

Are you technology crazy?

Task 1. Listen to the first part of a radio programme. What is the programme about? Choose the correct answer.

- A. the number of families that use phones or tablets in their free time
- B. how much time families spend on their phones or tablets

Task 2. Listen to the second part of the programme. Match the people to the way they use the technology.

- | | |
|-------------------|--|
| 1. Lara | A. looks at funny video clips and laughs. |
| 2. Mum | B. often shares photos. |
| 3. Dad | C. reads the news on a tablet. |
| 4. Lara's brother | D. downloads and uses running apps. |
| 5. Everyone | E. uses the phone alarm and checks messages. |

Task 3. Listen to another programme. Match people 1-5 with the activity they miss the most.

- | | |
|---------|--|
| 1. Isla | A. following stars online |
| 2. Lucy | B. chatting to friends |
| 3. Ben | C. using the internet to do schoolwork |
| 4. Sara | D. writing blog posts |

5. Jeremy

E. listening to the latest music

ANSWER KEY**Task 1.****A****Task 2.**

1. E 2. C 3. D 4. A 5. B

Task 3.

1. C 2. B 3. E 4. A 5. D

AUDIO SCRIPT**Task 1 (Recording 1.12)****P = Presenter**

P: And hello from Gold Radio! Now, a report today says that families are spending less time together because they're always on their phones or tablets. In the studio, I've got Lara. Lara, you live with your mum and older brother. Tell me, is this true in your house?

Task 2 (Recording 1.13)**P = Presenter L = Lara**

L: Well, I think we're the same as most other families. We love our screens and all enjoy using our smartphones at home. We've all got one. On a school day I use the alarm on my phone, so the minute I wake up, I see my phone and ... er, I check my messages. Then I get up. My phone goes everywhere with me because I listen to music on it.

P: And what about your mum and dad?

L: Mum prefers her tablet. She often reads the news on it. My dad's training for a race and he downloads apps on his phone to show him how fast he runs or where he runs.

P: Your brother's older. Does he still use his phone or tablet a lot?

L: Yeah, definitely. He loves looking at funny video clips. He often sits with his earphones in and laughs. Mum gets a bit angry when she asks him something and he doesn't answer.

P: So, do you think you talk less at home because of the technology?

L: No, not at all. We never message at mealtimes. But in the evening we like watching funny videos and we often share photos. It's a big part of our daily life and I think it's something that we all enjoy.

Task 3 (Recording 1.2)

P = Presenter I = Isla B = Ben S = Sara J = Jeremy

P: So, how's it going this month without technology? Isla?

I: Well. I usually message my best friend Lucy in the evenings, but of course, now I can't do that. She's doing the challenge too. For me it's OK because I see her at school, but she hates it.

The worst thing is trying to do homework. I can't go online to search for information and that's terrible! Books are OK, but it's much slower without the internet.

P: What about you, Ben?

B: Well, I'm really into music and, of course, I can't download any songs at the moment. I'm playing my guitar more, and I'm getting better. But I know my neighbours can't stand it when I practise playing early in the morning!

P: Sara, what are you finding difficult?

S: Well, I usually upload all my photos from my smartphone to my blog, but I can't do that now. At first, it was hard. But now I'm using my dad's old camera and getting the photos printed in a shop in town. I can put the photos on my bedroom walls – it's so cool! So, what's difficult? I follow my favourite singers on social media and now I don't know what's happening. That's hard.

P: And are there any good things, Jeremy?

J: No! I have a blog, and now I can't update it. I have some funny stories to share, but I have to wait until next month! See this notebook? I hate writing by hand, but I'm doing it because I need to remember everything about my digital detox! I can't wait to blog about it.