

**A. VOCABULARY.**

STT	TỪ VỰNG	PHIÊN ÂM	TỪ LOẠI	NGHĨA
1	volunteer	/ˌvɒ:lən'tɪr/	v/n	tình nguyện/ tình nguyện viên
	voluntary	/'vɒ:lənteri/	a	tự nguyện
	voluntarism	/'vɒ:lən'terɪzəm/	n	thuyết ý chí
	voluntarily	/'vɒ:lən.ter.əli/	adv	một cách tự nguyện
	volunteering activities	/ˌvɒlən'tɪərɪŋ æk'tɪvɪtɪz/	n.phr	hoạt động tình nguyện
2	communicate	/kə'mju:nikeɪt/	v	giao tiếp, truyền đạt
	community	/kə'mju:nəti/	n	cộng đồng
	communication	/kə,mju:nɪ'keɪʃn/	n	sự giao tiếp, truyền đạt
	communicative	/kə'mju:nɪkətɪv/	adj	cởi mở, dễ giao tiếp
	community development	/kə'mju:nɪtɪ dɪ'veləpmənt/	n.phr	trung tâm phát triển cộng đồng
3	develop	/dɪ'veləp/	v	mở rộng, phát triển
	developing	/dɪ'velə.pɪŋ/	adj	đang phát triển
	developed	/dɪ'veləpt/	adj	phát triển
	developer	/dɪ'velə.pəʒ-/	n	nhà phát triển
	development	/dɪ'velə.pmənt/	n	sự phát triển
4	advertise	/'ædvətaɪz/	v	quảng cáo
	advertiser	/'æd.və.taɪ.zəʒ-/	n	người quảng cáo
	advertisement	/,æd.və'taɪz.mənt/	n	bài quảng cáo
	advertising	/'æd.və.taɪ.zɪŋ/	n	việc quảng cáo
5	apply	/ə'plaɪ/	v	áp dụng, chuyên tâm, ứng tuyển
	applicant	/'æp.lə.kənt/	n	người xin việc
	application	/,æp.lə'keɪʃən/	n	đơn xin (việc,...); ứng dụng
	applicable	/ə'plɪk.ə.bəl/	adj	có thể áp dụng được
	appliance	/ə'plaɪ.əns/	n	thiết bị
6	boost	/bu:st/	v/n	làm tăng/sự tăng lên
7	confidence	/'kɒnfɪdəns/	n	sự tin tưởng, sự tin cậy
	confident	/'kɒnfɪdənt/	adj	tự tin
	confidential	/,kɒnfɪ'denʃl/	adj	tuyệt mật, bí mật
8	endless	/'end.ləs/	adj	vô tận, liên tục
9	involved	/ɪn'vɒ:lvd/	adj	phức tạp; bị mắc mứu, bị liên lụy, bị dính líu, bị dính dáng
10	environment	/ɪn'vaɪərənmənt/	n	môi trường
	environmental	/ɪn.vaɪ.rən'men.tʃəl/	adj	thuộc về môi trường
	environmentalist	/ɪn.vaɪ.rən'men.tʃəl.ɪst/	n	nhà môi trường học
11	orphan	/'ɔ:fn/	n	trẻ mồ côi
	orphaned	/'ɔ:r.fənd/	adj	bị mồ côi
	orphanage	/'ɔ:r.fən.ɪdʒ/	n	trại mồ côi
12	charity	/'tʃærəti/	n	lòng nhân đức, hội từ thiện
	charitable	/'tʃer.ə.tʃə.bəl/	adj	nhân đức, thuộc tổ chức từ thiện
13	donate	/'doʊ.neɪt/	v	tặng, quyên tặng, quyên góp
	donation	/doʊ'neɪ.ʃən/	n	đồ quyên góp; sự quyên góp

14	vary	/ˈveəri/	v	thay đổi, biến đổi
	various	/ˈveəriəs/	adj	khác nhau; vài
	variable	/ˈver.i.ə.bəl/	adj	có thể thay đổi/biến đổi
	varied	/ˈver.i.d/	adj	đa dạng
	variety	/vəˈraɪəti/	n	sự đa dạng
	variation	/ˌver.iˈeɪ.ʃən/	n	sự thay đổi, sự dao động
	variant	/ˈver.i.ənt/	n	biến thể
15	participate	/pɑːˈtɪsɪpeɪt/	v	tham dự, tham gia
	participation	/pɑːrˈtɪs.ə.peɪt/	n	sự tham dự
	participant	/pɑːrˈtɪs.ə.pənt/	n	người tham dự
16	item	/ˈaɪtəm/	n	khoản; món
17	flooded	/ˈflʌd.ɪd/	adj	ngập lụt
18	unwanted	/ʌnˈwɑːn.tʃɪd/	adj	không cần đến, thừa, vô ích
19	suffer	/ˈsʌf.ə/	v	chịu đựng, bị (đau đớn, mất mát)
	suffering	/ˈsʌf.ə.ɪŋ/	n	sự đau khổ, sự chịu đựng
20	hardship	/ˈhɑːr.dʃɪp/	n	sự gian khổ, khó nhọc
21	non – profit	/ˌnɔːnˈprɔːfɪt/	adj	phi lợi nhuận
	non – profit organisation	/nɒn – ˈprɒfɪt ˌɔːgənaɪˈzeɪʃən/	n.phr	tổ chức phi lợi nhuận
22	cheerful	/ˈtʃɪr.fəl/	adj	hừng khởi, vui tươi
23	confused	/kənˈfjuːzɪd/	adj	lộn xộn; lúng túng
	confusing	/kənˈfjuːzɪŋ/	adj	khó hiểu
	confuse	/kənˈfjuːz/	v	làm lộn xộn
	confusion	/kənˈfjuː.ʒən/	n	sự lộn xộn
24	announce	/əˈnaʊns/	v	thông báo, công bố
	announcement	/əˈnaʊnsmənt/	n	sự thông báo, thông cáo
25	non – governmental	/ˌnɔːn.gʌv.əˈnə.men.tʃəl/	adj	phi chính phủ
26	digital	/ˈdɪdʒ.ə.tʃəl/	adj	thuộc số, liên quan đến con số
	digital technology	/ˈdɪdʒ.ɪ.təl ˌtekˈnɒlədʒi/	n.phr	công nghệ kỹ thuật số
27	disaster	/dɪˈzɑːstə/	n	tai họa, thảm họa
28	export	/ɪkˈspɔːrt/	v	xuất khẩu
	export	/ˈekspɔːrt/	n	hàng xuất khẩu
29	import	/ɪmˈpɔːrt/	v	nhập khẩu
	import	/ˈɪmpɔːrt/	n	hàng nhập khẩu
30	generous	/ˈdʒenərəs/	adj	hào phóng
31	civics class	/ˈsɪvɪks klɑːs/	n.phr	lớp học môn công dân
32	remote areas	/rɪˈməʊt ˈeəriəz/	n.phr	vùng sâu vùng xa
33	landslides	/ˈlændslaɪdz/	n	lở đất
34	essential	/ɪˈsenʃl/	adj	cần thiết
35	gain	/geɪn/	v	đạt được
36	request	/rɪˈkwest/	v	yêu cầu
37	job duties	/dʒɒb ˈdjuːtiz/	n.phr	nhiệm vụ công việc
38	quality	/ˈkwɒləti/	n	phẩm chất
39	appreciate	/əˈpriːʃieɪt/	v	đánh giá
40	grateful	/ˈɡreɪtfl/	adj	biết ơn
41	practical	/ˈpræktɪkl/	adj	thực tế
42	life – saving skills	/ˈlaɪfˈseɪvɪŋ skɪlz/	n.phr	kỹ năng cứu người

