

PART 5: THÀNH NGỮ

A. IDIOMS

STT	THÀNH NGỮ	NGHĨA
1	▪ A breath for fresh air	▪ một luồng sinh khí mới
2	▪ A month of Sundays	▪ rất lâu, hiếm khi xảy ra
3	▪ A slap on the wrist	▪ sự khiển trách nhẹ nhàng
4	▪ A streak of luck	▪ một chuỗi may mắn liên tiếp
5	▪ A sweet tooth	▪ một người hảo ngọt, rất thích ăn đồ ngọt
6	▪ A whole new ball game	▪ một tình huống hoàn toàn khác lúc trước, cục diện hoàn toàn mới
7	▪ A wolf in sheep's clothing	▪ cáo giả đóng giả cừ non, người có lòng dạ xấu xa bên trong mà vẻ bên ngoài lại đàng hoàng, tử tế
8	▪ Absence makes your heart grow fonder	▪ càng xa càng nhớ
9	▪ Apples and oranges	▪ ý nói hai vật so sánh rất khác nhau, khác nhau một trời một vực
10	▪ As drunk as drunk	▪ uống say mềm
11	▪ Bachelor party	▪ bữa tiệc dành cho những người đàn ông sắp lấy vợ, tiệc độc thân
12	▪ Back the wrong horse	▪ đưa ra quyết định sai, ủng hộ sai người/cái gì
13	▪ Bare one's teeth	▪ nhe răng những lúc giận dữ
14	▪ Be back on your feet	▪ hồi phục, khỏe mạnh trở lại sau một thời gian đau ốm
15	▪ Be backing up the wrong tree	▪ tìm cách giải quyết một vấn đề bằng cách sai lầm
16	▪ Be fresh as a daisy	▪ tràn đầy năng lượng
17	▪ Be in knots	▪ dạ dày cảm thấy căng và khó chịu vì bạn quá lo lắng hoặc phẫn khích
18	▪ Be in the dark	▪ không được thông báo về những điều cần biết, mù tịt
19	▪ Be off the mark	▪ không đúng, sai
20	▪ Be out of your depth	▪ trong tình thế khó khăn
21	▪ Beauty is only skin deep	▪ tốt gỗ hơn tốt nước sơn
22	▪ Bed of nails	▪ một tình huống khó khăn
23	▪ Best thing since sliced bread	▪ một cái gì/ người nào đó rất tốt, quan trọng hay hữu

		ích
24	▪ Big guns	▪ người quan trọng hay có quyền lực
25	▪ Birds of a feather	▪ người có tính cách giống nhau,
26	▪ Bite off more than you can chew	▪ cố gắng làm điều gì đó mà quá khó với bạn
27	▪ Bite the bullet	▪ nhẫn nhục chịu đựng, ngậm đắng nuốt cay
28	▪ Blood is thicker than water	▪ một giọt máu đào hơn ao nước lã
29	▪ Blow someone a kiss	▪ hôn lên tay
30	▪ Blow the whistle on someone/sth	▪ tạt thúi, báo cáo
31	▪ Boil the ocean	▪ lãng phí thời gian, không đáng làm, không thể làm được
32	▪ Break a new ground	▪ phát hiện ra cái gì mới
33	▪ Break out in a cold sweat	▪ đột nhiên trở nên lo lắng, sợ hãi
34	▪ Bull's eye	▪ điểm đen (môn bắn súng]
35	▪ Buy time	▪ câu giờ
36	▪ Change hands	▪ đổi chủ, đổi quyền sở hữu
37	▪ Child support	▪ trợ cấp nuôi con
38	▪ Close/shut the door on sth	▪ không xét đến việc gì, làm cho không có khả năng thực hiện được
39	▪ Come to a head	▪ đạt đến đỉnh điểm
40	▪ Cook the books	▪ thay đổi số liệu một cách bất hợp pháp
41	▪ Cool one's heels	▪ đứng chờ mỏi chân
42	▪ Cut corners	▪ đi tắt, đốt cháy giai đoạn
43	▪ Do (someone) a good turn	▪ làm điều gì đó giúp đỡ người khác
44	▪ Do time	▪ ngồi tù
45	▪ Don't let the fox guard the henhouse	▪ giao trứng cho ác
46	▪ Down - and - out	▪ sa cơ thất thế
47	▪ Down in the dump	▪ không vui
48	▪ Dressed to kill	▪ ăn mặc rất đẹp, sành điệu
49	▪ Drive a hard bargain	▪ mong đợi nhận lại rất nhiều điều gì từ những gì hạp đã làm

50	▪ Drop a ball	▪ gây ra lỗi, mắc lỗi do làm điều gì ngu ngốc
51	▪ Drown your sorrows	▪ uống rượu để quên đi vấn đề của bạn
52	▪ Earlybird	▪ người luôn thức dậy sớm
53	▪ Easy said than done	▪ nói thì dễ làm thì khó
54	▪ Eat like a bird	▪ ăn ít, ăn như mèo
55	▪ Eat your words	▪ thừa nhận điều gì bạn nói trước đây là sai
56	▪ Every cloud has a silver lining	▪ dù hoàn cảnh khó khăn, tồi tệ như thế nào thì cũng có một điều tốt đẹp hơn, trong cái rủi cũng có cái may
57	▪ Explore all avenues	▪ suy tính đến các hướng/bước để tránh xảy ra vấn đề/hậu quả xấu
58	▪ Face the music	▪ Chấp nhận những lời chỉ trích hoặc sự trừng phạt cho những gì bạn đã làm (chịu trận)
59	▪ Far - fetched	▪ rất khó có thể là sự thật, khó tin
60	▪ Fill in for someone	▪ làm hết sức có thể để thay thế (lấp chỗ trống) cho ai đó
61	▪ Flat broke	▪ rỗng túi, cháy túi
62	▪ Flat out	▪ hoàn toàn, hết sức
63	▪ Get a/your foot in the door	▪ bước vào công việc kinh doanh ở qui mô nhỏ nhưng có cơ hội thành công trong tương lai
64	▪ Get cold feet	▪ lo lắng, sợ hãi
65	▪ Get even with someone	▪ trả thù ai, trả đũa ai
66	▪ Get/ have your ducks in a row	▪ chuẩn bị tốt hoặc tổ chức tốt cho điều gì đó sắp xảy ra
67	▪ Get/ start the ball rolling	▪ bắt đầu điều gì đó
68	▪ Give someone a run for his/her/their money	▪ không cho phép ai đó chiến thắng dễ dàng
69	▪ Give someone food for thought	▪ đưa một ý kiến đáng được xem xét
70	▪ Give someone the green light	▪ cho phép ai hành động, bật đèn xanh cho ai
71	▪ Give sth your best shot	▪ làm điều gì đó tốt nhất có thể
72	▪ Gobananas	▪ trở nên cực kì tức giận hoặc hào hứng
73	▪ Go the extra mile	▪ nỗ lực nhiều hơn mong đợi của bạn
74	▪ Grease someone's palm	▪ bí mật đưa tiền cho ai đó để thuyết phục họ làm điều gì đó cho bạn, hối lộ

