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CHUẨN BỊ CHO KÌ THI TỐT NGHIỆP THPT VÀ ĐGNL

ĐỀ THI THỬ TỐT NGHIỆP THPT 2026

Bài thi: NGOẠI NGỮ; Môn thi: TIẾNG ANH

Thời gian làm bài: 50 phút, 40 câu trắc nghiệm

Read the following instructions and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 1 to 6.

Thank you for choosing our device. Before using it for the first time, please read these simple guidelines to ensure a (1) _____ experience.

Begin by checking a (2) _____ of components in the box to make sure nothing is missing. Handle each item carefully and keep the packaging for future use. If you want to personalise the device, you may consider (3) _____ the basic settings to match your needs. This can help you enjoy better performance from the start.

Next, connect the device to the power source (4) _____ to operate safely in your region. Make sure your hands are dry before touching any cables. After that, press the main button once. The device will start up automatically, and you can (5) _____ follow the on-screen steps.

If you face any difficulties, visit our support page or contact customer service for immediate (6) _____. We are always ready to help.

- | | | | | |
|--------------------|----------------------|------------------------|-----------------------|------------------------|
| Question 1. | A. strong | B. smooth | C. leading | D. quick |
| Question 2. | A. number | B. volume | C. degree | D. plenty |
| Question 3. | A. adjust | B. to adjusting | C. to adjust | D. adjusting |
| Question 4. | A. designing | B. is designed | C. designs | D. designed |
| Question 5. | A. simplicity | B. simplify | C. simply | D. simple |
| Question 6. | A. acceptance | B. assistance | C. supervision | D. contribution |
-

Read the following leaflet and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 7 to 12.

How to Deal with Culture Shock While Studying Abroad

Living in a new country can feel exciting but also confusing. These tips can help you adjust and enjoy your experience.

- Try to engage (7) _____ local students by joining clubs or small school activities. This will help you make friends and understand daily life better.
- Spend time talking to (8) _____ international students who may face similar challenges. Sharing stories can make you feel less alone.
- Create a (9) _____ to keep yourself organised and focused during the first weeks.
- Be open to trying new foods and customs; (10) _____, you may miss great chances to explore the culture.
- When you feel stressed, (11) _____ someone you trust.
- Give yourself time to adapt. Learning slowly and being (12) _____ will help you feel more confident in your new environment.

Question 7. A. from B. of C. in D. with
Question 8. A. another B. others C. other D. the others

Question 9. A. study positive routine B. positive study routine
 C. positive routine study D. routine positive study

Question 10. A. therefore B. otherwise C. however D. unless

Question 11. A. put up with B. make up for C. reach out to D. go down with

Question 12. A. sensitive B. mature C. intentional D. patient

Mark the letter A, B, C or D to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 13 to 17.

Question 13.

Dear Customer,

- Should you need any further assistance, our support team remains available to help with any concerns.
- Your recent complaint about the delayed shipment has been carefully reviewed, and our team has traced the cause to an unexpected routing error at one of our regional facilities.
- We understand how inconvenient this experience must have been, and your feedback has been valuable in helping us improve our service.
- To prevent similar delays, additional checks have been added to our internal monitoring system, ensuring smoother processing for future packages.
- Although the parcel was held longer than planned, the issue has now been resolved and the item is currently moving through the final stage of delivery.

Sincerely,

Post Office Customer Service

A. d - e - b - c - a B. b - e - d - c - a C. d - c - e - b - a D. b - d - c - e - a

Question 14.

a. Khoa: Yes, but let's meet earlier this time so we can finish the harder parts together.

b. Mai: Good idea – I'll tell the others so everyone can prepare.

c. Mai: Are we still having our next group study session on Friday?

A. c – b – a

B. b – a – c

C. b – c – a

D. c – a – b

Question 15.

a. Every late-night rehearsal strengthened my confidence, slowly turning hesitant attempts into performances I could deliver with genuine emotion.

b. Even now, every song I sing reminds me of the long journey that shaped both my voice and my determination.

c. As opportunities appeared, I treated each one as a chance to refine my craft, knowing that growth often comes from pressure.

d. Reaching my dream of becoming a singer felt like the result of countless quiet choices rather than a single dramatic moment.

e. The first time I stepped onto a real stage, the mixture of fear and excitement made the achievement feel almost unreal, yet deeply rewarding.

