

**THI ONLINE : LÀM CHỦ KIẾN THỨC NGŨ PHÁP:  
DANH ĐỘNG TỪ VÀ ĐỘNG TỪ NGUYÊN MẪU (BUỔI 2)**

*Read the following texts and mark the letter A, B, C, or D to indicate the correct option that best fits each of the numbered blanks from 1 to 30.*

1.

Our family plans (1) \_\_\_\_\_ to the beach next week, and everyone is excited. The kids are looking forward (2) \_\_\_\_\_ in the sand and swimming in the ocean. They also wish (3) \_\_\_\_\_ new water activities, like surfing and snorkelling. With all the plans in place, we can't wait for a fun and relaxing trip together!

**Question 1.** A. to travel                      B. travelling                      C. travel                      D. to travelling

**Question 2.** A. to play                      B. playing                      C. play                      D. to playing

**Question 3.** A. try                      B. to try                      C. trying                      D. to trying

2.

Experts advise (4) \_\_\_\_\_ a balanced diet with plenty of fruits and vegetables for effective weight loss. It's no use (5) \_\_\_\_\_ meals, as it can slow down metabolism and lead to overeating later. Instead, maintaining healthy eating habits enables the body (6) \_\_\_\_\_ calories efficiently and stay energized throughout the day.

**Question 4.** A. eating                      B. to eat                      C. to eating                      D. eat

**Question 5.** A. skipping                      B. to skipping                      C. to skip                      D. skip

**Question 6.** A. burn                      B. to burn                      C. burning                      D. to burning

3.

It's worth (7) \_\_\_\_\_ at least an hour a day exercising to stay healthy and active. People who work out regularly tend (8) \_\_\_\_\_ more energy and better mental well-being. Therefore, no matter how busy you are, try (9) \_\_\_\_\_ time for physical activity - it will benefit both your body and mind in the long run.

**Question 7.** A. spending                      B. to spending                      C. spend                      D. to spend

**Question 8.** A. have                      B. to having                      C. having                      D. to have

**Question 9.** A. make                      B. making                      C. to making                      D. to make

4.

Jake's mom permitted him (10) \_\_\_\_\_ on a school trip with his friends. However, she asked him (11) \_\_\_\_\_ her every evening to check in. Understanding her concern, Jake promised (12) \_\_\_\_\_ in touch and follow all the safety rules. Excited for the trip, he packed his bags, ready for a fun adventure.

**Question 10.** A. go                      B. going                      C. to going                      D. to go

**Question 11.** A. call                      B. calling                      C. to call                      D. to calling

**Question 12.** A. stay                      B. to stay                      C. to staying                      D. staying

5.

I immediately regretted (13) \_\_\_\_\_ that joke when I saw Sarah's expression change. I didn't mean (14) \_\_\_\_\_ her feelings, but my words came out wrong. She seemed (15) \_\_\_\_\_ back tears, which made me feel even worse. I tried to explain, but she just nodded and walked away. Since then, I have been more careful with my words, trying to avoid (16) \_\_\_\_\_ anything that could upset others. I hope she forgives me because I never wanted to make her feel bad in any way.

**Question 13.** A. making                      B. to make                      C. make                      D. to making

**Question 14.** A. hurt                      B. to hurt                      C. hurting                      D. to hurting

**Question 15.** A. hold                      B. to holding                      C. to hold                      D. holding

**Question 16.** A. say                      B. to say                      C. to saying                      D. saying

6.

After school, my friends and I gathered to decide what to do. Emma suggested (17) \_\_\_\_\_ to a new café nearby, but Jake didn't fancy (18) \_\_\_\_\_ anything new and wanted something familiar. Meanwhile, Mia preferred (19) \_\_\_\_\_ out at the park, enjoying the fresh air. After some discussion, we finally decided (20) \_\_\_\_\_ a movie at the cinema. It seemed like the best option since everyone enjoyed movies, and we could relax after a long day.

- Question 17.** A. go                      B. to going                      C. to go                      D. going  
**Question 18.** A. to try                      B. try                      C. to trying                      D. trying  
**Question 19.** A. to hang                      B. hang                      C. to hanging                      D. hung  
**Question 20.** A. watch                      B. to watch                      C. to watching                      D. watching

7.  
Tom accidentally knocked over the vase while playing football in home, but he denied (21) \_\_\_\_\_ it when his mother asked. His sister saw everything and threatened (22) \_\_\_\_\_ the truth if he didn't confess. Realizing he had no choice, he finally admitted (23) \_\_\_\_\_ the vase over and apologized. Their mother wasn't happy but didn't punish him. Instead, she ordered him (24) \_\_\_\_\_ up the mess immediately. Feeling guilty, Tom promised (25) \_\_\_\_\_ more careful next time. Though he had tried to hide it at first, he learned that honesty was always the best choice in the end.

