

GLOBAL SUCCESS 8

UNIT 3: TEENAGERS

Name: _____ Class: _____ Date: _____

PART I

LISTENING (1.25 pts)

Listen to a talk about teenage stress and school clubs. Choose the best answer A, B, or C. You will listen twice.

1. What is the talk mainly about?

- A. Rules for using a school website B. Ways to manage stress and enjoy school life C. How to organise a sports competition

2. What causes the speaker the most pressure?

- A. Club meetings B. Social media advertisements C. Tests and other people's expectations

3. What does the school counsellor advise the speaker to do first?

- A. Make a realistic study plan B. Leave all school clubs C. Stop talking to friends

4. Which club does the speaker decide to join?

- A. The chess club B. The language club C. The arts and crafts club

5. Why does the speaker like the club?

- A. It gives extra homework.
B. It helps the speaker relax and make friends.
C. It allows students to miss lessons.

PART II

PHONETICS (1.0 pt)

Task 1. Choose the word whose bold part is pronounced differently from the others.

6. A. **tour** B. **toy** C. **enjoy** D. **boy**
7. A. **tourist** B. **ensure** C. **tournament** D. **avoid**

Task 2. Choose the word whose stress pattern is different from the others.

8. A. **pressure** B. **forum** C. **advice** D. **bully**
9. A. **account** B. **connect** C. **discuss** D. **website**

PART III

PHONETICS (1.5 pt)

Choose the best answer A, B, C, or D to complete each sentence.

10. Students use the school _____ to discuss club activities online.

- A. **pressure** B. **forum** C. **bully** D. **expectation**

11. I usually _____ my notifications before replying to messages.

- A. **browse** B. **connect** C. **upload** D. **check**

12. Many teenagers feel a lot of _____ before important examinations.

- A. pressure B. website C. clip D. club

13. A student who frightens or hurts weaker classmates is a _____.

- A. coach B. leader C. bully D. tourist

14. Nam wanted to reduce stress, _____ he joined the sports club.

- A. but B. so C. or D. for

15. Social media is useful; _____, teenagers should protect their private information.

- A. however B. therefore C. otherwise D. and

16. The chess club meets on Friday, _____ I cannot attend because I have a music lesson.

- A. so B. for C. but D. and

17. Choose the best response to complete the dialogue.

Mai: “Could you help me upload this photo to the school forum?”

Linh: “_____”

Mai: “Thanks a lot.”

- A. I upload photos every day.
B. You should leave the club.
C. That is not my account.
D. Of course. Let me show you.

Choose the sentence that is closest in meaning to the original one.

18. Minh was tired, but he completed his club project.

- A. Minh was tired, so he stopped working on the project. B. Minh was tired; however, he completed his club project.
C. Minh completed the project because he was not tired. D. Minh was tired, and he did not have a club project.

19. Lan should turn off her notifications; otherwise, she may lose concentration.

- A. If Lan does not turn off her notifications, she may lose concentration. B. Lan may lose concentration because she always turns off notifications.
C. Lan should keep all notifications on to concentrate better. D. Lan never loses concentration when notifications appear.

PART IV

PRACTICAL SKILLS (1.0 pt)

Task 1. Look at the signs and choose the best answer.**20.** What should students do in this area?

- A. Use their phones to record lessons.
- B. Upload videos to the school forum.
- C. Silence their phones and focus on studying.
- D. Check every notification immediately.

21. What is the main message of this sign?

- A. Tell a trusted adult if someone is bullying you.
- B. Solve bullying problems without telling anyone.
- C. Post information about bullies on social media.
- D. Leave school clubs when you feel worried.

Task 2. Read the notice and choose the best answer.**GREEN VALLEY LOWER SECONDARY SCHOOL****TEEN WELL-BEING WORKSHOP**

Learn practical ways to manage school pressure and use social media safely.

Activities: stress-management tips, a school club fair, and a talk with the counsellor

Time: 2.00 p.m.—4.00 p.m., Friday, 18 October

Place: School Hall | Bring: a notebook and a pen

Register with your form teacher by Tuesday.

22. What is the main purpose of the notice?

- A. To announce a chess tournament
- B. To invite parents to a school meeting
- C. To advertise a new social-media app
- D. To invite students to a well-being workshop

23. What should students bring to the event?

- A. A notebook and a pen.
- B. Their smartphones.
- C. A registration form.
- D. A laptop.

PART V**READING (2.25 pts)****Task 1. Read the announcement and choose the correct option A, B, C, or D for each blank.****SCHOOL CLUBS ONLINE FORUM**

Students can (24) _____ to the school forum to read news about clubs.

They may upload photos, (25) _____ they must ask everyone in the photos for permission first.

The forum is useful; (26) _____, students should not spend too much time online.

If a post makes them uncomfortable, they should talk to a teacher (27) _____ report it.

Use the forum responsibly and help keep our online community friendly.

- | | | | |
|-----------------|--------------|------------|--------------|
| 24. A. pressure | B. log on | C. bully | D. browse |
| 25. A. so | B. or | C. but | D. for |
| 26. A. however | B. therefore | C. and | D. otherwise |
| 27. A. but | B. so | C. because | D. and |

Task 2. Read the text and choose the correct answer A, B, C, or D.

Before the midterm tests, Mai felt under a lot of pressure. She had several projects to finish, and her parents expected her to get high marks. Messages and notifications from social media also interrupted her whenever she tried to study. At first, Mai stayed up late and became tired and impatient. Then she spoke to the school counsellor. The counsellor advised her to make a realistic timetable, turn off unnecessary notifications, and take short breaks. Mai also joined the arts and crafts club because she enjoyed making greeting cards. Working with other students helped her relax and make new friends. After two weeks, Mai could concentrate better and no longer felt alone. She still worked hard, but she understood that asking for help and balancing study with enjoyable activities were important ways to deal with stress.

