

ĐỀ THAM KHẢO FORM 2025

Read the following advertisement and mark the letter A, B, C, or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 1 to 6.

FEELING STRESSED?

Have you ever felt tired and even stressed? **Diao Chan therapy and retreat** helps you with (1) _____. What you need is just 30 minutes (2) _____ a day. You get (3) _____ if you need 15 minutes of foot massage. Our service is (4) _____ is convenient for businessmen. Free hot drinks are also (5) _____. From now on you must remember this address: 123 Lu Bu Street, downtown area. You can (6) _____ a call at 0983850619 in advance.

(Adapted from your homework.net)

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|---------------------------------------|---------------------------------|--------------------|-------------|
| Question 1. A. relaxation | B. relax | C. relaxed | D. relaxing |
| Question 2. A. massage total body | B. total massage body | | |
| C. total body massage | D. body massage total | | |
| Question 3. A. freedom B. duty-free | C. free of charge | D. feeling free | |
| Question 4. A. available 24/7 which | B. available 24/7, which | | |
| C. available 24/7 | D. available 24/7 that | | |
| Question 5. A. composing B. including | C. composed | D. included | |
| Question 6. A. do B. change | C. make | D. dial | |

Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 7 to 12.

The Problem of Child Labour

Child labour is a significant issue that (7) _____ many children worldwide. It often forces them to work long hours in poor conditions, affecting their (8) _____ and mental health. Many children are unable to attend school, which has a long-term impact on their futures. (9) _____ these challenges, organizations like UNICEF are (10) _____ to provide better opportunities for children. They believe that through offering education and protection, child labour can be significantly reduced. Although child labour still remains in (11) _____ parts of the world, efforts are being made to (12) _____ its impact.

[Adapted from UNICEF – Child Labour]

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|------------------------------------|-----------------------|-----------------|------------------|
| Question 7: A. includes | B. involves | C. affects | D. causes |
| Question 8: A. physical | B. mental | C. social | D. emotional |
| Question 9: A. Because of | B. In spite of | C. Due to | D. Instead of |
| Question 10: A. focusing on | B. look forward to | C. come up with | D. find out |
| Question 11: A. much | B. many | C. little | D. most |
| Question 12: A. decrease | B. lessen | C. control | D. reduce |

Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a meaningful exchange or text in each of the following questions from 13 to 17

Question 13.

- a. **Tom:** Good morning, Alice! Did you sleep well?
- b. **Alice:** Yes, thank you. How about you?
- c. **Alice:** Good morning, Tom!

A. a – b – c B. c – b – a C. b – c – a **D. c – a – b**

Question 14.

- a. **Jack:** Morning, Emily! It was good, thanks. I went hiking with some friends. How about you?
- b. **Emily:** Good morning, Jack! How was your weekend?
- c. **Emily:** Sounds fun! I had a relaxing weekend at home. Hey, have you seen the agenda?
- d. **Emily:** Alright, thanks. Oh, and don't forget, we have that client presentation at 2 PM.
- e. **Jack:** Not yet. Let me check my email.

A. a – b – c – d – e B. c – b – a – e – d **C. b – a – c – e – d** D. c – a – b – d – e

Question 15.

Dear Nam,

- a. Distance may keep us apart, but my love for you only grows stronger.
- b. I miss you more with each passing day.
- c. I cherish the moments we shared, and I hold onto the hope of being together soon.
- d. Our love knows no bounds, transcending the miles that separate us.
- e. Every day brings us closer to our reunion, and I eagerly wait for that day.
- f. You are my guiding star, my source of strength, and my reason to smile.

With all my love,

Hoa

A. a – b – c – d – e – f B. f – e – d – c – b – a **C. b – a – d – c – f – e** D. e – f – c – d – a – b

Question 16.

- a. Furthermore, highly educated women have opportunities to become leaders at work.
- b. Secondly, educated women can both take care of their children and fulfil their job requirements.
- c. In conclusion, there should be no sex discrimination in our society nowadays.
- d. Their incomes are higher and higher. Why has the situation changed lately?
- e. Firstly, girls who stay at school longer can build their good backgrounds.
- f. The number of women who become highly educated labourers is increasing.

A. f – d – e – b – a – c B. d – a – c – f – e – b C. b – a – e – c – d – f D. d – c – e – a – b – f

Question 17.

- a. All in all, sharing child-rearing and housework helps make a full house.
- b. That is why more and more fathers are loved by both their wives and their children.
- c. Additionally, housework helps men sympathise with their wives.
- d. Firstly, they have a chance to bond with their children and improve their relationships.
- e. In my opinion, men sometimes should stay home, take care of their children and do housework.
- f. Secondly, children instructed by their fathers should become stronger and stronger.

