**READING COMPREHENSION**

**I. Complete the text with one suitable word.**

**1**.

Tet holiday is celebrated on the first (1)\_\_\_\_\_\_\_\_\_  of the Lunar New Year. Some weeks (2) \_\_\_\_\_\_\_\_\_  the New Year, the Vietnamese clean their houses and (3) \_\_\_\_\_\_\_\_\_ the walls. New clothes are bought for the occasion. One or two days before the festival, people (4) \_\_\_\_\_\_\_\_\_ *Banh Chung*, which is the traditional cake, and other goodies.

On the New Year's Eve, the whole family gets (5) \_\_\_\_\_\_\_\_\_  for a reunion dinner. Every member of the family should (6) \_\_\_\_\_\_\_\_\_  present during the dinner in which many different (7) \_\_\_\_\_\_\_\_\_ of dishes are served.

On the New Year morning, the young members (8) \_\_\_\_\_\_\_\_\_  the family pay their respects to the elders. In return they (9) \_\_\_\_\_\_\_\_\_ lucky money wrapped in red tiny envelops. Then people go to (10) \_\_\_\_\_\_\_\_\_ their neighbours, friends and relatives.

**2**.

Along with jogging and swimming, cycling is (1)\_\_\_\_\_\_\_\_  all-round form of exercise. It can help to (2) \_\_\_\_\_\_\_\_   your strength and energy, giving you (3) \_\_\_\_\_\_\_\_  efficient muscles and a stronger heart. But increasing your strength is (4) \_\_\_\_\_\_\_\_  the only advantage of cycling. Because you (5) \_\_\_\_\_\_\_\_  not carrying the weight of your body on your feet, it's a good (6) \_\_\_\_\_\_\_\_   of exercise for people with painful feet or backs. However, (7) \_\_\_\_\_\_\_\_   all forms of exercise, it's important to start slowly and build up gently. Doing (8) \_\_\_\_\_\_\_\_   much, too quickly can damage muscles that aren't used to working. If you have (9) \_\_\_\_\_\_\_\_  doubt about taking up cycling for health reason, talk to your doctor and ask (10) \_\_\_\_\_\_\_\_  his advice.

**3. Parents and friends**

We can choose our friends, but we cannot choose our relatives. That does not mean that members of our (1) \_\_\_\_\_\_\_\_\_ cannot also be our friends. Many children have a very (2) \_\_\_\_\_\_\_\_\_ relationship with their parents, and they see them as friends. Of course when you are a teenager, there are times (3) \_\_\_\_\_\_\_\_\_ you do not get on very well with your parents, or they can get angry with you. That's only natural. There are times when you want to be independent and decide things by (4) \_\_\_\_\_\_\_\_\_ . After all, nobody is perfect, and we all (5) \_\_\_\_\_\_\_\_\_ mistakes. But your parents understand that. When you grow up, you will see that you have many things in common with your mum and dad, and you will become closer to them

**4.** Viet Nam is in the South-East Asia. It has  (1) \_\_\_\_\_\_\_\_\_ of beautiful mountains, rivers and beaches.  (2) \_\_\_\_\_\_\_\_\_are two long  (3) \_\_\_\_\_\_\_\_\_ in Viet Nam: the Red River in the north and the Mekong River in the  (4) \_\_\_\_\_\_\_\_\_. The Mekong River is the  (5) \_\_\_\_\_\_\_\_\_ river in the South-East Asia and of course it is longer  (6) \_\_\_\_\_\_\_\_\_ the Red River. The Mekong River starts in Tibet and  (7) \_\_\_\_\_\_\_\_\_ to the East Sea. Fansipan is  (8) \_\_\_\_\_\_\_\_\_ highest mountain in Viet Nam. It's 3,143 meters  (9) \_\_\_\_\_\_\_\_\_. Viet Nam also has many nice  (10) \_\_\_\_\_\_\_\_\_ such as Tra Co, Sam Son, Nha Trang, Vung Tau.

**5.** Living in the country is something that people from the city often dream about. However, in reality, it has  (1) \_\_\_\_\_\_\_\_\_ its advantages and disadvantages.

There are certain  (2) \_\_\_\_\_\_\_\_\_ advantages to living in the country. First of all, you can enjoy peace and quiet. Moreover, people tend to be friendlier and  (3) \_\_\_\_\_\_\_\_\_ open. A further advantage is that there is less traffic, so it is safer  (4) \_\_\_\_\_\_\_\_\_ young children.

