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| **Date of planning**:…/…/ 2022  **Date of teaching:** ………..…  **WEEK:.....** | **Period ..... : UNIT 2 : HEALTHY LIVING**  **Lesson 5 : COMMUNICATION** |

**I. OBJECTIVE: By the end of this lesson, students will be able to gain the following things :**

**1. Knowledge:**

- Use the lexical items related to the topic *Healthy living.*

- learn how to ask for and give health tips

- practise using some grammar points and vocabulary related to the topic.

**+ Vocabulary:** Use the words about healthy activities and health problems; Pronouncing the sounds **/f/** and **/v/** correctly;

**+ Grammar:** - Recognise and write simple sentences;

**2. Competence:** Students will be able to practice listening and reading the conversation between Mi and Mark about healthy activities and health problems; Knowing more new words. Understanding the main idea of the conversation.

- Develop communication skills and creativity.

- Actively join in class activities.

**3. Qualities:** The loveof living things; The awareness about importance of healthy living.

- Be ready to talk about Healthy living

- Know some daily activities whether good or bad for health.

- Be benevolent and responsible

**II. TEACHING AIDS:**

- Teacher: Grade 7 text book, laptop, projector / TV/ pictures and cards.....

- Students : Text books, studying equipment….

- Computer connected to the Internet.