75	▪ Green thumb	▪ người giỏi về trồng trọt, trồng vườn
76	▪ Have bigger/other fish to fry	▪ có một điều gì quan trọng hơn để làm
77	▪ Have egg on your face	▪ cảm thấy xấu hổ, ngu ngốc vì những điều đã làm
78	▪ Have/ keep your ear to the ground	▪ lắng nghe hay chú ý đến những xu hướng mới
79	▪ Hazard of hearing	▪ nghe không rõ, nghe không tốt, lãng tai
80	▪ He laughs best who laughs last	▪ cười người chớ vội cười lâu, cười người hôm trước hôm sau người cười.
81	▪ Head start	▪ thuận lợi, ưu thế có trước
82	▪ Hit the bottle	▪ uống nhiều rượu, nhậu nhẹt
83	▪ Hit the hay	▪ đi ngủ
84	▪ Hit the jackpot	▪ trúng mánh, trúng số, đột nhiên kiếm được rất nhiều tiền
85	▪ Hit the nail on the head	▪ nói đúng trọng tâm vấn đề
86	▪ Hold your tongue	▪ đừng nói, không nói nữa
87	▪ Hornet's nest	▪ tình huống khó khăn, không dễ chịu
88	▪ Hot off the press	▪ vừa xuất hiện trên báo
89	▪ In a nutshell	▪ nói tóm lại
90	▪ In your salad days	▪ khoảng thời gian còn trẻ, thiếu trải nghiệm
91	▪ It strikes someone as strange/ funny/odd (that)	▪ điều gì đó khiến ai lạ lùng
92	▪ Itchy feet	▪ người thích đi du lịch, đi phượt nhiều nơi
93	▪ Jaw - dropped	▪ ngạc nhiên, sốc
94	▪ Keep someone on a short leash	▪ kiểm soát ai chặt chẽ
95	▪ Keep your nose to the grindstone	▪ làm việc chăm chỉ mà không nghỉ ngơi
96	▪ Kickback	▪ ngưng làm gì và nghỉ ngơi
97	▪ Knock on wood	▪ trộm vía, cầu may mắn (khi sử dụng câu trên, bạn cần gõ tay vào vật gì đó bằng gỗ)
98	▪ Lame excuse	▪ cái cớ
99	▪ Leave someone out in the cold	▪ không cho phép ai trở thành một phần của nhóm, phớt lờ ai
100	▪ Let bygones be bygones	▪ cái gì qua hãy để nó qua, bỏ qua chuyện cũ

101	▪ Let sleeping dogs lie	▪ tránh nhắc lại chuyện gì đã qua, chuyện gì qua hãy để nó qua
102	• Let someone in on a secret	▪ cho phép ai đó biết điều gì đó mà bạn chưa nói với ai khác
103	▪ Let the cat out of the bag	▪ vô tình tiết lộ bí mật
104	▪ Like a cat on a hot tin roof	▪ dùng để chỉ người hay bồn chồn, lo lắng
105	▪ Like water off the duck's back	▪ không có tác dụng với ai (nước đổ đầu vịt)
106	▪ Look for a needle in a haystack	▪ mò kim đáy biển
107	▪ Make a beeline for someone/something	▪ đi thẳng đến ai đó/ cái gì đó
108	▪ Make the mountain out of a mole hill	▪ làm cho một vấn đề nhỏ có vẻ như là một vấn đề nghiêm trọng, việc bé xé ra to
109	▪ Meet the deadline	▪ hoàn thành một công việc nào đó đúng thời hạn (được giao)
110	▪ Miss the boat	▪ đánh mất cơ hội
111	▪ Money laundering	▪ hoạt động rửa tiền
112	▪ Move heaven and earth	• làm mọi thứ bạn có thể để, xoay sở đủ trò
113	▪ No hard feelings	▪ không giận chứ, không buồn chứ
114	▪ Occupational hazard	▪ sự nguy hiểm nghề nghiệp
115	▪ Off the hook	▪ thoát khỏi trở ngại, khó khăn
116	▪ Off the top of your head	▪ nói ngay không cần suy nghĩ, đã biết sẵn
117	▪ On tap	▪ có sẵn để dùng được ngay giống như nước trong vòi chảy ra
118	• On the ropes	▪ làm một cách tệ hại và có khả năng thất bại
119	▪ Open a can of worms	▪ gây ra tình huống rắc rối hay khó chịu
120	▪ Out of the frying pan into the fire	▪ tránh vỏ dưa gặp vỏ dừa
121	▪ Paint the town red	▪ đi chơi, đến các quán rượu, đi bar
122	▪ Party animal	▪ người rất thích tiệc tùng
123	▪ Pass the baton	▪ trao lại trọng trách hoặc công việc cho người khác.
124	▪ Peeping Tom	▪ người hay nhìn trộm phụ nữ thay quần áo
125	▪ Pop the question	▪ cầu hôn

126	▪ Pour one's heart out to someone	▪ dốc bầu tâm sự
127	▪ Pour/throw cold water on sth	▪ chỉ trích ý kiến hoặc ý tưởng của ai đó và ngăn mọi người tin họ hoặc hào hứng với họ
128	▪ Pull the rug out (from under someone)	▪ đột nhiên lấy đi sự hỗ trợ quan trọng từ ai đó
129	▪ Put a sock in it!	▪ im lặng đi!
130	▪ Put someone in his/her place	▪ chỉ ra cho ai thấy họ ít quan trọng hơn họ nghĩ
131	▪ Put someone in the picture	▪ nói với ai về một sự thật
132	▪ Put someone to bed	▪ bắt ai đi ngủ
133	▪ Put sth to sleep	▪ giết động vật bị ốm hoặc quá già
134	▪ Put the cart before the horse	▪ làm những việc không đúng thứ tự, cầm đèn chạy trước ô tô
135	▪ Put/ throw a spanner in the works	▪ làm gì để ngăn cái gì thành công, thọc gậy bánh xe
136	▪ Read between the lines	▪ Hiểu được ẩn ý hay sự thật đằng sau một tài liệu hay hành động nào
137	▪ Reap what you have sown	▪ thắng hay thua do kết quả việc bạn đã làm trong quá khứ
138	▪ Rome wasn't built in a day	▪ thành Rome không được xây dựng trong một ngày, những việc phức tạp cần thời gian và tính kiên nhẫn mới hoàn thành
139	▪ Run its course	▪ phát triển và kết thúc một cách tự nhiên
140	▪ Seize the day	▪ quý trọng ngày tháng, nắm bắt thời cơ
141	▪ Set someone straight	▪ nói cho ai đó sự thật về một tình huống mà người đó chưa hiểu
142	▪ Shame on you	▪ thật đáng xấu hổ cho bạn
143	▪ Shoot yourself in the foot	▪ một người có ý làm hại người khác, nhưng rốt cuộc lại làm hại chính mình, gây ông đập lưng ông
144	▪ Shopping spree	▪ mua sắm giải khoai, mua nhiều thứ một lúc nhưng đa số là những thứ bạn không cần
145	▪ Shut one's eyes	▪ nhắm mắt làm ngơ
146	▪ Sick to death	▪ chán, ngán, ngấy
147	▪ Sit on the fence	▪ trì hoãn đưa ra quyết định, trung lập, không theo phe nào

