

ENGLISH 5 - GLOBAL SUCCESS**UNIT 14: STAYING HEALTHY**

UNIT TEST - Time: 40 minutes - Total: 10 points

Name: _____ Class: _____ Date: _____

I. VOCABULARY (2.0 points)*Choose the correct answer. (8 x 0.25 = 2.0 points)*

- I get up early to _____ before breakfast.
A. do morning exercise B. eat healthy food
C. three times a week D. play sports
- My mother goes to a class to _____ every Saturday.
A. do yoga B. drink fresh juice
C. eat healthy food D. eat vegetables
- Instead of fizzy drinks, we often _____.
A. drink fresh juice B. once a week
C. do morning exercise D. three times a week
- To stay strong, children should _____.
A. play sports B. drink fresh juice
C. eat healthy food D. eat vegetables
- My brother tries to _____ at every meal.
A. eat vegetables B. drink fresh juice
C. do morning exercise D. three times a week
- The pupils _____ after school to keep fit.
A. drink fresh juice B. three times a week
C. play sports D. do morning exercise
- Lan swims on Sunday only, so she swims _____.
A. do yoga B. eat vegetables
C. once a week D. drink fresh juice
- Nam plays football on Monday, Wednesday and Friday, or _____.
A. play sports B. three times a week
C. do yoga D. once a week

II. GRAMMAR (2.0 points)*Choose the correct answer. (8 x 0.25 = 2.0 points)*

- How does she _____ healthy?
A. stay B. staying C. stays D. stayed
- She _____ fresh juice every morning.
A. drank B. drinking C. drink D. drinks
- How often _____ he play sports?
A. do B. is C. does D. has
- He plays sports three times _____ week.
A. a B. the C. one D. an
- Does your sister eat vegetables? - Yes, she _____.
A. eats B. is C. does D. do
- My father _____ morning exercise every day.
A. does B. doing C. did D. do
- _____ does Lan do yoga? - Once a week.
A. How often B. How many C. What D. Where
- They _____ healthy food at home.
A. ate B. eating C. eat D. eats

III. READING (3.0 points)

Read the passage and complete Tasks A and B.

My grandmother is sixty-five, but she is strong and active. She gets up at six o'clock and does morning exercise every day. For breakfast, she eats fruit and drinks fresh juice. She eats vegetables with lunch and dinner. She does yoga twice a week and walks in the park three times a week. She does not eat much fast food, and she goes to bed before ten. She says healthy habits help her feel happy and well.

A. Write T (True) or F (False). (5 x 0.3 = 1.5 points)

1. _____ She goes to bed before ten.
2. _____ She drinks fresh juice at breakfast.
3. _____ She gets up at eight o'clock.
4. _____ She does yoga every day.
5. _____ The grandmother is sixty-five.

B. Answer the questions. (5 x 0.3 = 1.5 points)

1. What does she do every morning?

2. What does she eat for breakfast?

3. How often does she do yoga?

4. Where does she walk?

5. What helps her feel happy and well?

IV. WRITING (3.0 points)

A. Put the words in the correct order. (4 x 0.5 = 2.0 points)

1. does / healthy / How / stay / she / ?

2. juice / drinks / fresh / She / .

3. often / How / sports / he / play / does / ?

4. week / He / three times / plays / a / .

B. Complete or answer as directed. (2 x 0.5 = 1.0 point)

1. Complete: My brother _____ (eat) vegetables every day.

2. Answer: How often do you play sports?