

CHUẨN BỊ CHO KÌ THI TỐT NGHIỆP THPT VÀ ĐGNL

ĐỀ THI THỬ TỐT NGHIỆP THPT 2026

Bài thi: NGOẠI NGỮ; Môn thi: TIẾNG ANH

Thời gian làm bài: 50 phút, 40 câu trắc nghiệm

Read the following advertisement and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 1 to 6.

Music for Hope – A Benefit Concert You Can't Miss

Join us for *Music for Hope*, a special benefit concert created to bring people together for a meaningful cause. The event aims (1) _____ funds for children who need better access to education and healthcare.

The concert will feature singers and bands (2) _____ from different parts of the country, offering a lively mix of pop, acoustic, and folk music. There will be a large (3) _____ of activities on the night, including live performances, simple games, and small charity booths.

Through this concert, we (4) _____ stronger community support and shared responsibility for children in need. (5) _____ ticket makes a real difference by helping improve daily life for disadvantaged families.

Bring your friends, bring your family, and enjoy an evening filled with music, warmth, and shared (6) _____. Together, we can turn one night of music into lasting hope.

Question 1. A. to raising

B. raise

C. raising

D. to raise

Question 2. A. inviting

B. are invited

C. will invite

D. invited

Question 3. A. number

B. amount

C. level

D. handful

Question 4. A. make for

B. take up

C. call for

D. bring up

Question 5. A. Much

B. A few

C. Every

D. Several

Question 6. A. prospect

B. purpose

C. ambition

D. desire

Read the following piece of news and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 7 to 12.

Vietnam Tightens E-Cigarette Rules Amid Rising Use

Starting from Dec. 31, a new government decree (7) _____ effect that imposes fines ranging from VND3 million to VND5 million (about US\$114–190) on people caught using e-cigarettes or heated tobacco products in Vietnam, with devices required to be destroyed, officials said.

The move was introduced (8) _____ growing health concerns linked to these products and their nicotine addiction risks, especially among young people. National Assembly deputies also noted the need to curb (9) _____ in these banned items to protect public welfare.

Vietnam has seen a rise in the (10) _____ of e-cigarette use, particularly among adolescents. Health authorities say they will go to great lengths to educate the public about the harms and (11) _____ the ban, including penalties for individuals and organisations who allow use on their premises.

Experts warn compliance will be key (12) _____ the policy's success as the country tightens controls.

Question 16.

- a. Over time, repeated exposure normalises certain products and values, making commercial influence difficult to separate from personal taste.
- b. Invisible marketing tactics increasingly shape consumer behaviour by blending persuasion into everyday experiences that feel organic rather than promotional.
- c. As this quiet persuasion becomes more refined, questions emerge about autonomy and awareness in a marketplace where influence is felt more than it is seen.
- d. These strategies rely on data-driven insights and behavioural psychology, allowing messages to adapt quietly to individual preferences and moments of vulnerability.
- e. Through subtle cues embedded in app design, influencer habits, and personalised recommendations, brands guide attention while maintaining the illusion of free choice.

A. e – d – c – a – b

B. b – e – d – a – c

C. e – c – d – b – a

D. b – c – d – a – e

Question 17.

- a. **Nam:** Maybe try cutting down slowly and switch to water or tea sometimes.
- b. **Nam:** That sounds a bit much; too much sugar can affect your health.
- c. **Linh:** I know, but they're cheap and easy to buy everywhere.
- d. **Linh:** You're right, I should start reducing how often I drink them.
- e. **Linh:** I drink sugary sodas almost every day, especially when I feel tired.

A. e – a – d – b – c

B. c – b – d – a – e

C. e – b – c – a – d

D. e – b – c – a – d

Read the following passage and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 18 to 22.

