TẬP HUẤN XÂY DỰNG CÂU HỎI THI TỐT NGHIỆP THPT TỪ 2025
MÔN TIẾNG ANH

CÁC VÍ DỤ MINH HỌA VÀ
MA TRẬN NỘI DUNG, NĂNG LỰC VÀ CẤP ĐỘ TƯ DUY CỦA CÁC VÍ DỤ MINH HỌA
TRƯỜNG THPT HOÀNG VĂN THỤ, THPT TRẦN PHÚ

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CÁC VÍ DỤ MINH HỌA

Ví dụ 1. *Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks from 1 to 5.*

Wind and solar power are important for protecting the environment because they reduce our need for fossil fuels, which (1) _____ pollution and helps fight climate change. Using these renewable energy sources also supports (2) _____ growth by creating new jobs in the green energy sector. Solar power uses solar panels to turn sunlight into electricity. This method is very efficient and doesn't produce any pollution, (3) _____ helps lower our carbon footprint. Solar panels are great for homes because they need little upkeep and last a long time. However, they depend on sunny weather, so the (4) _____ the area, the less useful solar panels are. Wind power converts wind into electricity using big turbines. It doesn't release any greenhouse gases, but it isn't practical for home use since turbines need regular maintenance. Wind farms can (5) _____ on a large scale and generate electricity all the time, day or night. With more investment, wind power could become a reliable energy source for large cities and regions. *(168 words)*

(Adapted from Tiếng Anh 12 Bright)

1.1. **A.** cuts down on   **B**. cuts across   **C**. cuts off   **D**. cuts back on
1.2. **A**. sustainably   **B**. sustain   **C.** sustainable   **D**. sustainability
1.3. **A**. whose   **B**. that   **C.** which   **D**. who
1.4. **A.** cloudier   **B**. cloudy   **C**. more cloudy   **D**. cloudiest
1.5. **A**. setting up   **B.** be set up   **C**. set up   **D**. to be set up

Ví dụ 2. *Mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 1 to 5.*

The benefits of regular exercise are widely recognized and well-documented. Physical activity not only helps in maintaining a healthy weight but also reduces the risk of chronic diseases such as heart disease, diabetes, and cancer. Regular exercise can improve mental health by reducing symptoms of depression and anxiety, enhancing mood, and promoting better sleep.

One innovative approach to promoting physical activity is (1) _____. This method encourages people to incorporate exercise into their daily routines in fun and engaging ways. For instance, some programs use gamification techniques, where participants earn points or rewards for completing physical activities. This can make exercise feel more like a game and less like a chore.

However, despite the known benefits, many people struggle to maintain a consistent exercise routine. Barriers such as lack of time, access to facilities, and motivation are common. To address these challenges, it's important to (2) _____. Community support, whether through social media groups, local clubs, or fitness classes, can also play a crucial role in keeping individuals motivated.

(3) _____, research indicates that even small amounts of regular physical activity can lead to significant health improvements. This means that even people with busy schedules can benefit from incorporating short bouts of exercise into their day. Additionally, (4) _____. For example, taking the stairs instead of the elevator, walking or biking to work, and standing while working can all contribute to overall physical activity levels.

On balance, while there are obstacles to reducing plastic waste, (5) _____. Efforts to promote sustainable practices should focus on making them accessible, cost-effective, and integrated into everyday life.

(274 words)

(Adapted from https://www.faypedlerclinic.co.uk/)

2.1. A. using advanced technology to track fitness progress and goals
   B. incorporating physical activity into school curriculums
   C. creating community challenges that involve physical activity
   D. developing apps that turn exercise into a competitive game
2.2. A. provide access to affordable fitness facilities
   B. encourage setting realistic fitness goals
   C. educate people on the benefits of regular exercise
   D. create a supportive environment that fosters motivation
2.3. A. Despite the challenges
   B. Contrary to popular belief
   C. To a surprising extent
   D. On the other hand
2.4. A. these small changes can make a significant difference
   B. integrating physical activity into daily routines is key
   C. prioritizing physical activity throughout the day is essential
   D. making time for physical activity is not as difficult as it seems
2.5. A. the advantages it offers make it a crucial component of a healthy lifestyle
   B. the barriers are often too significant to overcome
   C. the benefits are limited to physical health
   D. it is not always necessary for maintaining good health

Ví dụ 3. *Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions from 1 to 7.*

Modern technologies have changed the way that people communicate with one another. These technologies provide new and innovative ways for people to communicate text messaging, email, chat and social networks. They allow faster and more efficient communication and can help build relationships. However, modern technologies can also have negative effects such as limiting personal contact and **straining** relationships. The nature of the effect depends in large part on the type of relationship.