A. d – c – b – a – e

B. e – a – d – c – b

C. d – a – c – e – b

D. e – c – b – a – d

Question 16.

a. This enclosed environment creates stable conditions that help plants grow consistently, even in regions facing harsh climates or poor soil quality.

b. Container farming is an innovative method of growing crops inside repurposed shipping containers, allowing farmers to control light, temperature, and nutrients with remarkable precision.

c. The compact design also enables year-round cultivation, giving small businesses a reliable supply of produce regardless of seasonal changes.

d. As a result, many urban growers view it as a practical way to produce fresh vegetables closer to consumers, reducing transportation costs and environmental impact.

e. With these advantages, container farming is steadily becoming a promising solution for communities seeking sustainable and efficient food production.

A. b – a – e – c – d

B. b – c – d – e – a

C. b – c – a – d – e

D. b – a – d – c – e

Question 17.

a. Mark: Yeah, it happens when the model guesses instead of giving real information.

b. Linh: I think that AI should be used carefully so people don't rely on it blindly.

c. Mark: True, that's why checking reliable sources is still very important.

d. Linh: Have you heard about AI hallucinations? Some people say the system can make up facts.

e. Linh: It worries me because many users might not know the answer is wrong.

A. e – c – d – a – b

B. b – a – d – c – e

C. d – a – e – c – b

D. b – c – e – a – d

Read the following passage and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 18 to 22.

Unpredictable weather patterns have become a defining feature of the modern climate, unsettling communities that once depended on stable seasonal rhythms. In many regions, sudden heatwaves follow periods of heavy rain, while storms form with little warning, (18) _____. Scientists point out that these rapid shifts, often linked to rising global temperatures, disrupt farming cycles and (19) _____. Moreover, unusual atmospheric movements – a mix of changing ocean currents, shifting wind systems, and warmer air masses – increasingly blur the line between normal variation and long-term climate change.

In countries that rely on predictable seasons, farmers, planners, and transport officials must constantly revise their strategies. Crops that once thrived in mild conditions now face alternating extremes; roads designed for moderate weather struggle during prolonged heat; and (20) _____. Consequently, governments are urged to develop early-warning systems, improve public communication, and support communities likely to face repeated disruptions.

Although unpredictable weather challenges daily life, it also encourages nations to rethink how they use resources and (21) _____. Regions that invest in resilient infrastructure – stronger flood barriers, flexible energy grids, and adaptive farming methods – are better positioned to handle environmental shocks. Ultimately, the growing volatility of weather patterns reminds societies that preparation, cooperation, and innovation must progress together (22) _.

Question 18.

- A. both residents and authorities are caught off guard
- B. catching both residents and authorities off guard
- C. that catches both residents and authorities off guard
- D. both residents and authorities caught off guard

Question 19.

- A. put pressure on water supplies
- B. the pressure put on water supplies
- C. which puts pressure on water supplies
- D. when pressure is put on water supplies

Question 20.

- A. the intensity of storms makes coastal towns vulnerable to their strong defences
- B. the vulnerability of coastal towns intensifies their defences as storms are strong
- C. coastal towns, vulnerable to intense storms, must strengthen their defences
- D. coastal towns, with their strong defences, are vulnerable to the intensity of storms

Question 21.

- A. how their prepared emergencies are
- B. how they prepare for emergencies
- C. how their preparatory emergencies are
- D. how their emergencies are prepared

Question 22.

- A. with their hope of remaining secure in an uncertain climate
 - B. whereas their hope to remain in an uncertain climate is secure
 - C. when they remain to secure their hope in an uncertain climate
 - D. if they hope to remain secure in an uncertain climate
-

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 23 to 30.

How often have you had the experience of a tourist in your country asking you a question in their language and just expecting you to understand them? How do you feel when this happens? **Perhaps you don't have any idea what they're saying, and you hurry away in confusion and embarrassment.** Maybe you know the language and feel proud that you are able to respond.

If, on the other hand, you're anything like me, you probably feel irritated or even a little angry. When this happens to me, I do feel irritated, especially if the person just repeats whatever they have said in a louder voice. Nevertheless, I try to be polite and **approachable**, of course, even if I still don't understand. I use the experience to remind myself how important it is to try and learn the language of the places

I visit. I know that I'm unlikely to be able to learn much if I'm only going to be there for a few days rather than a few weeks, but I can at least try to learn the things I will almost certainly need to say. I mean greetings like 'hello' and 'goodbye', the words for 'please' and 'thank you', how to ask politely for goods, how to ask how much **they** cost and how to ask for directions.