Not only does Linda Greenlaw do one of the most dangerous jobs in the world, but she also does it extremely well. She has been described as ‘one of the best captains on the entire East coast’ and that, in one of the leading countries in the fishing industry, **(18)** _____. Linda was born and brought up on Isle au Haut, a tiny island ten kilometres off the coast of Maine, USA. Falling in love with fishing as a child, she worked on fishing boats during her summer breaks from college.

Her first opportunity to go on a deep-sea fishing trip came when she was nineteen. Alden Leeman, a man she'd never met before, **(19)** _____. The trip was a success and eventually Alden offered Linda her first boat to captain in 1986, **(20)** _____.

So, why did she take up swordfishing in the first place? Linda says that not only does she like the way she feels on a boat, but she also gets passionate about catching a fish. **(21)** _____.

Linda has published four books to date, the first of which, *The Hungry Ocean*, was top of the New York bestseller list for three months. In it, Linda tells the story of one fishing trip and narrates the adventures she experienced on board with her five-man crew, including bad weather, sickness, mechanical problems and, of course, the fish. **(22)** _____. In her own words, she says: ‘I am a woman. I am a fisherman. I am not a “fisherwoman”, “fisherlady” or “fishergirl”.

Question 18.

A. which is praise indeed

B. like a praise indeed

C. is praise indeed

D. being a praise indeed

Question 19.

- A. having hired her for thirty days on his swordfishing boat
- B. hired her for thirty days on his swordfishing boat
- C. when she was hired for thirty days on his swordfishing boat
- D. she got hired for thirty days on his swordfishing boat

Question 20.

- A. with the possibility of her becoming the only captain of a swordfishing boat
- B. and her captain probably became the only woman on a swordfishing boat
- C. but it was probable that she was the only woman to captain a swordfishing boat
- D. which probably made her the only woman ever to captain a swordfishing boat

Question 21.

- A. While being proud of being a fisherman, she is even considered a best-selling author
- B. Even if she proudly becomes a fisherman, she is still a best-selling author
- C. She's proud of being a fisherman, even more so than she is of being a best-selling author
- D. Her pride as a fisherman even causes her to become a best-selling author

Question 22.

- A. Like in a man's fishing world, describing Linda Greenlaw in a word is not easy
- B. Since Linda Greenlaw fishes in a man's world, describing her in a word is not easy
- C. Fishing is a man's world, and there's no easy word to describe Linda Greenlaw
- D. There's no easy word to describe a man's world in which Linda Greenlaw fishes

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 23 to 30.

Walking is a great way to get around. For short trips, for exercise, or just for fun, walking can be better than driving or riding. But in many cities, **it** can also be dangerous. Cars, trucks, and motorcycles are a danger to pedestrians, and sometimes, there are accidents. David Engwicht, from Brisbane, Australia, wants to do something about this. His book, *Reclaiming Our Cities and Towns*, has a simple message: We need to take back our streets and make them better places for walking.

In the past, Engwicht says, streets belonged to everybody. Children played there, and people walked to work or to stores. Now, however, most city engineers design streets for vehicles. People stay inside buildings to get away from the **packed** sidewalks, the noisy streets, and the dangerous traffic. Unfortunately, this gives them less contact with their neighbours.

Many cities are working to make their streets safer for pedestrians. There are new crosswalks on the streets and more traffic lights and bicycle lanes. **The city of Florence, Italy, only allows cars and buses with special permits to drive on its historic city streets.** In Boston, US, the Slow Streets Program gives some neighbourhoods more stop signs and a 20 mph (32 kph) speed limit.

Engwicht travels widely, encouraging communities to rethink the role of pedestrians, streets, and neighbourhoods. Regardless of whether people live in a quiet town or a densely populated city, he argues that streets should be viewed as an "outdoor living room" rather than merely traffic corridors. Adjusting traffic patterns, however, is only the first step in a broader transformation. With thoughtful planning and a shift in priorities, streets could once again become safe and **welcoming** spaces for daily life. In such environments, walking may not only feel more enjoyable but also emerge as a more attractive mode of transport than it is today.