On the other hand, there are certain drawbacks to life  (5) \_\_\_\_\_\_\_\_\_ the city. Firstly, because there are fewer people, you are likely to  (6) \_\_\_\_\_\_\_\_\_ fewer friends. In addition, entertainment is  (7) \_\_\_\_\_\_\_\_\_ to find, particularly in the evening. Furthermore, the fact  (8) \_\_\_\_\_\_\_\_\_ there are fewer shops and services means that it is harder to  (9) \_\_\_\_\_\_\_\_\_work. As a result, you may have to travel a long way to  (10) \_\_\_\_\_\_\_\_\_, which can be extremely expensive.

**6. My house**

I live in a house at the foot of a hill. It's an old house, and it's not very large. There are two bedrooms (1) \_\_\_\_\_\_\_\_\_ the first floor. There's a living room and a lovely fireplace downstairs. There's also a bathroom (2) \_\_\_\_\_\_\_\_\_ the kitchen. There's a garden (3) \_\_\_\_\_\_\_\_\_ the house. The garden is colourful (4) \_\_\_\_\_\_\_\_\_ a lot of flowers. There are also vegetables (5) \_\_\_\_\_\_\_\_\_ the garden all the year round. I love my house: the garden, the flowers in summer, the fire in winter. But what I like best is the view from my bedroom window.

**7.** My name is Hoa. I'm in the sixth (1) \_\_\_\_\_\_\_\_\_  at Nguyen Binh Khiem Secondary School. I like to learn Mathematics because it (2) \_\_\_\_\_\_\_\_\_  me to develop my thinking. I spend much of my time (3) \_\_\_\_\_\_\_\_\_  Maths exercises. I often (4) \_\_\_\_\_\_\_\_\_  mark 9 and 10 in Maths tests. I don't (5) \_\_\_\_\_\_\_\_\_  English because remembering English words and structures (6) \_\_\_\_\_\_\_\_\_  very difficult for me. But I think I have to work harder at English. My teacher encourages me a lot. She (7) \_\_\_\_\_\_\_\_\_ me some English books, and she shows me how to remember words better. I hope that my (8) \_\_\_\_\_\_\_\_\_  will be better in the second semester.

**8. Wiki Website**

“Wiki” means “quick” in Hawaian. The word is used to describe websites that …………..(41. write) by people who use the site. Anyone who visits a wiki website can add or change the information on the page. The first wiki website ………………..(42. create) by Ward Cunningham in 1995. Since then, wiki guidebooks , wiki dictionaries and wiki encyclopedias ……………….(43. publish) on the Internet. The most popular online encyclopedia is “wikipedia” . Over 22 million entries …………….(44. add) since it started, and it is now the most detailed encyclopedia in the world. According to the create or of Wikipedia, the work ………………(45. do) by 20. 000 people who regularly edit the pages. The amazing thing is that the information is completely free.

**9. Complete the passage with the suitable words.**

Learning a language is, in some way, like (1) \_\_\_\_\_\_\_\_\_ how to fly or play the piano. There (2) \_\_\_\_\_\_\_\_\_\_\_\_ important differences, but there is a very important similarity. It is this: learning how to do such things needs lots (3) \_\_\_\_\_\_\_\_\_\_\_ practice. It is never simply to “know” something. You must be able to “do” things with what (4) \_\_\_\_\_\_\_\_\_\_\_ know. For example, it is not enough simply to read a book on (5) \_\_\_\_\_\_\_\_\_\_\_ to fly an aeroplane. A (6) \_\_\_\_\_\_\_\_\_\_\_ can give you lots of information about how to fly, but if only read a book and then try to (7) \_\_\_\_\_\_\_\_\_\_\_\_without a great deal of practice first, you will crash and kill (8) \_\_\_\_\_\_\_\_\_\_\_\_ .The same is true of (9) \_\_\_\_\_\_\_\_\_\_\_\_the piano. So you think it is enough simply to read about it? Can you play the piano without having lots of (10) \_\_\_\_\_\_\_\_\_\_\_\_ first?

**=============================================================**

***10.***

The country is (1).............beautiful than a town and more pleasant to live in. Many people think so, and go to the country (2) .......... the summer holiday though they can't live (3) ............. all the year round. Some have cottage built in a village (4) .......... that they can go there whenever they (5) ..........find the time.