43	crave	/kreɪv/	v	khao khát
44	poverty	/'pɒvəti/	n	sự nghèo đói
45	aim	/eɪm/	v	mục tiêu
<b>STT</b>	<b>CÂU TRÚC</b>			<b>NGHĨA</b>
1	by chance (Trung tính/tích cực) by mistake (Tiêu cực) by accident (Trung tính) by coincidence (Trung tính - nhấn mạnh sự trùng khớp)			xảy ra ngẫu nhiên, không có kế hoạch trước xảy ra do làm sai hoặc nhầm lẫn xảy ra ngoài ý muốn (không nhất thiết do lỗi) hai việc không liên quan xảy ra cùng lúc cách đáng ngạc nhiên
2	be excited about/at/by/for sth			hào hứng, thích thú với điều gì
3	be willing to do sth			sẵn lòng làm gì
4	be interested in sth/doing sth			hứng thú với điều gì
5	be hopeful about sth be hopeful of doing sth be hopeless at/with sth			hy vọng về điều gì hy vọng làm điều gì vô vọng với điều gì
6	be careful of/with/about sth be careless of/with/about sth			cẩn thận với điều gì bất cẩn với điều gì
7	raise money for sb/sth			quyên tiền cho, gây quỹ cho ai/ cái gì
8	in addition = besides = moreover = furthermore			thêm vào đó, hơn thế nữa
9	feel thankful for sth			cảm thấy biết ơn vì điều gì
10	what is more			hơn nữa, ngoài ra
11	come into contact with sb			liên hệ với ai
12	have a chance to do sth			có cơ hội để làm gì
13	look forward to doing sth			mong muốn được làm gì
14	have access to sth			có quyền truy cập vào cái gì
15	in case of sth			trong trường hợp nào đó
16	in need in need of sth			cần đang cần cái gì
17	watch sth live			xem trực tiếp
18	be located in			nằm ở
19	keep a record of			lưu giữ hồ sơ
20	sense of purpose			mục đích sống
21	be available for			có sẵn
22	donate sb to sb/sth			quyên góp cái gì cho ai / cho tổ chức nào
23	apply for			xin việc
24	get involved			tham gia
25	search for			tìm kiếm
26	carry out			thực hiện
27	clean up			dọn dẹp
28	focus on			tập trung vào ...
29	care about			quan tâm đến
30	fill in			điền vào
31	set up			thành lập
32	prepare for			chuẩn bị cho việc gì đó

## B. GRAMMAR

	CÁCH DÙNG	CÔNG THỨC	TỪ NHẬN BIẾT
<b>1. Thì quá khứ đơn</b>	<ul style="list-style-type: none"> <li>– Diễn tả hành động đã xảy ra và đã chấm dứt trong quá khứ, không còn liên quan tới hiện tại.</li> <li>– Diễn tả hành động xảy ra nối tiếp nhau trong quá khứ.</li> <li>– Diễn tả hồi ức, kỉ niệm.</li> </ul>	$(+) S + V$ $(-) S + did + not + V(bare)$ $(?) Did + S + V(bare) + ?$ <b>Be (was/were):</b> $(-) S + was/were + not + \dots$ $(?) Was/were + S + \dots?$	<ul style="list-style-type: none"> <li>– ago</li> <li>– last</li> <li>– yesterday</li> <li>– in + một mốc thời gian trong quá khứ (in 2008...)</li> </ul>
<b>2. Thì quá khứ tiếp diễn</b>	<ul style="list-style-type: none"> <li>– Diễn tả hành động đang xảy ra tại một thời điểm xác định trong quá khứ.</li> </ul>	$(+) S + was/were + Ving$ $(-) S + was/were + not + V - ing$ $(?) Was/were + S + V - ing?$	<ul style="list-style-type: none"> <li>– giờ + trạng từ quá khứ (at 3 pm yesterday...)</li> <li>– at this/that time + trạng từ quá khứ (at this time last week...)</li> </ul>
<b>n</b>	<ul style="list-style-type: none"> <li>– Diễn tả hai hành động xảy ra đồng thời trong quá khứ</li> </ul>	<b>Past continuous (QKTD) + while + Past continuous (QKTD)</b>	
	<ul style="list-style-type: none"> <li>– Diễn tả hành động đang xảy ra thì có hành động khác xen vào</li> </ul>	<b>When + Past continuous (QKTD), Past simple (QKĐ)</b>	

## C. PRACTICE

**Exercise 1: Mark the letter A, B, C, or D to indicate the correct answer to each of the following questions.**

**Question 1:** Many young people \_\_\_\_\_ to clean local parks, improving the environment for everyone in the community.

- A. volunteers                      B. volunteer                      C. volunteering                      D. volunteerism

**Question 2:** Joining the weekend cleanup project was a \_\_\_\_\_ decision made by hundreds of local residents.

- A. volunteering                      B. voluntary                      C. volunteerism                      D. volunteer

**Question 3:** Learning how to \_\_\_\_\_ well can help volunteers build trust with community members.

- A. communicate                      B. communication                      C. communicating                      D. communicative

**Question 4:** Strong relationships within a \_\_\_\_\_ make it easier to solve common problems.

- A. community                      B. communicate                      C. community                      D. communicator

**Question 5:** Volunteers play a key role in \_\_\_\_\_ through education and skill training.

- A. development driving community                      B. driving development community  
C. driving community development                      D. development community driving

**Question 6:** Non - profit organizations often \_\_\_\_\_ strategies to increase access to quality education.

- A. develop                      B. development                      C. develops                      D. developmental

**Question 7:** Education systems in \_\_\_\_\_ societies are designed to prepare students for global citizenship.

- A. developing                      B. developed                      C. development                      D. developer

**Question 8:** The organization will \_\_\_\_\_ free training programs for unemployed youth in the city.

- A. apply                      B. prepare                      C. advertise                      D. development

**Question 9:** We encourage citizens to \_\_\_\_\_ free training in life - saving skills.

- A. apply for                      B. participate                      C. donate to                      D. register to

**Question 10:** Each \_\_\_\_\_ must submit a form describing their motivation for joining the charity project.

- A. apply                      B. application                      C. applicable                      D. applicant

**Question 11:** Skills learned in this training are \_\_\_\_\_ to many real - life community situations.

- A. practical                      B. useful                      C. applicable                      D. relevant

**Question 12:** The donation campaign provided a \_\_\_\_\_ to the orphanage's food supply.

- A. gift                      B. boost                      C. support                      D. contribution

