**4.4. Dạng câu hỏi DIỄN GIẢI (PARAPHRASE)**

**4.4.1. Dạng câu hỏi diễn giải thường gặp trong bài tập đọc hiểu**

Which of the following best paraphrases the underlined sentence in paragraph ...?

**4.4.2. Chiến thuật xử lý dạng câu hỏi này**

🔹 **BƯỚC 01**:  
Đọc kĩ câu cần diễn giải lại. Cố gắng hiểu đúng và đủ ý của câu này. Trường hợp câu cần diễn giải lại quá khó hiểu có thể dùng ngữ cảnh của đoạn văn để cố gắng cắt nghĩa.

🔹 **BƯỚC 02**:  
Đọc và dịch các phương án rồi chọn một phương án diễn giải đúng và đầy đủ các nội dung của câu in đậm gạch chân.

**Ví dụ 1**  
**Technology offers a possible alternative to saving endangered languages**. National Geographic’s Enduring Voices project has created “Talking Dictionaries” – the recorded voices of people communicating with each other. All of them are fluent speakers of endangered languages. And because these dictionaries are accessible to anyone on the Internet, people now and in the future can learn some of the vocabulary, greetings, and grammar rules of past languages.

*(Adapted from Explore New Worlds)*

**Which of the following best paraphrases the underlined sentence in the paragraph?**  
A. Endangered languages could only be saved by technology.  
B. There is no other way to save endangered languages but technology.  
C. Technology could be another way to save endangered languages.  
D. Technology should be regarded as the last resort to save endangered languages.

**Lời giải chi tiết cho ví dụ 1:**

**Câu nào sau đây diễn giải lại tốt nhất câu được gạch chân trong đoạn văn?**  
✪ **Xét câu gạch chân trong đoạn văn:**  
**Technology offers a possible alternative to saving endangered languages.**  
*(Công nghệ cung cấp một giải pháp thay thế khả thi để cứu các ngôn ngữ đang bị đe dọa.)*

✪ **Xét các đáp án:**

**A.** Endangered languages could only be saved by technology. *(Các ngôn ngữ đang bị đe dọa chỉ có thể được cứu bởi công nghệ.)*  
→ Đáp án A không phù hợp vì câu gốc chỉ nói rằng công nghệ là một giải pháp thay thế khả thi, không khẳng định đây là cách duy nhất.

**B.** There is no other way to save endangered languages but technology. *(Không có cách nào khác để cứu các ngôn ngữ đang bị đe dọa ngoài công nghệ.)*  
→ Đáp án B không phù hợp, giống đáp án A, câu này nhấn mạnh rằng công nghệ là cách duy nhất. Điều này không đúng với ý của câu gốc, vì câu gốc chỉ đề cập rằng công nghệ là một lựa chọn, không phải là giải pháp duy nhất.

**C.** Technology could be another way to save endangered languages. *(Công nghệ có thể là một cách khác để cứu các ngôn ngữ đang bị đe dọa.)*  
→ Đáp án C phù hợp vì câu này sát nhất với ý nghĩa của câu gốc. Câu gốc nhấn mạnh rằng công nghệ là một giải pháp thay thế khả thi, và đáp án này diễn đạt đúng ý rằng công nghệ có thể là một lựa chọn khác.

**D.** Technology should be regarded as the last resort to save endangered languages. *(Công nghệ nên được coi là phương án cuối cùng để cứu các ngôn ngữ đang bị đe dọa.)*  
→ Đáp án D không phù hợp vì câu gốc không nói rằng công nghệ là phương án cuối cùng mà nó chỉ là giải pháp thay thế khả thi.

→ **Do đó, C là đáp án phù hợp.**

**Ví dụ 2**

**Rural migration is a complicated process, of which the causes and the effects should be fully comprehended**. By carefully planning city development and suitable social policies, we can provide urban citizens with good public services, exciting job opportunities and a high quality of life without harming the environment.

*(Adapted from Bright)*

**Which of the following best paraphrases the underlined sentence in the paragraph?**  
A. Despite the complexity of rural migration, a complete understanding of its causes and effects could be achieved.  
B. Were the process of rural migration more straightforward, a thorough understanding of its causes and effects could be gained.  
C. Not until a full comprehension of the causes and effects of rural migration is achieved does it become a straightforward process.  
D. It is crucial to gain a comprehensive understanding of the causes and effects of such a complicated phenomenon as rural migration.

