

TIẾNG ANH 9 FRIENDS PLUS

BÀI KIỂM TRA ĐỊNH KÌ

UNIT 4 – TEST 1

I. Pronunciation (1-4)

Câu 1. Which word has the underlined part pronounced differently from that of the others?

- A. umbrella B. lnch C. cupcake D. surprise

Câu 2. Which word has the underlined part pronounced differently from that of the others?

- A. boredom B. October C. tomatoo D. ocean

Câu 3. Which word has a different stress pattern from that of the others?

- A. lovely B. mature C. joyful D. heartache

Câu 4. Which word has a different stress pattern from that of the others?

- A. hopeful B. bother C. disturb D. peaceful

II. Choose the answer (A, B, C or D) that best fits the space in each question. (5-14)

Câu 5. The loud noise was a big _____ during the test.

- A. boredom B. concentration C. relaxation D. annoyance

Câu 6. She felt _____ when she saw the dirty room.

- A. excited B. sympathetic C. relaxed D. disgusted

Câu 7. My friend was very _____ when I lost my book.

- A. calm B. sympathetic C. happy D. peaceful

Câu 8. It is hard to _____ in a noisy classroom.

- A. worry B. distract C. concentrate D. affect

Câu 9. You _____ wear a helmet whenever you ride a motorbike. It's a rule.

- A. will B. must C. may D. should

Câu 10. You _____ bring your lunch; the school provides it.

- A. don't have to B. have to C. cannot D. can

Câu 11. He _____ finish the project on time because he was sick.

- A. can B. cannot C. couldn't D. could

Câu 12. We _____ study for the exam next week. It's really important.

- A. may B. can C. could D. have to

Câu 13. Let's cheer _____ Sarah; she looks very sad today.

- A. in B. for C. up D. down

Câu 14. Are you going to buy another computer? - "-----"

- A. No, mine is the big one. B. It belongs to my brother.
C. I might get one tomorrow. D. I spoke to the customer.

III. Look at the signs/ messages/ notices. Choose the best answer (A, B, C or D). (15-16)

Câu 15. What does this sign mean?



- A. People aren't allowed to enter this area.
- B. This area is kept open.
- C. We should keep this area out.
- D. This area is open to everyone.

Câu 16. What was Whiskers wearing when he was last seen?

Whiskers is a 3-year-old grey tabby with white paws and a distinctive black stripe down his back. He has green eyes and a small, nicked ear on the left side. Whiskers was last seen on May 15th near Elm Street and Maple Avenue. He was wearing a red collar with a small silver bell. A reward is offered for his safe return.

- A. A red collar with a small silver bell
- B. A blue collar with a gold bell
- C. A green collar with a bronze bell
- D. A yellow collar with a copper bell

IV. Read the following passage and do as directed. (17-22)

Music has a powerful impact on our mood. Listening to upbeat and happy music can instantly lift our spirits, making us feel more positive and energized. This type of music is great for boosting motivation and helping us stay productive throughout the day. On the other hand, slow or melancholic music can evoke feelings of calmness or sadness, which can be useful for relaxation or unwinding after a stressful day. People often use music to express and process their emotions. When we are happy, we might listen to lively songs and dance along. When we are feeling down, we might choose slower, more reflective tunes that resonate with our mood. Additionally, music has the ability to trigger memories, making us feel nostalgic or reminding us of specific moments in our lives. Overall, music is a versatile and powerful tool that can significantly influence our emotions and mood in various ways. Whether we need energy, relaxation, or emotional expression, there is always a perfect song to meet our needs.

Câu 17. Listening to upbeat and happy music can instantly lift our spirits and make us feel more positive and energized.

- A. True
- B. False

Câu 18. Slow or melancholic music is never useful for relaxation or unwinding after a stressful day.

- A. False
- B. True

Câu 19. People often use music to express and process their emotions, choosing lively songs when happy and slower tunes when feeling down.

- A. False
- B. True

Câu 20. Music has no effect on triggering memories or making us feel nostalgic.

- A. False
- B. True

Câu 21. What type of music is described as being great for boosting motivation and helping us stay productive throughout the day?

- A. Slow or melancholic music
- B. Classical music
- C. Instrumental music
- D. Upbeat and happy music

Câu 22. Which of the following is **NOT** mentioned as an effect of music on our emotions or mood?

- A. Triggering memories and making us feel nostalgic
- B. Evoking feelings of calmness or sadness with slow or melancholic music
- C. Improving our physical health directly
- D. Helping us express and process our emotions

V. Choose the word (A, B, C or D) that best fits the blank space in the following passage. (23-28)

Dear Maria,

I'm really sorry _____ (23) about your math exam. I know it must be _____ (24), but don't be too hard on yourself. Everyone faces setbacks, and this is just one small bump on your journey.