- Question 13:** Speaking in front of the community improved his \_\_\_\_\_ and communication skills.  
A. confidence                      B. confident                      C. confidant                      D. confidently
- Question 14:** They became more \_\_\_\_\_ after practising their public speaking skills.  
A. confused                      B. stronger                      C. confident                      D. practical
- Question 15:** The volunteers showed \_\_\_\_\_ compassion for families affected by the disaster.  
A. endless                      B. varied                      C. limited                      D. rare
- Question 16:** Many students became \_\_\_\_\_ planting trees to improve the environment.  
A. careful of                      B. confused with                      C. involved in                      D. interesting in
- Question 17:** He \_\_\_\_\_ organising a fundraising event for the local hospital but unfortunately it has now ended.  
A. takes part in                      B. got involved in                      C. joined in                      D. attended
- Question 18:** She dreams of becoming an \_\_\_\_\_ to protect endangered species.  
A. advertiser                      B. applicant                      C. environmentalist                      D. developer
- Question 19:** Volunteers spent the weekend playing games with \_\_\_\_\_ at the children's shelter.  
A. staff                      B. participants                      C. orphans                      D. donors
- Question 20:** Our group of people who love children donated food and clothes to \_\_\_\_\_ last weekend.  
A. community                      B. charity                      C. organisation                      D. orphanage
- Question 21:** She has been volunteering for the same \_\_\_\_\_ for more than ten years.  
A. charity                      B. applicant                      C. organization                      D. institution
- Question 22:** The foundation is a \_\_\_\_\_ organisation helping disabled children access education.  
A. commercial                      B. charitable                      C. developing                      D. corporate
- Question 23:** Local businesses agreed to \_\_\_\_\_ part of their profit to community development projects.  
A. donate                      B. advertise                      C. apply                      D. invest
- Question 24:** They received a large \_\_\_\_\_ from a former student to fund scholarships.  
A. development                      B. donation                      C. application                      D. contribution
- Question 25:** Prices for transport \_\_\_\_\_ greatly between rural areas and big cities.  
A. remain                      B. stabilize                      C. vary                      D. fix
- Question 26:** Weather conditions in the mountains can be highly \_\_\_\_\_ during the rainy season.  
A. constant                      B. stable                      C. predictable                      D. variable
- Question 27:** She joined \_\_\_\_\_ to expand her social network.  
A. community programs various                      B. community various programs  
C. various community programs                      D. programs community various
- Question 28:** Many young people \_\_\_\_\_ community clean – up campaigns to protect the environment.  
A. apply for                      B. donate to                      C. participate in                      D. organize
- Question 29:** All citizens are encouraged to participate \_\_\_\_\_ local decision – making meetings.  
A. on                      B. in                      C. at                      D. for
- Question 30:** The workshop allowed every \_\_\_\_\_ to share ideas for improving community safety.  
A. volunteer                      B. applicant                      C. participant                      D. donor
- Question 31:** Please list every \_\_\_\_\_ you will donate so we can keep accurate records.  
A. participant                      B. donor                      C. item                      D. applicant
- Question 32:** The community organized a fundraiser to support people in \_\_\_\_\_ regions.  
A. flooded rural                      B. rural flooded                      C. flooding rural                      D. affected – flood
- Question 33:** They showed \_\_\_\_\_ support during the disaster relief efforts.  
A. generoushearted                      B. generousness                      C. generous                      D. generosity
- Question 34:** Authorities warned residents about possible \_\_\_\_\_ due to unstable slopes.  
A. floods                      B. landslides                      C. droughts                      D. earthquakes
- Question 35:** Cooperation among team members is \_\_\_\_\_ to achieve the charity's goals.  
A. optional                      B. helpful                      C. essential                      D. unnecessary
- Question 36:** By joining this program, you will \_\_\_\_\_ knowledge from experienced humanitarian workers.  
A. share                      B. take                      C. gain                      D. possess
- Question 37:** We sent a formal \_\_\_\_\_ to the government for building materials and technical assistance.  
A. complaint                      B. donation                      C. request                      D. application
- Question 38:** Understanding your \_\_\_\_\_ helps avoid confusion and improve team efficiency.  
A. hobbies                      B. interests                      C. preferences                      D. job duties



- A. has position in            B. was situated at            C. is located in            D. located in
- Question 65:** Volunteers should \_\_\_\_\_ of their working hours for certification purposes.  
A. keep a record            B. run out of            C. take notes            D. carry out
- Question 66:** The training program gave students a real sense of \_\_\_\_\_ in their careers.  
A. purpose            B. importance            C. direction            D. meaning
- Question 67:** The program is available \_\_\_\_\_ students from disadvantaged backgrounds.  
A. to            B. for            C. with            D. at
- Question 68:** Students are encouraged to apply \_\_\_\_\_ the community service scholarship.  
A. for            B. to            C. at            D. on
- Question 69:** Volunteers helped police \_\_\_\_\_ missing residents after the landslide.  
A. look up            B. look after            C. search for            D. find out
- Question 70:** We need to \_\_\_\_\_ repairs before the rainy season begins.  
A. prepare for            B. clean up            C. set up            D. carry out
- Question 71:** This year, we will \_\_\_\_\_ improving access to education in rural areas.  
A. emphasize            B. concentrate at            C. focus on            D. direct to
- Question 72:** Please \_\_\_\_\_ this application form for the volunteer program.  
A. approve            B. fill in            C. sign            D. write
- Question 73:** Volunteers are training to prepare \_\_\_\_\_ the upcoming disaster relief mission.  
A. on            B. at            C. for            D. with
- Question 74:** The shelter received a large donation of clothes, most of which were \_\_\_\_\_ by the public.  
A. unhelpful            B. unkind            C. unwanted            D. unnecessary
- Question 75:** Many people \_\_\_\_\_ from lack of clean water in rural areas.  
A. hurt            B. suffer            C. injure            D. damage
- Question 76:** The charity is dedicated to helping children \_\_\_\_\_ from serious illnesses.  
A. suffered            B. suffering            C. suffers            D. who suffers
- Question 77:** Volunteers worked together to help families in \_\_\_\_\_ after the flood.  
A. comfort            B. wealth            C. hardship            D. luck
- Question 78:** The Red Cross is a well – known \_\_\_\_\_ that provides aid during emergencies.  
A. for – profit business            B. profit – making company  
C. non – profit organization            D. non – profit community group
- Question 79:** Despite the challenges, she remained \_\_\_\_\_ and motivated to help others.  
A. cheerful            B. angry            C. upset            D. bored
- Question 80:** He looked \_\_\_\_\_ when he couldn't find the meeting room.  
A. exciting            B. excited            C. recognize            D. confused
- Question 81:** It's easy to \_\_\_\_\_ the twins because they look so similar.  
A. confuses            B. confused            C. confuse            D. confusing
- Question 82:** Losing his job caused him a lot of \_\_\_\_\_ and stress.  
A. satisfaction            B. frustration            C. relaxation            D. attraction
- Question 83:** The earthquake was a natural \_\_\_\_\_ that destroyed many homes.  
A. success            B. comfort            C. disaster            D. delight
- Question 84:** They decided to \_\_\_\_\_ money to the local animal shelter.  
A. donate            B. borrow            C. lend            D. receive
- Question 85:** \_\_\_\_\_ make it easier for people to give money from anywhere in the world.  
A. Platforms donation online            B. Donation platforms online  
C. Online donation platforms            D. Donation online platforms
- Question 86:** Using \_\_\_\_\_ can help charities reach more people online.  
A. old books            B. food supplies            C. charity boxes            D. digital technology
- Question 87:** The charity keeps a \_\_\_\_\_ of supplies ready for emergencies.  
A. donation            B. stock            C. list            D. group
- Question 88:** The country earns money from the \_\_\_\_\_ of rice to other nations.  
A. exports            B. donations            C. imports            D. charities
- Question 89:** They \_\_\_\_\_ fresh fruit from overseas for the event.  
A. export            B. donate            C. grow            D. import
- Question 90:** She is known for her \_\_\_\_\_ nature, always ready to help others.  
A. greed            B. mean            C. generous            D. selfish
- Question 91:** In \_\_\_\_\_, students learn about their rights and responsibilities as citizens.  
A. civics class            B. science club            C. maths class            D. sports training