**Lời giải chi tiết cho ví dụ 2:**

**Câu nào sau đây diễn giải lại câu gạch chân trong đoạn văn một cách tốt nhất?**

✪ **Xét câu gạch chân trong đoạn văn:**  
**Rural migration is a complicated process, of which the causes and the effects should be fully comprehended.**  
*(Di cư từ nông thôn là một quá trình phức tạp, trong đó nguyên nhân và tác động cần được hiểu đầy đủ.)*

✪ **Xét các đáp án:**

**A.** Despite the complexity of rural migration, a complete understanding of its causes and effects could be achieved.  
*(Mặc dù di cư từ nông thôn rất phức tạp, sự hiểu biết đầy đủ về nguyên nhân và tác động của nó có thể đạt được.)*  
→ Đáp án A không phù hợp vì câu gốc không mang nghĩa tương phản, đối lập nên ta không cần dùng “Despite”. Câu này không nhấn mạnh "sự cần thiết" của việc hiểu rõ nguyên nhân và tác động, mà chỉ nói rằng điều đó “có thể đạt được”. Điều này chưa diễn đạt đúng ý trọng tâm của câu gốc.

**B.** Were the process of rural migration more straightforward, a thorough understanding of its causes and effects could be gained.  
*(Nếu quá trình di cư nông thôn đơn giản hơn, sự hiểu biết kỹ lưỡng về nguyên nhân và tác động của nó.)*  
→ Đáp án B không phù hợp vì câu gốc không giả định rằng quá trình di cư sẽ trở nên dễ dàng hơn mà chỉ nhấn mạnh rằng cần phải hiểu đầy đủ nguyên nhân và tác động của nó.

**C.** Not until a full comprehension of the causes and effects of rural migration is achieved does it become a straightforward process.  
*(Phải đến khi hiểu đầy đủ về nguyên nhân và tác động của di cư nông thôn thì quá trình này mới trở nên đơn giản)*  
→ Đáp án C không phù hợp vì câu gốc chỉ nhấn mạnh rằng quá trình này phức tạp và cần hiểu đầy đủ nguyên nhân và tác động. Nó không đề cập rằng việc hiểu rõ nguyên nhân và tác động sẽ làm cho quá trình trở nên “đơn giản”.

**D.** It is crucial to gain a comprehensive understanding of the causes and effects of such a complicated phenomenon as rural migration.  
*(Điều quan trọng là phải có hiểu biết toàn diện về nguyên nhân và hậu quả của một hiện tượng phức tạp như di cư nông thôn.)*  
→ Đáp án D là hợp lý vì “it is crucial” mang nét nghĩa tương đồng với “should” ở câu gốc.  
→ Do đó, D là đáp án phù hợp.

**BÀI TẬP VẬN DỤNG**

**Paragraph 1:**

If you think of the jobs robots could never do, you would probably put doctors and teachers at the top of the list.  
**It's easy to imagine robot cleaners and factory workers, but some jobs need human connection and creativity.** But are we underestimating what robots can do? In some cases, they already perform better than doctors at diagnosing illness. Also, some patients might feel more comfortable sharing personal information with a machine than a person. Could there be a place for robots in education after all?

*(Adapted from https://learnenglish.britishcouncil.org/)*

**Question 1:** Which of the following best paraphrases the underlined sentence in paragraph 1?

A. Robots can handle all types of jobs, including cleaning, factory work, and those requiring creativity and human interaction.  
B. Cleaning and factory jobs are the only ones that robots can perform, as other jobs rely on human creativity and social interaction.  
C. Cleaning and factory jobs are impossible for robots, but tasks involving human connection and creativity are easier for them.  
D. Robot cleaners and factory workers are simple to envision, but certain jobs require human interaction and creativity.

**Paragraph 2:**

Taking time for hobbies and recreation is not just a pursuit. It also has profound effects on our mental health.  
***Research has shown that engaging in enjoyable activities outside of work can reduce symptoms of anxiety and depression.*** Hobbies provide a sense of purpose, accomplishment, and fulfillment, which contribute to overall well-being. By pursuing hobbies that align with our interests and passions, we can improve our mental health and cultivate a positive mindset.