148	▪ Skeleton in the/your closet	▪ bí mật đáng xấu hổ
149	▪ Sleep on it	▪ suy nghĩ từ từ trước khi đưa ra quyết định
150	▪ Slippery slope	▪ chiều hướng có thể dễ dàng dẫn đến thất bại, tai họa
151	▪ Smell a rat	▪ hoài nghi
152	▪ Spill the beans	▪ tiết lộ bí mật
153	▪ Stab someone in the back	▪ làm điều gì đó có hại cho người đã tin tưởng bạn, đâm sau lưng người nào đó
154	▪ Stay the course	▪ tiếp tục làm một cái gì đó cho đến khi nó kết thúc hoặc cho đến khi bạn đạt được một cái gì đó
155	▪ Storm in a teacup	▪ việc bé xé ra to, phóng đại sự việc
156	▪ Strike while the iron is hot	▪ tận dụng cơ hội đang có
157	▪ Swallow your pride	▪ kìm nén tự ái, nén sự kiêu hãnh
158	▪ Sweep someone off their feet	▪ làm cho ai cực kỳ xúc động
159	▪ Take a back seat	▪ chỉ tham gia một phần ít nổi bật trong việc gì
160	▪ Take someone for a ride	▪ lừa gạt, chơi xỏ ai đó
161	▪ Take someone under your wing	▪ che chở và bảo bọc ai đó
162	▪ Take sth amiss	▪ không hiểu/hiểu nhầm cái gì đó
163	▪ Take with a grain of salt	▪ Không hoàn toàn tin tưởng cái gì đó
164	▪ Tear your hair out	▪ vò đầu bứt tóc
165	▪ Temper tantrum	▪ cơn la hét giận dữ, khóc mếu, ăn vạ (trẻ em)
166	▪ Tempt fate	▪ liều mạng, hành động liều lĩnh
167	▪ The apple doesn't fall far from the tree	▪ con nhà tông không giống lông cũng giống cánh, hồ phụ sinh hồ tử
168	▪ The big picture	▪ toàn cảnh, bức tranh toàn cảnh
169	▪ The blind leading the blind	▪ người mù dẫn đường người mù đi, chỉ kẻ không biết gì mà lại bảo người khác làm theo mình
170	▪ The dust settles	▪ mọi chuyện dịu lại, bình tĩnh lại, lắng xuống
171	▪ The in thing	▪ thứ thịnh hành, thời thượng, đang được ưa chuộng, đang là mốt
172	▪ The light at the end of the tunnel	▪ dấu hiệu cho biết việc gì sẽ sớm thoát khỏi hoàn cảnh khó khăn

173	▪ The more the merrier	▪ càng đông càng vui
174	▪ The night's young	▪ vẫn còn sớm mà
175	▪ The pros and cons	▪ ưu điểm và khuyết điểm, lợi ích và tác hại
176	▪ The time is ripe	▪ thời điểm thích hợp
177	▪ The whole nine yards	▪ toàn bộ một cái gì đó, bao gồm tất cả mọi thứ có liên quan đến nó
178	▪ Think outside the box	▪ suy nghĩ một cách sáng tạo. không đi theo lối cũ
179	▪ Third time is a charm	▪ lần thứ ba sẽ thành công, quá tam ba bận
180	▪ Through thick and thin	▪ bất chấp mọi hoàn cảnh khó khăn
181	▪ Throw a caution to the wind/winds	▪ làm cái gì mà không lo lắng về hậu quả, liều lĩnh làm một điều gì đó
182	▪ Throw in the towel	▪ thừa nhận thất bại
183	▪ Throw someone under the bus	▪ làm điều gì đó có hại cho người khác để giành lợi thế cho mình
184	▪ Time bomb	▪ bom hẹn giờ, bom nổ chậm
185	▪ Time is money	▪ thời gian là vàng
186	▪ Toss a coin	▪ tung đồng xu, lấy hên xui
187	▪ Turn a blind eye	▪ vờ như không thấy, nhắm mắt làm ngơ
188	▪ Turn the tables on someone	▪ giành lại ưu thế so với ai, làm đảo lộn lại tình thế đối với ai
189	▪ Twenty-four seven	▪ 24 trên 7, mọi lúc
190	▪ Twist someone's arm	▪ thuyết phục ai làm việc gì đó
191	▪ Under oath	▪ thề nói thật trước tòa
192	▪ Under the table	▪ bí mật
193	▪ Walk/tread a tightrope	▪ xem xét cẩn thận các quyết định hoặc rủi ro mà bạn thực hiện để giải quyết thành công một tình huống khó khăn
194	▪ Walking on thin ice	▪ hoàn cảnh khó khăn dễ dẫn đến thất bại
195	▪ Wee hours	▪ nửa đêm
196	▪ While there's life, there's hope	▪ còn nước còn tát
197	▪ White elephant	▪ một cái gì đó tốn rất nhiều tiền nhưng không hữu ích

198	▪ With flying colors	▪ rất dễ dàng, kết quả mỹ mãn
199	▪ Work like a beaver	▪ làm việc đầu tắt mặt tối
200	▪ Your mind is a blank/ goes blank	▪ đầu óc trống rỗng, không nhớ được điều gì đặc biệt

B. PRACTICE EXERCISES

Exercise 1: Choose the best answer to complete the following sentences

Question 1: The _____ time was a charm for Korea's Pyeongchang 2018 Winter Olympic bid committee.

- A. third B. first C. second D. forth

Question 2: He is one of those rare employees who has remained with the organization through thick and _____.

- A. fat B. thin C. small D. obese

Question 3: The placement agency took hundreds of people for a _____ by promising non-existent jobs.

- A. consideration B. granted C. ride D. account

Question 4: Let me set the record _____ on all the talk in the media about my business relationship with the key accused in the scandal.

- A. long B. horizontal C. straight D. still

Question 5: Despite being an underdog, Division B team gave the best team of the tournament run for their _____.

- A. money B. heritage C. cost D. price

Question 6: This year, we'll get a _____ start on the "green movement" by encouraging more people to take part in planting trees.

- A. shoulder B. hand C. neck D. head

Question 7: That's an amazing deal you're getting. Don't wait. _____ while the iron is hot, or else it'll be gone.

- A. cross B. enter C. Strike D. occur

Question 8: The business has started to gain momentum after months of struggle. We finally see light at the end of _____.

- A. mountain B. hole C. tunnel D. street

Question 9: When he exceeded his brief to take charge of the project, the boss _____ him in his place.

- A. let B. put C. puts D. lets

Question 10: The government says that the economy is robust, but if you look at employment data and _____ further between the lines, you realize that the situation isn't that rosy.

- A. make B. do C. watch D. read

Question 11: You're falling short on class attendance and you failed to submit the last assignment. You're walking on thin _____ in this semester.

- A. ice B. eggshells C. air D. sky

Question 12: The government has intervened by infusing billions of dollars to get the banks off the _____.

- A. hook B. bottom C. color D. weather

Question 13: I'm waiting till the time is _____ before I tell my grandparents that I failed the entrance exam.