- Question 92:** I met my old friend purely \_\_\_\_\_ while shopping in the city.  
 A. by the way                      B. on purpose                      C. by chance                      D. with intent
- Question 93:** He broke the window \_\_\_\_\_ when playing football in the garden.  
 A. by accident                      B. on purpose                      C. by coincidence                      D. by mistake
- Question 94:** The road was closed because of a serious car \_\_\_\_\_.  
 A. occasion                      B. festival                      C. accident                      D. activity
- Question 95:** We both chose the same seat completely \_\_\_\_\_.  
 A. on purpose                      B. by accident                      C. with intent                      D. by coincidence
- Question 96:** She is always \_\_\_\_\_ to volunteer for community projects.  
 A. unwilling                      B. willing                      C. reluctant                      D. hesitant
- Question 97:** The charity is involved \_\_\_\_\_ helping homeless people in the city.  
 A. on                      B. at                      C. of                      D. in
- Question 98:** We are \_\_\_\_\_ that the new fundraising event will be successful.  
 A. hopeful                      B. doubtful                      C. uncertain                      D. hopeless
- Question 99:** He is an \_\_\_\_\_ member of the club, always participating in its activities.  
 A. inactive                      B. active                      C. passive                      D. quiet
- Question 100:** He heard about the volunteer position in a public \_\_\_\_\_ last Monday.  
 A. announce                      B. announcer                      C. announcement                      D. announced
- Question 101:** There are \_\_\_\_\_ opportunities for getting involved, so you can join a lot of activities whenever you have time.  
 A. hopeless                      B. helpless                      C. endless                      D. useless
- Question 102:** When they \_\_\_\_\_ the rubbish on the road, they \_\_\_\_\_ a lot of homeless people.  
 A. collected – met                      B. collected – were meeting  
 C. were collecting – were meeting                      D. were collecting – met
- Question 103:** When I first saw Miriam, I \_\_\_\_\_ her to come in for tea and we talked for nearly two hours.  
 A. invited                      B. invite                      C. have invited                      D. was inviting
- Question 104:** The girls were chatting \_\_\_\_\_ the boys were playing games.  
 A. when                      B. while                      C. during                      D. at the same time
- Question 105:** \_\_\_\_\_ to have a lunch at 12 o'clock every day?  
 A. Did she used                      B. Was she used                      C. Has she used                      D. Did she use
- Question 106:** The children \_\_\_\_\_ to the zoo.  
 A. were enjoyed taken                      B. were enjoyed taking                      C. enjoyed being taken                      D. enjoyed taking
- Question 107:** It \_\_\_\_\_ to rain while we \_\_\_\_\_ home from school.  
 A. started – were walking                      B. was starting – were walking  
 C. started – walked                      D. was starting – walked
- Question 108:** While I \_\_\_\_\_ for him to call up, he \_\_\_\_\_ a good time in the bar.  
 A. was waited – was waiting                      B. waited – was having  
 C. was waiting – was having                      D. was waiting – had
- Question 109:** I \_\_\_\_\_ in the queue when I \_\_\_\_\_ that I had lost my wallet.  
 A. was standing – realized                      B. stood – was realizing  
 C. stood – realized                      D. was standing – was realizing
- Question 110:** When the robbery \_\_\_\_\_, the safeguard \_\_\_\_\_.  
 A. was happening – was sleeping                      B. happened – was sleeping  
 C. happened – slept                      D. was happening – slept
- Question 111:** While we \_\_\_\_\_ information for our presentation last month, we discovered that lots of people in our neighbourhood needed help.  
 A. were collecting                      B. are collecting                      C. collect                      D. collected
- Question 112:** When we visited Mrs Lan this morning, she \_\_\_\_\_ her lunch.  
 A. is preparing                      B. was preparing                      C. has prepared                      D. prepares
- Question 113:** She told us her life story while we \_\_\_\_\_ her tidy the house.  
 A. are helping                      B. have helped                      C. were helping                      D. help
- Question 114:** While we were cleaning her kitchen, we \_\_\_\_\_ a knock at the door. It was another old lady who lived next door.  
 A. are hearing                      B. were hearing                      C. hear                      D. heard
- Question 115:** We \_\_\_\_\_ to help old people clean their houses while we were talking to them later that day.

A. are deciding                      B. were deciding                      C. decided                      D. decide

**Question 116:** While we \_\_\_\_\_ at the food bank, we met an old friend.

A. were helping                      B. are helping                      C. help                      D. helped

An old lady came to us and asked for help while we \_\_\_\_\_ at the bus stop.

A. are waiting                      B. have waited                      C. were waiting                      D. wait

**Question 117:** When we came to the local orphanage, all the children there \_\_\_\_\_ their dinner.

A. are having                      B. were having                      C. have had                      D. have

**Question 118:** Last weekend, volunteers \_\_\_\_\_ food packages while others \_\_\_\_\_ broken benches in the playground.

A. distributed – were repairing                      B. were distributing – repaired  
C. distribute – were repairing                      D. were distributing – were repairing

**Question 119:** As we \_\_\_\_\_ trees along the riverbank, we found an injured bird and took it to the vet.

A. planted                      B. were planting                      C. plant                      D. have planted

**Question 120:** At 9 a.m. yesterday, the volunteers \_\_\_\_\_ food to the elderly when it suddenly started to rain heavily.

A. distributed                      B. distribute                      C. were distributing                      D. have distributed

**Question 121:** This time last Sunday, we \_\_\_\_\_ rubbish near the river to make the area cleaner for the festival.

A. collected                      B. were collecting                      C. collect                      D. have collected

**Question 122:** The charity group \_\_\_\_\_ elderly residents as local students \_\_\_\_\_ lunch for them.

A. was visiting – prepared                      B. were visiting – prepared  
C. visited – were preparing                      D. was visiting – was preparing

**Question 123:** He \_\_\_\_\_ his homework at 8 p.m., and then, he \_\_\_\_\_ a movie.

A. was finishing – watched                      B. finished – was watching  
C. was finishing – was watching                      D. finished – watched

**Question 124:** She \_\_\_\_\_ dinner in the kitchen. Her brother \_\_\_\_\_ the guitar in the living room.

A. was cooking – was playing                      B. cooked – played  
C. is cooking – is playing                      D. cooked – was playing

**Question 125:** Yesterday they \_\_\_\_\_ home after they had finished their work.

A. are going                      B. gone                      C. went                      D. were going

**Question 126: Anna:** I \_\_\_\_\_ clothes for the charity event when you called me yesterday.

**Tom:** Oh, I joined the charity walk last weekend. It was amazing!

A. had packed                      B. packed                      C. was packing                      D. be packed

**Question 127:** The children \_\_\_\_\_ greeting cards at the same time the adults \_\_\_\_\_ up the stage for the fundraiser.

A. made – set                      B. were making – were setting  
C. made – were setting                      D. were making – set

**Question 128:** Just as the team was delivering food to the shelter, a heavy rain \_\_\_\_\_ suddenly.

A. began                      B. begins                      C. begin                      D. beginning

**Question 129:** At the same time, some volunteers \_\_\_\_\_ donations, while others were setting up booths.

A. collects                      B. collected                      C. collect                      D. were collecting

**Question 130:** The fundraiser \_\_\_\_\_ all afternoon, but many people arrived late because of the traffic jam.

A. was happening                      B. happened                      C. happens                      D. is happening

**Exercise 2: Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.**

There are many (1) \_\_\_\_\_ to get involved in your community and positively impact. For example, you can participate in community projects like painting old buildings or (2) \_\_\_\_\_ trash. Or you can partner with local businesses and organizations to host community events. Whatever you choose, your involvement will positively impact your community.