*(Adapted from* [*https://connectcpls.com/*](https://connectcpls.com/)*)*

**Question 2:**

Which of the following best paraphrases the underlined sentence in paragraph 2?  
***Research has shown that engaging in enjoyable activities outside of work can reduce symptoms of anxiety and depression.***

A. Research has indicated that spending time on fun activities outside of work can worsen feelings of anxiety and sadness.  
B. Research has indicated that participating in entertaining activities outside of work can alleviate symptoms of anxiety and depression.  
C. Research has suggested that work-related tasks are the main cause of anxiety and depression, and relaxation is the treatment.  
D. Taking part in activities outside of work is believed to be linked to symptoms of anxiety and depression according to some studies.

**Paragraph 3:**

If parents raise their children with the sole purpose of turning them into geniuses, they will create a disaster. According to some leading educational psychologists, this is one of the biggest mistakes ambitious parents can make. Typically, the child becomes very aware of their parents’ expectations and may fail. **Unrealistic expectations from parents can cause significant harm to children.**

**Question 3:**  
**Which of the following best paraphrases the underlined sentence in paragraph 3?**

A. Children can greatly benefit from high expectations from their parents.  
B. Parents should set high standards for their children to succeed in their careers.  
C. Children can be negatively affected by unreasonable expectations from their parents.  
D. Parents who have successful children tend to set higher expectations compared to others.

**Paragraph 4:**

**Schooling and education are related concepts but differ in significant ways*.*** Schooling refers to the formal process of attending classes, following a set curriculum, and earning certifications or degrees. In contrast, education is a broader concept encompassing the acquisition of knowledge, skills, and values through various means, including self-learning, experiences, and interactions with others. While schooling often happens in structured institutions like schools and universities, education can take place anywhere and at any time. Ultimately, schooling is just one method of education, but true learning often extends far beyond the walls of a classroom.

**Question 4:**  
**Which of the following best paraphrases the underlined sentence in paragraph 4?**

A. Education and schooling are connected but have notable differences.  
B. Education is slightly different from schooling, but they are still connected.  
C. While schooling and education are related, they are entirely the same.  
D. Schooling and education are unrelated and have little in common.

**Paragraph 5:**

One of the most important modern functions of zoos is supporting international breeding programmes, particularly for endangered species. In the wild, some of the rarest species have difficulty in finding mates and breeding, and they might also be threatened by poachers, loss of their habitat and predators. **A good zoo will enable these species to live and breed in a secure environment.** In addition, as the numbers of some wild species drop, there is an increased danger of populations becoming too genetically similar. Breeding programmes provide a safeguard: zoo-bred animals can be released into the wild to increase genetic diversity.

*(Adapted from https://learnenglishteens.britishcouncil.org/)*

**Question 5:** Which of the following best paraphrases the underlined sentence in paragraph 5?

A. These species can survive better in the wild than in zoos designed to ensure their safety.  
B. Zoos are a dangerous environment and do not allow these species to live and breed safely.  
C. Humans should not use zoos as a way to help species live and breed because of some threats.  
D. A well-managed zoo provides a safe space for these species to survive and reproduce.

**Paragraph 6:**

Digital media is rapidly transforming how people access and interact with information. Unlike traditional media, it allows for easy and convenient access to news, videos, and advertisements with just a few clicks. **The interactive nature of digital platforms enables instant feedback from users.** This helps organizations address issues and connect with their target audience effectively. Additionally, digital media offers flexibility, as content can be updated frequently and in real-time, which is impossible for printed newspapers or TV ads. With the growing number of social media users in countries like Vietnam, digital media is poised to replace traditional media in the near future.

**Question 6:** Which of the following best paraphrases the underlined sentence in paragraph 6?

A. Feedback from users is not possible without digital platforms’ interactive nature.  
B. The interactive nature of digital platforms is the only way for users to provide feedback.  
C. Digital platforms allow users to provide immediate feedback due to their interactive features.  
D. It takes a long time for users to provide interactive feedback through digital platforms.

**Paragraph 7:**

The invention of the electric light bulb is credited to Thomas Edison, a brilliant inventor from the 19th century. Although many scientists, including Nikola Tesla and Joseph Swan, contributed to its development, Edison is recognized for creating the first practical and long-lasting light bulb in 1879. **His innovation revolutionized the way people live, replacing candles and gas lamps as the primary source of light.** Edison’s work not only brought light to homes and streets but also paved the way for advancements in technology and industry. Today, his invention is considered one of the most significant achievements in human history.