- A. sour B. sufficient C. ripe D. good

Question 14: I was left out in the _____ in the annual promotions in the company.

- A. rain B. sun C. snow D. cold

Question 15: You expect our plant to manufacture 40,000 parts in a week. You're trying to _____ the ocean on this one.

- A. boil B. ruin C. heat D. damage

Question 16: I spent two hours _____ my heels in the waiting room while the CFO was busy in a meeting.

- A. cooling B. doing C. making D. warming

Question 17: The government's choice for the new Defense Secretary seemed pretty _____ to the opposition party.

- A. far-fetched B. far- narrowed C. far-heated D. far cry

Question 18: The new fashion of YSL is really the _____ thing at the moment.

- A. out B. in C. for D. at

Question 19: I haven't made up my mind about that issue, I'll have to sit on the _____.

- A. mountain B. edge C. fence D. eggshell

Question 20: Some people like nothing better than to paint the town _____ at every opportunity, but I prefer to stay at home and watch cartoons.

- A. blue B. black C. pink D. red

Question 21: Portable phones are marketed as the best thing since sliced _____, people think they are extremely good.

- A. bread B. cake C. fruit D. meat

Question 22: The employees have been working _____ out to get the job finished ahead of the deadline.

- A. narrow B. big C. flat D. large

Question 23: Many people claim that insults or negative comments are _____, but in reality, many of them are upset by such things.

- A. like water off a duck's back B. great minds think alike
C. Jacks-of-all-trades D. Beggar on horseback

Question 24: My aunt's room is so messy that looking for anything is like looking for a _____ in a haystack.

- A. indicator B. needle C. pointer D. marker

Question 25: He didn't like his boss so he quit and found a new job. He realized that he had gone out of the frying _____ into the _____ when he met his new boss!

- A. fire-pan B. pan-pot C. pan-fire D. box-fire

Question 26: Cheating on a diet is a slippery _____. Before you know it, you'll be fat again

- A. mountain B. street C. case D. slope

Question 27: This research was based on a small group of people, so we have to take the results with a _____ of salt.

- A. grain B. punch C. spoonful D. little

Question 28: Alex thought the handsome stranger was gentle and kind, but Peter suspected he was a _____ in _____ clothing.

- A. sheep-wolf's B. wolf-sheep's C. tiger-lion's D. lion-tiger's

Question 29: There is a surprise party for Susan this Saturday so please don't _____

- A. run of the mill B. spill the beans C. Get the ball rolling D. Find my feet

Question 30: Lucy always said she could speak English fluently, but when she couldn't hold a conversation with the England tourist, she had _____ all over his face.

- A. fish B. straw C. smile D. egg

Question 31: At first, I was really excited about my new project, but now I feel like I've bitten off more than I can _____.

- A. swallow B. digest C. chew D. bite

Question 32: We will be alright. It seems bad now but we'll look back and see it was just a _____ in a teacup

- A. storm B. flood C. drought D. rain

Question 33: I hate dentists but I have a toothache so it looks like I'm going to have to bite the _____.

- A. can B. bullet C. bat D. candy

Question 34: I broke my leg but then met my future wife in the hospital. It's true that every cloud has a _____ lining.

- A. gold B. diamond C. silver D. circle

Question 35: Look at Susan's garden. She really has a _____ thumb.

- A. yellow B. brown C. pink D. green

Question 36: You had better not forget 8 leadership attributes that make you go the extra _____.

- A. street B. mile C. road D. journey

Question 37: You should get the _____ rolling as soon as possible to be well- prepared for the IELTS test

- A. ball B. head C. apple D. knowledge

Question 38: Peter is going to be _____ in for me while I'm taking care of my children.

- A. doing B. making C. filling D. going

Question 39: Alex was a distinguished entertainer, a _____ of fresh air in an industry full of people all trying to copy each other.

- A. breathe B. choking C. hallucination D. breath

Question 40: He is always missing the bus because he is not an early _____.

- A. tiger B. bird C. squirrel D. skunk

Question 41: I am sorry I have to dismiss you. No _____ feelings, okay?

- A. hard B. soft C. angry D. sad

Question 42: My husband always makes children hit the _____ before 9pm.

- A. roof B. ceiling C. bed D. hay

Question 43: When I'm at home because of getting pregnant, I'm sick to _____ of doing nothing.

- A. tired B. death C. happy D. bad

Question 44: The English test is really difficult. I'll give it my best _____ to get high scores.

- A. shots B. ability C. knowledge D. skill

Question 45: We need to explore all _____ before doing something that is not safety to a great number of people in order to minimize unfavorable consequences.

- A. results B. means C. avenues D. roads

Question 46: You shouldn't throw in the _____ although this project is tough, I know.

- A. tower B. basket C. failure D. towel

Question 47: Mike knew she should report the accident but decided to let sleeping _____ lie

- A. dogs B. cats C. rabbits D. camels

Question 48: When I was a little girl, my whole family always had lots of pets - dogs, cats, hamsters,... — the whole _____ yards

- A. eight B. ten C. nine D. night

Question 49: She is familiar enough with the data. Give us the information off the _____ of her head.

- A. bottom B. top C. depth D. line

Question 50: My little boy is a bit _____ in the dumps because he was not allowed to study oversea with his friend.

- A. up B. on C. at D. down

Exercise .2: Choose the best answer to complete the following sentences

Question 1: If you don't to miss the _____, you'll have to go to the interview early.

- A. car B. boat C. bus D. bike

Question 2: That Zara dress I bought last year is really a _____ elephant.

- A. white B. old C. black D. grey

Question 3: We can't go on a holiday this summer because we are flat _____

- A. broken B. breaking C. broke D. break

Question 4: He tries to finish the work until the _____ hours

- A. wee B. early C. late D. night

Question 5: In order to get high scores at the entrance of the exam, Mike keeps his nose to the _____

- A. back B. grindstone C. rock D. teeth

Question 6: I always want to go off the beaten track as I get _____ feet.

- A. itchy B. fast C. quick D. slow

Question 7: She sometimes _____ her peers in the back.

- A. stabs B. lets C. makes D. does

Question 8: When my mother watches horror films, she always _____ out in a cold sweat.

- A. bears B. breaks C. brings D. takes

Question 9: He is an intelligent person but always shoots himself in the _____.

- A. feet B. legs C. foot D. ears

Question 10: I know you don't want to take out another loan, but it will _____ time until the new factory comes online.

- A. sell B. buy C. tell D. say

Question 11: After cycling in the early morning, my grandparents are always as fresh as _____.

A. daisy B. beetroot C. red D. fruit

Question 12: Kevin says he was completely in the _____ about the CEO's plans to sell the brands.

A. morning B. confused C. dark D. debt

Question 13: I think that we should put him in the _____ about his father's death.

A. picture B. back C. portrait D. shot

Question 14: I'm glad you dropped by! It's been a month of _____ since I last saw you.

A. Mondays B. Sundays C. Saturdays D. Tuesdays

Question 15: We should _____ the day while the prices are low. That won't last forever.

A. seize B. call C. take D. bring

Question 16: I can't afford to spend a lot of time standing here talking. Time is _____, you know!