Investing in local schools has several benefits. One of these is that it helps communities improve their educational outcomes, especially those (3) \_\_\_\_\_. Another advantage is that local schools can be used as a catalyst for upward economic mobility.

One of the most popular and beneficial ways to positively impact your community is through giving back. You can give away items, services, or time to your community. You can also give money to a charity or cause you to believe in it. These small acts of kindness will (4) \_\_\_\_\_ a difference and spread positive emotions.

Investing in community – based organizations is an effective way to impact your community positively. It helps organizations listen to their constituents and improve the community by providing needed resources. In addition, you will help create a (5) \_\_\_\_\_ effect by investing in local organizations.

[Adapted from <https://drcandicemattews.com/how-to-make-a-positive-impact-on-your-community/>]

- Question 1:** A. ways                      B. methods                      C. routes                      D. roads  
**Question 2:** A. disposing of                      B. dropping off                      C. picking up                      D. taking up  
**Question 3:** A. privileged                      B. disadvantaged                      C. handicapped                      D. suffered  
**Question 4:** A. take                      B. make                      C. do                      D. give  
**Question 5:** A. side                      B. adverse                      C. ripple                      D. direct

**Exercise 3: Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.**

Save the Children is an international non – governmental organisation that helps improve children's lives. It was (1) \_\_\_\_\_ in the United Kingdom in 1919, and now it is working in 120 countries around the world. Save the Children started its work in Viet Nam in 1990. It provides (2) \_\_\_\_\_ support in different areas. One of the areas that the organisation particularly (3) \_\_\_\_\_ on is education. It has organised different training courses to help teachers improve their teaching skills and use digital technology in their classrooms.

It is also working on projects that create more opportunities for children in (4) \_\_\_\_\_ areas to go to school. By providing these children with books and other school materials, Save the Children makes sure they have access to learning. In addition, the organisation offers training on life – saving skills for both teachers and students in (5) \_\_\_\_\_ of disasters. Children and household

in need can also receive support from Save the Children.

[Adapted from English 10 Global Success]

- Question 1:** A. taken off                      B. set up                      C. called for                      D. made into  
**Question 2:** A. dependent                      B. practical                      C. courteous                      D. agreeable  
**Question 3:** A. marks                      B. tends                      C. achieves                      D. focuses  
**Question 4:** A. purified                      B. crowded                      C. remote                      D. illegal  
**Question 5:** A. cup                      B. cause                      C. cast                      D. case

**Exercise 4: Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.**

Nowadays more and more teenagers are getting involved in community activities. Some may join different charity groups to help the needy (1) \_\_\_\_\_ their neighbourhoods or other areas. (2) \_\_\_\_\_ may set up volunteer clubs at their schools and develop their own plans to help people in the community. These may include various community activities, (3) \_\_\_\_\_ donating old clothes, cleaning up the environment, and organising after – school activities for children.

When teenagers take part in community activities, they gain numerous benefits. (4) \_\_\_\_\_ they come into contact with other teenagers (5) \_\_\_\_\_ share similar interests. Second, teenagers can learn (6) \_\_\_\_\_ improve essential life skills. And, finally community activities can increase (7) \_\_\_\_\_ self – confidence and boost their well – being.

- Question 1:** A. in                      B. on                      C. at                      D. between  
**Question 2:** A. Other                      B. Others                      C. The other                      D. Another  
**Question 3:** A. examples                      B. such a                      C. such as                      D. that is  
**Question 4:** A. At first                      B. At the beginning                      C. First of all                      D. First  
**Question 5:** A. who                      B. whom                      C. which                      D. whose  
**Question 6:** A. so                      B. but                      C. and                      D. because  
**Question 7:** A. teenager                      B. teenager's                      C. teenagers                      D. teenagers'

[Adapted from Global Success Workbook 11]

**Exercise 5: Read the following passage and mark the letter A, B, C, or D to indicate the correct word or phrase that best fits each of the numbered blanks.**

Volunteering is a way of (1) \_\_\_\_\_ to the community and helping those in (2) \_\_\_\_\_. It can be deeply rewarding, both for the volunteer and the recipients of the volunteer's efforts. Not only can volunteering bring joy and meaningful connections into your life, (3) \_\_\_\_\_ it can also provide numerous health benefits.

Research has shown that volunteering can help reduce depression and anxiety, improve your psychological wellbeing, and even increase your lifespan. It can also give you a sense of (4) \_\_\_\_\_, help you build new skills, and expand your knowledge and perspectives. (5) \_\_\_\_\_, volunteering can be a social activity that allows you to meet new people and (6) \_\_\_\_\_ relationships with people who share

your values and interests. Volunteering can also connect you more deeply to your community and give you a greater (7) \_\_\_\_\_ of the people and issues around you.

There are many types of volunteer opportunities (8) \_\_\_\_\_, from short – term projects to long term commitments. You can volunteer in a variety of settings, such as schools, hospitals, animal shelters, community centers, or religious organizations. Whatever your interests or skills, there's a volunteer opportunity out there that's right for you. By volunteering, you can make a (9) \_\_\_\_\_ impact on your community and the world at large, all while (10) \_\_\_\_\_ the many benefits that volunteering has to offer.

[Adapted from <https://www.helpguide.org/articles/healthy-living/volunteering-and-its-surprising-benefits.htm>]

- |                              |                |                  |                 |
|------------------------------|----------------|------------------|-----------------|
| Question 1: A. getting back  | B. giving back | C. going back    | D. looking back |
| Question 2: A. debit         | B. demand      | C. lack          | D. need         |
| Question 3: A. but           | B. and         | C. so            | D. or           |
| Question 4: A. belonging     | B. humour      | C. direction     | D. purpose      |
| Question 5: A. Thus          | B. For example | C. However       | D. Furthermore  |
| Question 6: A. develop       | B. maintain    | C. sustain       | D. enjoy        |
| Question 7: A. understanding | B. knowledge   | C. comprehension | D. insight      |
| Question 8: A. valid         | B. available   | C. present       | D. accessible   |
| Question 9: A. economic      | B. efficient   | C. positive      | D. minor        |
| Question 10: A. reaping      | B. increasing  | C. earning       | D. maximizing   |

Exercise 6: Complete the text with the phrases from the box.

find us online      a lot of activities      main aim  
local Vietnamese families      the right choice

I'm Mai and I'm going to tell you about our project – Volunteer English Teaching Program. The (1) \_\_\_\_\_ of this program is to help children in rural areas to have opportunities to learn English with native speakers. We have (2) \_\_\_\_\_ including teaching English classes, organizing cultural exchange activities. Vietnamese students will help you with the teaching and organizing activities.

You will have access to wifi and other resources at the school. You will have chance to stay with (3) \_\_\_\_\_ in lovely areas of different provinces in Việt Nam. You can also explore beautiful places in the province and visit other provinces as well. Vietnamese foods are amazing and you will like them.

