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| **Date of planning**:…/…/ 2022  **Date of teaching:** ………..…  **WEEK: 1** | **Peroid 7: UNIT 2 : HEALTHY LIVING**  **Lesson 6 : SKILLS 2/ Listening and Writing** |

**I. OBJECTIVES: By the end of this lesson, students will be able to gain the following things**

**1. Knowledge:**

- To develop listening and writing skills.

- Use the lexical items related to the topic *Healthy living.*

- Listen for specific information about some advice about healthy habits.

+ Write some advice to avoid viruses.

**+ Vocabulary:** - Use the lexical items related to the topic *Healthy living.*

**+ Grammar:** Simple sentences .

**2. Competence:** Students will be able to practice reading and speaking skills. Identify and talk about the daily activities and decide if they are good or bad for health.

- Develop communication skills and creativity. Be supportive in pair work and team work

- Actively join in class activities.

**3. Qualities:** The loveof living things; The awareness about importance of healthy living.

- Be ready to talk about Healthy living. Be benevolent and responsible.

**II. TEACHING AIDS:**

- Teacher: Grade 7 text book, laptop, projector / TV/ pictures and cards.....

- Students : Text books, studying equipment….

- Computer connected to the Internet.

- Sach mem.vn.

**III. PROCEDURE:**

**Notes:**

**In each activity, each step will be represented as following:**

*\* Deliver the task.*

*\* Implement the task.*

*\* Discuss.*

*\* Give comments or feedback.*

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| **1. WARM UP & INTRODUCTION (3’-5’)** | |
| **Aims:**  **- To create an active atmosphere in the class before the lesson;**  **- To lead into the new lesson.**  **\* Content:** Review the previous lesson or have somewarm-up activities to create a friendly and relaxed atmosphere to inspire Ss to warm up to the new lesson.  **\* Outcome:** Having a chance to speak English and focus on the topic of the lesson..  **\* Organisation :**Teacher’s instructions… | |
| **Teacher’s & Student’s activities** | **Content** |
| **+ Greeting**  **+ Chatting**  - Teacher writes on the board the word “Healthy habits” and asks Ss some questions:  + What does this word mean?  + What do we do to have “healthy habits”?  + Can you name some “healthy habits?”  - Ss think of these questions and discuss with their partners if needed.  - Teacher calls some students to give their answers.  - Teacher listens and give comments.  - Ask Ss to open their book and introduce what they are going to study….  - T leads in the lesson. | **+ Greeting**  **+ Chatting**  **+ T\_ Ss**  - Students(Ss)listen and answer the teacher’s or friend’s questions  - Listen and know what they are going to learn.  - Open their book and write the tittle of the lesson |
| **2. PRESENTATION/ NEW LESSON (12’)** | |
| ACTIVITY 1: **Pre-listening**  **Aim: To help Ss brainstorm the topic and prepare for the listening text.**  **\* Content:** Discussing.  **\* Outcome:** Ss can get some information about the habits are good for your health.  **\* Organisation :** | |
| **Teacher’s & Student’s activities** | **Content** |
| **1. Work in pairs. Discuss and tick (**✓**) the habits you think are good for your health**  - Ask Ss to work in pairs.  - Ask them to read the sentences and discuss if they are good or bad for their health.  - Call on some Ss to share their answers. | **1. Work in pairs. Discuss and tick (**✓**) the habits you think are good for your health**    **- T\_ Ss**  \* **Suggested answers:** Good for health: 2, 3 |
| **3. While-listening** **(18’)** | |
| ACTIVITY 2 : **While-listening**  **Aim: To help Ss develop their skill of listening for specific information.**  **\* Content:** Listen and tick (✓) the habits  **\* Outcome:** To get specific information about correctly.  **\* Organisation :** | |
| **Teacher’s & Student’s activities** | **Content** |
| **2. Listen and tick (**✓**) the habits mentioned**  - Have Ss read the categories of habits. This helps them have some ideas of what they are going to listen to and the information they need for answering the questions.  - Play the recording twice for Ss to do the exercise. For stronger classes, ask Ss to take notes of the information to explain their answers.  - Have Ss share their answers in pairs.  - Invite some pairs to answer and confirm the correct ones.  - Play the recording again if needed, stopping at places where students are having difficulties.  - Ask for Ss' answers and write them on the board next to their guesses. | **2. Listen and tick (**✓**) the habits mentioned**  **- T\_ Ss**  - Listen to the teacher’s instructions carefully and learn how to do it.  - Ss work independently to guess then listen to the recording once to check their guess.  - Give the answers  **\* Key:**  - Categories mentioned: 1, 2, 4, 5, 7 |