- Sach mem.vn

**III. PROCEDURE:**

**Notes:**

**In each activity, each step will be represented as following:**

*\* Deliver the task.*

*\* Implement the task.*

*\* Discuss.*

*\* Give comments or feedback.*

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| **1. WARM UP & INTRODUCTION (3’-5’)** | |
| **Everyday English Giving tips for health problems.**  **Aims:**  **- To create an active atmosphere in the class before the lesson;**  **- To lead into the new lesson.**  **\* Content:** Review the previous leson or have somewarm-up activities to creat a friendly and relaxed atmostphere to inspire Ss to warm up to the new lesson  **\* Outcome:** Having a chance to speak English and focus on the topic of the lesson..  **\* Organisation :**Teacher’s instructions… | |
| **Teacher’s & Student’s activities** | **Content** |
| **+ Greeting**  **+ GAME: BRAINSTORMING**  \* Teacher divides class into 2 teams and asks them to think of “health problems”.  \* Ss have 1 min to think of the words related to the topic or they can discuss with their partners.  \* Each member from each team turn by turn run to the board and write one word.  \* Teacher corrects their answers.  - The team which has more correct words will be the winner  - Tell Ss that they are going to learn how to give tips for health problems.  - Ask Ss to open their book and introduce what they are going to study…. | **+ Greeting**  **+ GAME: BRAINSTORMING**  ***\* Suggested answers:***  Asthma, a backache, a broken leg, a cold, a cough, an earache, a headache, a sore throat, a toothache, sunburn, etc.  - Open their book and write . |
| **2. PRESENTATION/ NEW LESSON (12’)** | |
| ACTIVITY 1+ 2:  **- Aim: To introduce two ways to give tips for health problems and to allow Ss some practice.**  **\* Content:** To listen and read the conversation .Pay attention to the highlighted parts  **\* Outcome:** Ss will be able to learn some tips for health problems.  **\* Organisation :** | |
| **Teacher’s & Student’s activities** | **Content** |
| **1. Listen and read the conversation. Pay attention to the highlighted parts**  **1**  Play the recording for Ss to listen and read the conversation about a health problem.  Tell them to pay attention to the highlighted parts. Elicit the structures giving tips. Have Ss practise the conversation in pairs  **2. Make similar conversations for the health problems below.**  - Ask Ss to work in pairs to make similar conversations, using the structures for giving tips.  Comment on their performance.  - **To give advice, you can use:**  -You should / shouldn't...  -You can...  - Move around to observe and provide help. Call on some pairs to perform in front of the class.  - Comment on their performance. | **1. Listen and read the conversation. Pay attention to the highlighted parts**  **- T\_ Ss**  + Students(Ss)listen to the instructions carefully and learn how to do the tasks.  \* ***Audio script - Track 71:***  A: My eyes are tired.  B: You can use eyedrops.  A: Yes.  B: And you shouldn't read in dim light.  A: Thank you.  **Structure: to give advice:**  - You should/ shouldn’t …  - You can …  - Do the tasks  - Make similar dialogues, using suggestions |
| **3. PRACTICE (18’)** | |
| ACTIVITY 3:  **Tips for a healthy life**  **Aim: To provide Ss with more knowledge about healthy living and help them practise the skill of reading for the main idea**  **\* Content:** Read the passage and choose the tittle for it.  **\* Outcome:** Ss can choose the title for the passage.  **\* Organisation :** | |
| **Teacher’s Student’s activities** | **Content** |
| **3. Read the passage and choose the correct title for it.**  - Have Ss read the text and choose the correct answer of the main idea for the text.  **A**. How to live long  **B**. What food to eat  - Ask Ss to explain their answers.  - Confirm the correct answers. | **3. Read the passage and choose the correct title for it.**  **- Work individually** to do this activity  **- Key: A** |
| ACTIVITY 4:  **Aim: To help Ss identify the main points in a reading and talk about them.**  **\* Content:** Discussing and make the tips for a healthy life.  **\* Outcome:** Ss can make the tips for a healthy life.  **\* Organisation :** | |
| **4. Work in pairs. Discuss and make a list of the tips which help the Japanese live long lives. Present it to the class.**  - Have Ss work in pairs.  - Ask Ss to discuss and take notes of the tips for for Japanese people's long life that they find in the text.  - Then call on 2 - 3 pairs to share their lists. | **4. Work in pairs. Discuss and make a list of the tips which help the Japanese live long lives. Present it to the class.**  **- Ss\_ Ss**  - Listen to the instructions clearly  - Copy them  **\* Suggested answer:**  The Japanese live long lives. The main reason is their diet.  (1) They eat a lot of fish and vegetable.  (2) They cook fish with little cooking oil. (3) They also eat a lot of tofu, a product from soybeans. Tofu has vegetable protein and vitamin B. It doesn't have any fat.  (4) The Japanese work hard and do a lot of outdoor activities too. This helps them keep fit. |
| **4. FURTHER PRACTICE (8’)** | |
| ACTIVITY 5:  **Aim: To help Ss practise giving health tips in their own context.**  **\* Content:** Further practice to make a list of tips that the Vietnamese can do to live longer.  **\* Outcome:** Toimprove speaking skills. Discussing and present it to the class.  **\* Organisation :** | |
| **Teacher’s Student’s activities** | **Content** |
| **5. Work in groups. Discuss and make a list of tips that the Vietnamese can do to live longer. Present it to the class. Does the class agree with you?**  - This is a task which allows Ss to apply what they have learnt so far in this unit (ideas, vocabulary and grammar) to find tips for a long life for Vietnamese people.  - Ask Ss to form groups of 4 - 5. Allow them some time to discuss and come up with some tips for how the Vietnamese can live longer.  - Ask them to take notes of the group's ideas. Then share them with the class.  - Invite some Ss to present their work.  - Comment on their answers. | **5. Work in groups. Discuss and make a list of tips that the Vietnamese can do to live longer. Present it to the class. Does the class agree with you?**  **- T\_ Ss**  - Listen carefully  - Work in pairs. Check the answers.  ***\* Suggested answers:***  **1**. avoid overeating  **2**. do more outdoor activities.  **3**. drink enough water  **4.** sleep before 10 p.m  **5**. eat more nuts.  **6**. do more exercises.  **7**. …  *– Go to bed early and get enough sleep.*  *– Eat more fruit and vegetables, and less fast food.*  *– Drink enough water, but not soft drink.*  *– Be active and exercise everyday.*  *–* ***...............*** |
| **5. WRAP-UP & HOME WORK ( 2’)**  \* Ask Ss to summarise what they have learnt in the lesson. Have Ss look at the objectives written on the board at the beginning of the lesson and tick the objectives they can do.  **\* HOME WORK**  - Practice talking about healthy living.  - Do more exercises in workbook.  - Prepare new lesson. SKIILS-1/ P.23  **================================** | |