If you are from English – speaking countries and you come to Việt Nam with volunteering purposes, our program is (4) \_\_\_\_\_ for you. (5) \_\_\_\_\_ at [www.volunteerteachEnglish.org.vn](http://www.volunteerteachEnglish.org.vn)

[Adapted from [English Discovery Workbook 11](#)]

Exercise 7: Complete the sentences with the given phrases.

donate blood      donate money      plant trees  
collect rubbish      volunteer at a hospital

- Local council encourages people to \_\_\_\_\_ to help sick people.
- There are good reasons to \_\_\_\_\_ to charity. They need to buy many household goods for the poor.
- You need some skills to \_\_\_\_\_ such as taking care of the elderly.
- We should \_\_\_\_\_ to make the air fresh and clean.
- One of the activities you can do this summer is to \_\_\_\_\_ on the beach.

[Adapted from [English Discovery Workbook 11](#)]

Exercise 8: Complete the sentences using the correct forms of the words in the box.

benefit      community      donation      remote  
development      generous      volunteer      donate

- We need more \_\_\_\_\_ for our community development projects. Are you interested?
- Our volunteer club received large \_\_\_\_\_ from the students and their parents.
- When teenagers do volunteer work, they gain numerous \_\_\_\_\_.
- My brother is very \_\_\_\_\_. He usually donates half of his pocket money to charity.
- This charity group raises money to build more schools in the \_\_\_\_\_ areas.
- Doing volunteer work is also an opportunity for career \_\_\_\_\_.
- To build a better \_\_\_\_\_ everyone needs to join hands.
- Besides \_\_\_\_\_ money, there are other ways you can do to help people in need.

[Adapted from [Global Success Workbook 11](#)]

Exercise 9: Complete each sentence using the correct form of the word in brackets.

1. If you are (interest) \_\_\_\_\_ in this volunteer project contact us for more information.
2. Donating food and other essential items is practical and (help) \_\_\_\_\_ to the local people.
3. Members of our volunteer clubs are (excite) \_\_\_\_\_ about raising money for charity.
4. You made so (care) \_\_\_\_\_ mistakes. Please check the detailed record of all the donated things.
5. Volunteering can be (tire) \_\_\_\_\_ sometimes, but it can help us find a purpose in life.
6. Homeless children are (help) \_\_\_\_\_ victims. We need to protect them.
7. We are looking for volunteers for an (interest) \_\_\_\_\_ project in our local area.
8. If you want to volunteer, there are (end) \_\_\_\_\_ opportunities for getting involved.

[Adapted from Global Success Workbook 11]

**Exercise 10: Complete the sentences using the correct present simple or present continuous forms of the verbs in brackets.**

1. We (decide) \_\_\_\_\_ to form a volunteer club while we (prepare) \_\_\_\_\_ for our group presentation about people in need.
2. When we (arrive) \_\_\_\_\_ at the gate of the primary school at 5:30 p.m., lots of children still (play) \_\_\_\_\_ in the playground.
3. I (decide) \_\_\_\_\_ to talk with some of the children while we (wait) \_\_\_\_\_ for other group members.
4. While I (have) \_\_\_\_\_ a chat with Amy, her mum (ring) \_\_\_\_\_ to say she would come home late.
5. While we (have) \_\_\_\_\_ a discussion about how to help the children, we (agree) \_\_\_\_\_ to organise some after – school activities for them.
6. When An's father (come) \_\_\_\_\_ to pick her up after school. I (help) \_\_\_\_\_ An with her homework.
7. While we (present) \_\_\_\_\_ our volunteer project, the audience (raise) \_\_\_\_\_ a lot of questions.
8. We (decide) \_\_\_\_\_ to involve more volunteers in our club while we (talk) \_\_\_\_\_ about our plan for new activities.

[Adapted from Global Success Workbook 11]

**Exercise 11: Rearrange the following jumbled sentences to make a complete application letter for a volunteer job.**

- a. I am writing to apply for the post of a volunteer at your charity centre.
- b. Actually, last summer, I spent a month there helping to take care of young kids.
- c. I can spend hours listening to and talking with other people.
- d. Dear Sir or Madam,
- e. I saw the advertisement on my school notice board last week.
- f. I am available for an interview on any day after 4:30 p.m. If my application is successful, I can start work immediately.
- g. I am also patient and caring.
- h. I have experience in volunteering in my local orphanage.
- i. Yours faithfully,
- j. I look forward to hearing from you.

[Adapted from Global Success Workbook 11]

**Your answer:** \_\_\_\_\_.

**Exercise 12: Reorder the sentences to make a complete paragraph.**

- a. Thirdly, giving to charity increases our personal values.
- b. Due to these benefits, we should give to charity if we can.
- c. When we are able to help others, we will certainly feel happier.
- d. Doing charity work has a number of benefits for us.
- e. They will learn to be more grateful for what they have and to be more kind towards less unfortunate people.
- f. Firstly, it brings us happiness.
- g. By donating to charity, we will have a great sense of growth and self – worth.
- h. Secondly, doing charity work teaches young people and children important life skills.

**Your answer:** \_\_\_\_\_.

[Adapted from English Discovery Workbook 11]

**Exercise 13: Mark the letter A, B, C, or D on your answer sheet to indicate the correct arrangement of the sentence to make a meaningful paragraph/letter in each of the following questions.**

**Question 1:**

- a. **Ben:** Yes, last weekend I helped clean up a local canal, and it really made me feel thankful for the environment and community.
- b. **Anna:** That sounds amazing! I think I want to participate too, and maybe even boost confidence while

developing my communication skills.

**c. Anna:** Hey, have you ever got involved in any volunteering activities before?

**A.** b - a - c

**B.** c - a - b

**C.** a - c - b

**D.** b - c - a

**Question 2:**

**a. Mai:** That's wonderful! I think I want to get involved and contribute some money too.

**b. Huy:** Absolutely! Helping them also boosts confidence in ourselves and inspires others to come into contact with acts of kindness.

**c. Huy:** Me too! It's a simple way to participate in volunteering activities and support education.

**d. Huy:** I just heard about a campaign where people donate money to help poor students buy books and supplies.

**e. Mai:** Plus, seeing how grateful the students are really makes you feel thankful for what you have.

**A.** d - e - c - a - b

**B.** b - a - c - e - d

**C.** b - e - d - a - c

**D.** d - a - c - e - b

**Question 3:**

**a. Tùng:** And it's a great way for us to improve our communication skills while spreading awareness and encouraging others to help.

**b. Lan:** Absolutely! Even small contributions can make a big difference in giving these kids better learning opportunities.

**c. Lan:** Exactly! Seeing their smiles reminds us to be grateful for what we have and keeps us motivated to do more.

**d. Lan:** Hey, I just saw a group of students set up a fundraiser to raise money for poor children in remote areas.

**e. Tùng:** Really? That's so inspiring! We should get involved too—maybe donate some books and school supplies.

**A.** d - a - b - e - c

**B.** d - e - b - a - c

**C.** c - e - d - a - b

**D.** d - a - b - e - c

**Question 4:**

**a. Trang:** That's amazing! I'd love to volunteer too and help give them educational opportunities they wouldn't normally have.

**b. Minh:** I'm planning to join a free teaching program for underprivileged students in mountainous areas.

**c. Trang:** And while helping them, we can also improve our communication skills and gain more confidence.

**d. Minh:** It's truly inspiring to meet children who are so eager to learn despite their hardships.

**e. Minh:** Exactly! Seeing their progress makes you appreciate what you have and inspires you to keep giving back.

**A.** d - c - b - a - e

**B.** b - a - d - c - e

**C.** d - a - e - c - b

**D.** b - c - e - a - d

**Question 5:**

Hi Sarah,

I hope you are well.