You might be thinking that there's not much point in knowing how to ask a question like that if you are not going to be able to understand the reply. That has happened to me sometimes, but I still believe that trying to say something in the local language is a good thing. At least you've shown you are **willing** to make an effort, and that often makes all the difference. Perhaps the person you ask will show you where to go or even take you there. If you just ask them in your language, they might not even bother to answer, and you will almost certainly have failed to make a new friend.

Question 23. Which of the following best paraphrases the underlined sentence in paragraph 1?

“Perhaps you don't have any idea what they're saying, and you hurry away in confusion and embarrassment.”

- A. You often understand what tourists say, but feel nervous and choose to stay silent rather than respond.
- B. You might feel awkward because they spoke too fast, but you try asking them to repeat it more clearly before leaving.
- C. You are sometimes confused by tourists, but you stay and try to guess their meaning from body language.
- D. You might be totally lost about what they're saying, and walk away quickly, feeling both unsure and ashamed.

Question 24. The word “**approachable**” in paragraph 2 is **CLOSEST** in meaning to _____.

- A. unhappy
- B. acceptable
- C. respectful
- D. friendly

Question 25. Which of the following is **NOT** mentioned in paragraph 3 as one of the things in a foreign language that the author will at least learn?

- A. greeting others
- B. asking for products
- C. asking for directions
- D. saying sorry

Question 26. The word “**they**” in paragraph 3 refers to _____.

- A. goods
- B. directions
- C. greetings
- D. the things

Question 27. The word “**willing**” in paragraph 4 is **OPPOSITE** in meaning to _____.

- A. prepared
 - B. ready
 - C. reluctant
 - D. supportive
-

Question 28. Which of the following is **TRUE** according to the passage?

- A. The author believes it's unnecessary to speak the local language if staying only a few days.
- B. Tourists often get angry when locals don't understand their language.
- C. The author believes that trying to speak the local language can encourage others to help.
- D. It is always easy for the author to understand the replies when asking questions abroad.

Question 29. Which paragraph tells about the author's opposing attitudes?

- A. Paragraph 1
- B. Paragraph 2
- C. Paragraph 3
- D. Paragraph 4

Question 30. Which paragraph mentions a possible failure?

- A. Paragraph 1
- B. Paragraph 2
- C. Paragraph 3
- D. Paragraph 4

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 31 to 40.

This is a topic that's close to my heart, but I didn't really know the answer to the question until about a year ago. First, let me tell you something - you will have around 350 friends in your lifetime, but only six of them will be your true friends. [I] I was quite surprised when I read about this fact in a magazine survey the other day. I mean, if I look down the list of contacts on my mobile, most of the names in the list are friends' names. [II] However, it made me stop and ask myself who I would contact if I wanted a shoulder to cry on or if I had a **genuine** emergency. There were actually only a few people on the list that I'd phone in a moment of crisis, and I suppose it's those people that I regard as my true friends.

One person I'd definitely phone is Rob. I still remember when we first met last year. I was sauntering past the sports hall in the local leisure centre when I got a glimpse of a teenage boy in a wheelchair playing basketball. I stopped and watched for a while. He was about the same age as me, but I didn't think we'd have anything in common. After all, he was in a wheelchair. How wrong I was! A few days later, I was lifting weights next to the same boy in the gym, and we started chatting. We got on really well, and I suddenly realised that Rob's wheelchair didn't make him different from me at all. He was a typical teenager like me, and he was interested in doing the same sort of things as I was. We've been really good friends ever since.

The most important thing I learnt that day is never to judge someone by what they look like.

People often treat Rob differently because of his wheelchair, but they shouldn't. They should take time to find out about the real person. [III] One of the things I admire most about Rob is his unselfish nature. He's very good at listening, and he doesn't ask too many questions. People like that are very generous, especially these days when everyone is **on the go** and often people can't think beyond their own obligations and personal concerns. I'm sometimes quite selfish, so Rob is a really good example for me. [IV] True friends are the people who are always there for you. They won't mind if you interrupt them in the middle of something important. They won't mind if you call **them** in the middle of the night because you need someone to talk to. Try it yourself next time. Otherwise, you won't know who your true friends are!

Question 31. According to paragraph 1, what surprising fact did the author learn from a magazine survey?

- A. Most people have fewer than 10 friends in total.
 - B. Only a few friends are considered truly close.
 - C. People usually contact friends every day.
 - D. Everyone has the same number of close friends.
-

Question 32. The word “genuine” in paragraph 1 is **CLOSEST** in meaning to _____.