Question 23. Which of the following is NOT mentioned in paragraph 1 as one of the dangers to pedestrians?

- A. cars B. trucks C. bikes D. motorcycles

Question 24. The word “it” in paragraph 1 refers to _____.

- A. walking B. driving C. riding D. exercise

Question 25. The word “packed” in paragraph 2 is OPPOSITE in meaning to _____.

- A. bustling B. busy C. populous D. empty

Question 26. Which of the following best paraphrases the underlined sentence in paragraph 3?

The city of Florence, Italy, only allows cars and buses with special permits to drive on its historic city streets.

- A. Historic areas in Florence are open to traffic at all times without needing permission or special permits.
B. Florence in Italy lets every car and bus drive through all areas, even the historic ones, without any limits.
C. All public and private vehicles in Florence, Italy, can travel freely through the entire city, including old areas.
D. In Florence, Italy, only vehicles with special permission can enter the old and historic parts of the city.

Question 27. The word “welcoming” in paragraph 4 is CLOSEST in meaning to _____.

- A. restricted B. inviting C. peaceful D. successful

Question 28. Which of the following is TRUE according to the passage?

- A. Some cities are making efforts to improve safety for people who walk on the streets.
B. Many cities now ban cars completely to make roads safer for pedestrians everywhere.
C. Engwicht believes walking is unsafe and should be avoided in crowded city neighbourhoods.
D. Traffic engineers today focus more on pedestrian comfort than on vehicle convenience.

Question 29. Which paragraph mentions what needs to change for streets to become safe again?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Question 30. Which paragraph mentions vehicle-centred streets?

- A. Paragraph 1 B. Paragraph 2 C. Paragraph 3 D. Paragraph 4

Read the following passage and mark the letter A, B, C, or D to indicate the correct answer to each of the questions from 31 to 40.

The idea of achieving a perfect work-life balance has become a popular aspiration in modern society. Countless articles, seminars, and corporate programs promise techniques to divide time neatly between career and personal life. [I] Yet, for most people, the notion of a flawless balance remains more of **a pipe dream** than a reality.

Work demands are rarely predictable. Sudden deadlines, overtime, or professional obligations often spill over into evenings and weekends. [II] At the same time, personal responsibilities—family needs, health issues, or emotional well-being—can disrupt work schedules. The two areas are dynamic, constantly shifting in importance, and rarely settle into an even, stable rhythm. Expecting a perfect equilibrium between **them** sets up unrealistic expectations and often leads to frustration and guilt.

What people can achieve, however, is not balance in the strict sense, but management. Setting boundaries, prioritising tasks, and recognising that one area may temporarily outweigh the other are more realistic approaches. [III] There will be periods when work dominates, such as during major projects or career transitions. [IV] Managing these shifts thoughtfully allows individuals to remain effective without being consumed by guilt for failing to meet an idealised standard.

Moreover, the definition of “balance” itself is subjective. For some, working long hours at a job they love feels fulfilling, not draining. For others, minimising work commitments is essential to maintaining mental health. **Trying to impose a one-size-fits-all notion of balance ignores the diversity of personal values and life stages.** Therefore, rather than chasing a perfect balance, it may be wiser to accept the fluid nature of modern life. The real challenge lies not in measuring hours but in ensuring that neither work nor life is sacrificed entirely in the process of managing both.

Question 31. The phrase “**a pipe dream**” in paragraph 1 mostly means _____.

- A. a right prediction
- B. an impossible idea
- C. a promising future
- D. a wrong judgement

Question 32. The word “**them**” in paragraph 2 refers to _____.

- A. work schedules
- B. family needs
- C. health issues
- D. the two areas

Question 33. According to paragraph 2, work–life balance _____.

- A. can be achieved if personal responsibilities are carefully managed
- B. is inherently unstable and cannot be perfectly maintained
- C. depends mainly on reducing professional obligations and overtime
- D. becomes stable once work and personal priorities are clearly separated

Question 34. Which of the following is NOT mentioned in paragraph 2 as one of the examples for the unpredictability of work demands?