English villages are not alike, but (6)............. some ways they are not very different from (7) ...................other. Almost every village (8) ...........a church, the round or square tower of which can (9) ............seen from many miles around. Surrounding the church is the church yard, (10).......... people are buried.

**11.**

Charlie Chaplin was born in a very poor part of London. (1) ………………father was a comedian and his mother worked (2) ………………a dancer and a singer. Neither of them (3) ………………successful so the family (4) ……………… very little money. The first time he himself earned (5) ……………… by dancing and singing, he was only five years old. He did many kinds of jobs, but what he loved best was working (6) ………………the theatre.

When he (7) ……………… about fifteen, he joined a traveling theatre company and went on trips to America. On one such tour, (8) ……………… was offered a part in a film, so he went to Hollywood, where he eventually became both a famous actor (9) ……………… film director.

He died in Switzerland in 1977, at the (10) ……………… of 88. There is now a statue of him in Leicester Square, London, the city of his birth and early up-bringing.

***12. .***

Fishing (1)\_\_\_\_\_\_ my favorite pastime. I often fish for hours (2)\_\_\_\_\_\_\_ catching anything . But this does not worry me. Some fishermen (3)\_\_\_\_\_\_\_ unlucky . Instead of catching (4)\_\_\_\_\_\_, they catch old boots and rubbish. I am even less lucky. I never catch anything - not even old boots. After having spent whole mornings (5)\_\_\_\_\_\_ the river. I always (6)\_\_\_\_\_\_\_\_ home with an empty bag . "You must give up fishing! "my friends (7)\_\_\_\_\_\_\_\_\_: "It's a waste of (8)\_\_\_\_\_\_\_\_\_\_\_\_". But they (9)\_\_\_\_\_\_\_\_\_\_ realize one important thing. I'm (10)\_\_\_\_\_\_\_\_\_\_ interested in fishing . I am only interested in sitting on the boat and doing nothing.

13.

The world's (1) ........................ famous clock is Big Ben standing (2). ........................ to the Houses of Parliament in London. Big Ben is the (3). ........................ of the bell which chimes every hour.

The Bell (4). ........................ named after Sir Benjamin Hall, the man (5) ........................ was given the tast of hauling the bell up the clock tower. The clock (6) ........................ four faces and keeps accurate time. It can (7). ........................ adjusted by the removal or addition of coins (8) ........................ a stray attached to the clock pendulum.

One interesting thing about the clock (9) ........................ the light shines above the belfry at night, it (10)........................ that the House of Common is still in session

**14.** PETS

Many people like to keep pets. Dogs and (1)\_\_\_ are very popular pets. Some people, however, keep birds or goldfish. They need less space and are easier to look after.

If you want to have a pet, you can buy one from a pet (2)\_\_\_ but you must be careful not to buy a sick animal. It is best if you know something (3)\_\_\_ the pet you want. This helps you choose a healthy pet. However, if you do not have (4)\_\_\_ money and know very little about (5)\_\_\_, you can visit the Royal Society for the Prevention of Cruelty to Animals (RSPCA).

The first society for the Prevention of Cruelty to Animals was founded in England (6)\_\_\_ 1821. It was set up to make sure that all animals are treated with kindness. The RSPCA in Hong Kong carries out this aim. The RSPCA offices collects animals which have no homes and are lelf in the street. They (7)\_\_\_ after them until they are healthy again. People visit the RSPCA may choose their pets from these animals and you can be sure that you will get a healthy pet. If later your pet becomes ill, you can (8)\_\_\_ it to the doctors at the RSPCA for treatment.

When you have a (9)\_\_\_ , it is very necessary that you look after it properly. You must remember to feed it at suitable times. You should also give it a clean and comfortable place to rest. Your pet will be happy and (10)\_\_\_ if you love it and care for it properly.