A. priceless B. precious C. gold D. money

Question 17: If you have problems, call me twenty - four _____, it doesn't matter if I'm sleeping

A. six B. seven C. eight D. nine

Question 18: Susan has passed the _____ after 30 years at the helm of the biggest technology in the region.

A. baton B. bottom C. line D. range

Question 19: She worked like a _____ to empty the house as the new tenant will be moving in tomorrow.

A. horse B. bee C. beaver D. pig

Question 20: Whenever I meet him, there's always a _____ of nails.

A. bed B. chair C. table D. desk

Question 21: After Susan joined the Marketing team as General manager, it was a _____ new ball game.

A. total B. whole C. overall D. average

Question 22: When I see my boyfriend, I make a _____ for him.

A. way B. chance C. beeline D. line

Question 23: When he proposed me, I was out of my _____.

A. depth B. breath C. width D. height

Question 24: Whenever I get into trouble, my ex-husband is willing to do me a good _____.

A. hand B. helping C. support D. turn

Question 25: "Absence makes your heart grow _____"

A. better B. fonder C. softer D. broken

Question 26: He laughs best who laughs _____.

A. end B. finally C. last D. lastly

Question 27: She is not beautiful but a kind girl. Many people usually say that: "Beauty is only _____ deep".

A. skin B. shirt C. sweater D. dress

Question 28: You should take action now in lieu of talking all day because easier said than _____.

A. doing B. done C. made D. making

Question 29: All of us shouldn't give up as while there's life, there's _____.

A. doubt B. willingness C. breath D. hope

Question 30: Would you take it _____ if I told you I thought you look lovely? I was afraid you'd take it in the wrong way.

A. amiss **B.** account **C.** consideration **D.** granted

Question 31: It _____ as a strange to me that he failed the exam because he is so smart and diligent student.

A. occurs **B.** strikes **C.** enters **D.** crosses

Question 32: You needn't give me your decision now. _____ on it, and let me know next week.

A. do **B. think** **C. sleep** **D. lie**

Question 33: My grandparents are _____ of hearing. Therefore, we have to speak loudly so that they can hear us.

A. lacking **B. empty** **C. zero** **D. hard**

Question 34: I invited a lot of friends to my birthday party. The more the_____.

A. merrier **B. merry** **C. merriest** **D. better**

Question 35: They really cut_____when they cooked instant noodles with salmon; they are not ripe.

A. apron **B.** comers **C.** edges **D.** string

Question 36: The author tried to drive a _____ bargain with the publisher on signing amount, but couldn't because he didn't have best sellers in his name.

A. hard **B. soft** **C. expensive** **D. cheap**

Question 37: ‘ Let the cat out of the _____’ is an idiom meaning to tell a secret by mistake.

A. plastic **B. handbag** **C. bag** **D. house**

Question 38: Despite an injury, she stayed the_____to save the match for her team.

A. calm **B. healthy** **C. idle** **D. course**

Question 39: He doesn't hit the _____ often, but when he does, he can be nasty.

A. bottle **B. books** **C. ceiling** **D. roof**

Question 40: One bad interview doesn't mean you're struggling to get the job. Don't _____ a mountain of a molehill.

A. go **B. make** **C. climb** **D. do**

Question 41: I think the CEO hit the nail on the _____ when he said that the organization was losing market share because of complacency and security.

A. ball **B.** head **C.** edge **D.** tunnel

Question 42: Farmers are angry because of the low prices at which government agencies are buying their products. Let's wait for the dust to _____ before we negotiate with them.

A. farm **B. house** **C. settle** **D. home**

Question 43: We put the dog to _____ as it was suffering from age-related ailments.

A. sleep **B. lying** **C. go** **D. bark**

Question 44: Last-minute withdrawal of the sponsor threw a _____ in our plans in the works to organize the cultural festivals.

A. caution **B.** notice **C.** information **D.** spanner

Question 45: Many educational institutions have to_____ a tightrope between charging a high tuition fee and facing criticism, and not charging much and depending on grants.

A. walk **B. go** **C. ride** **D. slide**

Question 46: It's your relationships that help in getting your _____ in the door in the initial phase of your business. Otherwise, it can be a grind.

- A. ride B. foot C. go D. open

Question 47: He turned the _____ on his political opponent by reeling off data on how poorly the economy has fared in the last one year.

- A. back B. tables C. desks D. body

Question 48: The government brought the rebel leaders to the negotiating table by twisting their _____ by launching investigation into their shady business deals.

- A. arms B. legs C. shoulders D. noses

Question 49: The meteorology department was quite off the _____ in predicting rainfall this week.

- A. beaten B. shoulder C. color D. mark

Question 50: The political party fielded a businessman from the prestigious seat in the national capital, but he lost. They clearly backed the wrong _____.

- A. horse B. pig C. way D. direction

Exercise 3: Choose the best answer to complete the following sentences

Question 1: The sales team blamed the engineers for the organization's failure to bag the mega deal, but they were barking up the _____ tree.

- A. false B. right C. wrong D. fertilized

Question 2: Trump lost more money than anyone in America between 1985 and 1994: \$1.17 billion. In a _____, Trump is the biggest loser in the history of the United States.

- A. nutshell B. summit C. deadline D. trick

Question 3: In a U.S. court of law, a witness must swear _____ oath to tell "the truth, the whole truth, and nothing but the truth."

- A. at B. in C. to D. under

Question 4: A fanatical Manchester United supporter, Brian said: 'I usually just wear jeans and a t-shirt but today I'm dressed to _____.'

- A. wear B. kill C. put D. stay

Question 5: Many people said that Trump and Bolsonaro are _____ of a feather.

- A. chickens B. squirrels C. birds D. skunks

Question 6: There is plenty of evidence to suggest that President Jair Bolsonaro's senator son has been _____ money for a long time.

- A. spending B. wasting C. using D. laundering

Question 7: Not only do you have a strong will power that gets you what you want, but you have a _____ of luck as well that helps you keep it.

- A. streak B. hand C. narrow D. full

Question 8: We'll have to address that problem tomorrow. Right now we've got bigger _____ to fix.

- A. meat B. fish C. fruit D. squirrel

Question 9: He would throw salt over his shoulder and knock on _____ just for good luck, I didn't learn this until I lived with him.

A. hand B. door C. wood D. table

Question 10: If you are trying to get 100 musicians to play your symphony, you had better have your _____ in a row before you walk into the hall with an armload of scores.

A. body B. ducks C. fingers D. mouth

Question 11: After being in the leadership position for more than a decade, it'll be tough for him to _____ a back seat.

A. take B. occupy C. make D. do

Question 12: Corruption in the police force is rampant, but authorities are turning a _____ eye.

A. fake B. deaf C. blind D. blank

Question 13: One of the main reasons for his success in business is that he keeps an _____ to the ground to know what the customers want and why they're dissatisfied with competing products.

A. eye B. ear C. egg D. eagle

Question 14: Our scientists are breaking new _____ in robotics and cancer research.

A. ground B. strategy C. challenge D. plan

Question 15: The plant decided to close the _____ on water shortage.

A. knit B. doors C. hands D. gossips

Question 16: The architects poured _____ water on the plan to build another church.

