D. natural

[Adapted from English 10 Workbook - Global Success]

**Exercise 4: Read the passage below and choose the best word to fill in each blank.**

In 1977 Governor Raul Castro (1) \_\_\_\_\_ that the seventh of August should be American Family Day. One year later, Governor Bruce Babbitt signed the day into law as an official Arizona holiday. American Family Day is now (2) \_\_\_\_\_ across the United States on the first Sunday in August. It encourages people to enjoy the warming summer days with those dearest to them. Principally, the day encourages families to (3) \_\_\_\_\_ time with one another. Unlike some (4) \_\_\_\_\_ family holidays, people do not give gifts on this day. Instead, they celebrate the day by (5) \_\_\_\_\_ family relationships. People believe that the best gift one can give their families is themselves. So on this day, people enjoy (6) \_\_\_\_\_ with their families. The most common activities family members often do together include playing games outdoors or going for a walk in the park, watching a movie, visiting grandparents and bringing them a picnic lunch. (7) \_\_\_\_\_ families enjoy taking an art class together, visiting a museum or trying out a new (8) \_\_\_\_\_ and getting the whole family involved in the cooking. Whatever people do, the most important thing should be that they do it with their families. Celebrating American Family Day reminds people (9) \_\_\_\_\_ express their love to their family and helps (10) \_\_\_\_\_ their family bonds.

[Adapted from: <https://nationaldaycalendar.com/american-family-day>]

**Question 1:** A. prepared      B. resulted in      C. suggested      D. surveyed

**Question 2:** A. celebrating      B. celebration      C. celebrate      D. celebrated

**Question 3:** A. spend      B. take      C. waste      D. use

**Question 4:** A. the other      B. another      C. other      D. others

**Question 5:** A. keeping in      B. focusing on      C. giving up      D. showing up

**Question 6:** A. be      B. to be      C. being      D. to being

**Question 7:** A. Much      B. Each      C. Few      D. Some

**Question 8:** A. map      B. recipe      C. menu      D. receipt

**Question 9:** A. on      B. with      C. to      D. for

**Question 10:** A. strengthen      B. strengthening      C. strong      D. strength

**Exercise 5: Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a cohesive and coherent exchange or text in each of the following questions.**

**Question 1:**

- a. Jack:** That's great! Helping with chores shows respect and builds strong family bonds.  
**b. Lucy:** Yes, I often do the laundry and tidy up the kitchen. My parents really appreciate it.  
**c. Jack:** Hey Lucy, do you help your parents with the household chores?  
**A.** c-a-b                      **B.** b-a-c                      **C.** c-b-a                      **D.** b-c-a

**Question 2:**

- a. Tom:** That sounds unfair. You do all the heavy lifting?  
**b. Emma:** Yes, I cook, clean, and even take care of our dog.  
**c. Emma:** My little brother never helps with the chores.  
**d. Tom:** You should talk to him and ask for equal support. Families should work together.  
**A.** c-a-b-d                      **B.** a-b-d-c                      **C.** c-d-b-a                      **D.** a-c-d-b

**Question 3:**

- a. Mai:** Definitely! Everyone feels appreciated, and we feel closer after dinner every night.  
**b. Lan:** It must teach responsibility and teamwork—your whole family sounds really supportive.  
**c. Mai:** My family always eats dinner together—it's our favorite time to talk about our day.  
**d. Mai:** Yes, and we even take turns preparing the groceries, setting the table, cooking, and washing the dishes.  
**e. Lan:** That's great! Studies show family meals boost communication and children's self-esteem.  
**A.** d-a-b-c-e                      **B.** c-a-b-e-d                      **C.** c-e-d-b-a                      **D.** d-c-d-e-a

**Question 4:**

- a. Ben:** I really admire how your family shares responsibilities.  
**b. Anna:** Thanks, my parents taught us to be responsible from a young age.  
**c. Ben:** Who does the cooking in your house?  
**d. Anna:** We take turns. Yesterday, I cooked, and today it's my brother's turn.  
**e. Ben:** That's awesome! I should help my mom more instead of playing games all day.  
**A.** d-a-b-c-e                      **B.** c-a-b-e-d                      **C.** c-d-a-b-e                      **D.** d-e-b-a-c

**Question 5:**

Dear Win,

- a.** I'm incredibly grateful for all the love and laughter they bring into my life.  
**b.** We always have such a great time together, whether we're sharing a meal or just chatting.  
**c.** They are truly my rock and constant source of support.  
**d.** I hope this letter finds you well.  
**e.** I was just thinking about how much my family means to me lately.

I hope you're doing well and enjoying time with your own loved ones too!