- Question 21.** A. break                      B. to break                      C. breaking                      D. to breaking  
**Question 22.** A. tell                      B. to tell                      C. to telling                      D. telling  
**Question 23.** A. knock                      B. to knock                      C. knocking                      D. to knocking  
**Question 24.** A. to clean                      B. clean                      C. to cleaning                      D. cleaning  
**Question 25.** A. be                      B. to be                      C. to being                      D. being

8.  
Dear Future Me,  
I hope you're doing well and keeping (26) \_\_\_\_\_ your dreams. Right now, I'm working hard to build the life we've always imagined. Every day, I'm trying (27) \_\_\_\_\_ work and self-care while reminding myself that it's okay to take breaks.  
I want you (28) \_\_\_\_\_ how far we've come. It wasn't easy to overcome those challenges, but every moment spent (29) \_\_\_\_\_ for our goals was worth it. Therefore, please don't stop (30) \_\_\_\_\_ in yourself.  
Lastly, never forget to appreciate the small things in life—like laughing with loved ones or enjoying a quiet sunrise.

With love and hope,  
Your Past Self

- Question 26.** A. chasing                      B. to chase                      C. chase                      D. to chasing  
**Question 27.** A. balance                      B. to balancing                      C. balancing                      D. to balance  
**Question 28.** A. remember                      B. remembering                      C. to remembering                      D. to remember  
**Question 29.** A. fight                      B. fighting                      C. to fighting                      D. to fight  
**Question 30.** A. believe                      B. believing                      C. to believing                      D. to believe

# BẢNG TỪ VỰNG

STT	Từ vựng	Từ loại	Phiên âm	Nghĩa
1	surfing	n	/'sɜ:fɪŋ/	môn lướt sóng
2	snorkeling/ snorkelling	n	/'snɔ:kəlɪŋ/	lặn với ống thở
3	expert	n/adj	/'ekspɜ:t/	chuyên gia
4	balanced	adj	/'bælənst/	cân bằng
5	metabolism	n	/mə'tæbəlɪzəm/	sự trao đổi chất
6	overeate	v	/,əʊvər'i:t/	ăn quá nhiều
7	efficiently	adv	/ɪ'fɪʃəntli/	một cách hiệu quả
8	energize/ energise	v	/'enədʒaɪz/	cung cấp năng lượng
9	well-being	n	/'wel'bi:ɪŋ/	sức khỏe, hạnh phúc
10	regularly	adv	/'regjələli/	thường xuyên
11	benefit	v	/'benɪfɪt/	có lợi cho
12	safety	n	/'seɪfti/	sự an toàn
13	rule	n	/ru:l/	quy tắc, quy định
14	adventure	n	/əd'ventʃə(r)/	chuyến phiêu lưu
15	immediately	adv	/ɪ'mi:diətli/	ngay lập tức
16	regret	v/n	/rɪ'gret/	hối tiếc, sự hối tuếc
17	nod	v	/nɒd/	gật đầu
18	expression	n	/ɪk'spreʃən/	biểu cảm
19	upset	v	/ʌp'set/	làm thất vọng, làm buồn lòng
20	forgive	v	/fə'grɪv/	tha thứ
21	familiar	adj	/fə'mɪliə(r)/	quen thuộc
22	confess	v	/kən'fes/	thú nhận
23	punish	v	/'pʌnɪʃ/	phạt
24	guilty	adj	/'gɪlti/	tội lỗi
25	overcome	v	/,əʊvə'kʌm/	vượt qua
26	appreciate	v	/ə'pri:ʃiət/	trân trọng, cảm kích

**BẢNG CẤU TRÚC**

<b>STT</b>	<b>Cấu trúc</b>	<b>Nghĩa</b>
<b>1</b>	plan to do something	dự định làm gì
<b>2</b>	looking forward to doing something	mong chờ làm gì
<b>3</b>	wish to do something	mong muốn làm gì
<b>4</b>	It's no use doing something	làm gì là vô ích
<b>5</b>	enable somebody or something to do something	giúp ai đó/cái gì làm gì
<b>6</b>	worth doing something	xứng đáng làm gì
<b>7</b>	tend to do something	có xu hướng làm gì
<b>8</b>	try to do something	cố gắng làm gì
<b>9</b>	permit somebody to do something	cho phép ai đó làm gì
<b>10</b>	ask somebody to do something	yêu cầu, nhờ ai đó làm gì
<b>11</b>	promise to do something	hứa làm gì
<b>12</b>	regret do something	hối tiếc về việc làm gì
<b>13</b>	mean to do something	có ý định làm gì
<b>14</b>	seem to do something	có vẻ như
<b>15</b>	avoid doing something	tránh làm gì
<b>16</b>	suggest doing something	gợi ý làm gì
<b>17</b>	fancy doing something	thích làm gì
<b>18</b>	prefer to do something	thích làm gì hơn
<b>19</b>	decide to do something	quyết định làm gì
<b>20</b>	deny doing something	phủ nhận làm gì
<b>21</b>	threaten to do something	đe dọa làm gì
<b>22</b>	admit doing something	thừa nhận làm gì
<b>23</b>	order somebody to do something	ra lệnh cho ai đó làm gì
<b>24</b>	keep doing something	tiếp tục làm gì
<b>25</b>	want to do something	muốn làm gì
<b>26</b>	stop doing something	dừng làm gì

27.	slow down	làm chậm lại
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