A. hot B. warm C. chilly D. cold

Question 17: The case _____ to a head when he signed this contract.

A. came B. made C. pointed D. reached

Question 18: There is no cure for this infection. You'll have to let it _____ its course.

A. run B. walk C. stay D. go

Question 19: He had to face the _____ because of going out at night without dad's permission.

A. trouble B. music C. fact D. problem

Question 20: He moved heaven and _____ to get the highest scores in the last exam.

A. effort B. sky C. earth D. heart

Question 21: Peter has hit the _____ with his new kinds of milk made from nuts - sales have tripled.

A. book B. hay C. deadline D. jackpot

Question 22: We'll give it our best shots to save you from the robbers but now you must _____ your tongue.

A. keep B. hold C. maintain D. breathe

Question 23: I poured my _____ to my ex-husband about his new marriage.

A. heart B. water C. love D. mouth

Question 24: Although I graduated from economic university, I _____ my pride to work as a waiter to earn living for 1 year till I found a new job.

A. chewed B. took C. swallowed D. digested

Question 25: High crude oil prices have put many airlines _____ the ropes.

A. on B. under C. bottom D. in

Question 26: The government can no longer shut his _____ to growing pollution arising from stubble burning.

A. attention B. eye C. mouth D. influence

Question 27: Experts had to _____ their words on the impending doom of abc.com when the fledgling ecommerce website turned in an unexpected profit.

- A. swallow** **B. chew** **C. digest** **D. eat**

Question 28: I'll paint the town red with my husband after putting my son to_____.

- A. sleep** **B. asleep** **C. bed** **D. carriage**

Question 29: This apartment has changed_____so many times since its first buying in 2007.

- A.** midstream **B.** hands **C.** host **D.** fingers

Question 30: My wife promised to eat like a _____ - to get lean, but she has hardly lost any weight.

- A.** bird **B.** horse **C.** pig **D.** dog

Question 31: Waiting for the result of my medical tests, I was like a _____ on hot tin roof.

- A.** dog **B.** pig **C.** cat **D.** fly

Question 32: If you get low scores, you shouldn't throw a _____ to the wind to apply FTU university

- A. attention** **B. notice** **C. caution** **D. mistake**

Question 33: Her daughter soon showed her musical talent, proving that the _____ doesn't fall far from the tree.

- A.** orange **B.** apple **C.** money **D.** silver

Question 34: Every time you invest money, you're _____ fate.

- A. tempting** **B. taking** **C. making** **D. playing**

Question 35: He has been accused of throwing fellow Republicans under the bus for his personal agenda.

- A.** car **B.** bus **C.** bicycle **D.** train

Question 36: She passed the English exam with _____ colors.

- A. flying** **B. expert** **C. wonderful** **D. excellent**

Question 37: The chairman finally admitted that he was forced to grease a few _____ along the way.

- A.** hands **B.** fingers **C.** palms **D.** feet

Question 38: His boss finally gave him the _____ light to start the new project.

- A.** red **B.** yellow **C.** pink **D.** green

Question 39: They sat for hours debating the pros and _____ of carrying out new project.

- A.** cons **B.** hands **C.** fingers **D.** ears

Question 40: The first time I met my husband when I was in my _____ days.

- A.** tomato **B.** salads **C.** nuts **D.** fingers

Question 41: Our boss is reluctant to change the policy now because she doesn't want to open a _____ of worms.

- A. herd** **B. spoonful** **C. can** **D. handful**

Question 42: After his father's death, he always went to the bar to _____ his sorrows.

- A.** reduce **B.** drown **C.** delete **D.** discard

Question 43: If you want to get a good apartment, you may have to give the manager some money under the _____.

- A.** table **B.** desk **C.** hand **D.** chair

Question 44: Karma sets the quality of a life according to how well or badly a person behaved in their previous life - you _____ what you sow.

- A. make B. do C. deep D. reap

Question 45: If you think _____ the box, your thoughts are not limited or controlled by rules or tradition, and you have ideas that are creative and unusual.

- A. outside B. inside C. on D. in

Question 46: I'll try to help, but it's the _____ leading the blind because I've never done this before either.

- A. deaf B. blind C. fake D. real

Question 47: A _____ Tom used hidden cameras to videotape women in their house in Galway city

- A. crying B. peeping C. stupid D. clever

Question 48: We've been tearing our _____ out trying to decide what to do.

- A. brain B. intelligence C. hair D. mind

Question 49: She says that he swept her off her _____, and they were married six months later.

- A. foot B. shoulders C. eyes D. feet

Question 50: If we don't do something about the pollution problem, we'll be sitting on a ticking time _____.

- A. bomb B. comb C. deadlock D. telling

Exercise 4: Choose the best answer to complete the following sentences

Question 1: He asked if she had any _____ in her closet that might affect her political campaign.

- A. bones B. skeletons C. dust D. dirt

Question 2: My sister has a sweet _____, so she always eats candies before going to bed.

- A. tooth B. teeth C. mouth D. hand

Question 3: Can I _____ you in on a little secret?

- A. allow B. give C. let D. get

Question 4: Last year in May, my husband pop me the _____.

- A. marriage B. question C. engaged D. questionnaire

Question 5: The child was throwing a _____ tantrum in the middle of the store.

- A. caution B. blood C. attention D. temper

Question 6: We were ready to start work on the project when the mayor _____ the rug out from under us and cut the funding.

- A. pulled B. stimulated C. rubbed D. put

Question 7: I know we've had our fights over the years, but I think it's time we _____ bygones be bygones.

- A. went B. let C. remained D. stayed

Question 8: The night is _____ - it's not very late yet, so we still have time to have a good time.

- A. old B. late C. young D. early

Question 9: Let's _____ a coin. Heads, we don't go; tails, we do.

- A. toss B. throw C. make D. do

Question 10: Put a _____ in it! Some of us are trying to work around here.

- A. coin B. shirt C. dress D. sock

Question 11: He's been working late with her every night this week - I _____ a rat!

A. smell B. taste C. chew D. swallow

Question 12: Her fingers flickering in a wave, Peter smirked and _____ him a kiss, then gestured for him to go, her wrists bent in a 'shooing' motion.

A. blew B. gave C. made D. took

Question 13: Thank you for your suggestion - it gave us a lot of food for _____.

A. eating B. drinking C. thought D. thinking

Question 14: While addressing my first divorce and before child _____ had been court ordered, I started working at a local bank.

A. rearing B. support C. bearing D. caring

Question 15: You can't expect her to finish this project in the time allotted; Rome wasn't _____ in a day.

A. built B. bought C. made D. called

Question 16: An aching back or limbs at the end of a working day should not simply be accepted as an occupational _____.

A. disease B. danger C. job D. hazard

Question 17: Aren't you putting the cart before the _____ by deciding what to wear for the wedding before you've even been invited to it?

A. dog B. house C. horse D. cat

Question 18: Planer had been in fifth position when he was credited with a final-shot bull's _____, his best shot of the finals.

A. eye B. face C. leg D. shoulder

Question 19: He said he didn't go because it was raining, which is a pretty _____ excuse if you ask me.

A. bad B. flame C. lame D. good

Question 20: He vowed that he would _____ even with them for the way he'd been treated.