**a.** The main prize is a Harry Potter book, signed by Erma Watson. There are refreshments at mid - day.

**b.** It starts at 10:00 a.m. and finishes at 4:30 p.m We have over 500 books which people have donated.

**c.** Do you fancy coming? You said that you had boxes of old books in the attic. You could give them away and buy a few new ones.

**d.** There's a used book sale at my school this Sunday to raise money for UNICEF. We made nearly £2,000 last year and we really want to do even better this year.

**e.** The local charity shop is bringing all their books too. In the morning, there is a mini game.

Let me know if you can come!

Tiên

[Adapted from **Bright Workbook 11**]

**A.** b - d - a - e - c

**B.** d - b - e - a - c

**C.** e - a - d - b - c

**D.** a - d - e - b - c

**Question 6:**

**a.** This small Tana daisy's third home will shortly be deployed.

**b.** That is the name of a group of flower enthusiasts' charitable endeavor.

**c.** These Tana daisies were shipped all the way from Da Lat to Hanoi for a total of 90,000 VND.

**d.** The Flower House initiative assisted two families in constructing new homes.

**e.** The cost of using little, lovely Tana daisies to construct the main home.

[Adapted from **English Discovery Workbook 11**]

**A.** d - a - e - b - c

**B.** d - e - b - c - a

**C.** d - c - b - a - e

**D.** d - b - c - e - a

**Question 7:**

**a.** These days, UNICEF works to improve children's lives by giving them what that they need to live a happy

and healthy life!

**b.** The United Nations International Children's Emergency Fund, or UNICEF, is a special programme of the United Nations.

**c.** There are many ways to support the work of UNICEF, from donating money to volunteering with events.

**d.** It is an international organisation whose original aim was to provide emergency food and healthcare to children in Europe after World War II.

**e.** Do you want to help UNICEF raise money?

[Adapted from **Bright Workbook 11**]

**A.** b - d - a - e - c

**B.** d - b - e - a - c

**C.** e - a - d - b - c

**D.** a - d - e - b - c

### Question 8:

Choosing to volunteer takes up some of your time. Some people say that they do not have time to help others, so they don't volunteer. But scientists say giving time to help others benefits us.

**a.** The first benefit of volunteering is that it helps us become more flexible, as volunteers need to adapt to changes and solve problems.

**b.** The third benefit is that volunteers have opportunities to build relationships, since they often work in teams and may even become friends.

**c.** Moreover, helping people in need makes volunteers appreciate what they have.

**d.** The second benefit is that it improves our health, because being active while volunteering keeps us fit, and research shows that people who volunteer over 100 hours a year are the healthiest.

**e.** For these reasons, volunteers are generally positive and less likely to feel depressed.

So if you have not joined a volunteer activity yet, think about it. You are likely to benefit from doing so.

**A.** d - b - a - c - e

**B.** b - e - a - d - c

**C.** a - d - b - c - e

**D.** a - c - d - b - e

### Question 9:

**a.** For him, volunteering is one of the best ways to show a sense of social responsibility and loyalty to the community, which is "one of the secrets of my success in all aspects of life," says Amer.

**b.** While everyone was studying/working remotely, some have taken advantage of the online resources to start new projects and businesses or to continue their work and activities.

**c.** Motivated by responsibility for his community in the face of the challenges of the Coronavirus, Amer volunteered with the National Elak w Feed campaign, a programme aimed at increasing awareness and reducing the spread of COVID - 19.

**d.** The COVID - 19 pandemic affected the whole world, and many have lost their jobs and their situations of living have changed.

**e.** As a way of learning to take responsibility, Amer resorted to volunteering.

[Adapted from <https://www.unicef.org/jordan/>]

**A.** e - d - a - c - b

**B.** b - a - d - c - e

**C.** e - a - d - b - c

**D.** a - b - d - e - c

### Question 10:

**a.** In recent years, many people have get involved in helping strangers by paying hospital bills for those in need, creating a positive trend in society.

**b.** His efforts allow patients and their families to feel thankful for unexpected support, and the videos help more people come into contact with this meaningful act.

**c.** One of the pioneers of this movement is the TikToker Lương Đổ, who often participates in volunteering activities at hospitals and announces his actions on social media.

**d.** Through these actions, not only do the volunteers boost confidence in themselves, but they also develop social and communication skills while encouraging a culture of caring in the community.

**e.** Many others have been inspired to be willing to do similar deeds, spreading kindness and generosity.

**A.** a - c - b - e - d

**B.** e - a - c - b - d

**C.** e - b - a - d - c

**D.** a - b - e - c - d

### Question 11:

**a.** Volunteering provides individuals with an opportunity to positively impact their community and enhance their own personal growth.

**b.** It also allows volunteers to develop and improve their skills, gain valuable work experience, and build their networks.

**c.** Volunteer work is an important activity that involves individuals giving their time and skills to assist others without expectation of payment or personal gain.

**d.** The act of volunteering is selfless and can make a significant difference in the lives of individuals, families, and communities.

**e.** Additionally, volunteering can foster a sense of purpose and fulfillment and contribute to overall well - being.

f. It can take place in various settings such as schools, hospitals, community centers, and disaster relief centers, among others.

A. c - f - a - b - d - e

B. f - a - e - c - d - b

C. c - e - a - b - f - d

D. d - f - c - a - b - e

**Exercise 14: Read the following passage and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks.**

### VOLUNTEER WORK

Australians spend an incredible 700 million hours volunteering every year. Research suggests that volunteering can have a positive impact not only on those in need but on your own wellbeing too. In fact, a recent study showed that volunteers were 42% more likely to say they were very happy than those (1) \_\_\_\_\_.

Despite technology making it easier than ever for us to connect with others, many people are still lacking meaningful relationships to provide a true sense of meaning to their lives. Volunteering addresses our (2) \_\_\_\_\_ which can then translate to quality friendships, learning opportunities and even the chance to mentor others. Volunteering can also prevent loneliness by getting us out of the house and offering a sense of purpose and routine. (3) \_\_\_\_\_.

Volunteering is a great way to stay physically active and healthy. Whether you're volunteering outdoors to conserve the environment, (4) \_\_\_\_\_, doing good for the community can certainly come with physical health benefits. Making the effort to head out into the community has been shown to lower your risk of heart disease, and even reduce the risk of premature death, (5) \_\_\_\_\_. The study also showed that 68% of volunteers agreed that helping others made them feel physically healthier.

#### Question 1:

A. who did not participate in volunteer work

B. which did not involve in volunteer work

C. avoiding any form of community service

D. without no a history of helping others

#### Question 2:

A. desiring for deep, sincere, emotional relationships

B. need to belong and creates a human connection

C. that provides a strong connection with the people around you

D. wishes to feel included which leads to social interactions

#### Question 3:

A. Additionally, volunteers are often perceived as giving a person's life new meaning and purpose by helping others

B. In case of, the act of spending time volunteering frequently leads to a much stronger and lasting feeling of personal fulfillment

C. Furthermore, spending time and effort on community work can truly provide a lasting sense of meaningfulness

D. As a consequence, it's not uncommon to find a renewed sense of meaning by devoting time to help others

#### Question 4:

A. help local shelters or participate in clean - up campaigns for the neighborhood

B. visiting people at different locations or filling care packages for people in need

C. which not only bring physical health but also improve mental well - being

D. you participate in charity events or support local initiatives for people in need

#### Question 5:

A. according to research demonstrating that people who volunteer tend to live less

B. in a research revealing that those helping others experience better overall health

C. based on evidence suggesting that volunteering can increase the chance of early death

D. with a study showing that volunteers have a lower mortality rate than non - volunteers

**Exercise 15: Read the following passage and mark the letter A, B, C or D to indicate the correct answer to each of the questions.**

### NEW YORK TIMES COMMUNITIES FUND

The holiday season in America is traditionally a time of gift - giving among family and friends. It is also a time for many Americans to help others who are less fortunate than they are. One such charitable effort has been helping people in New York assist other New Yorkers for more than a century. Along with the smell of roasting chestnuts on Fifth Avenue and the sound of hand - bells rung by scores of Santa Claus look - alikes outside the bustling Big Apple department stores, the reappearance of the *New York Times* Communities Fund is another signal for New Yorkers that the holiday season has arrived.

