

ĐỀ SỐ 23**ĐỀ LUYỆN THI VÀO LỚP 10****(NGHỆ AN)**

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

1. A. creature B. feature C. disease D. creation
2. A. appointed B. relaxed C. upgraded D. crowded

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

3. A. destroy B. respond C. marry D. support
4. A. achievement B. sightseeing C. description D. contestant

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of stress in each of the following questions.

5. I _____ my keys at home yesterday, and I had to call a locksmith.
A. forgot B. had forgotten C. have forgotten D. forget
6. She felt _____ when she didn't receive the job offer.
A. pleased B. relaxed C. fascinated D. disappointed
7. In order to achieve your dream, you must know your _____ and abilities first.
A. career B. passion C. knowledge D. skill
8. It's important to use _____ cleaning products to reduce the use of harmful chemicals in your home.
A. natural B. natures C. naturally D. nature
9. Despite the challenging conditions, she managed _____ the marathon.
A. finishing B. to finish C. finish D. to finishing
10. He often likes to _____ in a suit and tie for important meetings.
A. turn up B. dress up C. deal with D. get up
11. The doctor decided to give her a thorough examination _____ he could identify the causes of her illness.
A. unless B. after C. so as D. so that
12. The October 1989 Loma Pieta earthquake _____ severe damage to the buildings in the San Francisco Bay area.
A. generated B. made C. caused D. created

Mark the letter A, B, C, or D on your answer sheet to indicate the word that is CLOSEST In meaning to the underlined word(s) in the following sentence.

13. The air is naturally contaminated by foreign matter such as plant pollen and dust.

- A. concentrated B. occupied C. filled **D. polluted**

*Mark the letter A, B, C, or D on your answer sheet to indicate the word that is **OPPOSITE** in meaning to the underlined word(s) in the following sentence.*

14. The boy was deceitful when he yelled "Fire!" Actually, there was no fire.

- A. honest** B. delightful C. excited D. dishonest

Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of the sentences to make a meaningful dialogue in each of the following questions.

15.

- a. It's hard, but I think prioritizing family time, even just one meal a week, really helps us reconnect.
b. That sounds wonderful! We rarely sit down for meals as a family anymore.
c. My family always has Sunday dinners together, which helps us stay close despite our busy lives.

- A. c-a-b B. b-c-a **C. c-b-a** D. a-c-b

16.

- a. That's true, but I enjoy the slower pace of life.
b. I love the nature and open spaces, but sometimes it feels too quiet.
c. Do you like living in the countryside?
d. Yes, it's peaceful and the air is so fresh! What about you?

- A. d-b-c-a B. a-d-b-c **C. c-d-b-a** D. b-d-c-a

17.

- a. Do you think it will win any awards this year?
b. I heard the storyline is quite unique. What did you think about it?
c. Yes, I watched it last weekend! The special effects were incredible.
d. I thought it was refreshing compared to other films in the genre.
e. Have you seen the latest superhero movie that just came out?

- A. b-d-c-a-e B. b-c-d-a-e C. d-b-e-a-c **D. e-c-b- d-a**

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the best option that fits each of the numbered blanks from 18 to 20.

Want to be a tour guide?

- Are you over 18 and (18) _____ in travelling and (19) _____ different cultures?
- Apply to SGV Vocational School. We provide tour guide training courses all year round.
- No qualifications needed
- Low (20) _____
- Apprenticeships provided

18. A. interesting **B. interested** C. interest D. interestingly

19. A. surveying B. seeking C. discovering **D. exploring**

20. A. price B. expense **C. cost** D. rate

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the best option that fits each of the numbered blanks from 21 to 25.

Health and fitness are some of the most important aspects of life. Without these, life will be very unhappy and dreadful.

There are many ways to (21) _____ your health and fitness. Certain activities should be followed daily like regular physical exercise. It can be (22) _____ simple activity as climbing stairs instead of taking a lift or elevator, walking more than taking a car to go to different places. It is important to eat proper and clean food at the right time. The food should also be rich in nutrition (23) _____ high in fibre, low in fat, high protein content and have (24) _____ vitamins. Proper sleeping pattern is also important to keep healthy. Try to go to bed at the same time each night and sleep at least 7 hours per day.

For any of these activities, it is important to be self-motivated. The fitness activities should be a part of your daily (25) _____, and this will benefit you by improving your lifestyle. It is important to maintain the health and fitness of not just our physical self but our mental self as well, to have a happy and fulfilled life.

- | | | | |
|-----------------|-------------|--------------|-------------|
| 21. A. maintain | B. make | C. keep | D. stay |
| 22. A. some | B. a | C. an | D. a lot of |
| 23. A. and | B. although | C. because | D. such as |
| 24. A. more | B. less | C. much | D. fewer |
| 25. A. action | B. routine | C. condition | D. meal |

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.