| ACTIVITY 3: **Writing**  **\* Pre -** **Writing**  **Aim: To help Ss further develop their skill of listening for specific information.**  **\* Content:** Do the filling about the hobbies  **\* Outcome:** Do the Filling about their own hobbies correctly.  **\* Organisation :** | |
| **Teacher’s & Student’s activities** | **Content** |
| **3. Listen again and give short answers to the questions**  - Have Ss read the questions and determine what information they need for answering the questions. Remind them that the questions ask for short answers.  - Play the recording once or twice more for Ss to do the exercise.  - Have Ss share their answers in pairs.  - Invite some pairs to answer and confirm the correct ones.  - Play the recording again if needed, stopping at the places where students are having difficulties.  - T and other Ss listen and make comments. | **3. Listen again and give short answers to the questions**  **- Work in pairs**  - Listen carefully and learn how to write  **\*Key:**  **1**. disease **2**. (a lot of) vitamins  **3**. 8/eight hours/hrs **4.** tidy and clean  **5.** When the weather is fine. / On fine days. |
| **4. APPLLICATION (8’-10’)** | |
| ACTIVITY 4: **While -** **Writing**  **Aim: To help Ss make simple notes of what they have listened to.**  **\* Content:** Write a paragraph of about 70 words about Ss’s hobbies.  **\* Outcome:** Use information in 3 Ss can write a paragraph about about their hobbies.  **\* Organisation :** | |
| **Teacher’s & Student’s activities** | **Content** |
| **4. Work in groups. Discuss and make notes of the tips from the listening. Then share them with the class.**  - Tell Ss to work in groups.  - Ask them to discuss and make notes of the tips they can remember from the listening.  - Encourage Ss to write in full sentences:  e.g. Don't eat too much meat and cheese.  - Move around and offer help if needed.  - Invite some Ss to share their answers.  - The class gives their comments. | **4. Work in groups. Discuss and make notes of the tips from the listening. Then share them with the class.**  - Listen carefully and learn how to write  **- Work in groups.**  e.g. Don’t eat too much meat and cheese. |
| ACTIVITY 5: **While -** **Writing**  **Aim: To help Ss practise writing a passage to give advice on how to avoid viruses.**  **\* Content:** Write a passage of about 70 words to give advice on how to avoid viruses.  **\* Outcome:** Using information, Ss can write a passage of about 70 words to give advice on how to avoid viruses.  **\* Organisation :** | |
| **Teacher’s & Student’s activities** | **Content** |
| **5. Write a passage of about 70 words to give advice on how to avoid viruses**  - T can write the words *flu, COVID 79*, etc. on the board as examples of diseases caused by viruses. This helps them have an idea about the kind of disease they are seeking advice about.  - Ask Ss to look at the pictures and read the advice.  - Check their understanding. Then allow them some time to write out the passage  - Encourage Ss to add some more tips.  - Go round and offer help if needed.  - Call on some Ss to read aloud their writings.  - Check them as a class.  **\* Post - Writing**  - T may have students do their writing on large sheets of paper and organize a class gallery for students to display their writings on the board. Then students can go around to see their friends’ work, give and receive comments.  - If time is limited, T may ask Ss to write the final version at home.  - Other Ss and T comment on the writing. | **5. Write a passage of about 70 words to give advice on how to avoid viruses**  - Listen carefully and learn how to write  **- Write themselves/ individually**    **\* Sample answer:**  *We can do a lot of things to avoid viruses. First, always keep your surroundings clean. Sweep your house, clean your furniture, and change your pillow covers and bed sheets often. Remember to take a bath daily. Wash your hands with soap regularly. Drink a lot of water and eat more fruit and vegetables. Exercise three times a day for at least 15 minutes each time. When you go out wear a mask and avoid crowds.* |
| **5. WRAP-UP & HOME WORK (2’)**  - Ask Ss to summarise what they have learnt in the lesson. Have Ss look at the objectives written on the board at the beginning of the lesson and tick the objectives they can do.  Encourage Ss not to refer back to the unit. Ask them to keep a record of their answers to each exercise so that they can use that information to complete the self-assessment table at the end of the unit.  **\* HOME WORK.**  - Finish writing . Copy in the note books.  - Do more exercises in workbook.  - Prepare new lesson. LOOKING BACK  **=======================** | |