- A. sudden deadlines
- B. working overtime
- C. family needs
- D. professional obligations

Question 35. Which of the following best paraphrases the underlined sentence in paragraph 4?

Trying to impose a one-size-fits-all notion of balance ignores the diversity of personal values and life stages.

- A. Forcing a universal idea of balance overlooks how different people's values and life phases are.
- B. Promoting a flexible understanding of balance helps everyone maintain similar goals and lifestyles easily.
- C. Accepting that all individuals share the same priorities leads to a stronger sense of balance for all.
- D. Believing that every lifestyle naturally aligns creates better harmony between personal values and career goals.

Question 36. Which of the following best summarises paragraph 4?

- A. Perfect balance demands dividing equal time between career ambitions and personal relaxation without compromise.
- B. Everyone can maintain balance by limiting working hours and focusing mainly on personal well-being daily.
- C. Life stages rarely influence how people define balance, so similar lifestyles suit most individuals universally.
- D. Balance is subjective, flexible, and requires accepting diverse needs instead of forcing one strict model for all people.

Question 37. Which of the following is TRUE according to the passage?

- A. Life responsibilities rarely interrupt professional commitments significantly.
 - B. Setting daily priorities ensures a balance between personal interests and work goals.
 - C. Failure to achieve a perfect balance between work and life can lead to negative emotions.
 - D. Career and family life are naturally separate without active time management efforts.
-

Question 38. Where in the passage does the following sentence best fit?

Also, there are other times when personal life requires greater attention.

A. [III]

B. [II]

C. [IV]

D. [I]

Question 39. Which of the following can be inferred from the passage?

- A. Professionals should make an effort to split work and personal life evenly every day.
- B. Maintaining perfect balance between work and life is simple once schedules are organised.
- C. Managing work and life flexibly across life stages is more realistic than balancing them.
- D. Balancing career and life perfectly at all times is necessary for emotional success.

Question 40. Which of the following best summarises the passage?

- A. Modern society idealises work-life balance, but real life requires flexible management across priorities, as balance is subjective and varies by individual.
- B. Managing time carefully guarantees that most people can achieve an even division between work and personal life with minimal adjustments or sacrifices.
- C. Work and personal life rarely interfere with each other, so maintaining balance naturally becomes easier over time as routines stabilise.
- D. A universal approach to balancing career and life applies effectively across different individuals, life stages, and professional circumstances.

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BẢNG TỪ VỰNG

STT	Từ vựng	Nghĩa	Từ loại	Phiên âm	Cấp độ	Từ đồng nghĩa	Từ trái nghĩa
1	abstract	trừu tượng	adj	/'æbstrækt/	B2		concrete
2	achievable	có thể đạt được	adj	/ə'tʃi:vəbl/	B2	attainable	unachievable, unattainable
3	adjust	điều chỉnh	v	/ə'dʒʌst/	B2		
4	appealing	hấp dẫn	adj	/ə'pi:lɪŋ/	C1	attractive, engaging	unappealing, unattractive
5	aspiration	khát vọng, ước vọng, hoài bão	n	/,æspə'reɪʃn/	C2	ambition	
6	autonomy	sự tự chủ	n	/ɔ:'tɒnəmi/	C1		
7	compliance	sự tuân thủ (luật lệ)	n	/kəm'plaɪəns/	C1		non-compliance
8	curb	kiềm chế, hạn chế	v	/kɜ:b/	C2	restrain, control	
9	decree	sắc lệnh, nghị định	n	/dɪ'kri:z/	C2	edict	
10	disadvantaged	hoàn cảnh khó khăn, thiệt thòi	adj	/,dɪsəd'vɑ:ntɪdʒd/	C1	deprived, underprivileged	advantaged, privileged
11	disrupt	làm gián đoạn	v	/dɪs'rʌpt/	C1		
12	diverse	đa dạng	adj	/daɪ'vɜ:s/	B2	varied, various	uniform, similar
13	dominate	thống trị, chiếm ưu thế	v	/'dɒmɪneɪt/	B2		
14	draining	làm kiệt sức	adj	/'dreɪnɪŋ/	B2	exhausting, tiring	
15	emerge	xuất hiện, nổi lên	v	/ɪ'mɜ:dʒ/	B2	appear	disappear
16	enforce	thực thi, thi hành (luật lệ, quy tắc...)	v	/ɪn'fɔ:s/	C1		
17	equilibrium	sự cân bằng	n	/,i:kwɪ'lɪbrɪəm/	C1	balance	imbalance
18	flawless	hoàn hảo, không tì vết	adj	/'flɔ:ləs/	C2	perfect	flawed
19	fluid	biến đổi, biến động, hay thay đổi	adj	/'flu:ɪd/	C1	changing	fixed, unchanging
20	fulfilling	đem lại cảm giác mãn nguyện, thoả mãn	adj	/fʊl'fɪlɪŋ/	C2	satisfying, gratifying	unfulfilling
21	illusion	ảo tưởng	n	/ɪ'lu:ʒn/	C2		
22	impose	áp đặt	v	/ɪm'pəʊz/	C1		