From the beginning of November until the end of January each year, the *New York Times* newspaper

highlights the **plight** of around ninety individuals who are down on their luck and could be helped through readers' generosity. "I think the unifying spirit here is one of civic conscience," says Jack Rosenthal, who administers the Communities Fund for the *New York Times* Foundation.

The fund was conceived on Christmas Day in 1911, after the newspaper's publisher went for a walk following a big turkey dinner and was approached by a hungry man asking for money for food. The kind – hearted publisher gave him the money, and the following Christmas, he asked his newspaper staff to find the hundred neediest people in New York and write stories about them. The publisher believed that New Yorkers, once presented with these stories, would sympathize and respond.

"That remains the spirit of this fund," says Mr. Rosenthal. Since **its** inception, the fund has received over three hundred million dollars from donors both large and small, reflecting the **diversity** of New York City itself. People from all walks of life have contributed to the cause. **The newspaper covers all administrative costs, ensuring that 100% of donations go directly to charity.**

[Adapted from <https://www.esolcourses.com/>]

**Question 1:** Which of the following is **NOT** mentioned in the passage?

- A. The New York Times Communities Fund began in 1911.
- B. The fund receives contributions from people of different backgrounds.
- C. The newspaper pays all administrative costs to ensure donations go to charity.
- D. Donors are given a special tax deduction for contributions to the fund.

**Question 2:** The word "**plight**" in paragraph 2 is closest in meaning to:

- A. opportunity
- B. difficulty
- C. achievement
- D. celebration

**Question 3:** The word "**diversity**" in paragraph 4 is **OPPOSITE** in meaning to:

- A. homogeneity
- B. variety
- C. multi – culture
- D. difference

**Question 4:** The word "**its**" in paragraph 4 refers to:

- A. the spirit of this fund
- B. the Communities Fund
- C. the New York Times Foundation
- D. the newspaper

**Question 5:** Which of the following best paraphrases the sentence in paragraph 4: "The newspaper covers all administrative costs, ensuring that 100% of donations go directly to charity."?

- A. The newspaper takes on all organizational expenses, which guarantees that the entirety of the financial contributions are used for charitable purposes.
- B. All funds given to the charity are used to pay for the newspaper's operating costs, and the rest is distributed to the needy.
- C. A portion of the donated money is used by the newspaper to cover the operational costs of the fund, with the remaining amount going to charity.
- D. The newspaper's decision to manage the fund's administrative costs has resulted in a significant increase in the amount of money being donated.

**Question 6:** According to the passage, which of the following is **TRUE**?

- A. The fund was initially established to help individuals from all over the country.
- B. The amount of money collected by the fund has been steadily decreasing over the years.
- C. The newspaper's publisher initially wanted to help exactly one hundred people.
- D. People from only specific backgrounds and professions have contributed to the fund.

**Question 7:** In which paragraph does the author provide background information on the establishment of the fund?

- A. Paragraph 1
- B. Paragraph 2
- C. Paragraph 3
- D. Paragraph 4

**Question 8:** In which paragraph does the author state that the fund's work is considered a sign of the holiday season?

- A. Paragraph 1
- B. Paragraph 2
- C. Paragraph 3
- D. Paragraph 4

**Exercise 16: Read the following passage and mark the letter A, B, C or D to indicate the correct answer to each of the questions.**

### **How does volunteering help the community? The Power of Giving Back**

Volunteers play a **crucial** role in addressing unmet needs within communities. They step up to fill gaps in services, provide assistance to vulnerable populations, and support community organizations and nonprofits. Whether it's feeding the homeless, tutoring disadvantaged children, or offering support to the elderly, volunteers provide essential services that otherwise might not be available. By actively engaging in these activities, volunteers improve the quality of life for individuals and enhance the overall well – being of the community.

When individuals come together with a common purpose, they create a sense of belonging and unity.



**Question 8:** Which of the following best paraphrases the statement from paragraph 6: "When volunteering becomes a norm, it instills a sense of responsibility and citizenship in individuals."?

- A. It is the responsibility of every citizen to volunteer, which is why it has become so popular in many places.
- B. The normalization of volunteering leads to individuals having a stronger sense of duty towards their community.
- C. Individuals who are responsible citizens are more likely to participate in volunteering activities.
- D. A culture of service is essential for the government to be able to address community challenges effectively.

**Question 9:** Which of the following can most likely be inferred from the passage?

- A. Volunteering primarily benefits the volunteers more than the community members they serve.
- B. The author believes mandatory volunteer programs would be more effective than voluntary ones.
- C. The positive effects of volunteering create a multiplying impact throughout communities.
- D. Most communities already have enough volunteers and need more government support instead.

**Question 10:** Which of the following best summarises the passage?

- A. While volunteering provides some benefits to communities, its effectiveness is limited by poor organization and lack of funding.
- B. Volunteer work creates a reciprocal relationship where both helpers and recipients gain meaningful benefits that strengthen entire communities.
- C. Modern communities have become overly dependent on volunteers to provide services that should be government responsibilities.
- D. The primary value of volunteering lies in the professional skills that volunteers acquire, with community benefits being secondary.

**Exercise 17: Listen to a student talking about a volunteer project. Mark the statements as true (T) or false (F).**

Statements		True	False
1	Only adults can help out in the educational project		
2	Some Canadian teenagers work at Vietnamese childcare projects		
3	The Vietnamese mothers come to learn skills and gain experience		
4	The Canadian teenagers help read stories to children		
5	The mothers need time to work, so they leave their children at the centre		
6	The Canadian teenagers stay at hotels		

**Exercise 18: You will hear a girl called Laura Beamer talking about being a volunteer at a summer school for 7-14 year olds, which is called the Children's University.**

**Question 1:** Who organizes the Children's University?

- A. Only teachers from the local schools
- B. Parents, teachers, students, and local employers
- C. Only a local charity
- D. University professors only

**Question 2:** What is the main aim of the Children's University?

- A. To entertain children during summer
- B. To inspire children and foster a love of learning
- C. To teach children how to work in a factory
- D. To prepare children for exams

**Question 3:** How were the volunteers paired?

- A. Randomly
- B. By the age of the volunteers
- C. With another volunteer from a different background
- D. By their favorite subject

**Question 4:** What is the "passport" in the Children's University?

- A. A booklet for children to write their names
- B. A booklet that is stamped after completing each project
- C. A real travel passport for visiting factories

**D.** A certificate for finishing a workshop

**Question 5:** Why did the “passport” system encourage children to do more workshops?

**A.** Because it allowed them to take home souvenirs

**B.** Because children were competitive and compared their stamps

**C.** Because teachers gave them more free time

**D.** Because it replaced the teachers’ instructions