Warmly,

Huy

- A.** d-c-e-a-b                      **B.** d-a-b-e-c                      **C.** d-e-c-b-a                      **D.** d-c-b-e-a

**Question 6:**

**Dear Grandma,**

- a.** Market by teaching English to children and assisting with minor home repairs—seeing their smiles really warms my heart.  
**b.** I've been volunteering every Saturday morning with **Hearts for Hue**, helping local families near Đông Ba.  
**c.** Your advice—"help others as you help your own family"—guides me every time I volunteer.  
**d.** Last week, we delivered donated books and groceries to five households; they appreciated our support and invited us to share a cup of tea. How have you been?  
**e.** I hope you're enjoying peaceful walks by the Perfume River and staying well.  
**f.** I would love to bring you along next Saturday; your presence would mean so much to everyone.

**Love,**

Emma

- A.** b-a-d-e-c-f                      **B.** b-c-f-d-a-e                      **C.** c-a-d-b-e-f                      **D.** c-d-b-e-f-a

**Question 7:**

- a. Recently, our family was awarded a community certificate—an appreciable result that inspires us to keep supporting each other.
- b. Even our youngest sister gratefully waters the plants and feeds our puppy, which helps her feel proud and useful.
- c. My dad does the heavy lifting and fixes things, mom buys groceries, sets the table, and cooks meals, while we rotate washing dishes, doing laundry, sweeping, and taking out the rubbish.
- d. Starting chores together each weekend has become our family ritual, teaching us responsibility and teamwork.
- e. Studies show that chores boost children's confidence, empathy, and self-worth and strengthen family bonds.

Emma

- A. b-a-d-e-c                      B. c-b-e-d-a                      C. e-a-d-c-b                      D. d-c-b-e-a

**Question 8:**

- a. Sharing these duties has created a positive atmosphere in our home, strengthening our family bonds and teaching us valuable life skills.
- b. I, as the eldest child, help with washing dishes, doing the laundry, and occasionally vacuuming or watering the plants.
- c. In our family of five, we share household chores fairly to support each other: my father takes care of heavy lifting and simple repairs, my mother handles cooking, grocery shopping, and setting the table, while my twin brother sweeps and takes out the rubbish regularly.
- d. By rotating chores and helping each other, we not only keep our home clean but also learn responsibility, cooperation, and respect.
- e. My two younger sisters, who adore our puppies, feed them and tidy up the yard, though sometimes they forget and I step in to finish their tasks.

[Adapted from English Discovery Workbook]

- A. b-a-d-e-c                      B. c-b-e-d-a                      C. b-a-d-c-e                      D. c-d-b-e-a

**Question 9:**

- a. Ultimately, this fair distribution of chores builds character, reduces stress, and makes home life more harmonious for us all.
- b. On weekends, my mother prepares meals while my father launders clothes and fixes things, and my siblings and I tackle tasks like washing dishes, sweeping floors, and taking out the rubbish.
- c. Despite our busy schedules, my family always finds time to share household chores, which improves our communication and teamwork.
- d. Working side by side not only keeps our home tidy but also creates moments for sharing stories and strengthening our bond.
- e. Including everyone—even my little sister who waters the plants and feeds our puppy—teaches responsibility and self-reliance from a young age.

[Adapted from The Ultimate Teenage Chore List]

- A. c-e-c-a-d                      B. c-b-e-d-a                      C. b-e-d-c-a                      D. c-b-d-e-a

**Question 10:**

- a. Ultimately, dividing household responsibilities fairly turns chores into meaningful family bonding time and teaches us skills like cooperation, time management, and reliability.
- b. Every Sunday, my father does the heavy lifting and fixes things, my mother buys groceries, sets the table, and cooks meals, while my siblings and I rotate tasks like washing the dishes, doing the laundry, taking out the rubbish, and watering the plants.
- c. Assigning age-appropriate chores to each family member fosters responsibility, teamwork, and a sense of appreciation at home.
- d. Sharing chores this way not only keeps our home clean but also improves communication, reduces stress, and strengthens mutual respect among us.

e. Even our youngest sister, though reluctant at first, feeds our puppy regularly—this simple duty helps her feel valued and boosts her confidence.

A. e-b-c-a-d

B. c-b-e-d-a

C. b-e-d-c-a

D. d-b-c-e-a

**Exercise 6: Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.**

Family is the foundation of emotional support, where individuals first learn values such as honesty, respect, and responsibility. (1) \_\_\_\_\_. Parents who take time to listen to their children, rather than just giving instructions, help create a home filled with trust and gratitude.

Sharing household chores like cooking, doing the laundry, or setting the table is not just about getting things done. These daily routines, which may seem simple, (2) \_\_\_\_\_. For example, children who regularly help with the heavy lifting or tidy up the house are more likely to become reliable and organized adults.

Spending time together, whether by playing games, having dinner, or going for walks, strengthens relationships. Families that enjoy doing things together tend to understand one another better. Even small gestures—like helping someone get dressed or (3) \_\_\_\_\_.