A. get B. make C. put D. stay

Question 21: Why do students think they can always break the law and be let off with just a reprimand or a slap _____ the wrist?

A. in B. on C. at D. to

Question 22: The Government was cooking the _____ and misleading the public.

A. foods B. candies C. books D. cookies

Question 23: Employees are under constant pressure to _____ deadlines.

A. make B. complete C. write D. meet

Question 24: He saw them watching him and bared his _____ in the manner of an angry dog.

A. mouth B. tooth C. teeth D. nose

Question 25: He believes in honour trust between friends, loyalty between lovers, and that blood is _____ than water between family members, but he discovers all these notions have fallen apart.

A. thicker B. heavier C. stronger D. salter

Question 26: They are both great but you can't compare apples and _____.

A. chalks B. oranges C. cheese D. pears

Question 27: And then of course the boys must attend the _____ party, we wouldn't think of leaving you out!

A. single B. celibate C. bachelor D. last

Question 28: The Rochdale cabaret singer feared his Norwegian bride had got _____ feet and decided to return to her homeland without him.

A. cold B. barbed C. hot D. single

Question 29: It's not always easy to find a job after you've _____ time.

A. spent B. used C. wasted D. done

Question 30: Decency paves the way, full of home sweet values which too often are overlooked in the _____ picture.

A. enormous B. big C. small D. bad

Question 31: These were not artisans as such, it was asserted, but down-and-_____, who lived at the margins, involved in street theft and other criminal activities.

A. out B. up C. in D. off

Question 32: The coach kept her players on a _____ leash throughout the year.

A. short B. big C. tight D. small

Question 33: Public schools have dropped the _____ when it comes to teaching kids about art and music.

A. mistake B. ball C. knife D. lips

Question 34: What good is life anyway if a guy can't _____ back and watch a good movie?

A. go B. stay C. let D. kick

Question 35: The first baseman and the center fielder were the big _____ of that team.

A. guns B. mouth C. cat D. dog

Question 36: "We'll soon have you _____ on your feet again," said the nurse.

A. walk B. back C. let D. depend

Question 37: There was widespread outrage when it was discovered that a known pedophile had been given a job at the school. "You don't let the _____ guard the henhouse" said one of the protesters.

A. fox B. cat C. duck D. fish

Question 38: He blew the _____ on the company's illegal hiring practices.

A. trumpet B. coin C. whistle D. mouth

Question 39: Shame _____ you, Fred. I thought you were my friend!

A. of B. at C. to D. on

Question 40: This caught her off guard, then her mind went temporarily _____.

A. empty B. blank C. back D. white

Question 41: I just went _____ when she told me she wanted to move out.

A. bananas B. calm C. crazy D. happy

Question 42: On the evidence it appears as though Anne Kelly, Jennifer's mother, _____ Jennifer's two boys under her wing and cared for them until Jennifer was finally able to resume her motherly duties on a full-time basis.

A. made B. stayed C. took D. had

Question 43: We became friends, and went on a shopping _____ in Oxford Street.

A. online B. doing C. clothes D. spree

Question 44: Laurel's jaw _____ despite her attempts to hide her surprise.

- A. failed B. dropped C. fell D. went

Question 45: The DJs began a non-stop performance that pumped up adrenaline levels as the party _____ began rocking to the lively rhythm.

- A. animals B. sweets C. candies D. buffet

Question 46: Here is a copy of the new Perry Hodder novel. It's _____ off the press.

- A. cold B. warm C. hot D. mild

Question 47: I was so nervous that my stomach was in _____.

- A. knots B. trouble C. danger D. hurt

Question 48: Jane bought herself a case of beer and proceeded to get as drunk as a _____.

- A. beetroot B. drank C. drunk D. pig

Question 49: Discount broker TD Waterhouse has stirred up a hornets' _____ with the announcement that it will introduce margin trading into the UK.

- A. family B. nest C. group D. team

Question 50: We didn't come across a single bar that didn't have at least ten different brews _____ tap.

- A. at B. upon C. below D. on

Exercise 5: Chọn phương án đúng

1. Jose had a hard time comparing the iPhone to the Samsung phone because to him they were apples and oranges.

- A. containing too many technical details B. very similar
C. completely different D. very complicated

2. Peter is the black sheep of the family, so he is never welcomed there.

- A. a beloved member B. a bad and embarrassing member
C. the only child D. the eldest child

3. There's a list of repairs as long as _____

- A. your arm B. a pole C. your arms D. a mile

4. I tried to talk to her, but she was as high as a _____

- A. kite B. house C. sky D. wall

5. We're over the _____! Who wouldn't be? We've just won £1 million!

- A. planet B. clouds C. stars D. moon

6. I've never really enjoyed going to the ballet or the opera; they're not really my _____

- A. piece of cake B. sweets and candy C. biscuit D. cup of tea

7. You never really know where you are with her as she just blows hot and cold.

- A. keeps going B. keeps taking things
C. keeps changing her mood D. keeps testing

8. "Edwards seems like a dog with two tails this morning." - "Haven't you hear the news? His wife gave birth a baby boy early this morning."

- A. extremely happy B. extremely disappointed
C. exhausted D. very proud

9. Thomas knows Paris like the back of his _____. He used to be a taxi driver there for 2 years.

- A. head B. mind C. hand D. life
10. Josh may get into hot water when driving at full speed after drinking.
A. get into trouble B. stay safe C. fall into disuse D. remain calm
11. You have to be on your toes if you want to beat her.
A. pay all your attention to what you are doing
B. upset her in what she is doing
C. get involved in what she is doing
D. make her comply with your orders
12. By appearing on the soap powder commercials, she became a _____ name.
A. housekeeper B. housewife C. household D. house
13. When his parents are away, his oldest brother _____
A. knocks it off B. calls the shots C. draws the line D. is in the same boat
14. Hearing about people who mistreat animals makes me go hot under the _____
A. chin B. collar C. sleeves D. vest
15. I know you are upset about breaking up with Tom, but there are plenty more _____
A. horses in the stable B. cows in the shed C. tigers in the jungle D. fish in the sea
16. I'll have to go to the funeral of Ms. Jane, a _____ of mine.
A. heart to heart B. body and soul C. flesh and blood D. skin and bones
17. When the kids asked him about his girlfriend, he'd go as red as a _____
A. tomato B. chili C. strawberry D. beetroot
18. What I've got to say to you now is strictly _____ the record and most certainly not for publication, said the government official to the reporter.
A. off B. on C. in D. at
19. I can't give you the answer on the _____; I'll have to think about it for a few days.
A. place B. minute C. scene D. spot
20. Someone is going to have to take responsibility for this disaster. Who is going to _____?
A. foot the bill B. carry the can C. hatch the chicken D. catch the worms
21. I am sure your sister will lend you a sympathetic _____ when you explain the situation to her.
A. eye B. ear C. arm D. finger
22. Unfortunately, the injury may keep him out of football _____. He may never play again.
A. for good B. now and then C. once in a while D. every so often
23. The children were full of beans today, looking forward to their field trip.
A. eating a lot B. hyperactive C. melancholy D. lively and in high spirits
24. John: "Oh, I forgot my girlfriend's birthday last week." - Anne: " _____"
A. Not on your life B. So I guess you are in the doghouse again.
C. Sure, knock on wood. D. You really should get a life.
25. Sometimes in a bad situation, there may still be some good things. Try not to "throw out the _____ with the bathwater".
A. fish B. duck C. baby D. child

Exercise 6: Chọn phương án đúng

1. Wendy is on the horns of a dilemma: she just wonders whether to go for a picnic with her friends or to stay at home with her family.