**Question 7:** Which of the following best paraphrases the underlined sentence in paragraph 7?

A. His achievement changed people's lives, but it could not replace candles and gas lamps as the main source of light.  
B. His invention transformed people’s lives by taking the place of candles and gas lamps as the main source of light.  
C. Candles and gas lamps as the primary source of light were expected to bring significant changes to people’s lives.  
D. Replacing candles and gas lamps as the primary source of light was the main purpose of his invention.

**Paragraph 8:**

Fame is undoubtedly very rewarding. Firstly, it brings a sense of personal fulfillment, especially in making your family proud of your achievements. Secondly, celebrities can earn enormous financial rewards due to their fame. Besides their fees, famous individuals have the opportunity to generate huge sums of money by promoting luxury brands. **This type of wealth is possible because celebrities are often viewed as role models.** Therefore, they encourage people to emulate them and purchase what they endorse. Clearly, being the center of the world’s attention is highly lucrative.

**Question 8:** Which of the following best paraphrases the underlined sentence in paragraph 8?

A. Celebrities can achieve this wealth since people tend to look up to them as role models.  
B. Celebrities are often regarded as wealthy, but people do not respect them as role models.  
C. This kind of wealth cannot be achieved if celebrities are not imitated by others.  
D. Celebrities are often rumored to lead challenging lives despite their immense wealth.

**Paragraph 9:**

The generation gap refers to the differences in attitudes and behaviors between younger and older generations. In my view, it is often caused by differing attitudes toward life, contrasting perspectives on certain issues, and a lack of effective communication in many societies. One key factor is that parents and children tend to have different viewpoints. Career choices illustrate this well. **Many parents try to impose certain careers they prefer on their children.** However, young people may not always understand their parents' reasoning and often wish to have the freedom to decide their own career paths.

**Question 9:** Which of the following best paraphrases the underlined sentence in paragraph 9?

A. Many parents allow their children the freedom to choose their own careers.  
B. Parents should not interfere too much in their children's career choices.  
C. Many parents try to force their children to pursue careers they favor.  
D. Children often tend to go against the careers their parents choose for them.

**Paragraph 10:**

Living independently is a significant milestone for students entering university, especially those moving to major cities like Hanoi or Ho Chi Minh City. It offers young people the chance to manage their own schedules, handle daily tasks, and make important decisions without relying on their parents. For example, they must learn to cook meals, manage budgets, and balance their studies with part-time jobs. Living in big cities also exposes them to new opportunities, such as networking with diverse communities and accessing better internships. **While challenging at first, this experience helps students grow into responsible and self-reliant individuals.**

**Question 10:** Which of the following best paraphrases the underlined sentence in paragraph 10?

A. This experience is easy at first but quickly becomes too overwhelming for students to develop responsibility or independence.  
B. Students avoid this experience because it is too challenging and does not help them develop responsibility or independence.  
C. Although it is difficult in the beginning, this experience helps students develop independence and responsibility.  
D. At first, this experience feels simple, but it often leaves students less responsible and dependent on others.

**Paragraph 11:**

Sea-level rise is one of the most significant effects of climate change. **High projected rates of future sea-level rise have captured the attention of the world.** Particularly, countries which are located in low-lying areas as well as small islands are concerned that their land areas would be decreased due to inundation and coastal erosion and, at worst, a large proportion of their population may be forced to migrate to other countries. Therefore, this issue has resulted in heightened attention internationally, as the effects of climate change become apparent.

*(Adapted from* [*https://pmc.ncbi.nlm.nih.gov/*](https://pmc.ncbi.nlm.nih.gov/)*)*

**Question 11:** Which of the following best paraphrases the underlined sentence in paragraph 11?

A. Rising sea levels in the future are not a concern for people around the world.  
B. Low predictions of sea-level rise in the future have gone unnoticed by the global population.  
C. The world has largely ignored high predictions of future sea-level increases.  
D. High anticipated levels of future sea-level rise have drawn the attention of people worldwide.

**Paragraph 12:**

The world population is booming, no more so than in its cities. Today, there are 1 megacities, each containing more than 10 million inhabitants, three-quarters of them in developing nations. By 2020, there are expected to be at least 27 megacities. Such a staggering rate of urbanization brings its own problems, especially in developing nations, where the majority of the megacities will be found. Employment and educational opportunities are the main attraction of urban centres. However, **hopes for a better life are often dashed as overpopulation puts an enormous strain on the infrastructure of the cities.** This makes it difficult for them to provide basic necessities such as clean water and a place to live. Many rural migrants fail to find decent work, and therefore cannot afford adequate housing.