In families (4) \_\_\_\_\_, emotional bonds grow deeper. Parents, who act as both caregivers and role models, play an important role in guiding children to become respectful, responsible individuals. Ultimately, it is the love, care, and (5) \_\_\_\_\_.

**Question 1:**

A. Children may copy behavior from adults who rarely express what they really feel

B. A family that communicates openly and respectfully often builds strong bonds that last a lifetime

C. Some families avoid conflict, which can reduce openness and mutual understanding

D. Good communication, which some people take for granted, makes small tasks harder to ignore

**Question 2:**

A. help children develop essential life skills and learn to be responsible family members

B. means doing the same housework again and again without improving their personalities

C. provide chances that create individual habits and gain trust from other members

D. are supporting kids when they complete the most basic home duties together

**Question 3:**

A. cheering them up after a long day—can make a big difference

B. comfort a sibling when things go wrong at school

C. making other people calm and bringing peace to busy routines

D. to give kind advice after they experience stress or failure

**Question 4:**

A. that encourage members to be more focused on digital communication than face-to-face

B. sharing fake feelings and precious experiences in each day at family meals

C. where members support each other through both challenges and celebrations

D. which help children become more independent and more attached to their parents

**Question 5:**

A. a family experiencing difficult challenges together creates lasting memories and gratitude

B. mutual understanding among family members makes family affection more prevalent

C. create opportunities for integration and equality for everyone in family traditions

D. shared experiences within a family that build a strong, united home

**Exercise 7: Read the passage and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions.**

Effective communication is the **backbone** of strong family relationships. In families where members openly discuss feelings, challenges, and achievements, emotional bonds become deeper. Conversely, when conversations are limited to logistics—like chores, schedules, or grocery lists—members can feel distant

from each other. A lack of sharing personal experiences may lead to misunderstandings and unsolved problems.

Listening plays a crucial role in healthy communication. **Active listening** involves not only hearing words but also understanding emotions behind them through tone and body language. For example, when a teenager says, “I’m fine,” attentive parents may notice a slight tone of sadness or hesitation and respond with gentle encouragement. Over time, this strengthens trust and makes family members comfortable with sharing problems early.

Setting aside regular time for family discussions can prevent issues from building up. **Some families establish weekly “talk nights” where everyone shares one positive thing and one concern.** These sessions foster empathy and ensure that no one’s voice is ignored. On the other hand, families that only talk during serious problems may act quickly rather than solving problems thoughtfully.

In today’s fast-paced world, distractions like smartphones and busy schedules often hinder meaningful exchanges. Parents should model respectful conversation habits—putting away devices, **making eye contact**, and asking open-ended questions. When technology is temporarily set aside, connection and clarity naturally follow. Ultimately, consistent, empathetic conversations are key to maintaining harmony and resilience within the family.

**Question 1:** Which of the following is NOT mentioned as a consequence of limited family conversations?

- A. Emotional distance      B. Misunderstandings  
C. Lack of chore management      D. Unresolved tensions

**Question 2:** The word “backbone” in paragraph 1 is OPPOSITE in meaning to \_\_\_\_\_.

- A. foundation      B. weakness      C. irresponsible      D. supplement

**Question 3:** The phrase “active listening” in paragraph 2 refers to \_\_\_\_\_.

- A. only hearing words spoken      B. observing non-verbal cues as well  
C. waiting for someone to finish      D. repeating every sentence

**Question 4:** Which of the following best paraphrases this sentence?

“Some families establish weekly ‘talk nights’ where everyone shares one positive thing and one concern.”

- A. Families set a specific evening for both good and bad discussions.  
B. Families only talk once a week about chores and schedules.  
C. Families avoid discussing negative topics during talk nights.  
D. Families use talk nights to negotiate chores

**Question 5:** Which of the following is TRUE according to the passage?

- A. Listening requires only paying attention to words.  
B. “Talk nights” can help prevent issues from escalating.  
C. Smartphones support family communication when used together.  
D. Families should only speak during urgent situations.

**Question 6:** The phrase “making eye contact” in paragraph 4 emphasizes \_\_\_\_\_.

- A. avoiding misunderstandings      B. improving visual perception  
C. reducing screen-time generally      D. enhancing mutual respect

**Question 7:** In which paragraph is the role of technology distractions discussed?

- A. Paragraph 1      B. Paragraph 3      C. Paragraph 4      D. Paragraph 2

**Question 8:** Which paragraph highlights how emotional tone helps understanding?

- A. Paragraph 2      B. Paragraph 3      C. Paragraph 1      D. Paragraph 4

**Exercise 8:** Read the passage and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the following questions.

### The Role of Shared Responsibilities in Modern Families

[I] In many modern families, traditional roles are shifting. [II] This change not only reduces the **burden** on parents but also teaches children important life skills and responsibility. [III] Families that share tasks equally often report stronger relationships and better communication between members. [IV]

While shared responsibility can benefit family life, it also requires clear expectations and cooperation. If roles are not agreed upon, conflicts may arise. For example, one family member may feel unfairly treated if

they are constantly asked to do more. Open conversations about duties and a fair division of labor are essential for avoiding **resentment**.