Modern technologies limit the amount of separation between work and home. With the advent of computers, the Internet and cell phones people can and are often expected to address work issues from home. This can limit family interactions and cause conflict between family members. The use of Internet and television by children and teenagers also limits the amount time spent with family and can increase conflict between children and their parents.

Young people use modern technologies in increasing numbers to communicate with their friends. Text messaging and online chats have become the preferred method of youth communication. A California State University and UCLA study indicates that for young people face-to-face interactions are less desirable than modern modes of communication. **This preference** could cause an inability to form lasting friendships or difficulty understanding social cues. Others believe that modern technologies increase communication and therefore strengthen friendships.

Starting new relationships romantic and otherwise can be difficult. Modern technologies allow people to make new connections without the fears characteristic of face-to-face contact. The anonymity and low risk are what makes Internet dating and social networks popular ways of meeting people. However, this anonymity can also be dangerous. In April 2011, a woman sued an online dating site after allegedly being raped by a man she met online.

Modern technologies allow couples to be in contact with each other more than ever before. This can lead to increased expectations and conflict. With the increasing use of cell phones and email, people often expect an **instant** reply to communication. A delayed reply or none at all can lead to suspicion and anger. The use of social networks can also affect relationships. Information that was once private such as relationship conflicts is now part of the public sphere. *(360 words)*

(Adapted from *https://oureverydaylife.com/*)

3.1. Which of the following could be the main topic of the passage?
   A. The advantages and disadvantages of social networks.
   B. The positive and negative effects of modern technologies on communication.
   C. The differences between the way people communicate in the past and now.
   D. How people's relationships have to change to keep up with the development of modern technologies.

3.2. The word **straining** in the first paragraph is CLOSEST in meaning to _____.
   A. connecting   **B**. healing   **C**. breaking down   **D**. experiencing pressure

3.3. According to paragraph **2**, why do modern technologies cause conflict between family members?
   A. Because people often take advantage of these technologies to work from home.
   B. Since parents spend so much time on TV and the Internet that they can't take care of their children.
   C. As the pressure of work in modern time is too heavy for parents to solve at the workplace.
   D. Because people prefer spending time on the Internet to talking with each other.

3.4. What does the phrase **this preference** in paragraph **3** refer to?
   A. the preference for face-to-face communication
   B. the preference to young people
   C. the preference for communicating by modern modes
   D. the preference for communicating with their friends

3.5. The following are benefits of modern technologies mentioned in the passage, EXCEPT _____.
   A. People are easier to keep in touch with their friends.
   B. Singles can have all information about their partners before face-to-face meeting.
   C. More work is done from home instead of at the workplace.
   D. People will have a more efficient way to build new relationships.

3.6. The word **instant** in paragraph **5** is OPPOSITE in meaning to _____.
   A. direct   **B**. appropriate   **C**. gradual   **D**. immediate

3.7. It can be inferred from the last paragraph that _____.
   A. people's personal information now is no longer confidential as people depend too much on social networks.
   B. people's relationships become worse and worse with the increasing use of modern technologies.
   C. couples are likely to separate because of the pressure of keeping in touch on social networks.
   D. conflicts between people are not difficult to solve with the help of modern technologies.

Ví dụ 4. *Read the following passage and mark the answer A, B, C or D on your answer sheet to indicate the correct answer to each of the questions.*

Environmental sustainability, a crucial topic in today's world, encompasses practices and policies aimed at preserving the planet for future generations. This includes reducing carbon emissions, conserving natural resources, and promoting eco-friendly technologies. Governments, businesses, and individuals all play a role in advancing sustainability efforts.