- A. unwilling to make a decision B. able to make a choice
C. eager to make a plan D. unready to make up her mind
2. At every faculty meeting, Ms. Volatie always manages to put her foot in her mouth.
A. move rapidly B. trip over her big feet
C. fall asleep D. say the wrong thing
3. If you are at a loose end this weekend, I will show you around the city.
A. free B. confident C. occupied D. reluctant
4. Thanks to her regular workouts and sensible diet she certainly strikes me as in the pink.
A. in absolute health B. in good health C. in clear health D. in extreme health
5. He was such a wet blanket at the party tonight!
A. He made people at the party wet through.
B. He spoiled other people's pleasure at the party,
C. He bought a wet blanket to the party.
D. He was wet through when going home from the party.
6. That the genetic differences make one race superior to another is nothing but a tall story.
A. cynical B. unbelievable c. untrue D. exaggeration
7. You should accept the Nokia mobile phone as a 16-birthday present from your parents delightedly. Don't ____
A. look gift horse in the mouth B. buy it through the nose
C. pull my leg D. take it for granted
8. Failing to submit the proposal on time was _____ for Tom.
A. a real kick in the pants B. an open and shut case
C. a shot in the dark D. a nail in the coffin
9. At first, no one believed she was a pilot, but her documents _____ colour to her statements.
A. provided B. got C. borrowed D. lent
10. Mr. Simpkins is the big _____ in the company as he has just been promoted to the position of Managing Director.
A. bread B. meat C. cheese D. apple
11. Shake a leg or you will miss the train.
A. Hurry up B. Slow down C. Watch out D. Put down
12. I'm going on business for a week, so I'll be leaving everything _____.
A. on your guards B. up to your eyes
C. in your capable hands D. under the care of you
13. My father hit the roof when he found that I'd damaged the car.
A. was over the moon B. burst with anger C. went with the flow D. kept his shirt on
14. I refuse to believe a word of it; it's a cock-and-_____ story.
A. hen B. goose C. bull D. duck
15. William was as _____ as a cucumber when the harsh punishment was meted out to him by the judge.
A. cool B. cold C. placid D. impassive
16. One way to let off _____ after a stressful day is to take some vigorous exercise.
A. cloud B. tension C. steam D. sweat
17. I wish you'd do the accounts. I don't have _____ for numbers.

- A. a head B. a mind C. the heart D. the nerve
18. He sent his children to the park so that he could have some _____
 A. fresh and quiet B. quiet and peace C. peace and quiet D. fresh and peace
19. I think the main problem in this area is the lack of a good bus service.
 - You're right. You've hit the _____ on the head.
 A. nail B. wall C. lips D. hand
20. She is walking on the _____. She doesn't know how to say.
 A. air B. road C. street D. garden
21. When you do something, you should _____
 A. pay through the nose B. turn over a new leaf
 C. weigh up the pros and cons D. huddle into a pen
22. Someone who is inexperienced is _____
 A. red B. blue C. black D. green
23. The year-end party was out of this world. We had never tasted such delicious food.
 A. enormous B. terrific C. strange D. awful
24. The nominating committee always meet behind closed doors, lest its deliberations become known prematurely.
 A. privately B. safely C. publicly D. dangerously
25. She's so _____; you really have to watch you say or she'll walk out of the room.
 A. high and dry B. prim and proper C. rough and ready D. sick and tired

Exercise 7: Chọn phương án đúng

1. Like everyone else, Sue has her _____ of course but on the whole, she's quite satisfied with life.
 A. ups and downs B. ins and outs C. safe and sound D. odds and ends
2. Peter is working in an office. He's a white-_____ worker.
 A. collar B. sleeve C. shirt D. button
3. When confronted with a mass of _____ tape, many people feel a sense of powerlessness.
 A. red B. green C. blue D. brown
4. Although they are important, these visible expressions of culture, which are taught deliberately and learned consciously, are only the _____ of the iceberg of culture.
 A. ship B. rid C. tone D. tip
5. I'm _____ my brother is.
 A. nowhere near as ambitious as B. nothing near as ambitious as
 C. nowhere like so ambitious as D. nothing as ambitious as
6. I felt a bit _____ and seemed to have more aches and pains than usual.
 A. out of sorts B. on the mend C. over the worst D. under the fevers
7. Man: "I heard you have a part in the school play tonight."
 Woman: "Yes, and I'm on _____ and needles."
 A. bins B. pins C. tins D. rins
8. I'm really feeling under the _____ today; I have a terrible cold.
 A. weather B. climate C. storm D. cloud
9. George has _____; he loves cakes, chocolate, ice=cream=anything which is sweet.

- A. a sweet mouth B. sweet lips C. a sweet tooth D. a sweet tongue
10. The political candidate knew the issue was a hot _____, so he deferred to his chief of staff, who directed questions to the committee chairperson.
- A. tomato B. potato C. pot D. dog
11. Making mistakes is all _____ of growing up.
- A. chalk and cheese B. top and bottom C. part and parcel D. odds and ends
12. Don't let my mother watch any of those sad movies. She cries at the drop of a _____
- A. hat B. bag C. cat D. rag
13. Denise has been burning the midnight _____ trying to finish this report, so she must be exhausted.
- A. lamp B. candle C. oil D. gas
14. You can't believe a word that woman says - she is a _____ liar.
- A. dedicated B. devoted C. committed D. compulsive
15. I was excited to start taking night classes after work, but now, without enough time to devote either to school or to my job, I feel like I'm falling between _____ stools.
- A. one B. two C. three D. four
16. You'd better _____ the books if you want to pass your exam on Friday.
- A. hit B. beat C. stab D. bite
17. I heard _____ that Jack has been dropped from the basketball team.
- A. in the woods B. on the grapevine C. under your feet D. on the olive branch
18. At school, people always used to take the _____ out of him for having red hair.
- A. cat B. dog C. mickey D. rat
19. When you use the Internet, you have so much information at your _____
- A. fingers B. hands C. fingertips D. thumbs
20. They _____ their car at our disposal for our entire stay.
- A. had B. took C. put D. got
21. Today we _____ electricity for granted and perhaps we do not realize just how useful this discovery has been.
- A. take B. have C. make D. get
22. This food is _____ the house, you don't have to pay for it.
- A. at B. on C. in D. at
23. She went to college to study history, but changed _____ and is now a doctor.
- A. horses in midstream B. for a better C. her tune D. hands
24. When I hear stories of cruelty to animals, it makes my _____ boil.
- A. stomach B. oil C. blood D. head
25. She is a rising star as a standup comedian, always able to bring down the _____ during each performance.
- A. house B. rain C. roof D. kennel