Moreover, involving everyone in daily tasks can create a sense of belonging. **When children help set the table or clean the house, they begin to see themselves as active members of the household.** Over time, this can lead to greater respect between generations and a deeper understanding of each other's efforts.

**Question 1:** Where in paragraph 1 does the following sentence best fit?

Parents are no longer the only ones responsible for housework, and children are often encouraged to help with daily chores.

- A. [I]                                      B. [II]                                      C. [III]                                      D. [IV]

**Question 2:** The word "burden" in paragraph 1 is closest in meaning to \_\_\_\_\_.

- A. duty                                      B. responsibility                                      C. pressure                                      D. stress

**Question 3:** What does the word "they" in paragraph 3 refer to?

- A. family members                      B. parents                                      C. children                                      D. tasks

**Question 4:** According to paragraph 2, which of the following may cause problems in shared responsibilities?

- A. Sharing tasks only among children                      B. Having unclear roles and duties  
C. Allowing too much freedom in choosing chores                      D. Sharing tasks with outside help

**Question 5:** Which of the following best summarises paragraph 1?

- A. Children are now expected to help with chores instead of just focusing on schoolwork.  
B. Equal task sharing among family members can lead to stronger bonds and skill development.  
C. Many parents feel tired because they handle too much housework on their own.  
D. Family roles have changed mainly because of busier work schedules.

**Question 6:** The word "resentment" in paragraph 2 is OPPOSITE in meaning to \_\_\_\_\_.

- A. understanding                      B. disagreement                                      C. frustration                                      D. responsibility

**Question 7:** Which of the following is TRUE according to the passage?

- A. Children often refuse to participate in household chores.  
B. Shared responsibilities are easier when each person has a fixed role.  
C. Tasks should be rotated daily among all family members.  
D. All families agree on how to divide duties.

**Question 8:** Which of the following best paraphrases the underlined sentence in paragraph 3?

**When children help set the table or clean the house, they begin to see themselves as active members of the household.**

- A. Children feel more useful when doing simple household tasks.  
B. Helping with chores makes children feel included in family life.  
C. Children work better when they are told what to do.  
D. Parents should assign housework to children more often.

**Question 9:** What can be inferred from the passage?

- A. Families that avoid assigning chores may experience fewer arguments.  
B. Giving children more responsibilities helps reduce their dependence on parents.  
C. Involving everyone in chores can strengthen family unity.  
D. Parents should monitor how often each family member completes their tasks.

**Question 10:** Which of the following best summarises the passage?

- A. The shift in roles requires families to communicate clearly and work together to benefit from shared responsibilities.  
B. Parents increasingly depend on children to manage household duties while they focus on their jobs and outside roles.  
C. Children helping with chores become more independent, but may feel pressured if responsibilities are not clearly assigned.  
D. Family conflicts mostly happen because members do not want to share housework or discuss expectations with each other.

**Exercise 9:** Listen to a family expert talking about how the roles of men and women in families have changed and decide whether the following statements are true (T) or false (F).

1. In modern families, both men and women take care of the children.
2. Men are no longer involved in raising children.
3. In equally shared parenting, only women are responsible for earning money.
4. Equally shared parenting includes spending time on individual interests.
5. According to experts, equally shared parenting increases the risk of divorce.

**Exercise 10:** Listen to a conversation about family matters and choose the correct answer (A, B, C, or D) for each question.

**Question 1:** What is Harry's involvement in the "FindLondon" business?

- A. He is the manager.      B. He is the owner.      C. He is an investor.      D. He is the programmer.

**Question 2:** What does Harry want in his relationship with Bindyu?

- A. To end it      B. To keep it casual      C. To make it more serious      D. To become just friends

**Question 3:** Why is Harry upset about his relationship?

- A. He never sees Bindyu anymore.  
B. He thinks Bindyu doesn't want him to meet her parents.  
C. Bindyu argues with him a lot.  
D. Bindyu is moving to another city.

**Question 4:** What is the real reason Bindyu hasn't introduced Harry to her family?

- A. She is unsure about the relationship.  
B. Her parents don't like him.  
C. Her family is very traditional and they come from different backgrounds.  
D. She hasn't told her family about him yet.

**Question 5:** What does Olivia suggest Bindyu should do?

- A. Stop seeing Harry      B. Talk to her family      C. Introduce Harry to her parents      D. Ignore the issue