First, take a deep breath and give yourself a little break. It's important to clear your mind and not dwell _____ (25) the negative feelings. After that, try to analyse where things went _____ (26). Was it a particular topic or type of question? Identifying the problem areas can help you focus your study efforts more effectively.

Consider talking to your teacher or a tutor. They can provide guidance and explain concepts you find difficult. Also, practice _____ (27) with different types of math problems to build your confidence.

Remember, this is just one exam. You have plenty of _____ (28) to improve and succeed. Stay positive and keep pushing forward. You've got this!

Take care,

Max

Câu 23. Choose the correct answer.

- A. to hear
- B. hearing
- C. hears
- D. hear

Câu 24. Choose the correct answer.

- A. disappointing
- B. disappointed
- C. disappointment
- D. disappoint

Câu 25. Choose the correct answer.

- A. by
- B. on
- C. in
- D. of

Câu 26. Choose the correct answer.

- A. terrific
- B. good
- C. awesome
- D. wrong

Câu 27. Choose the correct answer.

- A. irregular
- B. regularly
- C. regular
- D. irregularly

Câu 28. Choose the correct answer.

- A. fragments
- B. opportunities
- C. pieces
- D. aspects

VI. Supply the correct form of the word given in each sentence. (29-34)

Câu 29. Regular practice helped him _____ his public speaking skills significantly. (improvement)

Câu 30. He was _____ excited about his promotion, as he couldn't stop smiling all day. (obvious)

Câu 31. She felt deep _____ for her friend who had just lost a loved one. (sympathize)

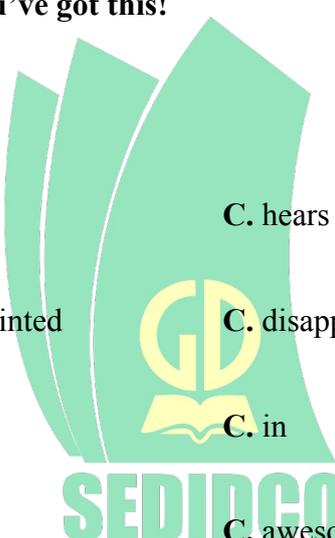
Câu 32. A morning walk can _____ you for the rest of the day. (energy)

Câu 33. The children grew _____ as they waited for the show to start. (patience)

Câu 34. The teacher's clear _____ made the complex topic easier to understand. (explain)

VII. Rearrange the groups of words in a correct order to make complete sentences. (35-36)

Câu 35. hard and / If you study / skills significantly. / regularly, you will / practice / improve your



Câu 36. You should consider / taking a public / confidence and skills. / course to boost your / speaking

VIII. Rewrite each of the following sentences in another way so that it means almost the same as the sentence printed before it. (37-40)

Câu 37. The children tidied their rooms. Then they went to the mall with friends.

After the children ...

Câu 38. John regretted not attending the English-Speaking Contest last week.

John wishes ...

Câu 39. She is the singer. Her album broke the record last week.

She is ...

Câu 40. Although his bicycle was broken, Tom managed to arrive at school on time.

Despite ...

IX. Listening: listen and choose the correct answer. (41-50)

Câu 41. What is one of the primary benefits of regular exercise for the heart?

- A. It slows down metabolism
- B. It increases feelings of sadness
- C. It makes the heart weaker
- D. It keeps the heart strong

Câu 42. How does exercise help in maintaining a healthy weight?

- A. By burning calories
- B. By reducing endorphins
- C. By decreasing metabolism
- D. By increasing anxiety

Câu 43. What chemicals are released during exercise that make you feel happy?

- A. Cortisol
- B. Dopamine
- C. Endorphins
- D. Insulin

Câu 44. Which of the following is NOT a mental benefit of regular exercise?

- A. Better sleep
- B. Increased anxiety
- C. Improved clarity of thought
- D. Reduced feelings of sadness

Câu 45. How does regular exercise affect sleep?

- A. It makes it harder to sleep
- B. It causes insomnia
- C. It reduces the need for sleep
- D. It improves sleep quality

Câu 46. What effect does regular exercise have on energy levels?

- A. Only affects energy levels negatively
- B. Decreases energy levels
- C. No effect on energy levels
- D. Increases energy levels

Câu 47. How does exercise affect the immune system?

- A. Makes you more susceptible to illnesses
- B. Improves it
- C. Weakens it
- D. Has no effect

Câu 48. Which of the following is a benefit of including exercise in your daily routine?

- A. Reduced immune function
- B. Decreased mood
- C. Feeling more alive
- D. Increased stress

Câu 49. What is the overall effect of making exercise a habit?

- A. Increased risk of diseases
- B. Reduced physical health

C. Healthier, happier life

D. Worsened mental health

Câu 50. Why is exercise considered an important part of a healthy lifestyle?

A. It slows down metabolism

B. It has many health benefits

C. It weakens the heart

D. It increases anxiety

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