A. f – a – c – d – b – e **B. e – d – f – c – a – b** C. e – f – b – d – c – a D. b – d – e – c – f – a

Read the following passage about gender equality and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 18 to 22

EXPLORING PATHS AFTER SCHOOL

Finishing high school is a big step (18) _____. There are various paths to choose from after leaving school, and each one offers unique opportunities. Some students decide to continue their studies at universities. Universities have many subjects to learn, like science, art, or business. They offer degrees that can lead to exciting careers. This option allows students to dive deeper into subjects they are passionate about. For others, vocational training is a great choice. Vocational training focuses on specific skills that are important in jobs like mechanics, cooking, or healthcare. It gives practical knowledge and (19) _____. Another option is (20) _____. These colleges offer courses that are practical and also give the chance to move to bigger universities later. They are a good starting point for many students.

Apprenticeships are great for those who like to learn while working. This option gives hands-on experience in fields such as engineering, culinary arts, or information technology. It not only facilitates the acquisition of comprehensive knowledge and advanced skills but also enables individuals to gain valuable experience and (21) _____.

In recent times, online courses have become very popular. These courses offer flexibility (22) _____. They cover a wide range of subjects and give access to education no matter where someone lives.

In conclusion, there are many paths available after finishing school. Each path has its advantages and can lead to a bright future. It's important for school leavers to explore these options and choose the one that suits them best.

(Adapted from Global news)

Question 18.

- | | |
|---|--|
| A. that open many doors for young people | B. opening many doors for young people |
| C. what opens many doors for young people | D. opens many doors for young people |

Question 19.

- A. preparation students to swiftly enter the job market.
B. preparing students for immediate employment
C. promptly prepare students for the workforce.
D. prepares students for work right away

Question 20.

- | | |
|----------------------------------|-----------------------------------|
| A. enroll in community college | B. enrolling in community college |
| C. enrolled in community college | D. to enroll in community college |

Question 21.

- | | |
|--|---|
| A. a sustainable income simultaneously | B. a simultaneously sustainable income |
| C. a sustainable income simultaneous | D. an income sustainable simultaneously |

Question 22.

- | | |
|--|--|
| A. as students can study from home | B. though students can study from home |
| C. because of students can study from home | D. if students can study from home |

Read the following passage about endangered languages and mark the letter A, B, C, D on your answer sheet to indicate the best answer to each of the following questions from 23 to 30.

Living in the stressful modern era, most of us usually look for sources of relaxation, and it's no secret that viewing nature and being outdoors can be pleasant and **restorative**. Spending time in nature is linked to improvements in mental health, mood, emotional well – being, and cognitive benefits. However, the more surprising thing is that, according to new research, viewing water may be a better environment for relaxation than green areas with grass and trees.

In a recent article, Harvard psychologist Adam Grant discussed a remarkable 2024 study that he came across, showing that people who viewed water for less than two minutes had reduced blood pressure compared to people who viewed green areas and trees.

So why are nature's blue spaces more relaxing than green ones? According to the original authors of the study, the reason might be related to the process of our evolution. For early humans who have to work hard to survive day by day, the lack of water has always been a major challenge, as it **posed** a direct threat to life, leading to heightened levels of stress, increases in blood pressure and cardiac stress. Therefore, successfully detecting water or simply just looking at **it** can provide a sense of great relief.

Being in nature can help you re – invigorate your body, mind, and spirit, offering moments of awe, calm, and relaxation. And now we are learning that bodies of water may bring even greater relaxation. So, whether it's a river, lake, or ocean, it might be time to go outside and find the nearest blue space to experience the effects for yourself!

(Adapted from psychologytoday.com)

Question 23: Which of the following is **NOT** mentioned in paragraph 1 as a benefit of spending time in nature?

- | | |
|--------------------------------|--------------------------------|
| A. improved mental health | B. enhanced cognitive benefits |
| C. increased physical strength | D. better mood |

Question 24: The word “**restorative**” in paragraph 1 is **OPPOSITE** in meaning to _____.

- | | | | |
|-------------|------------|---------------|-----------------|
| A. damaging | B. healing | C. refreshing | D. revitalizing |
|-------------|------------|---------------|-----------------|

Question 25: The word “**posed**” in paragraph 3 could be best replaced by _____.

- | | | | |
|--------------|-----------|------------|------------|
| A. presented | B. caused | C. created | D. offered |
|--------------|-----------|------------|------------|

Question 26: The word “**it**” in paragraph 3 refers to _____.

- | | | | |
|----------|-----------|---------|--------------|
| A. water | B. stress | C. life | D. challenge |
|----------|-----------|---------|--------------|

Question 27: Which of the following is **TRUE**, according to paragraphs 2 and 3?