***15.***

Of all my relatives, I like my aunt Emily the (1)\_\_\_\_\_\_\_\_\_\_ She’s my (2) \_\_\_\_\_\_\_\_\_

youngest sister. She has never married and (3) \_\_\_\_\_\_\_\_\_\_alone in a small village near Bath. She’s fifty years old, (4) \_\_\_\_\_\_\_\_\_\_she’s quite young in spirit. She has a fair complexion, thick brown hair and dark brown eyes. She has a kind face, and when you meet (5) \_\_\_\_\_\_\_\_\_\_, the first thing you notice (6) \_\_\_\_\_\_\_\_\_\_her smile. Her face is a little wrinkled now, but I think she is still rather attractive. She is the sort of person you can always go to if you (7) \_\_\_\_\_\_\_\_\_a problem and she’s extremely generous. She likes reading (8) \_\_\_\_\_\_\_\_\_gardening, and she still goes (9) \_\_\_\_\_\_\_\_\_\_ long walks over the hills. I hope I’m as active as she is when I’m at her (10) \_\_\_\_\_\_\_\_\_\_

**===========================================================**

**II. Complete the passage with the words from the box.**

*Wishes love prepared comfortably brightly fairs holiday beautify crowded enjoy visitor lucky*

In Viet Nam, Tet is a national and family (1)………….. . It is an occasion for every Vietnamese to (2)……….  a good time while thinking about the last year and the next year. At Tet, spring  (3) ………  are organized; streets and public buildings are (4)……………  decorated and almost all shops are  (5)…………..  with people shopping for Tet. At home, everything is tidied; special food is (6)………… ; offerings of good foods, fresh water and flowers are made on the family altar with burning joss-sticks scenting the air.

First-footing is made when the first (7)……………  comes, and children are to be given (8) ………..   money wrapped in a red envelope. Tet is also a time for peace and (9) ………. During Tet, children often behave well; and friends, relatives and neighbours give each other their best (10) ………… for the new year.

**TELEVISION**

Television is one of man's most important means of communication. It brings pictures and (1) \_\_\_\_\_ from around the world into millions (2) \_\_\_\_\_ homes. A person with a television set can sit in his house and watch the President make a (3) \_\_\_\_\_ or visit a foreign country. He can see a war being fought and watch statesmen try to bring about peace.

Through television, home viewers can see and learn about people, places and things in (4) \_\_\_\_\_ lands. Television even takes its viewers out of this world. It brings them coverage of America's astronauts (5) \_\_\_\_\_ the astronauts explore outer space.

**1.A.**tone **B.**noise **C.**voice **D.**sounds

**2.A.**of **B.**for **C.**in **D.**about

**3.A.**writing **B.**speech **C.**letter **D.**speak

**4.A.**away **B.**faraway **C.**far **D.**off far

**5.A.**although **B.**because **C.**as **D.**and

**V.Choose the best word to complete the passage below.**

Most people think......(1)........computers are very modern inventions, products of our new technological age. But actually the idea for a computer had been worked out over 2 centuries ago by a man ........(2)...........Charles Babbage. Babbge was born ............(3)..........1791 and grew..........(4)...........to be a brilliant mathematican. He.........(5)...........up plans for several calculating machines which he called "engines". But despite the fact that he .........(6)...........building some of these, he never finished any of them. Over the years, people have argued.......(7)........ his machines would ever work. Recently, however, the Science Museum in London has finished building engine based ..........(8)...... of the Babbage's designs. ..............(9)..........has taken 6 years to complete and more than 4 thousand parts have been specially made.

Whether it works or not, the machine will...............(10)......... on show at a special exhibition in the Science Museum to remind people of Babbage's work.

1. A.of B.from C.in D.up

2. A.known B.called C. recognized D. written

3. A.about B.around C.in D.at

4. A.down B.up C.along D.across

5. A.wrote B.drew C.took D.made

6. A.wanted B.started C.made D.missed

7. A.until B.though C.why D.whether

8. A.on B.off C.in D.out

9. A.He B.One C.It D.They

10. A.come B.be C.take D.carry

***I. Fill in the blanks with suitable word***

|  |
| --- |
| celebration, custom, gather, gifts, midnight, particularly, symbolize, ring, bring, display |

In Scotland, the biggest …………..(56) of the year is “Hogmanay”. “Hogmanay” is the Scottish word for New Year’s Eve. On 31st December in Edinburgh, there is an enormous firework ……………(57) at the castle and they play live music in the park. Thousands of people …………….(58) in the streets , coffees and bars. Then at 12 o’clock, church bells ……………….(59) all over the city. After midnight people go “first footing” . This is a Scottish …………..(60) that dates back hundreds of years. “First footing” is visiting your neighbours after ……………..(61) on New Year’s Eve. The visitors must step into the house with their right foot step first, to ……………..(62) good luck. Traditionally, the visitors bring three ……………….(63) : a piece of coal, a piece of “short bread” ( a Scottish biscuit) and a little whisky. The gifts ………………….(64) warmth, food and happiness. If the first person who visits your home after midnight is a man with dark hair, that is …………….(65) lucky.

