

Dynamic and state verbs

1 Complete the sentences with the Present Simple or Present Continuous forms of the verbs in brackets.

- 1 Rose isn't here at the moment. She _____ (see) some of her friends.
- 2 I really like Mabel. She _____ (seem) like a fun person.
- 3 The sisters often _____ (go out) at the weekend.
- 4 They _____ (have) dinner with their grandchildren tonight.
- 5 _____ (she/think) of taking up bungee jumping?
- 6 Is she really over 100? She _____ (not look) her age.
- 7 'What _____ (you/look for), Rose?' 'My phone. I can't find it.'
- 8 'Rose and Mabel can dance salsa!' 'I _____ (not believe) you!'

2 Complete the text with the Present Simple or Present Continuous forms of the verbs in the box.

agree also/consider depend do get learn live prefer study work

The secrets of long life

Blue Zones are very special areas in the world. They are places where people often ¹ _____ to the age of 100. The Zones are in Greece, Japan, Sardinia, California and Costa Rica. At the moment, scientists ² _____ them closely to discover the secrets of long life. They ³ _____ lots of interesting things. They all ⁴ _____ that a long and healthy life ⁵ _____ on good habits. For example, people in the zones ⁶ _____ up early in the morning. They eat fresh food and they ⁷ _____ fish to red meat. Many of them ⁸ _____ on their farms every day. Scientists ⁹ _____ other factors which could lead to longer life, such as spending a lot of time with friends – something people often ¹⁰ _____ in Blue Zones.

3 Write a short description of the oldest person you know. Use some state verbs. Write about the following:

- how old they are
- how old they look
- how they spend their time
- any hobbies they have

Answer key

1

- 1** 's seeing
- 2** seems
- 3** go out
- 4** are having
- 5** Is she thinking
- 6** doesn't look
- 7** are you looking for
- 8** don't believe

2

- 1** live
- 2** are studying
- 3** are learning
- 4** agree
- 5** depends
- 6** get
- 7** prefer
- 8** work
- 9** are also considering
- 10** do

3

Model answer

The oldest person I know is my great-grandmother, Helen. She's ninety years old, but she looks a lot younger. She gets up at the same time every morning and spends the day at home with her little dog or she meets her friends. They play board games together and she usually wins! She likes cooking, travelling and watching comedies. She's amazing!