*(Adapted from Vocabulary for IELTS, Cambridge University)*

**Question 12:** Which of the following best paraphrases the underlined sentence in paragraph 12?

A. Overpopulation creates immense pressure on the infrastructure of the cities, leading to shattered hopes for a better life.  
B. Overpopulation improves the infrastructure of cities, making it easier for people to achieve a better life.  
C. The strain on city infrastructure caused by overpopulation inspires hope for a better quality of life and opportunities.  
D. Not until the strain on city infrastructure caused by overpopulation is reduced can people hope for a better quality of life.

**Paragraph 13:**

Health, exercise and diet reliably sit at the top of most people’s New Year’s resolutions – but for 2025, some may consider prioritizing another goal: better relations with other people. **Boosting the strength and quality of our social ties can have a huge impact on our emotional and mental health.** As one of our writers, David Robson, notes, our friendships can “influence everything from our immune system’s strength to our chances of dying from heart disease”, and can even help us lead a longer life. Close bonds with spouses and dear friends, but also friendly relations with acquaintances, colleagues and neighbors are all beneficial, suggesting it’s worth trying to find common ground even in these polarized times.

*(Adapted from* [*https://www.bbc.com/*](https://www.bbc.com/)*)*

**Question 13**: Which of the following best paraphrases the underlined sentence in paragraph 13?  
**Boosting the strength and quality of our social ties can have a huge impact on our emotional and mental health**  
A. Strengthening and improving the quality of social ties often has little to no effect on emotional and mental health.  
B. Enhancing the strength and quality of our social connections can significantly influence our emotional and mental well-being.  
C. Increasing the strength and quality of social relationships negatively impacts emotional and mental health in most situations.  
D. Enhancing the strength and quality of our social ties can have a negligible effect on our emotional and mental well-being.

**Paragraph 14:**

The Vietnam national football team not only claimed their third ASEAN Cup (AFF Cup) championship but also shattered multiple records in the process. Vietnam triumphed over Thailand with a 3-2 victory at the iconic Rajamangala Stadium, securing the 2024 ASEAN Cup title with an aggregate score of 5-3 after two legs. **This remarkable feat made the “Golden Star Warriors” the first team in tournament history to defeat Thailand in both legs of the final.** The loss marked an unprecedented setback for the “War Elephants” in an ASEAN championship final.

*(Adapted from* [*https://vietnamnet.vn/*](https://vietnamnet.vn/)*)*

**Question 14**: Which of the following best paraphrases the underlined sentence in paragraph 14?  
**This remarkable feat made the “Golden Star Warriors” the first team in tournament history to defeat Thailand in both legs of the final.**

**A.** This historic achievement marked Thailand as the first team in the tournament’s history to win both legs of the final against the “Golden Star Warriors.”  
**B.** The “Golden Star Warriors” were the first team in the tournament’s history to compete in both legs of the final without defeating Thailand.  
**C.** This striking achievement made the “Golden Star Warriors” become the first team in the tournament’s history to beat Thailand in both final matches.  
**D.** Thailand became the first team in the tournament’s history to achieve victory against the “Golden Star Warriors” in both final matches.

**Paragraph 15:**

Nearly 180 people died after a plane crashed as it was landing in South Korea on the morning of Sunday 29 December. Harrowing video footage shows the Jeju Airplane coming off the runway before colliding with a barrier and bursting into flames at Muan International Airport. The plane, which was returning from Bangkok, Thailand, was carrying 181 people – 179 of whom were killed. Two crew members were rescued from the wreckage. **Authorities are investigating the cause of the crash, with fire officials indicating a bird strike and bad weather.** However, experts have warned the crash could have been caused by a number of factors.

*(Adapted from* [*https://www.bbc.com/*](https://www.bbc.com/)*)*

**Question 15**: Which of the following best paraphrases the underlined sentence in paragraph 15?

**A.** Authorities are ignoring the cause of the crash, with fire officials stating that a bird strike and bad weather were definitely the cause.  
**B.** Authorities are examining the cause of the crash, with fire officials dismissing the possibility of a bird strike and bad weather.  
**C.** Authorities are looking into the cause of the crash, with fire officials suggesting that a bird strike and bad weather may be involved.  
**D.** Authorities are finding out the cause of the crash, with fire officials focusing on mechanical failure and not weather conditions.