***II. Read the passage and choose the best answer in the blanket.***

For many people, traveling by plane is an exciting experience. Others, however, find the whole idea quite terrifying, (66)…………. flying is no more dangerous (67)…………… any other form of travel and some experts say it is considerably safer. It is known, however, that most accident occurs (68)………….. taking off and landing when (69)………… decisions are vitally important.

The people (70)………… job it is to look (71)……….. the passengers, the stewards and stewardesses play an important part in helping passengers to (72)………….. safe and comfortable. Indeed for many passengers being (73)………… such care of is all part of the total experience. (74)………… other form of travel involves waiting for people in quite the same (75)………. with food, drink, newspapers, magazines, music, and even video films.

**66.** A. although B. too C. and D. because

**67.** A. than B. as C. then D. with

**68.** A. while B. during C. for D. through

**69.** A. leader’s B. chief’s C. driver’s D. pilot’s

**70.** A. whose B. which C. their D. that

**71.** A. for B. up C. after D. round

**72.** A. feel B. rest C. experience D. lie

**73.** A. given B. kept C. shown D. taken

**74.** A. Any B. No C. All D. Not

**75.** A. sort B. kind C. way D. part

***Traveling in the Lake District:***

The Lake District is very popular for holidays all year round. Roads leading to the area have been improved in (60)………………years inside the area itself, however, many roads are (61)……………and winding with steep hills and it may not be safe to drive (62)………..….roads like this when they are (63)……………in ice. For the mountain walker a word of warning-every season visitors (64)……………..lost or are injured and (65)……….….... to be rescued by the Mountain Rescue teams. This kind of problem can be (66)…………... by following a few simple rules. When exploring the mountains, wear warm clothing. Sensible boots, take a map, compass and whistle and a small (67)……………...of food. Don’t go (68)…………….alone and always tell someone where you (69)…………..to go to.

|  |
| --- |
| **Vocabulary**   1. (to) wind: uốn lượn steep (adj): dốc 2. warning: cảnh báo (to) rescue: cứu whistle (n): cái còi |

60. a. recent b. next c. last d. close

61. a. thin b. slim c. narrow d. shallow

62. a. along b. above c. by d. in

63. a. wrapped b. above c. drowned d. filed

64. a. have b. be c. make d. get

65. a. must b. should c. need d. ought

66. a. encouraged b. prevented c. arranged d. organized

67. a. quantity b. weight c. length d. limit

68. a. for b. by c. with d. off

69. a. look b. seem c. plan d. know

## Question 1: Read these passages and match the each passage to its title. There is ONE title you needn*’*t use(10 pts)

|  |
| --- |
| A. How I began D. My most frightening experience B. The worst aspect of my hobby E. Why I like my hobby C. My hopes for the future F. When and where I do it |

1. \_\_\_\_\_\_\_\_\_\_ For me, every weekday begins the same: I get up at 7.00. I have breakfast, I take the bus to school, I go to lessons ... I don’t hate this daily routine, but it isn’t very thrilling. In the evenings, however, I drive Formula 1 cars, build enormous cities and defend my planet against aliens. In short, I play computer games. It’s like entering a different world. That’s why I love playing them so much.

2. \_\_\_\_\_\_\_\_\_\_My interest in computer games has taught me a lot about computer graphics. I want to study computing at college, and learn how to design and program games. Eventually, I’d like to start my own software company, creating and testing new games. That way, I could spend all day doing what I love most.

3. \_\_\_\_\_\_\_\_\_\_\_\_Computer games are interesting because they often contain stories and characters. The games are getting better all the time, but they are also getting more expensive. The only thing I don’t like about my hobby is the cost! New games are often about $50.

4. \_\_\_\_\_\_\_\_\_\_\_\_ Some of my friends from school are interested in computer games too. We normally meet at my house in the evenings and play for a few hours. We sometimes play at weekends, but if the weather’s good I prefer to go cycling or play basketball instead.