- A. complex B. difficult C. positive D. real

Question 33. Which of the following best summarises paragraph 2?

- A. The writer assumed Rob was different but later discovered they had much in common and became close friends.
B. Rob and the writer met during a workout at the gym and bonded over their shared passion for competitive sports.
C. The writer didn’t speak to Rob for weeks, believing they had nothing in common due to their different lifestyles.
D. The writer saw Rob playing basketball, then met him again at the gym and they started talking.

Question 34. Which of the following best paraphrases the underlined sentence in paragraph 3?

“The most important thing I learnt that day is never to judge someone by what they look like.”

- A. Never do people realise how important appearances are until they have a reason to question their assumptions.
B. If I hadn’t judged people by their looks before, I wouldn’t have learned anything important that day.
C. That day taught me a key lesson: I should avoid judging others based solely on their appearance.
D. Only because someone looked different that day did I understand how important it is to form judgments.

Question 35. The phrase “on the go” in paragraph 3 is **OPPOSITE** in meaning to _____.

- A. unselfish B. occupied C. idle D. unhelpful

Question 36. The word “them” in paragraph 3 refers to _____.

- A. questions B. days C. things D. true friends

Question 37. Which of the following is **TRUE** according to the passage?

- A. The author was unsure whether Rob would be friendly, but Rob approached him and started a conversation.
B. The author believes all friends in his contact list are true friends he can rely on during a crisis.
C. The author learned that physical differences don't determine whether someone can become a close friend.
D. The author had always known that having a lot of contacts doesn't mean having a lot of real friends.

Question 38. Where in the passage does the following sentence best fit?

“**It's the same on anyone's phone.**”

- A. [III] B. [IV] C. [II] D. [I]

Question 39. Which of the following can be inferred from the passage?

- A. Rob’s physical disability limits his ability to form genuine relationships with those around him.
B. The author believes that moments of difficulty reveal who your true friends really are.
C. The author often avoids contacting friends during difficult moments because he fears being a burden to them.
D. The author believes people who ask too many questions are often more caring and emotionally available.
-

Question 40. Which of the following best summarises the passage?

A. The author reflects on a survey stating we have few true friends, realising only a select few contacts would be there in a crisis, exemplified by the unexpected and rewarding friendship with Rob, who taught him not to judge by appearances.

B. Surprised by a survey about the small number of true friends, the author identifies his own core support group and recounts meeting Rob, a wheelchair user who became his closest friend and taught him the importance of looking beyond physical appearances.

C. Inspired by a survey, the author contemplates the definition of true friendship, realising only a handful of contacts are crucial in tough times, illustrated by his friendship with Rob, which highlighted the significance of helping each other.

D. Reflecting on the limited number of true friends revealed by a survey, the author shares his experience of forming a meaningful friendship with Rob, emphasising the lesson of not judging individuals based on their personality.

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BẢNG TỪ VỰNG

STT	Từ vựng	Nghĩa	Từ loại	Phiên âm	Cấp độ	Từ đồng nghĩa	Từ trái nghĩa
1	adapt	thích nghi	v	/ə'dæpt/	B2	adjust	
2	adaptive	có khả năng thích ứng, có khả năng điều chỉnh theo hoàn cảnh	adj	/ə'dæptɪv/	C1		
3	advantage	lợi thế, ưu điểm	n	/əd'vɑ:ntɪdʒ/	B1	benefit, edge	disadvantage, drawback
4	approachable	dễ gần	adj	/ə'prəʊtʃəbl/	B2	friendly	unapproachable, unfriendly, aloof
5	assistance	sự giúp đỡ, sự hỗ trợ	n	/ə'sɪstəns/	B2	help, support	obstruction, hindrance
6	assumption	sự giả định	n	/ə'sʌmpʃn/	C1	supposition	
7	contemplate	suy ngẫm, ngẫm nghĩ	v	/'kɒntəmpleɪt/	C2	ponder, reflect on	
8	cooperation	sự hợp tác	n	/kəʊpə'reɪʃn/	B2	collaboration	
9	crucial	rất quan trọng, cốt yếu	adj	/'kru:ʃl/	B2	vital, essential, critical	insignificant, unimportant
10	defence	hệ thống bảo vệ, phòng thủ	n	/dɪ'fens/	B2		
11	determination	sự quyết tâm	n	/dɪ,tɜ:mɪ'neɪʃn/	B2	resolve, resolution	
12	disrupt	làm gián đoạn	v	/dɪs'rʌpt/	B2		
13	efficient	hiệu quả (về mặt sử dụng tài nguyên, nguồn lực)	adj	/'ɪfɪʃnt/	B2		inefficient
14	embarrassment	sự xấu hổ, ngượng ngùng	n	/ɪm'bærəsmənt/	C1		
15	enclosed	được bao quanh	adj	/ɪn'kləʊzd/	B1		unenclosed
16	exemplify	minh họa, làm ví dụ điển hình	v	/ɪg'zemplɪfaɪ/	C2	illustrate, demonstrate	
17	genuine	xác thực, chân thật	adj	/'dʒenjuɪn/	B2	authentic, real, sincere	fake, inauthentic, insincere