A balanced diet is essential for maintaining good health and overall well-being. It provides the body with the necessary nutrients, including carbohydrates, proteins, fats, vitamins, and minerals. Eating a variety of foods in the right proportions helps improve energy levels, strengthen the immune system, and prevent diseases.

Several factors contribute to a balanced diet. Consuming fresh fruits and vegetables ensures the intake of essential vitamins and fiber. Whole grains provide energy, while proteins from meat, fish, eggs, and plant-based sources help in body repair and growth. However, consuming too much sugar, salt, and unhealthy fats can lead to health problems like obesity and heart disease.

One of the biggest challenges in maintaining a balanced diet is unhealthy eating habits. Many people consume fast food and processed meals, which are often high in calories but low in nutrients. Lack of time, stress, and the availability of unhealthy food choices make it difficult to eat healthily. Developing good eating habits, such as cooking at home and avoiding sugary drinks, can help improve diet quality. A balanced diet is not just about eating the right foods but also about **moderation** and portion control. Drinking plenty of water, having regular meals, and staying physically active are also important for

overall health. By making smart food choices, people can maintain a healthy lifestyle and reduce the risk of many diseases.

26. What is the main topic of the passage?

A. The importance of a balanced diet and healthy eating habits

B. The history of food and nutrition

C. The benefits of fast food and processed meals

D. How to cook delicious meals

27. Which of the following is NOT true about a balanced diet?

A. It provides essential nutrients to the body.

B. It includes a variety of foods in the right amounts.

C. Eating too much sugar and unhealthy fats is good for health.

D. Whole grains are a good source of energy.

28. The word "**moderation**" in paragraph 4 is closest in meaning to _____.

A. Balance

B. Excess

C. Restriction

D. Avoidance

29. What is one factor that contributes to a balanced diet?

A. Eating a variety of fresh fruits and vegetables

B. Consuming only fast food and sugary drinks

C. Avoiding all sources of protein

D. Eating large portions of unhealthy snacks

30. Why is maintaining a balanced diet challenging for some people?

A. They do not like eating vegetables.

B. Unhealthy food is often more convenient and available.

C. They have too much time to prepare meals.

D. Fast food contains all necessary nutrients.

31. What are some other important factors for a healthy lifestyle besides eating well?

A. Drinking plenty of water and staying active

B. Skipping meals and eating large portions

C. Consuming only one type of food

D. Eating more salt and sugar

Mark the letter A, B, C, or D on your answer sheet to indicate the best arrangement of the sentences to make a meaningful paragraph in the following question.

32.

a. This includes turning off screens at least an hour before bed, creating a calm sleeping environment, and sticking to a regular sleep schedule.

b. As a result, I've been feeling more rested, focused, and productive throughout the day.

c. Getting enough sleep is something I've been prioritizing more recently, and it has made a huge

difference in my energy levels.

d. I've learned that quality sleep is just as important as quantity, so I've been focusing on improving my sleep hygiene.

e. I can't believe how much better I feel just from making a few adjustments to my bedtime routine.

A. a-b-d-c-e

B. b-a-e-c-d

C. a-b-c-e-d

D. c-d-a-b-e

Mark the letter A, B, C or D to indicate the underlined part that needs correction in each of the following questions.

33. They worked (A) very hardly (B) in spite of (C) their old age (D).

34. The older (A) you are (B), the worst (C) your memory is (D).

35. He said (A) that he has done (B) his homework (C) since (D) 7 o'clock.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that is closest in meaning to the given one.

36. "I have forgotten to buy groceries on my way home", said he.

A. He has said that he had forgotten to buy groceries on his way home.

B. He said that he had forgotten buying groceries on his way home.

C. He said that he had forgotten to buy groceries on his way home.

D. He said that he forgot to buy groceries on his way home.

37. Don't walk outside without a sun hat or you will get sunburn.

A. Without a sun hat you mustn't walk outside to get sunburn.

B. Having a sun hat and you can get sunburn when walking outside.

C. Unless you walk outside without a sun hat, you will get sunburn.

D. If you don't wear a sun hat outside, you will get sunburn.

38. Nam is the tallest in my class.

A. No one in my class is tall than Nam.

B. No one in my class is taller as Nam.

C. No one in my class is as tall as Nam.

D. No one in my class is more tall than Nam.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that best combines the two given ones.

39. Anne jogs every morning. It is very good for her health.

A. Anne jogs every morning and is very good for her health.

B. Anne jogs every morning, which is very good for her health.

C. Anne jogs every morning and then it is very good for her health.

D. Anne jogs every morning that it is very good for her health.

40. We didn't want to spend a lot of money. We stayed in a cheap hotel.

A. Rather than spending a lot of money, we stayed in a cheap hotel.

- B. In spite of spending a lot of money, we stayed in a cheap hotel.
- C. We stayed in a cheap hotel, but we had to spend a lot of money.
- D. We didn't stay in a cheap hotel as we had a lot of money to spend.