5. \_\_\_\_\_\_\_\_\_\_\_\_ I first became interested in computer games about four years ago. I was staying with my cousin for the weekend. He had some games and he taught me how to play them. I became hooked immediately! When I got home, I decided to save all my money for buying games. Now I’ve got about twenty different games.

## Question 2: Read the text and choose the best answer to fill in each gap

Have you ever followed instructions for knitting something or have you read a piece of music? If you have, you have behaved in a similar way(1)................ a computer. A computer obeys a program to carry out a particular task. Just (2)................. a knitting pattern is expressed in numbers and piece of music in lines and dots, so a computer program is (3)................. in the form of *programming language*. Like the English language (or any other language), there are (4).................... of grammar, and a program must be correct in every way.

There are hundreds of programming language, but only (5)............. are well-known and widely used. The most popular language which is used in offices(6)................*Cobol.* This language is used for printing payrolls and keeping records of goods. Engineers and scientists use Fortran (7)......................carry out calculations. (8)......................... neither of these two programs is very popular with people working on home computers. Basis is the most popular language for home computers, chiefly (9)...................it is easy to learn and use.

(10)................. these languages are useful for many purposes, it is time that a new simple program was devised. Such a program ought to be not only easy to use but also completely reliable.

1. A. to B. as C. so D. from

2. A. like B. by C. too D. as

3. A. expensive B. expresses C. expressed D. expressing

4. A. rules B. laws C. regulations D. principles

5. A. a little B. a few C. much D. a lot of

6. A. called B. calling C. is called D. is calling

7. A. so as for B. in order that C. so as that D. in order to

8. A. In addition B. Therefore C. Consequently D. However

9. A. because B. if C. because of D. unless

10. A. Even B. Despite C. Although D. In spite

**VII. Read the passage and fill in the blank with a suitable word by circling A, B, C or D**

For many people sport is a popular part of school life and …(1)…in one of the school teams and playing in matches is very important. …(2)…someone is in a team it means a lot of extra practice and often spending a Saturday or Sunday away …(3)…home, as many matches are played then.

It …(4)…also involve traveling to other towns to play against other school teams and then …(5)…on after the match for a meal or a drink. Some parents, friends or other students will travel with the team to support …(6)…own side.

When a school team wins a match, it is the whole school which feels proud, …(7)…only the players. It can also mean that a school …(8)…well-known for being good at certain sports and people from that school may end up playing …(9)…national and international teams so that the school has some really …(10)…names associated with it.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 1. | a.having | b. being | c.taking | d. putting |
| 2. | a.If | b.As | c.Then | d. So |
| 3. | a.at | b. on | c.for | d. from |
| 4. | a.ought | b.is | c.can | d.has |
| 5. | a.being | b.staying | c.leaving | d.spending |
| 6. | a.their | b.its | c.our | d.whose |
| 7. | a.but | b.however | c.and | d.not |
| 8. | a.turns | b.makes | c.comes | d.becomes |
| 9. | a. up | b.to | c.for | d.beside |
| 10 | a.old | b.new | c.common | d.famous |

**IV. Read the passage and answer the questions.**

It was the first lesson after the summer holidays at a small school in England. The lesson was about the seasons of the year. “There are four seasons in the year,” said the teacher,

“They are spring, summer, autumn, and winter. In spring, it is warm and every thing begins to grow. In summer ,It is hot and there are many flowers in the fields and gardens. In autumn, there are many vegetables and much fruit. Everybody likes to eat fruit. In winter, It is cold and it often rains. Sometimes there is snow on the ground.”

Here the teacher stopped and looked at one of the pupils “stop talking, Tom,”he said. “Now listen to me. Can you tell us when is the best time of apples?”

“Yes, sir,” answered Tom. “It is when the farmer is not at home and there is no dog in the garden.”

1. Where did the lesson take place?

…………………………………………………………………………

2. What was the lesson about?

…………………………………………………………………………

3. What did the teacher ask Tom to do?

…………………………………………………………………………

4. What did the teacher asked the class to do?

…………………………………………………………………………

5. Did the teacher say “Stop talking, Tom,”?

…………………………………………………………………………

***V. Choose the word (from the words given in the box) to complete the passage. Two words aren't used. The first has been done for you.(1.0pt)***

|  |
| --- |
| ***perform, start, mistake, run, difference, pain,***  ***importance, walk,* depression*, heart, body*** |

*EXERCISE*

Exercise is one of the best ways of keeping  *depression*  away. It improves your (1)\_\_\_\_\_\_\_\_\_ and your mind and enables you to (2)\_\_\_\_\_\_\_\_\_\_\_ better in the work place and at home.