18	hallucination	ảo giác (dùng trong bối cảnh AI: tạo ra thông tin sai)	n	/həˌluːsɪˈneɪʃn/	C2		
19	harsh	khắc nghiệt	adj	/hɑːʃ/	C1	severe, extreme	gentle, mild
20	idle	nhàn rỗi, không làm gì	adj	/ˈaɪdl/	C1	unoccupied	busy, occupied
21	infrastructure	cơ sở hạ tầng	n	/ˈɪnfɹəstrʌktʃə(r)/	C1		
22	intensity	cường độ	n	/ɪnˈtensəti/	C1		
23	intentional	cố ý, có chủ đích	adj	/ɪnˈtenʃənl/	B2	deliberate, planned	accidental, unintentional, unplanned
24	irritated	bực mình, khó chịu	adj	/ˈɪrɪteɪtɪd/	B2	annoyed, angry	pleased
25	mature	trưởng thành, chín chắn	adj	/məˈtʃʊə(r)/	C1		immature, childish
26	obligation	nghĩa vụ, bổn phận	n	/ˌɒblɪˈgeɪʃn/	B2	duty	
27	opposing	đôi lập, trái ngược	adj	/əˈpəʊzɪŋ/	B2		
28	patient	kiên nhẫn	adj	/ˈpeɪʃnt/	B1		impatient
29	personalise	cá nhân hóa	v	/ˈpɜːsənəlaɪz/	B2	customize	
30	preparatory	mang tính chuẩn bị	adj	/prɪˈpærətəri/	C1		
31	prolonged	kéo dài	adj	/prəˈlɒŋd/	C1	extended, lengthy, protracted, long	brief, short, momentary
32	refine	cải tiến, trau dồi, cải thiện	v	/rɪˈfaɪn/	C2	improve	
33	resilient	kiên cường, có khả năng chống chịu và phục hồi	adj	/rɪˈzɪliənt/	C1		
34	saunter	đi dạo, đi thong dong	v	/ˈsɔːntə(r)/	C2	stroll, amble, wander	
35	supervision	sự giám sát	n	/ˌsuːpəˈvɪʒn/	C1	oversight	
36	thrive	phát triển mạnh	v	/θraɪv/	C1	flourish	
37	unreal	không có thật (rất khó tin, vượt xa mức tưởng tượng)	adj	/ˌʌnˈrɪəl/	C1		
38	unsettle	gây bất ổn	v	/ʌnˈsetl/	C1		

39	volatility	sự biến động, không ổn định	n	/,vɒlə'tɪləti/	C2	instability	stability
40	vulnerable	dễ bị tổn thương/ ảnh hưởng/ tấn công	adj	/'vʌlnərəbl/	C2		invulnerable
41	willing	sẵn lòng, sẵn sàng	adj	/'wɪlɪŋ/	B2		unwilling, reluctant

BẢNG CẤU TRÚC

STT	Cấu trúc	Nghĩa
1	a shoulder to cry on	một người để tâm sự, một chỗ dựa tinh thần
2	catch somebody off guard	làm ai bất ngờ, không kịp chuẩn bị
3	consider doing something	cân nhắc, xem xét làm gì
4	deal with	giải quyết, đối phó với
5	engage with somebody	tương tác, giao tiếp với ai
6	go down with	bị bệnh
7	have something in common	có điểm chung
8	make up	làm hòa; bịa đặt; trang điểm; chiếm
9	make up for	đền bù, bù đắp cho
10	on the go	bận rộn
11	put pressure on something	gây áp lực/sức ép lên cái gì
12	put up with	chịu đựng
13	reach out to	liên lạc, tiếp cận ai đó (nhờ sự giúp đỡ, hỗ trợ)
14	remind somebody of something	gợi nhớ, làm ai nhớ về điều gì

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