The roots of environmental sustainability can be traced back to early conservation movements in the 19th century. However, it has gained significant momentum in recent decades due to growing awareness of climate change and environmental degradation. The shift towards sustainability is driven by a combination of scientific research, public advocacy, and regulatory measures.

While progress has been made, challenges remain. Economic interests often conflict with environmental goals, leading to debates over policies and regulations. Additionally, achieving global cooperation on sustainability issues is complex, as countries have different priorities and levels of development. Despite these obstacles, continued efforts and innovations offer hope for a more sustainable future.

Recognizing the interconnectedness of ecosystems is fundamental to sustainability. Every action, whether recycling, reducing energy consumption, or supporting sustainable businesses, contributes to the broader goal. By fostering a collective commitment to environmental stewardship, society can work towards a healthier planet for all. *(206 words)*

(Adapted from *https://www.sciencedirect.com*)

4.1. Which of the following best summarizes paragraph 1?
A. Environmental sustainability includes practices like reducing carbon emissions and promoting eco-friendly technologies.
B. Sustainability efforts require contributions from governments, businesses, and individuals.
C. Preserving the planet involves a range of practices aimed at long-term environmental health.
D. The role of governments in sustainability is to promote eco-friendly technologies and policies.

4.2. To which of the following is the sentence: "The roots of environmental sustainability can be traced back to early conservation movements in the 19th century" in paragraph 2 closest in meaning?
A. Environmental sustainability began with 19th-century conservation efforts.
B. The early conservation movements of the 19th century are the foundation of modern sustainability.
C. The concept of sustainability is rooted in 19th-century environmental practices.
D. Modern sustainability practices evolved from 19th-century conservation movements.

4.3. To which of the following is the sentence: "While progress has been made, challenges remain" in paragraph 3 closest in meaning?
A. Despite advancements, there are still obstacles to achieving sustainability.
B. Although there has been progress, there are ongoing challenges.
C. Progress has been made, but there are still issues to address.
D. Even with progress, sustainability still faces significant challenges.

4.4. To which of the following is the sentence: "Recognizing the interconnectedness of ecosystems is fundamental to sustainability" in paragraph 4 closest in meaning?
A. Understanding how ecosystems are connected is crucial for sustainability.
B. The key to sustainability is acknowledging ecosystem interconnections.
C. Sustainability relies on recognizing the linkages between ecosystems.
D. Realizing the connections within ecosystems is essential for sustainability.

4.5. Which of the following best summarizes paragraph 3?
A. Economic interests often hinder environmental sustainability efforts.
B. Achieving global cooperation on sustainability is complicated by different national priorities.
C. Despite progress, sustainability faces economic and cooperative challenges.
D. Conflicting interests and complex global cooperation are major obstacles to sustainability.

MA TRẬN NỘI DUNG, NĂNG LỰC VÀ CẤP ĐỘ TƯ DUY CỦA CÁC VÍ DỤ MINH HỌA

Ví dụ		Năng lực đọc			Chủ điểm
		Cấp độ tư duy			
		Biết	Hiểu	Vận dụng	
Ví dụ 1	1.1		X (1.1)		Môi trường của chúng ta
	1.2	X (1.1)			
	1.3	X (1.1)			
	1.4	X (1.1)			
	1.5		X (1.1)		
Ví dụ 2	2.1		X (1.1)		Cuộc sống của chúng ta
	2.2			X (1.1)	
	2.3		X (1.1)		
	2.4		X (1.1)		
	2.5			X (1.1)	
Ví dụ 3	3.1			X (1.3)	Cuộc sống và tương lai của chúng ta
	3.2		X (1.3)		
	3.3		X (1.3)		
	3.4	X (1.3)			

	3.5		X (1.3)		
	3.6		X (1.3)		
	3.7			X (1.3)	
Ví dụ 4	4.1			X (3.3)	Môi trường của chúng ta
	4.2		X (3.3)		
	4.3		X (3.3)		
	4.4		X (3.3)		
	4.5			X (3.3)	