23	narrate	tường thuật, kể	v	/nə'reɪt/	B2	relate	
24	obligation	nghĩa vụ, bổn phận	n	/ˌɒblɪ'geɪʃn/	B2	duty	
25	one-size-fits-all	áp dụng cho mọi trường hợp, mọi người	adj	/ˌwʌn saɪz fɪts 'ɔ:l/	C1	universal	specific
26	outweigh	lớn hơn, quan trọng hơn	v	/ˌaʊt'weɪ/	C1	overshadow	
27	overlook	bỏ qua	v	/ˌəʊvə'lʊk/	C1	miss	notice
28	packed	đông đúc	adj	/pækt/	B1	crowded	empty
29	predictable	có thể đoán trước	adj	/prɪ'dɪktəbl/	B2		unpredictable
30	premises	khuôn viên, cơ sở, toà nhà (một địa điểm có kèm đất đai và công trình phụ)	n	/'premɪsɪz/	B2		
31	prevalence	sự phổ biến	n	/'prevələns/	C1		
32	rhythm	nhịp điệu	n	/'rɪðəm/	B2		
33	sacrifice	(sự) hy sinh	n/v	/'sækrɪfaɪs/	C1		
34	split	chia tách	v	/splɪt/	B2	divide	join, unite
35	stabilise stabilize	ổn định	v	/'steɪbəlaɪz/	C1		
36	subjective	chủ quan	adj	/səb'dʒektɪv/	C1		objective
37	subtle	tinh tế, tinh vi, khó nhận ra	adj	/'sʌtl/	C1		obvious
38	tactic	chiến thuật	n	/'tæktɪk/	C1		
39	thoughtful	thấu đáo	adj	/'θɔ:tfl/	C1		
40	welcoming	thân thiện, dễ chịu, tạo cảm giác chào đón (nơi chốn)	adj	/'welkəmɪŋ/	B1	inviting	unwelcoming

BẢNG CẤU TRÚC

STT	Cấu trúc	Nghĩa
1	a pipe dream	giấc mơ viễn vông
2	aim to do something	hướng tới, nhằm mục đích làm gì
3	be key to something	là chìa khóa, yếu tố then chốt cho cái gì
4	bring up	nuôi nấng ai; đề cập tới cái gì
5	call for	kêu gọi, yêu cầu, đòi hỏi
6	fall in love with	đem lòng yêu ai/cái gì
7	go to great lengths to do something	cố gắng hết sức để làm gì
8	make for	tạo nên điều gì, dẫn đến
9	raise funds for	gây quỹ cho
10	take effect	có hiệu lực
11	take up	bắt đầu theo đuổi cái gì; chiếm (không gian/thời gian)

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