28. What was one cause of Mai's stress?

- | | |
|---|--|
| A. She had no school projects. | B. She disliked all school clubs. |
| C. She had several projects, and her parents expected high marks. | D. She could not use social media at home. |

29. What did the counsellor advise Mai to do?

- | | |
|--|--------------------------------|
| A. Make a timetable and turn off unnecessary notifications | B. Stop studying for the tests |
| C. Leave every online group | D. Work late every night |

30. How did the arts and crafts club help Mai?

- | | | | |
|--------------------------------------|--------------------------------------|--|--|
| A. It helped her avoid all homework. | B. It gave her more online messages. | C. It made her parents lower their expectations. | D. It helped her relax and make friends. |
|--------------------------------------|--------------------------------------|--|--|

31. What happened after two weeks?

- | | |
|--|---|
| A. Mai stopped attending school. | B. Mai concentrated better and felt less alone. |
| C. Mai spent more time checking notifications. | D. Mai decided that clubs were stressful. |

32. What is the main message of the text?

- A. Teenagers should keep their problems secret.
- B. High marks are the only important goal.
- C. Planning, asking for help, and enjoyable activities can reduce stress.
- D. Social media should never be used by teenagers.

PART VI

ORDERING (0.5 pt)

Arrange the sentences to make a complete dialogue.

33.

- a. Thanks. That was very helpful.
- b. Could you show me how to log on to the school forum?
- c. Of course. First, enter your school email address here.
- d. You're welcome.

- A. c - b - a - d B. b - c - a - d C. b - a - d - c D. a - b - c - d

34.

- a. I'm under a lot of pressure because of the midterm tests.
- b. That's a good idea. I'll speak to her after class.
- c. You look worried. What's wrong?
- d. Why don't you talk to the school counsellor?

- A. a - c - d - b B. c - d - a - b C. d - a - c - b D. c - a - d - b

PART VII

WRITING (1.5 pt)

Task 1. Rewrite or combine the sentences as directed. (1.0 pt)

35. Tom wanted to reduce stress. He joined the sports club. (Use “so”.)

→ Tom wanted to reduce stress,

_____.

36. Lan was tired, but she completed her project. (Use “however”.)

→ Lan was tired; however,

_____.

37. The school forum is useful. Students should not share private information. (Use “but”.)

→ The school forum is useful,

_____.

38. “Please show me how to upload a picture,” Nam said to Mai. (Use “Could”.)

→ Nam asked Mai, “Could

_____?”

Task 2. Write a paragraph of 80–100 words about a cause of stress for teenagers and suitable solutions. (0.5 pt)

In your paragraph, you should:

- explain what causes the stress
- describe how it affects teenagers
- suggest two or more practical solutions

39. Teenage stress: causes and solutions

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GLOBAL SUCCESS 8

UNIT 3: TEENAGERS

ANSWER KEY & LISTENING TRANSCRIPT

LISTENING TRANSCRIPT

Part I. Listening – Questions 1–5

Teacher's instructions: Give students 30 seconds to read the questions. Play or read the recording twice. Pause briefly between the two readings, then give students 30 seconds to check their answers.

Hello, I'm Mai. A few weeks before the midterm tests, I began to feel under a lot of pressure. The club meetings were not the problem, and I did not care much about social-media advertisements. What worried me most was having several tests while my parents and teachers expected me to get very high marks. I tried staying up late, but that only made me tired and unable to concentrate. Then I spoke to our school counsellor. She did not tell me to stop talking to friends or leave every club. First, she advised me to make a realistic study plan and divide large tasks into smaller ones. She also suggested taking short breaks and turning off unnecessary notifications. At the school club fair, I first looked at the chess club and the language club. In the end, I chose the arts and crafts club because I enjoy making greeting cards. The club does not give us extra homework, and we certainly do not miss lessons. Working with other students helps me relax and make new friends. Now I still study hard, but I manage my time better and enjoy school life more.

Listening answers: 1B – 2C – 3A – 4C – 5B

ANSWER KEY

SECTION	ANSWERS
PART I. LISTENING	1B, 2C, 3A, 4C, 5B
PART II. PHONETICS	6A, 7D, 8C, 9D
PART III. LANGUAGE USE	10B, 11D, 12A, 13C, 14B, 15A, 16C, 17D, 18B, 19A
PART IV. PRACTICAL SKILLS	20C, 21A, 22D, 23A
PART V. READING	24B, 25C, 26A, 27D, 28C, 29A, 30D, 31B, 32C
PART VI. ORDERING	33B, 34D

PART VII. WRITING – Suggested answers

- 35.** Tom wanted to reduce stress, so he joined the sports club.
- 36.** Lan was tired; however, she completed her project.
- 37.** The school forum is useful, but students should not share private information.
- 38.** Nam asked Mai, "Could you show me how to upload a picture?"

Equivalent answers that preserve the required meaning and structure may also be accepted.

39. Sample paragraph (90 words)

Examinations are a common cause of stress for teenagers. Many students worry about getting low marks or disappointing their parents, so they may stay up late and become tired or impatient. This pressure can make it difficult for them to concentrate in class. To reduce stress, teenagers should make a realistic study timetable and divide large tasks into smaller steps. They should also turn off unnecessary notifications, take short breaks, exercise, and talk to a trusted adult. In my opinion, asking for help is a sign of responsibility, not weakness.

Technical note

- In the student test, Part III should be labelled “LANGUAGE USE (2.5 pts)”, not “PHONETICS (1.5 pt)”.
- The answer key above follows the actual question structure and the total score of 10 points.