Proper breathing is essential if you want to get the most from exercise and you should also take into consideration your (3)\_\_\_\_\_\_\_\_\_\_\_ rate. It can be harmful to do too much, which is why all good fitness instructors emphasise the (4) \_\_\_\_\_\_\_\_\_\_ of " listening to your body".

When you first (5) \_\_\_\_\_\_\_\_\_\_ you should use good judgement, because it's easy to make the (6) \_\_\_\_\_\_\_­\_\_\_\_of using the equipment incorrectly or doing too much at one time. Start slowly and build up gradually.

Exercise should not be seen as a demanding task; it can be as easy as a quick (7)\_\_\_\_\_\_\_\_\_. To increase your fitness steadily, exercise for 20 minutes a day, 4 to 6 times a week and you will notice a (8) \_\_\_\_\_\_\_\_\_\_ in your body and mind in a few weeks.

**SECTION 4. READING**

***VII. Read the passage and choose the best option to complete the passage. Write your answers in the space provided. (2.0 points)***

(1)\_\_\_\_\_\_\_\_\_\_food in the US today is not the same (2)\_\_\_\_\_\_\_\_\_\_\_it was in the past. Fifty years (3)\_\_\_\_\_\_\_\_\_\_, every neighborhood had a little food market. A good selection of meat, vegetables and fruits (4)\_\_\_\_\_\_\_\_\_\_on display on the stalls.

Now every neighborhood (5)\_\_\_\_\_\_\_\_\_\_a big market. These are very (6)\_\_\_\_\_\_\_\_\_\_places. The old markets were usually small and friendly. (7)\_\_\_\_\_\_\_\_\_\_from the neighborhood often stop there to hear the news or to talk. But this is not true (8)\_\_\_\_\_\_\_\_\_\_supermarkets. Usually, supermarkets are very large. They are not very friendly. They are not good places for meeting friends or talking (9)\_\_\_\_\_\_\_\_\_\_\_. People in supermarkets always seem to be tired and in (10)\_\_\_\_\_\_\_\_\_\_\_hurry.

1. A. Shopping B. Buying C. Looking D. Getting

2. A. as B. like C. when D. while

3. A. last B. later C. next D. ago

4. A. are B. were C. was D. have

5. A. had B. has C. have D. will have

6. A. same B. different C. old D. similar

7. A. Farmers B. Workers C. Students D. People

8. A. at B. on C. in D. for

9. A. too B. neither C. nor D. either

10. A. a B. the C. an D. ø

***VIII. Read the following passage and choose the best answer to each question. Write your answers in the space provided. (1.0 point)***

**Sumo**

Sumo wrestling is a national sport in Japan. Every year there are six tournaments, and millions of Japanese watch them on television. Sumo is almost as old as the nation of Japan itself. Stories say that there was sumo wrestling over 2,000 years ago. History says that there were national sumo tournaments in the eighth century.

Usually athletes are thin and can move very quickly. It is beautiful to watch them play. However, sumo wrestlers weigh from 100 to 160 kilos. One famous wrestler weighed 195 kilos. Sumo wrestlers do not look beautiful, and sumo wrestling is very slow sport.

Sumo wrestlers wrestle in a round ring with a sand floor. A wrestler loses the match if he leaves the ring. He is also the loser if any part of the body except his feet touches the floor. Each wrestler tries to push the other down on the floor or out of the ring.

People from other countries usually think sumo is very strange, but the Japanese love it. Even young people find this traditional sport exciting.

1. How old is Sumo wrestling?

A. over twenty years B. over two hundred years

C. over two thousand years D. over two million years

2. Sumo wrestlers are\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

A. thin B. quick C. small D. fat

3. Sumo wrestling is a very\_\_\_\_\_\_\_\_\_\_\_\_ .

A. slow sport B. fast sport C. boring sport D. dangerous sport

4. A sumo wrestler loses the match if\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

A. his feet touch the floor B. he is inside the ring

C. he pushes the other down D. he is out of the ring

5. Young Japanese people find Sumo wrestling\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .

A. quickly B. exciting C. boring D. bad