- A. Viewing water can lower blood pressure more than viewing green areas.
- B. Green areas are better for relaxation than blue spaces.
- C. Water has no impact on stress levels.
- D. Early humans preferred green spaces over water sources.

Question 28: Which of the following best paraphrases the underlined sentence in paragraph 4?

“Being in nature can help you re–invigorate your body, mind, and spirit, offering moments of awe, calm, and relaxation.”

- A. Spending time outdoors can refresh your physical and mental state, providing peace and wonder.
- B. Nature can drain your energy and leave you feeling anxious and restless.
- C. Being outside can make you feel tired and overwhelmed with thoughts.
- D. Nature does not have any effect on your body or mind at all.

Question 29: In which paragraph does the writer mention spending time in nature has various benefits for mental health and well-being.

- | | | | |
|----------------|----------------|----------------|----------------|
| A. Paragraph 1 | B. Paragraph 2 | C. Paragraph 3 | D. Paragraph 4 |
|----------------|----------------|----------------|----------------|

Question 30: In which paragraph does the writer mention early humans faced challenges due to a lack of water.

A. Paragraph 1

B. Paragraph 2

C. Paragraph 3

D. Paragraph 4

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks.

Gender Equality Today:

Gender equality is a fundamental human right and a critical foundation for a peaceful, prosperous, and sustainable world. [I] Despite significant progress in recent years, gender inequality remains a pressing issue across the globe. [II] Women continue to be underrepresented in leadership positions and face numerous **barriers** in various sectors, including education, healthcare, and the workforce. [III] According to the World Economic Forum's Global Gender Gap Report 2021, it will take an estimated 135.6 years to close the gender gap globally if current trends continue. [IV]

In many countries, women are still subjected to discrimination and violence. Gender-based violence, including domestic violence and sexual harassment, affects millions of women worldwide and hinders **their** ability to participate fully in society. Additionally, cultural and societal norms often perpetuate stereotypes that limit women's roles and opportunities.

However, there are positive signs of change. Movements advocating for gender equality have gained **momentum**, and more individuals are recognizing the importance of women's rights. Governments and organizations are implementing policies to promote equal opportunities and protect against discrimination. Education plays a vital role in this transformation, as empowering girls through education can lead to improved economic outcomes and healthier communities.

Achieving gender equality is not only a matter of fairness; it is essential for the advancement of society as a whole. By ensuring equal rights and opportunities for all genders, we can create a more just and equitable world.

[Adapted United Nations. "Gender Equality." UN Women. 2021]

Question 31: Which position in paragraph 1 is the most appropriate for the sentence:

"Ensuring that women and men have equal opportunities is essential for the development of society."

A. [I]

B. [II]

C. [III]

D. [IV]

Question 32: The phrase "**barriers**" in paragraph 1 can be replaced with which word?

A. challenges

B. benefits

C. rights

D. laws

Question 33: Whose is the word "**their**" in paragraph 2 mentioned:

A. men

B. governments

C. women

D. norms

Question 34: According to paragraph 2, which of the following is **NOT** a reason preventing women from fully participating in society?

A. Violence

B. Cultural norms

C. Equal opportunities

D. Stereotypes

Question 35: What is the best summary of paragraph 3?

A. Women's rights are gaining more recognition.

B. Violence against women is decreasing rapidly.

C. Gender equality movements are ineffective.

D. Discrimination is no longer an issue for women.

Question 36: The word "**momentum**" in paragraph 3 is opposite in meaning to which word?

A. increase

B. decline

C. growth

D. movement

Question 37: Which statement is **TRUE** according to the reading?

A. Education plays a key role in promoting gender equality.

B. Gender inequality is no longer a major issue globally.

C. Women's leadership roles are now equal to men's.

D. Gender-based violence has decreased worldwide.

Question 38: Which of the following best paraphrases the underlined sentence in paragraph 4?

“Achieving gender equality is not only a matter of fairness; it is essential for the advancement of society as a whole.”

A. Gender equality can be achieved quickly through government policies.

B. Gender equality is essential for ensuring that women have more rights than men.

C. Achieving gender equality is primarily about securing jobs for women.

D. Gender equality is necessary for the advancement of society as a whole.

Question 39: What can be inferred from the reading?

A. Gender equality movements have completely eliminated discrimination.

B. It will take less than 50 years to close the gender gap.

C. Cultural norms still play a role in limiting women's opportunities.

D. Education alone is enough to solve gender inequality issues.

Question 40: What is the best summary of the entire reading?

A. Gender equality is no longer an issue in most parts of the world.

B. Progress has been made, but gender inequality still requires attention and action.

C. Women are now equally represented in all leadership positions.

D. The education system has solved the issue of gender inequality.

THE END